

## Preschool Meal Pattern Training for the School Nutrition Programs

### Resource List for Module 9: Meal Service for Preschoolers

This document contains the resources for module 9 of the Connecticut State Department of Education's (CSDE) Preschool Meal Pattern Training for the School Nutrition Programs.

Civil Rights Requirements for the School Nutrition Programs (CSDE's Civil Rights for Child Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/civil-rights-for-child-nutrition-programs/civil-rights-for-school-nutrition-programs>

County Assignments for School Nutrition Programs (CSDE):

<https://portal.ct.gov/-/media/sde/nutrition/cnstaff/countyassign.pdf>

Family Style Meal Service ("Meal Service" section of CSDE's Meal Patterns for Preschoolers in School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-preschoolers-in-school-nutrition-programs/meal-service#FamilyStyle>

Guide to Meal Service Requirements for Preschoolers in the School Nutrition Programs (CSDE)

[https://portal.ct.gov/-/media/sde/nutrition/nslp/preschool/guide\\_preschool\\_meal\\_service\\_snp.pdf](https://portal.ct.gov/-/media/sde/nutrition/nslp/preschool/guide_preschool_meal_service_snp.pdf)

Meal Counting and Claiming for School Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/meal-counting-and-claiming-for-school-nutrition-programs>

Meal Pattern and Crediting Resources for the School Nutrition Programs (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/resources\\_school\\_meal\\_patterns\\_snp.pdf](https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/resources_school_meal_patterns_snp.pdf)

Meal Patterns for Preschoolers in School Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-preschoolers-in-school-nutrition-programs>

Meal Service (CSDE's Meal Patterns for Preschoolers in School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-preschoolers-in-school-nutrition-programs/meal-service>

Menu Forms and Production Records (CSDE's Meal Patterns for Preschoolers in School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-preschoolers-in-school-nutrition-programs/menu-forms-and-production-records>

Portion Control (CSDE's Menu Planning for Child Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/menu-planning/portion-control>

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Preschool Meal Pattern Training for the School Nutrition Programs (CSDE's Meal Patterns for Preschoolers in School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-preschoolers-in-school-nutrition-programs/preschool-meal-pattern-training>

Requirements for Classroom Meals in the National School Lunch Program and School Breakfast Program (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/nslp/forms/mealcount/requirements\\_classroom\\_meals\\_nslp\\_sbp.pdf](https://portal.ct.gov/-/media/sde/nutrition/nslp/forms/mealcount/requirements_classroom_meals_nslp_sbp.pdf)

Serving School Meals to Preschoolers (USDA):

<https://www.fns.usda.gov/tn/serving-school-meals-preschoolers>

What's in a Meal Module 16: Water Availability During Meal Service (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):

<https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials#module16>

## Resource List for Module 9: Meal Service for Preschoolers

The CSDE's [Preschool Meal Pattern Training for the School Nutrition Programs](#) is a series of recorded modules that provide comprehensive guidance on complying with the preschool meal patterns for the National School Lunch Program (NSLP), School Breakfast Program (SBP), Afterschool Snack Program (ASP) of the NSLP, and Seamless Summer Option (SSO) of the NSLP.

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Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
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2. fax: (833) 256-1665 or (202) 690-7442; or
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