

Summer Meals Annual Training Resource List: Summer Food Service Program (SFSP) Meal Patterns

This list includes the resources for the Connecticut State Department of Education's (CSDE) Summer Meals annual training module, SFSP Meal Patterns.

Annual Training (CSDE's SFSP webpage):

<https://portal.ct.gov/sde/nutrition/summer-food-service-program/annual-training>

Civil Rights Requirements for the Summer Food Service Program (USDA):

https://portal.ct.gov/-/media/sde/nutrition/civilrights/civil_rights_sfsp_requirements.pdf

County Assignments for Summer Meals (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cnstaff/county_assign_summer_meals.pdf

Crediting Documentation for the Child Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs>

Crediting Foods and Beverages (CSDE Annual Training Module):

<https://portal.ct.gov/sde/nutrition/summer-food-service-program/annual-training>

Crediting Foods in the Summer Food Service Program (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/crediting-foods-in-the-summer-food-service-program>

Crediting Summary Charts for the Summer Food Service Program (SFSP) Meal Patterns (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/sfsp/creditingfsp/crediting_summary_charts_sfsp.pdf

Dietary Guidelines for Americans (USDA and the U.S. Department of Health and Human Services):

<https://www.dietaryguidelines.gov/>

Farm to Summer (USDA webpage):

<https://www.fns.usda.gov/f2s/farm-summer>

Feeding Infants in CACFP Child Care Programs (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/feeding-infants-in-cacfp-child-care-programs>

Final Rule: Child Nutrition Programs: Meal Patterns Consistent with the 2020-2025 Dietary Guidelines for Americans (USDA):

<https://www.federalregister.gov/documents/2024/04/25/2024-08098/child-nutrition-programs-meal-patterns-consistent-with-the-2020-2025-dietary-guidelines-for>

FNS Documents & Resources (USDA webpage):

<https://www.fns.usda.gov/resources>

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Guidance for Meal Modifications in the Summer Food Service Program (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/sfsp/mealpattern/meal_modification_guidance_sfsp.pdf

Meal Pattern regulations: Section 7 CFR 225.16(d) of SFSP regulations:

[https://www.ecfr.gov/current/title-7/part-225#p-225.16\(d\)](https://www.ecfr.gov/current/title-7/part-225#p-225.16(d))

Meal Patterns (CSDE's SFSP webpage):

<https://portal.ct.gov/sde/nutrition/summer-food-service-program/meal-patterns>

Meal Patterns for CACFP Adult Day Care Centers (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-cacfp-adult-centers>

Menu Planning (CSDE's SFSP webpage):

<https://portal.ct.gov/sde/nutrition/summer-food-service-program/menu-planning>

Nondiscrimination Statements (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/nondiscrimination-statements>

Notice of Nondiscrimination and Accessible Services (7 CFR 15b.7)

<https://www.ecfr.gov/current/title-7/section-15b.7>

Nutrition Guide Summer Food Service Program (USDA):

https://fns-prod.azureedge.us/sites/default/files/resource-files/USDA_SFSP_NutritionGuide.pdf

Operational Memoranda for the SFSP (CSDE webpage):

<https://www.fns.usda.gov/resources>

Program Guidance for the Summer Food Service Program (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/program-guidance-for-the-summer-food-service-program>

Request for Meal Modifications in the Summer Food Service Program (SFSP) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/sfsp/mealpattern/meal_modification_request_sfsp.pdf

Resources for the Summer Food Service Program Meal Patterns (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/sfsp/mealpattern/resources_sfsp_meal_patterns.pdf

Servings for Grains/Breads in the Summer Food Service Program (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/sfsp/creditingfsfsp/servings_grains_breads_sfsp.pdf

Summer Food Service Program (SFSP) Meal Patterns (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/sfsp/mealpattern/sfsp_meal_patterns.pdf

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Summer Food Service Program (SFSP) Policies and Procedures for Smaller Food Portions (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/sfsp/policies_sfsp_smaller_food_portions.pdf

USDA Memo CACFP 14-2017 and SFSP 10-2017: Modifications to Accommodate Disabilities in the Child and Adult Care Food Program and Summer Food Service Program:

https://fns-prod.azureedge.us/sites/default/files/cacfp/CACFP14-2017_SFSP10-2017os.pdf

USDA Memo SP 19-2024, CACFP 07-2024, and SFSP 12-2024: Initial Implementation Memorandum: Child Nutrition Programs: Meal Patterns Consistent with the 2020-2025 Dietary Guidelines for Americans:

https://fns-prod.azureedge.us/sites/default/files/resource-files/SP19_CACFP07_SFSP12-2024os.pdf

USDA Regulations 7 CFR 15b.6: Designation of responsible employee and adoption of grievance procedures:

<https://www.ecfr.gov/current/title-7/subtitle-A/part-15b/subpart-A/section-15b.6>

USDA Regulations 7 CFR 225.16(d): Meal patterns:

[https://www.ecfr.gov/current/title-7/part-225#p-225.16\(d\)](https://www.ecfr.gov/current/title-7/part-225#p-225.16(d))

What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE):

<https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials>

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For more information on Summer Meals training, visit the “[Annual Training](#)” section of the CSDE’s SFSP webpage or contact the [Summer Meals staff](#) at the Connecticut State Department of Education, Bureau of Child Nutrition Programs, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841. This document is available at https://portal.ct.gov/-/media/sde/nutrition/training/summermeals/summer_meals_training_sfsp_meal_patterns_resources.pdf.

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Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: program.intake@usda.gov

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