

Summer Meals Annual Training Resource List: Summer Food Service Program (SFSP) Meal Patterns

This list includes the resources for the Connecticut State Department of Education's (CSDE) Summer Meals annual training module, SFSP Meal Patterns.

[Annual Training](#) (CSDE's SFSP webpage):

<https://portal.ct.gov/sde/nutrition/summer-food-service-program/annual-training>

[Civil Rights Requirements for the Summer Food Service Program](#) (USDA):

https://portal.ct.gov/-/media/sde/nutrition/civilrights/civil_rights_sfsp_requirements.pdf

[County Assignments for Summer Meals](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cnstaff/county_assign_summer_meals.pdf

[Crediting Documentation for the Child Nutrition Programs](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs>

[Crediting Foods and Beverages](#) (CSDE Annual Training Module):

<https://portal.ct.gov/sde/nutrition/summer-food-service-program/annual-training>

[Crediting Foods in the Summer Food Service Program](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/crediting-foods-in-the-summer-food-service-program>

[Crediting Summary Charts for the Summer Food Service Program](#) (SFSP) Meal Patterns (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/sfsp/creditingfsp/crediting_summary_charts_sfsp.pdf

[Farm to Summer](#) (USDA webpage):

<https://www.fns.usda.gov/f2s/farm-summer>

[Feeding Infants in CACFP Child Care Programs](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/feeding-infants-in-cacfp-child-care-programs>

[Final Rule: Child Nutrition Programs: Meal Patterns Consistent with the 2020-2025 Dietary Guidelines for Americans](#) (USDA):

<https://www.federalregister.gov/documents/2024/04/25/2024-08098/child-nutrition-programs-meal-patterns-consistent-with-the-2020-2025-dietary-guidelines-for>

[Food and Nutrition Service \(FNS\) Documents and Resources](#) (USDA webpage):

<https://www.fns.usda.gov/resources>

Summer Meals Annual Training Resource List: Summer Food Service Program (SFSP) Meal Patterns

[Guidance for Meal Modifications in the Summer Food Service Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/sfsp/mealpattern/meal_modification_guidance_sfsp.pdf

[Meal Pattern and Crediting Resources for the Summer Food Service Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/sfsp/mealpattern/resources_sfsp_meal_patterns.pdf

[Meal Pattern regulations: Section 7 CFR 225.16\(d\) of SFSP regulations:](#)

[https://www.ecfr.gov/current/title-7/part-225#p-225.16\(d\)](https://www.ecfr.gov/current/title-7/part-225#p-225.16(d))

[Meal Patterns](#) (CSDE's Summer Food Service Program webpage):

<https://portal.ct.gov/sde/nutrition/summer-food-service-program/meal-patterns>

[Meal Patterns for CACFP Adult Day Care Centers](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-cacfp-adult-centers>

[Menu Planning](#) (CSDE's SFSP webpage):

<https://portal.ct.gov/sde/nutrition/summer-food-service-program/menu-planning>

[Nondiscrimination Statements](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/nondiscrimination-statements>

[Notice of Nondiscrimination and Accessible Services \(7 CFR 15b.7\):](#)

<https://www.ecfr.gov/current/title-7/section-15b.7>

[Nutrition Guide Summer Food Service Program](#) (USDA):

https://fns-prod.azureedge.us/sites/default/files/resource-files/USDA_SFSP_NutritionGuide.pdf

[Operational Memoranda for the SFSP](#) (CSDE webpage):

<https://portal.ct.gov/sde/lists/operational-memoranda-for-the-sfsp>

[Program Guidance for the Summer Food Service Program](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/program-guidance-for-the-summer-food-service-program>

[Request for Meal Modifications in the Summer Food Service Program \(SFSP\)](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/sfsp/mealpattern/meal_modification_request_sfsp.pdf

Summer Meals Annual Training Resource List: Summer Food Service Program (SFSP) Meal Patterns

[Servings for Grains/Breads in the Summer Food Service Program](https://portal.ct.gov/-/media/sde/nutrition/sfsp/creditingfsp/servings_grains_breads_sfsp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/sfsp/creditingfsp/servings_grains_breads_sfsp.pdf

[Summer Food Service Program \(SFSP\) Meal Patterns](https://portal.ct.gov/-/media/sde/nutrition/sfsp/mealpattern/sfsp_meal_patterns.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/sfsp/mealpattern/sfsp_meal_patterns.pdf

[Summer Food Service Program \(SFSP\) Policies and Procedures for Smaller Food Portions](https://portal.ct.gov/-/media/sde/nutrition/sfsp/policies_sfsp_smaller_food_portions.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/sfsp/policies_sfsp_smaller_food_portions.pdf

[USDA Memo CACFP 14-2017 and SFSP 10-2017: Modifications to Accommodate Disabilities in the Child and Adult Care Food Program and Summer Food Service Program:](https://fns-prod.azureedge.us/sites/default/files/cacfp/CACFP14-2017_SFSP10-2017os.pdf)

https://fns-prod.azureedge.us/sites/default/files/cacfp/CACFP14-2017_SFSP10-2017os.pdf

[USDA Memo SP 19-2024, CACFP 07-2024, and SFSP 12-2024: Initial Implementation Memorandum: Child Nutrition Programs: Meal Patterns Consistent with the 2020-2025 Dietary Guidelines for Americans:](https://fns-prod.azureedge.us/sites/default/files/resource-files/SP19_CACFP07_SFSP12-2024os.pdf)

https://fns-prod.azureedge.us/sites/default/files/resource-files/SP19_CACFP07_SFSP12-2024os.pdf

[USDA Regulations 7 CFR 15b.6: Designation of responsible employee and adoption of grievance procedures:](https://www.ecfr.gov/current/title-7/subtitle-A/part-15b/subpart-A/section-15b.6)

<https://www.ecfr.gov/current/title-7/subtitle-A/part-15b/subpart-A/section-15b.6>

[USDA Regulations 7 CFR 225.16\(d\): Meal patterns:](https://www.ecfr.gov/current/title-7/part-225#p-225.16(d))

[https://www.ecfr.gov/current/title-7/part-225#p-225.16\(d\)](https://www.ecfr.gov/current/title-7/part-225#p-225.16(d))

[What's in a Meal: Meal Patterns for Grades K-12 in the School Nutrition Programs](https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials) (CSDE's Meal Pattern Training for School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials>

Summer Meals Annual Training Resource List: Summer Food Service Program (SFSP) Meal Patterns

For more information on Summer Meals training, visit the “[Annual Training](#)” section of the CSDE’s SFSP webpage_or contact the [Summer Meals staff](#) at the Connecticut State Department of Education, Bureau of Child Nutrition Programs, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841. This document is available at https://portal.ct.gov/-/media/sde/nutrition/training/summermeals/summer_meals_training_sfsp_meal_patterns_resources.pdf.

The Connecticut State Department of Education is committed to a policy of equal opportunity/affirmative action for all qualified persons. The Connecticut Department of Education does not discriminate in any employment practice, education program, or educational activity on the basis of race; color; religious creed; age; sex; pregnancy; sexual orientation; workplace hazards to reproductive systems, gender identity or expression; marital status; national origin; ancestry; retaliation for previously opposed discrimination or coercion, intellectual disability; genetic information; learning disability; physical disability (including, but not limited to, blindness); mental disability (past/present history thereof); military or veteran status; status as a victim of domestic violence; or criminal record in state employment, unless there is a bona fide occupational qualification excluding persons in any of the aforementioned protected classes. Inquiries regarding the Connecticut State Department of Education’s nondiscrimination policies should be directed to: Attorney Louis Todisco, Connecticut State Department of Education, by mail 450 Columbus Boulevard, Hartford, CT 06103-1841; or by telephone 860-713-6594; or by email louis.todisco@ct.gov.



Summer Meals Annual Training Resource List: Summer Food Service Program (SFSP) Meal Patterns

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: program.intake@usda.gov

This institution is an equal opportunity provider.