

## What's in a Meal Resource List for Module 7: Meal Pattern Documentation for School Menus

This document contains the resources highlighted in Module 7: Meal Pattern Documentation for School Menus of the Connecticut State Department of Education's (CSDE) training program, *What's in a Meal: Meal Patterns for Grades K-12 in the School Nutrition Programs*.

Buy American Requirement (CSDE's Procurement for School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/procurement-for-school-nutrition-programs/buy-american-requirement>

Buy American Requirement for the School Nutrition Programs (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/nslp/procure/buy\\_american\\_requirement\\_snp.pdf](https://portal.ct.gov/-/media/sde/nutrition/nslp/procure/buy_american_requirement_snp.pdf)

Buy American Requirement for the School Nutrition Programs Training Module (CSDE):

<https://portal.ct.gov/sde/nutrition/procurement-for-school-nutrition-programs/documents/#BuyAmericanTraining>

Certification of Meal Pattern Compliance (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/certification-of-meal-pattern-compliance>

County Assignments for School Nutrition Programs (CSDE):

<https://portal.ct.gov/-/media/sde/nutrition/cnstaff/countyassign.pdf>

Crediting Documentation for the Child Nutrition Program (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs>

Crediting Foods in School Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/crediting-foods-in-school-nutrition-programs#ScratchFoods>

Federal Acquisitions Regulations (FAR) Nonavailable Articles List (FAR 25.104):

[https://www.acquisition.gov/far/part-25#FAR\\_25\\_104](https://www.acquisition.gov/far/part-25#FAR_25_104)

Food Buying Guide for Child Nutrition Programs Training Resources (USDA):

<https://www.fns.usda.gov/tn/food-buying-guide-training-resources>

Food Buying Guide Module 2: Recipe Analysis Workbook Online Training (Institute of Child Nutrition):

<https://theicn.docebosaa.com/learn/course/external/view/elearning/121/fbg-module-2-recipe-analysis-workbook-raw>

## What's in a Meal Resource List for Module 7: Meal Pattern Documentation for School Menus

Food Buying Guide Module 3: Product Formulation Statements Online Training (Institute of Child Nutrition):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/139/fbg-module-3-product-formulation-statements-pfs>

Food Labels (CSDE's Nutrition Education webpage):

<https://portal.ct.gov/sde/nutrition/nutrition-education/food-labels>

Guide to Meal Modifications in the School Nutrition Programs (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/guide\\_meal\\_modifications\\_snp.pdf](https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/guide_meal_modifications_snp.pdf)

Guide to Menu Documentation for the School Nutrition Programs (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/mpg/guide\\_menu\\_documentation\\_snp.pdf](https://portal.ct.gov/-/media/sde/nutrition/mpg/guide_menu_documentation_snp.pdf)

Guide to the Dietary Specifications for the National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/mpg/guide\\_dietary\\_specifications\\_nslp\\_sbp\\_k12.pdf](https://portal.ct.gov/-/media/sde/nutrition/mpg/guide_dietary_specifications_nslp_sbp_k12.pdf)

Meal Pattern and Crediting Resources for the School Nutrition Programs (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/resources\\_school\\_meal\\_patterns\\_snp.pdf](https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/resources_school_meal_patterns_snp.pdf)

Menu Planner for School Meals (USDA):

<https://fns-prod.azureedge.us/sites/default/files/resource-files/menu-planner-chapter-4.pdf>

Menu Planning for Child Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/menu-planning>

NSLP Regulations for Nonprofit School Food Service Account (NSFSA):

[https://www.ecfr.gov/current/title-7/part-210#p-210.14\(a\)](https://www.ecfr.gov/current/title-7/part-210#p-210.14(a))

Production Records for School Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/production-records-for-school-nutrition-programs>

Production Records Online Training (Institute of Child Nutrition):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/154/production-records>

Recipe Analysis Workbook (RAW) for Standardized Recipes (USDA):

<https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs>

## What's in a Meal Resource List for Module 7: Meal Pattern Documentation for School Menus

Records Retention Requirements for the School Nutrition Programs (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/nslp/adminrev/records\\_retention\\_snp.pdf](https://portal.ct.gov/-/media/sde/nutrition/nslp/adminrev/records_retention_snp.pdf)

Requirements for Production Records in School Nutrition Programs (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/nslp/forms/prodrecord/requirements\\_production\\_records\\_nslp\\_sbp.pdf](https://portal.ct.gov/-/media/sde/nutrition/nslp/forms/prodrecord/requirements_production_records_nslp_sbp.pdf)

SBP Regulations for Nonprofit School Food Service Account (NSFSA):

[https://www.ecfr.gov/current/title-7/part-220#p-220.7\(e\)\(1\)\(i\)](https://www.ecfr.gov/current/title-7/part-220#p-220.7(e)(1)(i))

USDA Recipe Standardization Guide for School Nutrition Programs (USDA):

<https://theicn.org/cicn/usda-recipe-standardization-guide-for-school-nutrition-programs/>

What's in a Meal: Meal Patterns for Grades K-12 in the School Nutrition Programs (CSDE's Meal Pattern Training for School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials>

## What's in a Meal Resource List for Module 7: Meal Pattern Documentation for School Menus

The CSDE's *What's in a Meal* training program is a series of recorded modules that provide comprehensive guidance on complying with the meal patterns for grades K-12 in the National School Lunch Program (NSLP), School Breakfast Program (SBP), Afterschool Snack Program (ASP) of the NSLP, and Seamless Summer Option (SSO) of the NSLP. To access the training modules, visit the CSDE's [Meal Pattern Training for School Nutrition Programs](#).

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

This institution is an equal opportunity provider.

The Connecticut State Department of Education is committed to a policy of equal opportunity/affirmative action for all qualified persons. The Connecticut Department of Education does not discriminate in any employment practice, education program, or educational activity on the basis of race; color; religious creed; age; sex; pregnancy; sexual orientation; workplace hazards to reproductive systems, gender identity or expression; marital status; national origin; ancestry; retaliation for previously opposed discrimination or coercion, intellectual disability; genetic information; learning disability; physical disability (including, but not limited to, blindness); mental disability (past/present history thereof); military or veteran status; status as a victim of domestic violence; or criminal record in state employment, unless there is a bona fide occupational qualification excluding persons in any of the aforementioned protected classes. Inquiries regarding the Connecticut State Department of Education's nondiscrimination policies should be directed to: Attorney Louis Todisco, Connecticut State Department of Education, by mail 450 Columbus Boulevard, Hartford, CT 06103-1841; or by telephone 860-713-6594; or by email [louis.todisco@ct.gov](mailto:louis.todisco@ct.gov).

