Noncreditable Foods in the Summer Food Service Program

Foods served in reimbursable meals and snacks must meet the SFSP Meal Patterns. For more information on the SFSP meal patterns and crediting requirements, visit the "Meal Patterns for the SFSP" and "Crediting Foods in the SFSP" sections of the Connecticut State Department of Education's (CSDE) SFSP webpage.

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Definition of Noncreditable Foods

Noncreditable foods are foods and beverages that do not contribute toward the USDA's meal patterns for Child Nutrition Programs. They include foods and beverages in amounts too small to credit (i.e., less than the minimum creditable amount) and foods and beverages that do not belong to the meal pattern components. Examples of noncreditable foods include potato chips, pudding, ice cream, gelatin, cream cheese, bacon, condiments (e.g., syrup, jam, ketchup, mustard, mayonnaise, and butter), and water. The chart on page 2 lists additional examples of noncreditable foods in the SFSP meal patterns. This list is not allinclusive.

Requirements for Noncreditable Foods

SFSP funds cannot be used to purchase noncreditable foods, except for condiments served with creditable foods. For example, SFSP funds cannot be used to purchase gelatin, pudding, or canned cream soups. For more information, refer to USDA Memo SP 06-2012: Serving Additional Foods in the Summer Food Service Program.

SFSP sponsors may serve noncreditable foods in addition to the meal components to add variety, help improve acceptability in the meal, and satisfy appetites. Some examples include maple syrup on pancakes, salad dressing on tossed greens, and condiments such as ketchup or mustard on sandwiches and other entrees.

To ensure that SFSP meals and snacks meet children's nutritional needs, the CSDE encourages SFSP sponsors to use discretion when serving noncreditable foods. Noncreditable foods typically contain few nutrients and are higher in added sugars, saturated fats, and sodium. Menu planners should read labels, be aware of the ingredients in foods, and limit the frequency and amount of less nutritious choices.



Examples of noncreditable foods

Almond flour Almond milk² Bacon (pork) Bacon bits, regular or imitation Banana chips Bread products that are not whole grain, enriched, or a blend of creditable grains ³ Butter Candv³ Candy-coated popcorn Chili sauce Chocolate milk-based drinks, e.g., Yoo-Hoo Coconut flour Coconut milk Coffee (regular, decaffeinated, and iced) Commercial processed products without a Child Nutrition (CN) label or product formulation statement (PFS), e.g., entrees, smoothies, and breaded vegetables ⁴ Commercial smoothies that contain dietary or herbal supplements

Condiments, e.g., ketchup, mustard, relish, barbecue sauce Cranberry cocktail drink Cream. half and half Cream cheese Cream soups, canned, e.g., cream of mushroom, cream of celery, cream of broccoli Dehydrated vegetables used for seasoning Drinkable or squeezable yogurt and yogurt drinks ⁵ Eggnog Egg whites without the yolk Frozen vogurt Fruit drink, fruit beverage, powdered fruit drink mix Fruit leathers Fruit punch (not 100 percent juice) Fruit snacks, e.g., fruit roll-ups, wrinkles, and twists

Gelatin, regular and sugar free Grain-based desserts at lunch and supper. e.g., cookies, granola bars, cake, and pastries Grain products and recipes that are not whole grain, enriched, or a blend of creditable grains ³ Home-canned products, e.g., vegetables and fruits Honey Hot chocolate Ice cream and ice cream novelties Ice milk Iced coffee Iced tea Imitation cheese Jam and jelly Ketchup Lemonade Limeade Liquid egg substitutes Maple syrup Margarine

Marshmallows Mavonnaise Mustard Nectar drinks Nondairy milk substitutes, e.g., almond milk, rice milk. cashew milk. oat milk² Nutrition supplement beverages, e.g., Abbott's Pediasure Oat milk ² Pickle relish Popsicles (not 100 percent juice) Potato chips Powdered milk beverages, e.g., Nestle's NIDO Probiotic dairy drinks Pudding Pudding pops Rice milk² Salad dressings Salt pork Scrapple Sherbet Soda, regular and diet

Soups, commercial cream of vegetable, e.g., cream of broccoli, cream of mushroom, and cream of celery Soups, commercial nonvegetable, e.g., beef barley, beef noodle, turkey or chicken noodle, and turkey or chicken rice Sour cream Soy milk² Sports drinks, regular and diet Spreadable fruit Svrup Tea (regular, herbal, and iced Tofu with less than 5 grams of protein in 2.2 ounces (weight) or $\frac{1}{4}$ cup (volume)⁶ Water Yogurt products, e.g., drinkable or squeezable yogurt, frozen yogurt, yogurt bars, and yogurtcovered fruits and nuts

Notes

- ¹ For SFSP sites operating in schools, state laws prohibit selling and giving certain foods and beverages to children on school premises. Review all noncreditable foods to ensure compliance before selling to students. For more information, visit the CSDE's Competitive Foods in Schools webpage and Beverage Requirements webpage.
- ² For SFSP sites operating in schools only: Nondairy milk substitutes credit only for children with a disability based on a medical statement from a recognized medial authority. For additional guidance, refer to the CSDE's resource, *Requirements for the Milk Component of the Summer Food Service Program Meal Patterns*, and visit the "Meal Modifications for Special Diets" section of the CSDE's SFSP webpage.
- ³ For guidance on creditable grains, refer to the CSDE's resource, *Requirements for the Grains/Breads Component of the Summer Food Service Program Meal Patterns*.
- ⁴ Commercial processed products without a CN label or PFS cannot credit in SFSP meals and snacks. For more information, refer to the CSDE's resources, Using Child Nutrition (CN) Labels in the Summer Food Service Program, Using Product Formulation Statements in the Summer Food Service Program, and Accepting Processed Product Documentation in the Summer Food Service Program, and the USDA's Tips for Evaluating a Manufacturer's Product Formulation Statement.
- ⁵ For guidance on crediting yogurt, refer to the CSDE's resource, *Crediting Yogurt in the Summer Food Service Program*..
- ⁶ For guidance on crediting tofu, refer to the CSDE's resource, Crediting Tofu and Tofu Products in the Summer Food Service Program.

Resources

Accepting Processed Product Documentation in the Summer Food Service Program (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Accepting Processed Product Documentation SFSP.pdf Administrative Guidance for SFSP Sponsors (USDA): https://fns-prod.azureedge.us/sites/default/files/sfsp/SFSP Admin Guide Sept2016.pdf Child Nutrition (CN) Labeling Program (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CN Labeling Program.pdf Crediting Breakfast Cereals in the Summer Food Service Program (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit Cereals SFSP.pdf Crediting Commercial Processed Products ("Documents/Forms" section of CSDE's SFSP webpage): https://portal.ct.gov/SDE/Nutrition/Summer-Food-Service-Program/Documents#CreditingCommercialProcessedProducts Crediting Foods Made from Scratch Products ("Documents/Forms" section of CSDE's SFSP webpage): https://portal.ct.gov/SDE/Nutrition/Summer-Food-Service-Program/Documents#CreditingFoodsScratch Crediting Deli Meats in the Summer Food Service Program (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit Deli SFSP.pdf Crediting Enriched Grains in the Summer Food Service Program (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit Enriched Grains SFSP.pdf Crediting Foods in the Summer Food Service Program ("Documents/Forms" section of CSDE's SFSP webpage): https://portal.ct.gov/SDE/Nutrition/Summer-Food-Service-Program/Documents Crediting Juice in the Summer Food Service Program (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit Juice SFSP.pdf Crediting Legumes in the Summer Food Service Program (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit Legumes SFSP.pdf Crediting Nuts and Seeds in the Summer Food Service Program (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit Nuts Seeds SFSP.pdf Crediting Smoothies in the Summer Food Service Program (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit Smoothies SFSP.pdf

Noncreditable Foods in the Summer Food Service Program

Crediting Tofu and Tofu Products in the Summer Food Service Program (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit_Tofu_SFSP.pdf
Crediting Summary Charts for the Summer Food Service Program Meal Patterns (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Crediting_Summary_Charts_SFSP.pdf
Crediting Whole Grains in the Summer Food Service Program (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit_Whole_Grains_SFSP.pdf
Crediting Yogurt in the Summer Food Service Program (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit_Yogurt_SFSP.pdf
Food Buying Guide for Child Nutrition Programs (USDA): https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs
Meal Patterns for the SFSP ("How To" Section of CSDE's SFSP webpage): https://portal.ct.gov/SDE/Nutrition/Summer-Food-Service-Program/How-To#MealPatterns
Requirements for the Grains/Breads Component of the Summer Food Service Program Meal Patterns (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Component_Grains_Breads_SFSP.pdf
Requirements for the Meat/Meat Alternates Component of the Summer Food Service Program Meal Patterns (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Component_MMA_SFSP.pdf
Requirements for the Milk Component of the Summer Food Service Program Meal Patterns (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Component_Milk_SFSP.pdf
Requirements for the Vegetables/Fruits Component of the Summer Food Service Program Meal Patterns (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Component_Vegetables_Fruits_SFSP.pdf
Using Product Formulation Statements in the Summer Food Service Program (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Product_Formulation_Statements_SFSP.pdf
What's in a Meal Module 6: Meal Pattern Documentation (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12): https://portal.ct.gov/SDE/Nutrition/Meal-Pattern-Training-Materials

For more information, visit the Meal Patterns for the SFSP and Crediting Foods in the SFSP sections of the CSDE's SFSP webpage or contact the Summer Meals staff at the Connecticut State Department of Education, Bureau of Child Nutrition Programs, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841. This document is available at https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Noncreditable_Foods_SFSP.pdf.

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- 3. email: program.intake@usda.gov

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