







Might Not Apply to School Food Authorities (SFAs)

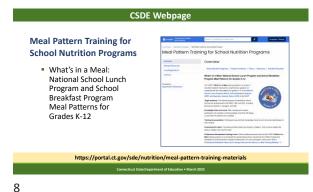
Depends on type of meal pattern used

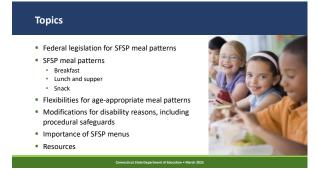
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6





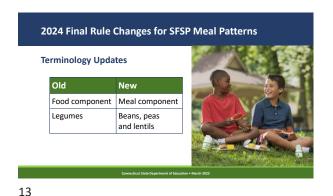




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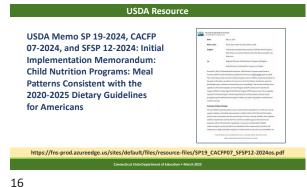








17



Implementation Guidance for SFSP Legislation

USDA policy memos
CSDE operational memoranda















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Food-based Menu Planning

• Minimum portions of specific meal components

• Based on nutritional needs of children ages 6-12

• May offer larger portions to meet nutritional needs of older children

27

29



CSDE Webpage

https://portal.ct.gov/sde/nutrition/summer-food-service-program/meal-patterns

Summer Food Service Program (SFSP)

Three SFSP Meal Patterns

Breakfast
Lunch and Supper
Snack

https://portal.ct.gov/-/media/sde/nutrition/sfsp/mealpattern/sfsp_meal_patterns.pdf

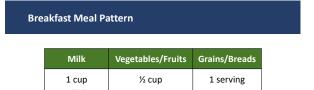
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30

Summer Food Service Program (SFSP)

> Meal Patterns section







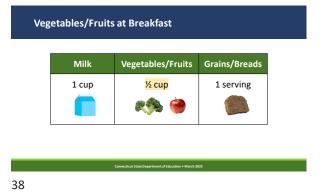


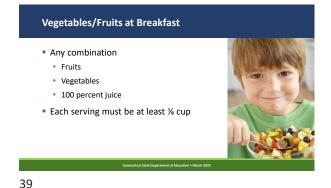
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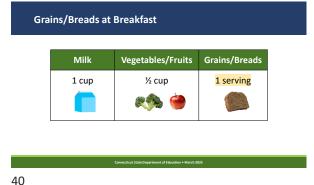










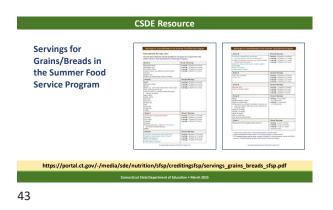


Bread, pasta or noodle products, rice and other cereal grains Whole grain or enriched Breakfast cereals Whole grain, enriched, or fortified

One Serving of Grains/Breads at Breakfast =

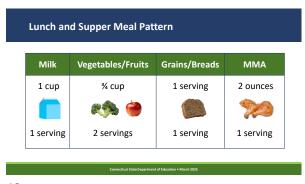
1 slice bread (25 grams)
25 grams biscuits, rolls, buns
31 grams corn muffins, cornbread, pancakes, waffles
50 grams muffins except corn muffins
4 cup or 1 ounce cold dry cereal
5 cup cooked hot cereal (e.g., oatmeal)
5 cup cooked pasta, noodles, rice, cereal grains

41





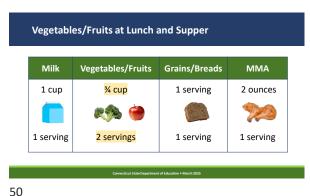














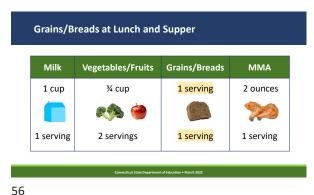


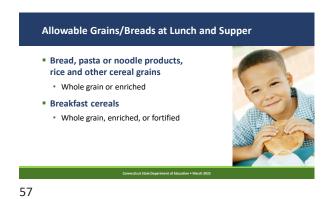




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MMA at Lunch and Supper

Milk Vegetables/Fruits Grains/Breads MMA

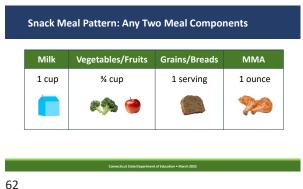
1 cup ¾ cup 1 serving 2 ounces

1 serving 2 servings 1 serving 1 serving 1 serving 1 serving 2 serving 1 serv



60

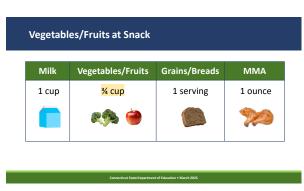




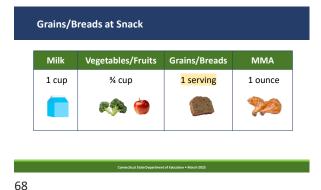


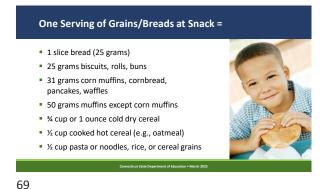


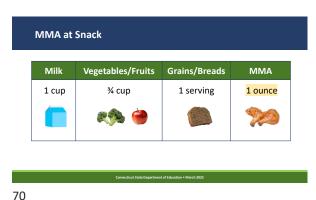












1 Ounce MMA at Snack = 1 ounce lean meat, poultry, or fish, or alternate protein product (APP), or cheese, or nuts/seeds, or tempeh 2.2 ounces (1/4 cup) tofu 3 ounces surimi ■ 1/2 large egg ¼ cup cooked beans, peas, or lentils, or cottage cheese 2 tablespoons nut/seed butter ½ cup yogurt or soy yogurt 71

















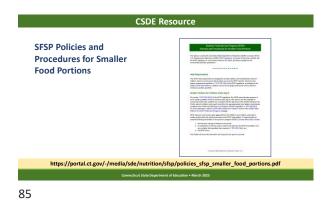






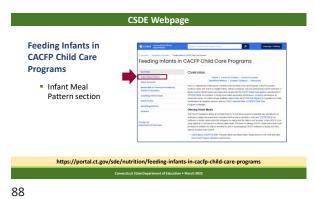
















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Meal Modifications for Non-disability Reasons

- Optional
 - · Religious or moral convictions
 - General health concerns
 - · Personal food preferences

USDA encourages modifications within meal patterns when possible



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91

Meal Modifications for Disability Reasons

- SFSP sponsors must make reasonable meal modifications on a case-by-case basis for children whose disability restricts their diet
 - Based on written medical statement from state licensed healthcare professional or registered dietitian
 - Must accept medical statements from registered dietitians by July 1, 2025



92



Reasonable Modification

A change or alteration in policies, practices, and/or procedures to accommodate a disability that ensures children with disabilities have equal opportunity to participate in or benefit from a program

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93



Case-by-case Basis

The meal modifications are specific to the individual medical condition and dietary needs of each child

94

Meal Modifications Must Be Related To

- Child's disability
- Limitations caused by child's disability



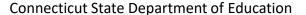
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95

Medical Statement Must Include Three Elements

- Information about child's physical or mental impairment that is sufficient to allow SFSP sponsor to understand how it restricts child's diet
- 2. Explanation of what must be done to accommodate child's disability
- 3. If appropriate, food or foods to be omitted and recommended alternatives







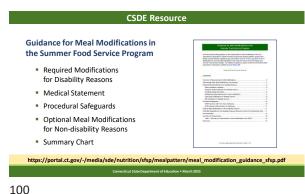


Maintain Medical Statements on File

• For all children with documented disability whose meal modifications do not meet SFSP meal patterns
• Reviewed by CSDE during SFSP Administrative Review

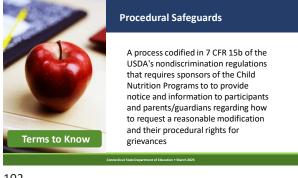
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99



98





Implementing Procedural Safeguards

- 1. Implement procedures for parents/guardians to
 - request modifications to meal service for children with disabilities
 - resolve grievances
- 2. Provide written final decision on each request to parent/guardian



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103

Notifying Participants and Parents/Guardians

Minimum Requirement

 Provide notice of nondiscrimination and accessible services as outlined in 7 CFR 15b.7



104

Notice of Nondiscrimination and Accessible Services (7 CFR 15b.7)

- Sponsors do not discriminate
 - on basis of handicap in violation of section 504
 - in admission or access to their programs or activities



https://www.ecfr.gov/current/title-7/section-15b.7

105

Notice of Nondiscrimination and Accessible Services (7 CFR 15b.7)

Methods of Initial and Continuing Notification

- Posting notices
- Placing notices in
 - sponsor's publications
 - radio announcements
 - other media

https://www.ecfr.gov/current/title-7/section-15b.7

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106

SFSP Sponsor Procedures for Site Staff

- Ensure that site staff members understand procedures for handling requests for meal modifications and can implement them correctly
 - · Provide guidance and training



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107

Requirements for Sponsors with 15 or More Employees

Designated Coordinator

- Designate at least one person to coordinate compliance with disability requirements
 - Section 504 Coordinator
 - USDA does not require separate Section 504 Coordinator only for meal modifications

https://www.ecfr.gov/current/title-7/subtitle-A/part-15b/subpart-A/section-15b.6

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Requirements for Sponsors with 15 or More Employees

Grievance Procedures

Establish grievance procedures that incorporate appropriate due process standards and provide for prompt and equitable resolution of complaints



109

USDA's Recommended Grievance Procedures

- Allow participants or their representatives to submit a grievance (complaint with any supporting documentation) for SFSP sponsor's consideration
- Provide that a prompt decision by SFSP sponsor be rendered to participant or their representative regarding the grievance
- Ensure that decision includes official USDA nondiscrimination statement, which advises participant how to file complaint with USDA's Food and Nutrition Service (FNS)



110

Official USDA Nondiscrimination Statement

- CSDE's Civil Rights Requirements for the Summer Food Service Program
- CSDE's Nondiscrimination Statements webpage



https://portal.ct.gov/-/media/sde/nutrition/civilrights/civil_rights_sfsp_requirements.pdf https://portal.ct.gov/sde/nutrition/nondiscrimination-statements

111

Requirements for Sponsors with 15 or More Employees

Notification to Parents/ **Guardians Must Identify**

- Employee who is responsible for meal modifications
- Existence and location of accessible services, activities, and facilities



112

SFSP Sponsors with Less Than 15 Employees

USDA recommends having someone on staff who can provide technical assistance to summer sites when making meal modifications for disability reasons



CSDE Webpage

USDA Memo CACFP 14-2017 and SFSP 10-2017: Modifications to Accommodate Disabilities in the **Child and Adult Care Food Program and Summer Food** Service Program



https://fns-prod.azureedge.us/sites/default/files/cacfp/CACFP14-2017_SFSP10-2017os.pdf

114





Successful Summer Meal Programs

Depends on nutritious meals that
meet SFSP meal pattern requirements
are appetizing to children

Importance of SFSP Menus

• Foundation of Summer Meal Programs

• Food procurement and food cost

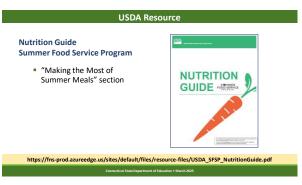
• Staffing and operational efficiency

• Meal pattern compliance and nutrition

• Participation rates and satisfaction

117













Crediting Summary
Charts for the Summer
Food Service Program
(SFSP) Meal Patterns

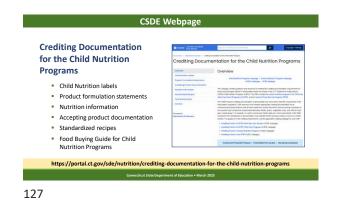
SFSP) Meal Patterns

SFSP) Meal Patterns



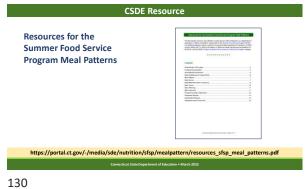
126

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Questions?
Contact CSDE's
Summer Meals Staff

https://portal.ct.gov/-/media/sde/nutrition/cnstaff/county_assign_summer_meals.pdf



132

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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at:

https://www.usda.gov/lites/default/files/documents/ad-3027.pdf. from any USAA office, byralling (8618-2999), or by writing a letter addressed to USDA. The letter must contain the compalianant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Cull Rights (ASCR) about the nature and after dan alleged culr rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- In mail: U.S. Department of Agriculture
 Office of the Assistant Secretary for Civil Rights
 1400 Independence Avenue, SW
 Washington, D.C. 20250-9410; or
 2. fax: (833) 256-1655 or (202) 690-7442; or
 3. email: program.intake

This institution is an equal opportunity provider

133

USDA Nondiscrimination Statement

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