# Resource List for Module 3: Meal Pattern Comparison of Preschool and Grades K-12

This document contains the resources for module 3 of the Connecticut State Department of Education's (CSDE) Preschool Meal Pattern Training for the School Nutrition Programs. This training program is a series of recorded modules that provide comprehensive guidance on complying with the preschool meal patterns for the National School Lunch Program (NSLP), School Breakfast Program (SBP), Afterschool Snack Program (ASP) of the NSLP, and Seamless Summer Option (SSO) of the NSLP.

Comparison of Afterschool Snack Program (ASP) Meal Pattern Requirements for Grades K-12 and Preschool (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/asp/comparison_preschool_grades_k-12_asp.pdf

Comparison of Lunch and Breakfast Meal Pattern Requirements for Grades K-12 and Preschool in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/preschool/comparison_grades_k-12_preschool_nslp_sbp.pdf

Comparison of the Grains Component Requirements in the Meal Patterns for School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/comparison_grain_crediting_snp.pdf

Comparison of the Milk Component Requirements in the Meal Patterns for School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/comparison_milk_requirements_snp.pdf

County Assignments for School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cnstaff/countyassign.pdf

Crediting Summary Charts for the Meal Patterns for the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/crediting_summary_charts_snp.pdf

Exhibit A: Grain Requirements for Child Nutrition Programs (USDA):
https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/ExhibitA.pdf

Guide to the Preschool Meal Patterns for the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/preschool/guide_preschool_meal_patterns.pdf

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Meal Pattern and Crediting Resources for the School Nutrition Programs (CSDE): https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/resources_school_meal_patterns_snp.pdf

Preschool Meal Pattern Training for the School Nutrition Programs (CSDE's Meal Patterns for Preschoolers in School Nutrition Programs webpage): https://portal.ct.gov/sde/nutrition/meal-patterns-preschoolers-in-school-nutrition-programs/preschool-meal-pattern-training

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   1400 Independence Avenue, SW
   Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: program.intake@usda.gov

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