

Preschool Meal Pattern Training for the School Nutrition Programs

Resource List for Module 2: Preschool Meal Patterns

This document contains the resources for module 2 of the Connecticut State Department of Education's (CSDE) Preschool Meal Pattern Training for the School Nutrition Programs.

CACFP Best Practices (USDA webpage):

<https://fns-prod.azureedge.us/cacfp/program-operator/best-practices>

County Assignments for School Nutrition Programs (CSDE):

<https://portal.ct.gov/-/media/sde/nutrition/cnstaff/countyassign.pdf>

Crediting Guide for the School Nutrition Programs (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/mpg/guide_crediting_snp.pdf

Crediting Summary Charts for the Meal Patterns for the School Nutrition Programs (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/crediting_summary_charts_snp.pdf

Food and Nutrition Service (FNS) Documents & Resources (USDA):

<https://www.fns.usda.gov/resources>

Guide to the Preschool Meal Patterns for the School Nutrition Programs (CSDE)

https://portal.ct.gov/-/media/sde/nutrition/nslp/preschool/guide_preschool_meal_patterns_snp.pdf

Laws and Regulations for Child Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/laws-and-regulations-for-child-nutrition-programs>

Meal Pattern and Crediting Resources for the School Nutrition Programs (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/resources_school_meal_patterns_snp.pdf

Meal Patterns for Preschoolers in School Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-preschoolers-in-school-nutrition-programs>

Menu Planning Guidance Series (CSDE's Meal Patterns for Preschoolers in School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-preschoolers-in-school-nutrition-programs#MenuPlanningGuidanceSeries>

Offer versus Serve for School Nutrition Programs (CSDE):

<https://portal.ct.gov/sde/nutrition/offer-versus-serve-for-school-nutrition-programs>

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Operational Memoranda for School Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/sde/lists/operational-memoranda-for-school-nutrition-programs>

Preschool Meal Pattern Training for the School Nutrition Programs (CSDE's Meal Patterns for Preschoolers in School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-preschoolers-in-school-nutrition-programs/preschool-meal-pattern-training>

Program Guidance for School Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/program-guidance-school-nutrition-programs>

Serving Meat and Meat Alternates at Breakfast (USDA webpage):

<https://www.fns.usda.gov/tn/serving-meats-and-meat-alternates-breakfast-cacfp>

Serving School Meals to Preschoolers (USDA):

<https://www.fns.usda.gov/tn/serving-school-meals-preschoolers>

Summary of Final Rule Updates to the Meal Patterns for the School Nutrition Programs (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/mealpattern/summary_final_rule_snp_meal_patterns.pdf

Upcoming Meal Pattern Changes (CSDE's Meal Patterns for Grades K-12 in School Nutrition Programs webpage):

https://portal.ct.gov/sde/nutrition/meal-patterns-school-nutrition-programs#Upcoming_Meal_Pattern_Changes

USDA Afterschool Snack Program (ASP) Regulations 7 CFR 210.10(o)(3):

[https://www.ecfr.gov/current/title-7/part-210#p-210.10\(o\)\(3\)](https://www.ecfr.gov/current/title-7/part-210#p-210.10(o)(3))

USDA Final Rule: CACFP Meal Pattern Revisions Related to the Healthy, Hunger-Free Kids Act of 2010:

<https://www.fns.usda.gov/cacfp/fr-042516>

USDA Final Rule: Child Nutrition Programs: Revisions to Meal Patterns Consistent with the 2020 Dietary Guidelines for Americans:

<https://www.fns.usda.gov/cn/fr-042524>

USDA National School Lunch Program (NSLP) Regulations 7 CFR 210.10(p):

[https://www.ecfr.gov/current/title-7/part-210#p-210.10\(p\)](https://www.ecfr.gov/current/title-7/part-210#p-210.10(p))

USDA School Breakfast Program (SBP) Regulations 7 CFR 220.8(o):

[https://www.ecfr.gov/current/title-7/part-220#p-220.8\(o\)](https://www.ecfr.gov/current/title-7/part-220#p-220.8(o))

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The CSDE's [Preschool Meal Pattern Training for the School Nutrition Programs](#) is a series of recorded modules that provide comprehensive guidance on complying with the preschool meal patterns for the National School Lunch Program (NSLP), School Breakfast Program (SBP), Afterschool Snack Program (ASP) of the NSLP, and Seamless Summer Option (SSO) of the NSLP.

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1. mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: program.intake@usda.gov

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