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Summer Meals Recorded Training Modules

- Part of CSDE's required annual training for Summer Meals sponsors
- Reflects current requirements of the SFSP regulations

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Crediting Foods in the SFSP Meal Patterns: 5 Modules

- Part 1: Introduction to Crediting Foods
- Part 2: Milk Component
- Part 3: Meats/Meats Alternate Component
- Part 4: Grains/Breads Component
- Part 5: Vegetables/Fruits Component

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Annual Training Section of SFSP Webpage

<https://portal.ct.gov/sde/nutrition/summer-food-service-program/annual-training>

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This Module Applies Only To

- Summer Meals sites that follow SFSP meal patterns

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This Module Does Not Apply To


- School food authority (SFA) sponsors of SFSP that choose to follow school meal patterns
 - National School Lunch Program (NSLP)
 - School Breakfast Program (SBP)
 - Afterschool Snack Program (ASP)
- Seamless Summer Option (SSO) of NSLP

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CSDE Webpage

Meal Pattern Training for School Nutrition Programs

- What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12



<https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials>

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Topics


- Guidance for crediting requirements
 - Minimum creditable amounts
 - Requirement for visible components
- USDA guidance on crediting requirements
- Noncreditable foods
- Resources



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Guidance for Crediting Requirements




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Crediting Foods in the SFSP

- Reimbursable meals and snacks must include specific types and portions of creditable foods



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Creditable Foods




- Foods and beverages that count toward one or more of the four meal components that make up reimbursable meals and snacks

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Crediting



- How a food or beverage counts toward a required meal component in the SFSP meal patterns

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Part 1: Introduction to Crediting

Minimum Creditable Amounts of Meal Components

- Meats/meat alternates = 1/4 ounce
- Grains/breads = 1/4 serving
- Vegetables/fruits = 1/2 cup
- Milk = 1 cup *

* Exception: 1/2 cup for milk in fruit/vegetable smoothies



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Requirement for Visible Components




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Visible Components

- Foods must be visible (recognizable) to credit
- Ensures children can easily identify foods in SFSP menus



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Examples of Unrecognizable Foods

- Pumpkin puree or applesauce in muffins
- Peanut butter in smoothies
- Pureed tofu in soups

Noncreditable




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Exceptions to Requirement for Visible Components

- Yogurt or soy yogurt in smoothies
- Pureed fruits and vegetables in smoothies
- Pasta made with 100 percent vegetable flours




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More Information About Crediting Requirements

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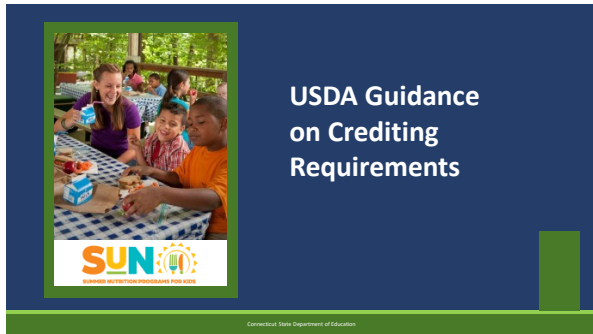
- Crediting Foods in the SFSP Meal Patterns Part 5: Vegetables/Fruits Component



<https://portal.ct.gov/sde/nutrition/summer-food-service-program/annual-training>

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USDA Guidance on Crediting Requirements

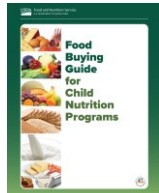
SUN
SUMMER NUTRITION PROGRAMS FOR KIDS

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Food Buying Guide for Child Nutrition Programs (FBG)

- Identify creditable foods
- Determine yield and quantity needed to meet SFSP meal patterns



<https://www.fns.usda.gov/tn/fbg/food-buying-guide>


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More Information About FBG

CSDE Training Module

- Crediting Documentation for Summer Meals



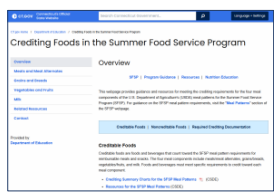
<https://www.fns.usda.gov/tn/fbg/food-buying-guide>

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USDA Policy Memos

- Links on CSDE's webpage, Crediting Foods in the Summer Food Service Program



<https://portal.ct.gov/sde/nutrition/crediting-foods-in-the-summer-food-service-program>

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Requirements for Noncreditable Foods

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Noncreditable Foods

- Foods and beverages that do not count toward the meal components for reimbursable meals and snacks
 - Do not belong to any meal component
 - Too small to credit

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Part 1: Introduction to Crediting

Examples of Noncreditable Foods

- Potato chips
- Ice cream, frozen yogurt, pudding, and gelatin
- Cream cheese and sour cream
- Bacon (pork)
- Jams and jellies
- Milk substitutes, e.g., rice milk, oat milk, and almond milk
- Canned cream soups
- Juice drinks (not 100% juice)
- Water
- Condiments, e.g., ketchup, relish, syrup, mayonnaise, and butter



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Examples of Allowable Purchases

- Ketchup and mustard served with hamburgers



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Examples of Unallowable Purchases

- Ice cream
- Gelatin
- Pudding



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Except for Condiments

- All other foods and beverages purchased with SFSP funds must be creditable
- SFSP sites that serve noncreditable foods must use funds from another source
 - Must have documentation on file



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CSDE Resource

Noncreditable Foods in the Meal Patterns for the Summer Food Service Program



https://portal.ct.gov/-/media/sde/nutrition/sfsp/creditingfsfp/noncreditable_foods_sfsp.pdf

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Resources



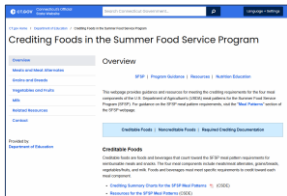
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Crediting Foods in the Summer Food Service Program

- Meats/meat alternates
- Grains/breads
- Vegetables/fruits
- Milk



<https://portal.ct.gov/sde/nutrition/crediting-foods-in-the-summer-food-service-program>

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CSDE Resource

Crediting Summary Charts for the Summer Food Service Program Meal Patterns



https://portal.ct.gov/-/media/sde/nutrition/sfsp/crediting/sfsp/crediting_summary_charts_sfsp.pdf

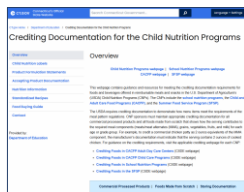
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Crediting Documentation for the Child Nutrition Programs

- Child Nutrition labels
- Product formulation statements
- Nutrition information
- Accepting product documentation
- Standardized recipes
- Food Buying Guide for Child Nutrition Programs



<https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs>

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CSDE Resource

Meal Pattern and Crediting Resources for the Summer Food Service Program



https://portal.ct.gov/-/media/sde/nutrition/sfsp/mealpatterns/resources_sfsp_meal_patterns.pdf

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**Questions?
Contact CSDE's
Summer Meals Staff**

https://portal.ct.gov/-/media/sde/nutrition/cnstaff/county_assign_summer_meals.pdf

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Thanks for participating!

- More guidance and resources



<https://portal.ct.gov/sde/nutrition/summer-food-service-program/annual-training>

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2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: program_intake@usda.gov

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