


National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12

Module 8: Meats/Meat Alternates Component



Connecticut State Department of Education
Bureau of Child Nutrition Programs

School Year 2024-25

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1

What's in a Meal Training Modules

- 1: Introduction to Training
- 2: Introduction to School Meal Patterns
- 3: National School Lunch Program (NSLP) Meal Pattern
- 4: School Breakfast Program (SBP) Meal Pattern
- 5: Dietary Specifications
- 6: Meal Pattern Documentation
 - Part A – School Menus
 - Part B – Crediting Commercial Processed Products
- 7: Milk Component
- 8: Meats/Meat Alternates Component
- 9: Fruits Component
- 10: Vegetables Component
- 11: Grains Component
- 12: Whole Grain-rich (WGR) Requirement
- 13: Grain Ounce Equivalents
- 14: Water Availability During Meal Service
- 15: Offer versus serve (OVS) in the NSLP
- 16: Offer versus serve (OVS) in the SBP

<https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials>

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2



Topics

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3

Topics

- Difference between MMA and protein
- Required daily and weekly servings
- Allowable MMA
- Offering MMA at breakfast
- Main dish requirement for lunch
- Crediting requirements
- Noncreditable MMA
- USDA's optional best practices for MMA
- Resources



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4




Key Messages

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Key Messages About MMA

- Lunch: Minimum daily and weekly ounce equivalents (oz eq)
 - Must be main dish or main dish and one other item
- Breakfast: Minimum daily and weekly oz eq of combined grains/MMA component



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Key Messages About MMA

- 1 ounce does not always = 1 oz eq




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Key Messages About MMA

- Commercial processed MMA products cannot credit without Child Nutrition (CN) label or product formulation statement (PFS)
- Use USDA's Food Buying Guide for Child Nutrition Program (FBG)



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Difference Between MMA and Protein

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Meats/Meat Alternates

A food component of USDA's meal patterns for Child Nutrition Programs that includes animal and plant-based foods that are good sources of protein


Terms to Know

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MMA Component Includes

- Fresh and frozen meats
- Processed meats
- Canned meats
- Meat alternates



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11



Protein

One of the key nutrients found in meats and meat alternates

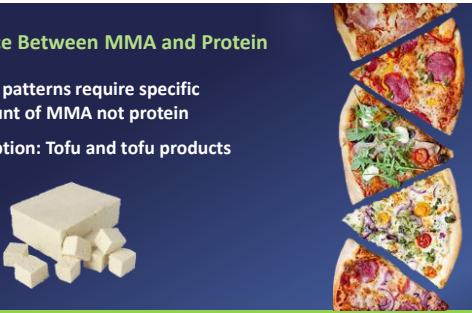
Terms to Know

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12

Difference Between MMA and Protein

- Meal patterns require specific amount of MMA not protein
- Exception: Tofu and tofu products



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13



Minimum Daily and Weekly Servings for Lunch

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14

MMA Component of Lunch Meal Pattern

5-day week (oz eq)

Grades	Daily	Weekly
K-5	1	8-10
6-8	1	9-10
9-12	2	10-12
K-8 option	1	9-10

7-day week (oz eq)

Grades	Daily	Weekly
K-5	1	11-14
6-8	1	12½-14
9-12	2	14-17
K-8 option	1	12½-14


May serve larger amounts if menu meets dietary specifications

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More Information on Dietary Specifications

- Module 5: Dietary Specifications




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Weekly MMA Maximums for Lunch

- Provide menu planning target to meet weekly dietary specifications
- Lunch menus that regularly include larger amounts might not comply




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Weekly MMA Minimums at Lunch for Grades K-5, Grades 6-8, and Grades K-8 Option

- Minimum weekly oz eq = more than sum of daily oz eq
- Must offer more than minimum daily oz eq on some days



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18

Must Offer More Than Minimum Daily Oz Eq on Some Days for Grades K-5, 6-8, and K-8 Option

5-day lunch (oz eq)

1 oz eq daily = 5 oz eq weekly

Grades	Daily	Weekly
K-5	1	8-10
6-8	1	9-10
K-8 option	1	9-10

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19

Offering Daily Minimum = Weekly Minimum for Grades 9-12

5-day week (oz eq)

7-day week (oz eq)

Grades	Daily	Weekly
9-12	2	10-12

Grades	Daily	Weekly
9-12	2	14-17

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20

CSDE Webpage

Meal Patterns for Grades K-12 in School Nutrition Programs


Lunch meal patterns

https://portal.ct.gov/sde/nutrition/meal-patterns-school-nutrition-programs/lunch-meal-patterns

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21

Minimum Daily and Weekly Servings for Breakfast



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22

Grains/MMA Component of Breakfast Meal Pattern

5-day week (oz eq)

7-day week (oz eq)

Grades	Daily	Weekly
K-5	1	7-10
6-8	1	8-10
9-12	1	9-10

Grades	Daily	Weekly
K-5	1	10-14
6-8	1	11-14
9-12	1	12½-14

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23

Daily Grains/MMA at Breakfast

1 oz eq of grains OR

1 oz eq MMA OR

1 oz eq combination



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24

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4

Grains/MMA Component of Breakfast Meal Pattern

5-day week (oz eq)

Grades	Daily	Weekly
K-5	1	7-10
6-8	1	8-10
9-12	1	9-10

7-day week (oz eq)

Grades	Daily	Weekly
K-5	1	10-14
6-8	1	11-14
9-12	1	12½-14

May serve larger amounts if menu meets dietary specifications


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Weekly Maximums for Grains/MMA at Breakfast

- Provide menu planning target to meet weekly dietary specifications
- Breakfast menus that regularly include larger amounts might not comply




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26

Weekly Minimums for Grains/MMA at Breakfast

- Minimum weekly oz eq = more than sum of daily 1 oz eq for all grades
- Must offer more than minimum daily 1 oz eq on some days



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Breakfast Menus Must Offer More 1 Oz Eq on Some Days

5-day week (oz eq)

1 oz eq daily =

5 oz eq weekly

Grades	Daily	Weekly
K-5	1	7-10
6-8	1	8-10
9-12	1	9-10


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Three Optional Grade Groups for Breakfast Meal Pattern

- Grades K-8
- Grades 6-12
- Grades K-12
- Same daily requirements for grains/MMA component
- Different weekly requirements
 - Narrower range for grains/MMA
 - Narrower weekly calorie range
 - Stricter sedum limits





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29

More Information

- Module 2: Introduction to School Meal Patterns
- Module 4: School Breakfast Program Meal Pattern



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USDA Resource

Offering Meats and Meat Alternates at School Breakfast



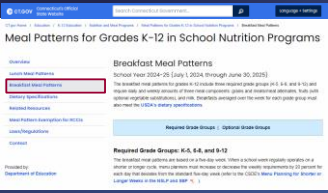
<https://www.fns.usda.gov/tn/offering-meats-and-meat-alternates-school-breakfast>

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CSDE Webpage

Meal Patterns for Grades K-12 in School Nutrition Programs



<https://portal.ct.gov/sde/nutrition/meal-patterns-school-nutrition-programs/breakfast-meal-patterns>

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Main Dish Requirement for Lunch

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MMA at Lunch Must Be Served in

- Main dish OR
- Main dish and only one other food item




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Examples of Main Dish Requirement

Lunch for grades 9-12 = 2 oz eq MMA




2 ounces cheese = 2 oz eq

OR



2 tablespoons peanut butter = 1 oz eq



1 ounce cheese stick = 1 oz eq

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Serving Size Requirements

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Serving Size for MMA

- Refers to cooked amount of lean meat, lean poultry, or fish without added ingredients
 - Without bone
 - Without breading, binders, extenders, or any other ingredients



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Lean Meats and Poultry

Contain less than 10 grams of fat, 4.5 grams or less of saturated fats, and less than 95 milligrams of cholesterol per 100 gram and per labeled serving size

Terms to Know

<https://www.dietaryguidelines.gov/>

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1 Ounce Serving Might Not = 1 oz eq



1 ounce = 1 oz eq



1 ounce = ?




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How Much = 1 Oz Eq?

- Different types of MMA require different amounts to credit as 1 oz eq
- Measured by weight or volume, depending on type of MMA



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1 ounce = 1 oz eq MMA

- Cooked lean meat, lean poultry, and fish
- Natural and process cheeses
- Tempeh
- Alternate protein products (APP)
- Nuts and seeds



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1 Oz Eq MMA =

2 ounces

- Cottage or ricotta cheese
- Cheese food/spread
- Cheese substitute

3 ounces

- Surimi

½ cup or 4 ounces

- Yogurt or soy yogurt

¾ cup

- Cooked beans, peas, and lentils

2.2 ounces (¾ cup)

- Commercial tofu with ≥ 5 grams of protein

2 tablespoons

- Nut and seed butters

Each

- ¾ large egg

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42

Determining Required Amount of MMA for 1 Oz Eq

- Use cooked yield
- Account for cooking losses
 - Use Food Buying Guide for Child Nutrition Programs (FBG)

<https://www.fns.usda.gov/tm/food-buying-guide-for-child-nutrition-programs>

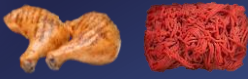


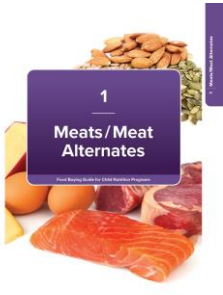
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Food Buying Guide

- Provides food yields and crediting information
- Ensures correct crediting






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More information About FBG

- Module 6: Meal Pattern Documentation, Part A – School Menus



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Crediting Requirements for MMA

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46

How to Credit

- Commercial processed products
- Deli meats
- Dried meats
- Cheeses
- Eggs
- Beans, peas, and lentils
- Nuts and seeds

- Nut and seed butters
- Yogurt and soy yogurt
- Tofu and tofu products
- Tempeh
- Surimi
- Alternate protein products (APPs)

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Crediting Commercial Processed Products

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Commercial Processed Products

Commercially prepared foods and beverages with added ingredients

- Includes many different types of MMA products

Terms to Know


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Examples of Processed MMA Products

- Pizza, chicken nuggets, and cheese ravioli
- Hummus and other bean dips
- Deli meats, hot dogs, and sausages
- Dried meat, poultry, and seafood products, e.g., jerky and summer sausages
- Yogurt and fruit smoothies


Do not credit based on serving weight or volume




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Commercial Processed Products Do Not Credit Based on Serving Weight



1 ounce = 1 oz eq MMA



1 ounce = ? MMA

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Crediting Commercial Processed Foods

- Must have CN label or PFS
- Commercial products without CN label or PFS cannot credit
- Must review prior to purchasing and serving




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More Information About CN Labels and PFS

- Module 6: Meal Pattern Documentation, Part B – Crediting Commercial Processed Products




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USDA Resource

USDA Memo SP 05-2025, CACFP 04-2025, and SFSP 02-2025: Guidance for Accepting Processed Product Documentation for Meal Pattern Requirements




<https://www.fns.usda.gov/cn/labeling/guidance-accepting-processed-product-documentation>

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54

CSDE Resource

Crediting Commercial Meat/Meat Alternate Products in the School Nutrition Programs



https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_commercial_mma_snp.pdf

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Crediting Deli Meats



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Examples of Deli Meats

- Turkey
- Ham
- Roast beef
- Salami
- Bologna




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Required Amount for 1 Oz Eq Depends on Ingredients

- Read ingredients before purchasing
 - Added liquids
 - Binders and extenders

Know how to credit correctly



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Liquids, Binders and Extenders

Product contains	Credits based on	Crediting Example
No liquids, binders, extenders (100% meat)	Weight (ounces)	1 ounce serving = 1 oz eq MMA
Liquids, binders, extenders	Percentage of meat in product formula	1 ounce serving = ? oz eq MMA <ul style="list-style-type: none">Requires CN label or PFS

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59

Sample Products with Added Liquids, Binders, Extenders

Honey Ham

- Ham, **water**, honey, salt, contains 2% or less sugar, sodium phosphates, **carrageenan**, sodium propionate, sodium diacetate, sodium benzoate, sodium ascorbate, sodium nitrate

Roasted Turkey

- Turkey breast meat, **turkey broth**, contains 2% or less salt, sugar, **modified food starch**, corn syrup solids, sodium lactate, sodium phosphate, vinegar, flavoring

CN label or PFS Required

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60

FBG Crediting for Some Deli Meats


Deli Meat Product	1 oz eq MMA =
Turkey ham, fully cooked	1.4 ounces
Turkey ham, fully cooked, with 15% added ingredients	1.7 ounces
Ham with natural juices, fully cooked	1.12 ounces
Ham, water added, fully cooked	1.22 ounces

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Develop Standardized Recipes for Menu Items with Deli Meats

- Indicate MMA based on specific weight of specific brand
- Round up weight of deli meat to nearest ¼ ounce
 - List 1.2 ounces as 1.25 ounces
 - List 1.6 ounces as 1.75 ounces




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62

Turkey Sandwich Example

- High school makes turkey sandwich using ABC brand or XYZ brand turkey breast
- Manager uses each brand's PFS to determine weight for 1 oz eq MMA
 - ABC brand = 2 ounces per oz eq
 - XYZ brand = 2½ ounces per oz eq

School's standardized recipe includes required weight of each brand




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63

Summary: Crediting Deli Meats

- Obtain CN label or PFS if product not listed in FBG
- Cannot credit based on serving weight unless product does not contain liquids, binders, or extenders




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64

CSDE Resource

Crediting Deli Meats in the School Nutrition Programs



https://portal.ct.gov/-/media/sde/nutrition/nsp/crediting/credit_deli_snp.pdf

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65

Crediting Dried Meat Products



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66

Examples of Dried Meat Products

- Shelf-stable, dried, and semi-dried meat, poultry, and seafood
 - Beef jerky
 - Summer sausage




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Crediting Dried Meat Products

- Not listed in FBG
- Require CN label or PFS to credit
- Must evaluate PFS for compliance with USDA crediting requirements




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68

Three Crediting Requirements for Dried Meats

1. Creditable meat ingredient must match ingredients statement on product's label
2. Creditable meat ingredient must have similar description to a food item in FBG
3. Creditable amount cannot exceed product weight



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Dried Meat Products with Ground Pork or Beef

- PFS must include percent fat
 - ≤ 30% fat



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USDA Resource

USDA Memo SP 21-2019: Crediting Shelf-Stable, Dried and Semi-Dried Meats, Poultry, and Seafood Products in the Child Nutrition Programs



<https://www.fns.usda.gov/cn/crediting-shelf-stable-dried-and-semi-dried-meat-poultry-and-seafood-products-child-nutrition>

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71

USDA Resource

Webinar: Moving Forward: Update on Food Crediting in Child Nutrition Programs with Guidance for Dried Meat Products



<https://www.fns.usda.gov/tn/moving-forward-update-food-crediting-dried-meat-products>

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72




Crediting Cheeses

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73

Crediting Cheeses

- Credit as meat alternates




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Crediting Amounts for Cheeses

1 ounce = 1 oz eq MMA

- Natural cheeses, e.g., Colby, Monterey Jack, and Swiss
- Process cheeses, e.g., American




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75

Crediting Amounts for Cheeses

2 ounces or ¼ cup = 1 oz eq MMA

- Cottage cheese and ricotta cheese



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Crediting Amounts for Cheeses

2 ounces = 1 oz eq MMA

- Cheese substitute, cheese food substitute, and cheese spread substitute *

* Must meet Food and Drug Administration's (FDA) Standards of Identity for substitute foods



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77

Foods Containing Cheese

- Must maintain documentation



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Crediting Eggs

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79

Crediting Eggs

- Credit as meat alternates
- ½ large egg = 1 oz eq MMA
- Only whole eggs credit
 - Cannot credit egg whites without yolks
 - Cannot credit liquid egg substitutes
- Maintain documentation for egg-based foods



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Crediting Beans, Peas, and Lentils

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Beans, Peas, and Lentils = Pulses

- Dried edible seeds of legumes (plants that include pods)




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82

Examples of Beans, Peas, and Lentils

- Black beans
- Edamame (soybeans)
- Garbanzo beans (chickpeas)
- Kidney beans
- Lentils
- Navy beans
- Split peas
- White beans




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83

Beans, Peas, and Lentils Do Not Include

- Immature or fresh beans and peas
 - Green beans
 - Wax beans
 - Snap peas
 - Fresh lima beans




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84

Crediting Considerations for Beans, Peas, and Lentils

- One serving may credit as MMA or vegetables but not both in same meal
- May credit as either vegetables or MMA in different meals
- If two servings, may credit one as MMA and one as vegetables




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85

Crediting Example for Lunch

Menu item	Component
Chili (kidney beans)	MMA
Salad with chickpeas	Vegetables
Whole-grain roll	Grains
Orange slices	Fruits
Low-fat or fat-free milk	Milk




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86

More Information About Crediting Beans, Peas, and Lentils as Vegetables

- Module 10: Vegetables Component




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87

Crediting Amounts for Beans, Peas, and Lentils

- $\frac{1}{4}$ cup cooked = 1 oz eq MMA
- Liquid from canned beans, peas, and lentils does not credit, e.g., sauce in baked beans




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88

Crediting Roasted Beans, Peas, and Lentils

- Roasted chickpeas
- Roasted lentils
- Roasted soybeans (soy nuts)




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89

Crediting Roasted Beans, Peas, and Lentils

- Credit based on weight instead of volume
 - 1 ounce = 1 oz eq MMA
- Use discretion with individually wrapped snack-type products
- Identify meal component on menus



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90




Crediting Pasta Products Made of 100% Bean, Pea, and Lentil Flours

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91

Crediting Pasta Products Made of 100% Bean, Pea, and Lentil Flours

- May choose to credit as MMA if offered with another MMA
 - Example: Chickpea pasta with meat sauce
- ¼ cup cooked = 1 oz eq MMA



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92

Crediting Pasta Products Made of 100% Bean, Pea, and Lentil Flours

- Example 1: Red Lentil Pasta
Ingredients: Red lentil flour
- Example 2: Chickpea flour Pasta
Ingredients: Chickpea flour

100% bean/pea/lentil flour




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93

CSDE Resource


Crediting Beans, Peas, and Lentils in the School Nutrition Programs



https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_beans_peas_lentils_snp.pdf

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94




Crediting Nuts and Seeds

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Crediting Nuts and Seeds

- Credit as meat alternates



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Creditable Nuts and Seeds

Almonds

Brazil nuts

Cashews

Filberts

Macadamia nuts

Peanuts


Pine nuts

Pistachios

Pumpkin seeds

Soy nuts

Sunflower seeds




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97

Crediting Amounts for Nuts and Seeds

1 ounce = 1 oz eq MMA



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98



Crediting Nut and Seed Butters

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99

Crediting Nut and Seed Butters

Credit as meat alternates



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100

Creditable Nut and Seed Butters

Almond butter

Cashew butter

Peanut butter

Sesame seed butter

Soy nut butter

Sunflower seed butter



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101

Crediting Amounts for Nut and Seed Butters

2 tablespoons = 1 oz eq MMA





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102

103

104

105


106

107

108

Crediting Yogurt and Soy Yogurt

- Commercial products credit as meat alternates
- Must meet FDA standard of identity
- ½ cup or 4 ounces = 1 oz eq MMA




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109

Crediting Yogurt and Soy Yogurt

- Same crediting for all types and varieties



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110

Crediting Yogurt and Soy Yogurt

- Same crediting for all types and varieties
 - Plain or flavored
 - Sweetened or unsweetened
 - Any fat content
 - Added fruit (blended or on bottom)



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111

Noncreditable Yogurt Products

- Drinkable/squeezable yogurt
- Frozen yogurt
- Homemade yogurt
- Yogurt-flavored products
 - Yogurt bars
 - Yogurt-covered cereal bars
 - Yogurt-covered fruits and nuts




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112

Final Rule Change to Yogurt Crediting for School Year 2025-26

New added sugars limit

- No more than 12 grams of added sugars per 6 ounces (2 grams of added sugars per ounce)




<https://www.fns.usda.gov/cn/fr-042524>

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113

CSDE Resource

Crediting Yogurt for Grades K-12 in the School Nutrition Programs



https://portal.ct.gov/-/media/sde/nutrition/nsfp/crediting/credit_yogurt_snp_grades_k-12.pdf

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114




Crediting Tofu and Tofu Products

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115

Crediting Tofu and Tofu Products

- Credits as meat alternate
- 2.2-ounces (¼ cup) = 1 oz eq MMA




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Three Crediting Requirements for Tofu

1. Commercially prepared
2. Easily recognized as meat substitutes, e.g., tofu burgers and tofu sausages
3. Contain ≥ 5 grams of protein



Not easily recognized


- Tofu noodles
- Tofu blended into other foods

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117

CSDE Resource

Crediting Tofu and Tofu Products in the School Nutrition Programs



https://portal.ct.gov/-/media/sde/nutrition/nsip/crediting/credit_tofu_snp.pdf

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Crediting Tempeh

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Tempeh

A highly nutritious fermented soybean cake that is traditionally made from whole soybeans

Terms to Know


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Crediting Tempeh

- Credits as meat alternate
- 1 ounce = 1 oz eq MMA
- Applies only to products with specific ingredients

Soybeans (or other legumes), water, tempeh culture, and for some varieties, vinegar, seasonings, and herbs




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121

Crediting Tempeh with Other Creditable Ingredients

- Brown rice
- Sunflower seeds
- Sesame seeds
- Flax seed
- Vegetables

Must have CN label or PFS




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122

USDA Resource

USDA Memo SP 25-2019: Crediting Tempeh in the Child Nutrition Programs



<https://www.fns.usda.gov/cn/crediting-tempeh-child-nutrition-programs>

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123



Crediting Surimi Seafood

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Surimi Seafood

A pasteurized, ready-to-eat, restructured seafood product that is usually made from pollock


Terms to Know

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Crediting Surimi Seafood

- Amount of fish varies depending on manufacturer and product




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Oz Eq Contribution of Surimi Seafood

Amount	MMA contribution *
1 ounce	¼ oz eq (minimum creditable amount)
2 ounces	½ oz eq
3 ounces	1 oz eq
4.4 ounces	1½ oz eq
6 ounces	2 oz eq

* Must have CN label or PFS to credit differently




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USDA Resource

USDA Memo
SP 24-2019: Crediting
Surimi Seafood in the
Child Nutrition
Programs



<https://www.fns.usda.gov/cn/crediting-surimi-seafood-child-nutrition-programs>

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128

USDA Resource

Webinar:
Additional MMA
Options for CNPs:
Crediting Tempeh
and Surimi




<https://www.fns.usda.gov/tn/additional-meat-meat-alternate-tempeh-and-surimi>

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129

Crediting
Alternate
Protein Products
(APPs)



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130

Alternate Protein Products (APPs)

Food ingredients used alone or in combination with meat, poultry, or seafood




Terms to Know

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131

How APPs are Used

- Entrees with a visible meat or meat alternate
 - Beef patties
 - Beef crumbles
 - Pizza topping
 - Tuna salad



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132

How APPs are Used

- Other commercial products
 - Veggie burgers
 - Soy hotdogs
 - Meatless chicken nuggets or patties




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133

Examples of APPs

- Soy flour
- Soy concentrate
- Soy isolate
- Whey protein concentrate
- Whey protein isolate
- Casein



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134

Specific Crediting Criteria for Commercial Products with APPs

- Defined by USDA
- Appendix A of NSLP and SBP regulations

Must obtain documentation from manufacturer



[https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-210#part-210-Appendix-A-to-Part-210-II.\(A.\)\(1.\)](https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-210#part-210-Appendix-A-to-Part-210-II.(A.)(1.))

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135

Allowable Documentation for APPs

- CN label
- PFS with supporting documentation from manufacturer




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136

Crediting Amounts for APPs

- 1 ounce = 1 oz eq MMA




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137

USDA Resource

Questions and Answers on Alternate Protein Products



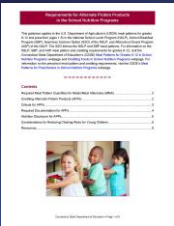
<https://www.fns.usda.gov/cn/labeling/qas-app>

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138

CSDE Resource

Requirements for Alternate Protein Products in the School Nutrition Programs



https://portal.ct.gov/-/media/sde/nutrition/nsip/crediting/app_requirements_snp.pdf

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139

How to Credit MMA

☒ Commercial processed products

☒ Deli meats

☒ Dried meats

☒ Cheeses

☒ Eggs

☒ Beans, Peas, and Lentils

☒ Nuts and seeds

☒ Nut and seed butters

☒ Yogurt and soy yogurt

☒ Tofu and tofu products


☒ Tempeh

☒ Surimi

☒ Alternate protein products (APPs)

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140



Noncreditable MMA

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141

Examples of Noncreditable MMA

▪ Bacon (pork)

▪ Commercial canned soups, e.g., beef barley, beef noodle, turkey or chicken noodle, and turkey or chicken rice

▪ Cream cheese

▪ Egg whites without yolks

▪ Liquid egg substitutes

▪ Imitation cheese

▪ Salt pork

▪ Scramble

▪ Sour cream

▪ Tofu products not easily recognized as meat substitutes

▪ Tofu with < 5 grams of protein in 2.2-ounce serving


▪ Yogurt products, e.g., drinkable or squeezable yogurt, frozen yogurt, yogurt bars, yogurt-covered breakfast bars, and yogurt-covered fruits and nuts

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142

CSDE Resource


Noncreditable Foods in the National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12



https://portal.ct.gov/-/media/sde/nutrition/nsip/crediting/noncreditable_foods_snp_grades_k-12.pdf

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143



USDA's Optional Best Practices for MMA

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144

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24

Optional Best Practices for MMA

- Serve a variety of lean protein foods
- Limit servings of processed meats and poultry
- Serve only natural cheeses and choose low-fat or reduced-fat cheeses



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145

Resources




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146

CSDE Resource

Accepting Processed Product Documentation in the School Nutrition Programs




https://portal.ct.gov/-/media/sde/nutrition/nsip/crediting/accepting_processed_product_documentation_snp.pdf

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147

CSDE Resource

Using Child Nutrition (CN) Labels in the School Nutrition Programs




https://portal.ct.gov/-/media/sde/nutrition/nsip/crediting/cn_labels_snp.pdf

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148

CSDE Resource

Using Product Formulation Statements in the School Nutrition Programs




https://portal.ct.gov/-/media/sde/nutrition/nsip/crediting/product_formulation_statements.pdf

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149

CSDE Resource

Crediting Summary Charts for the Meal Patterns for Grades K-12 in the School Nutrition Programs




https://portal.ct.gov/-/media/sde/nutrition/nsip/crediting/crediting_summary_charts_snp_grades_k-12.pdf

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150

Crediting Foods in School Nutrition Programs

- MMA
- Grains
- Vegetables
- Fruits
- Milk



The screenshot shows the USDA E-Rate website. The main heading is 'Crediting Foods in School Nutrition Programs'. The left sidebar contains a list of links: Overview, Grains, Fruits, Vegetables, and Milk. The 'Overview' link is highlighted with a red box. The main content area displays the 'Overview' section, which includes a description of the program and a list of links to various resources.

<https://portal.ct.gov/sde/nutrition/crediting-foods-in-school-nutrition-programs/milk>

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The screenshot shows a web browser window with the URL <https://portal.ct.gov/de/nutrition/crediting-documentation-for-the-child-nutrition-programs>. The page title is "Crediting Documentation for the Child Nutrition Programs". The main content area lists several types of documentation that can be credited:

- Child Nutrition labels
- Product formulation statements
- Nutrition information
- Accepting product documentation
- Standardized recipes
- Food Buying Guide for Child Nutrition Programs

Below the list, there is a section titled "Resources" with a link to "Standardized Recipes". The footer of the page indicates it is from the "Connecticut State Department of Education" and is dated "January 2025".

[illegible]

Questions?

- Contact CSDE's school nutrition programs staff

<https://portal.ct.gov/-/media/sde/nutrition/cnstaff/countyassign.pdf>

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Thanks for participating!



<https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials>

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1. mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. fax: (800) 256-1665 or (202) 690-7442; or
3. email: program.intake@usda.gov

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