

# Requirements for the Meat/Meat Alternates Component of the Summer Food Service Program Meal Patterns

This document provides guidance on meeting the meal pattern and crediting requirements for the meat/meat alternates (MMA) component of the U.S. Department of Agriculture’s (USDA) [Summer Food Service Program \(SFSP\) meal patterns](#). For more information on the SFSP meal patterns and the MMA component, visit the “[Meal Patterns for the SFSP](#)” and “[Meat/Meat Alternates Component for the SFSP](#)” sections of the Connecticut State Department of Education’s (CSDE) SFSP webpage.



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# Requirements for the Meat/Meat Alternates Component of the SFSP Meal Patterns

## Overview of Meal Pattern Requirements

The SFSP meal patterns require 2 ounces of the MMA component at lunch and supper. A 1-ounce serving of the MMA component may be one of the two required snack components.

The MMA component is optional at breakfast. SFSP sponsors may serve a meat/meat alternate in addition to the three required breakfast components.

## Requirement for visible components

The USDA requires that foods must be visible (recognizable) to credit toward the SFSP meal patterns. For example, SFSP sponsors cannot credit peanut butter in smoothies or pureed tofu in soups. The intent for this requirement is to ensure that children can easily identify the foods in SFSP menus. The nutrition education aspect of the Child Nutrition Programs includes the goal of helping children recognize the food groups that contribute to healthy meals and snacks.

The USDA allows an exception to this requirement for yogurt blended in fruit or vegetable smoothies, pureed fruits and vegetables in smoothies, and pasta made with 100 percent vegetable flours. For more information, refer to the CSDE's resources, [Crediting Smoothies in the Summer Food Service Program](#) and [Requirements for the Vegetables/Fruits Component of the Summer Food Service Program Meal Patterns](#), and “[Crediting pasta made of 100 percent legume flours](#)” in this document.



# Requirements for the Meat/Meat Alternates Component of the SFSP Meal Patterns

## Serving Size

The amount of the MMA component refers to the edible portion of cooked lean meat, poultry, or fish, e.g., cooked lean meat without bone, breading, binders, extenders, or other ingredients. A 1-ounce serving of the MMA component equals:

- 1 ounce of lean meat, poultry, or fish without added liquid, binders, and extenders (refer to the CSDE's resource, [Crediting Deli Meats in the Summer Food Service Program](#));
- 1 ounce of cheese (low-fat recommended);
- 2 ounces of cottage or ricotta cheese, cheese food/spread, or cheese substitute (low-fat recommended);
- $\frac{1}{4}$  cup of cooked beans and peas (legumes), e.g., kidney beans, chick peas (garbanzo beans), lentils, and split peas (refer to the CSDE's resource, [Crediting Legumes in the Summer Food Service Program](#));
- $\frac{1}{2}$  large egg;
- 2 tablespoons of nut or seed butters, e.g., peanut butter, almond butter, cashew butter, and sunflower seed butter (refer to the CSDE's resource, [Crediting Nuts and Seeds in the Summer Food Service Program](#));
- 1 ounce of nuts or seeds, e.g., almonds, Brazil nuts, cashews, filberts, macadamia nuts, peanuts, pecans, pine nuts, pistachios, soy nuts, and walnuts (refer to the CSDE's resource, [Crediting Nuts and Seeds in the Summer Food Service Program](#));
- 1 ounce of tempeh that contains only soybeans (or other legumes), water, tempeh culture, and for some varieties, vinegar, seasonings, and herbs ingredients (tempeh products with other ingredients require a CN label or PFS);
- 3 ounces of surimi (alternate crediting amounts must be documented with a PFS);
- $\frac{1}{2}$  cup of yogurt or soy yogurt (refer to the CSDE's resource, [Crediting Yogurt in the Summer Food Service Program](#)); and
- 1 ounce of alternate protein product (APP) that meets the USDA's APP requirements (refer to the CSDE's resource, [Requirements for Alternate Protein Products in the Summer Food Service Program](#)).

The serving must contain the appropriate edible portion of meat or meat alternate, excluding any other ingredients. For example, to credit tuna salad as 2 ounces of the MMA component, the serving must contain 2 ounces of tuna fish, before added ingredients such as mayonnaise, celery, and seasonings.

The minimum creditable amount of the MMA component is  $\frac{1}{4}$  ounce. If a menu item provides less than the full meal pattern serving, the SFSP menu must include the additional amount from other MMA.

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## Required Crediting Documentation

Meat or meat alternates that are part of other foods or that contain added ingredients require appropriate documentation to credit as the MMA component in the SFSP. For example, to credit a commercial cheese pizza or a pizza made from scratch as 2 ounces of the MMA component, the SFSP sponsor must have documentation indicating that the serving contains 2 ounces of cheese.

The guidance below summarizes the required documentation for commercial processed products and foods made from scratch. Documentation must be based on the food yields and crediting information for MMA in the USDA's *Food Buying Guide for Child Nutrition Programs* (FBG).

### Commercial processed products

SFSP sponsors must maintain crediting documentation for processed commercial products that contain MMA, such as chicken nuggets, pizza, deli meats, and hotdogs. Acceptable documentation includes a Child Nutrition (CN) label (available only for main dish entrees that contribute at least ½ ounce to the MMA component) or manufacturer's product formulation statement (PFS).

Commercial processed products without a CN label or PFS cannot credit in SFSP meals and snacks.

For information on CN labels and PFS forms, refer to the CSDE's resources, *Using Child Nutrition (CN) Labels in the Summer Food Service Program*, *Using Product Formulation Statements in the Summer Food Service Program* and *Accepting Processed Product Documentation in the Summer Food Service Program*; and the USDA's *PFS forms for the SFSP* and *Tips for Evaluating a Manufacturer's Product Formulation Statement*. For additional guidance, visit the "[Crediting Commercial Processed Products](#)" section of the CSDE's SFSP webpage.

Training on the requirements for CN labels and PFS forms and how to evaluate a PFS is available in Module 6: Meal Pattern Documentation of the CSDE's training program, *What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12*.

### Foods made from scratch

For foods prepared from scratch, SFSP sponsors must have a recipe that documents the amount of MMA per serving. The CSDE encourages SFSP sponsors to use standardized recipes to ensure accurate crediting information. For more information, refer to the CSDE's *Standardized Recipe Form for the Summer Food Service Program* and visit the "[Standardized Recipes](#)" section of the CSDE's SFSP webpage.

# Requirements for the Meat/Meat Alternates Component of the SFSP Meal Patterns

## Crediting Requirements

Commercial MMA products and recipes must meet specific criteria to credit as the MMA component in the SFSP meal patterns. The guidance below addresses the crediting requirements for different types of meats and meat alternates. For additional guidance, refer to the CSDE's [Crediting Summary Charts for the Summer Food Service Program Meal Patterns](#).

### Crediting alternate protein products (APPs)

APPs are generally single ingredient powders (such as soy flours, soy concentrates, soy isolates, whey protein concentrate, whey protein isolates, and casein) that are added to foods. Examples of foods that might contain added APPs include beef patties, beef crumbles, pizza topping, meat loaf, meat sauce, taco filling, burritos, and tuna salad.

APPs must meet the requirements in [appendix A](#) of the SFSP regulations (7 CFR 225). SFSP sponsors must obtain documentation from the manufacturer that the product meets the USDA's three APP criteria. Acceptable documentation includes a CN label, or PFS from the manufacturer with supporting documentation on company letterhead that the APP ingredient meets the USDA's requirements. For more information, refer to the CSDE's resource, [Requirements for Alternate Protein Products in the Summer Food Service Program](#), and the USDA's [Questions and Answers on Alternate Protein Products](#).

### Crediting foods with added binders, extenders, and liquids

SFSP sponsors must obtain appropriate crediting documentation for commercial meat and meat alternate products that contain added binders, extenders, and liquids (such as modified food starch, carrageenan, soy flour, water, and broth). These product credit based on the percentage of meat in the product formula (indicated in the CN label or PFS), not the weight of the serving. For more information, refer to "[Required Crediting Documentation](#)" and "[Crediting deli meats](#)" in this document.

### Crediting cheeses

The USDA recommends serving low-fat or reduced-fat cheeses. A 1-ounce serving of natural cheese (e.g., Colby, Monterey Jack, and Swiss) or process cheese (e.g., American) credits as 1 ounce of the MMA component. A 2-ounce (1/4 cup) serving of cottage or ricotta cheese, cheese food or cheese spread, and cheese substitutes credits as 1 ounce of the MMA component.

Cheese substitute, cheese food substitute, and cheese spread substitute must meet the Food and Drug Administration's (FDA) standard of identity for substitute foods and must be labeled as "cheese substitute," "cheese food substitute," or "cheese spread substitute." Imitation cheese and cheese products do not credit in SFSP meals and snacks.

# Requirements for the Meat/Meat Alternates Component of the SFSP Meal Patterns

## Crediting deli meats

SFSP sponsors must obtain appropriate crediting documentation for deli meats (refer to “[Required Crediting Documentation](#)” in this document). Many deli meats contain added binders, extenders, and liquids and do not credit based on serving weight. For example, one brand of deli meat might require 1.6 ounces to credit as 1 ounce of the MMA component, while another brand might require 2.3 ounces to credit as 1 ounce of the MMA component. For more information, refer to the CSDE’s resource, [Crediting Deli Meats in the Summer Food Service Program](#).

The USDA recommends limiting processed meats and poultry (such as hot dogs, bologna, luncheon meat, pepperoni, and sausages) to no more than once per week.

## Crediting dried meat, poultry, and seafood products

Jerky, dried meat sticks, and similar products require a CN label or PFS to document the MMA contribution. SFSP sponsors must evaluate the product’s PFS to ensure it complies with the USDA’s three crediting principles for dried products: 1) The creditable meat ingredient listed on the product’s PFS must match or have a similar description as the ingredient listed in the product’s ingredients statement; 2) the creditable meat ingredient listed on the product’s PFS match or have a similar description to a food item in the FBG; and 3) the creditable amount cannot exceed the finished weight of the product, i.e., the cooked weight ready for serving.

Fat content must be 30 percent or less for ground beef or ground pork to credit in Child Nutrition Programs. Dried meat products that do not indicate the fat percentage do not credit.

The requirements for crediting dried meat are summarized in [USDA Memo SP 21-2019, CACFP 08-2019, and SFSP 07-2019: Crediting Shelf-Stable, Dried and Semi-Dried Meat, Poultry, and Seafood Products in the Child Nutrition Programs](#). For additional guidance on crediting dried meat products, watch the USDA’s webinar, [Moving Forward: Update on Food Crediting in Child Nutrition Programs with Guidance for Dried Meat Products](#).

## Crediting eggs

Eggs credit as a meat alternate in the SFSP meal patterns. Only whole eggs are creditable. Half of a large egg credits as 1 ounce of the MMA component. Liquid egg substitutes are not whole eggs and are not creditable. Egg whites do not credit if served without the yolks.

# Requirements for the Meat/Meat Alternates Component of the SFSP Meal Patterns

## Crediting hummus

Hummus may credit as either the meat/meat alternates (MMA) component or the vegetables/fruits component, but one serving cannot credit as both components in the same meal or snack. To credit as the MMA component, the serving must contain at least  $\frac{1}{4}$  ounce of MMA from the chickpeas/garbanzo beans (legumes) and tahini (sesame paste) combined.

- A  $\frac{1}{4}$ -cup serving of legumes credits as 1 oz eq of the MMA component. The minimum creditable amount is 1 tablespoon ( $\frac{1}{4}$  oz eq). Tahini credits the same as nut/seed butters.
- Two tablespoons of tahini credit as 1 oz eq of the MMA component. The minimum creditable amount is  $\frac{1}{2}$  tablespoon ( $\frac{1}{4}$  oz eq).

SFSP sponsors must maintain crediting documentation for hummus that indicates the amount of legumes and tahini per serving. Commercial products require a CN label or PFS. Hummus made from scratch requires a recipe. For more information, refer to “[Required Crediting Documentation](#)” in this document. For guidance on crediting hummus as the vegetables/fruits component, refer to the CSDE’s [Requirements for the Vegetables/Fruits Component of the Summer Food Service Program Meal Patterns](#).

## Crediting legumes

Legumes (cooked dry beans and peas) may credit as either a meat alternate or the vegetables/fruits component, but one serving cannot credit as both components in the same meal or snack. Menu planners must decide in advance how to credit legumes in SFSP menus.

Legumes credit based on volume. A  $\frac{1}{4}$ -cup serving of legumes credits as 1 ounce of the MMA component. The serving refers to the amount of cooked legumes excluding other ingredients, such as the sauce and pork fat in baked beans. For example, if the menu planner credits  $\frac{1}{4}$  cup of baked beans as 1 ounce of the MMA component, the serving must contain  $\frac{1}{4}$  cup of beans, not including the sauce and pork fat.

Roasted or dried legumes (such as roasted soybeans or roasted chickpeas) credit the same as nuts and seeds. A 1-ounce serving of roasted or dried legumes credits as 1 ounce of the MMA component. For more information, refer to the CSDE’s resource, [Crediting Legumes in the Summer Food Service Program](#).

## Crediting nuts and seeds

Nuts and seeds credit as meat alternates in the SFSP meal patterns. Creditable nuts and seeds include almonds, Brazil nuts, cashews, filberts, macadamia nuts, peanuts, pecans, walnuts, pine nuts, pistachios, and soy nuts. Acorns, chestnuts, and coconut do not credit.

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A 1-ounce serving of nuts and seeds credits as 1 ounce of the MMA component. At lunch and supper, nuts and seeds cannot credit for more than half of the MMA component; they must be combined with another meat/meat alternate to provide the required 2-ounce serving. For more information, refer to the CSDE's resource, [Crediting Nuts and Seeds in the Summer Food Service Program](#).

Children younger than 4 are at the highest risk of choking. Consider children's ages and developmental readiness when deciding whether to offer nuts or seeds in snack menus. The USDA recommends that any nuts or seeds served to young children are in a prepared food and are ground or finely chopped.

### Crediting nut and seed butters

Nut and seed butters credit as meat alternates in the SFSP meal patterns. Creditable nut and seed butters include almond butter, cashew nut butter, peanut butter, sesame seed butter, soy nut butter, and sunflower seed butter. Reduced-fat peanut butter must meet the FDA's standards of identity for peanut butter ([21 CFR 164.150](#)), which requires that products contain at least 90 percent peanuts.

The serving size for nut and seed butters is based on volume (tablespoons), not weight (ounces). Two tablespoons ( $\frac{1}{8}$  cup) of nut or seed butter credit as 1 ounce of the MMA component. For more information, refer to the CSDE's resource, [Crediting Nuts and Seeds in the Summer Food Service Program](#).

### Crediting pasta made of 100 percent legume flours

Pasta products made of 100 percent legume flours (such as chickpea flour or lentil flour) may credit as either a meat alternate or the vegetables/fruits component, but one serving cannot credit as both components in the same meal or snack. A  $\frac{1}{2}$ -cup serving of 100 percent legume flour pasta credits as 1 ounce of the MMA component. The requirements for crediting pasta products made of vegetable flours are summarized in [USDA Memo SP 26-2019](#), [CACFP 13-2019](#), and [SFSP 12-2019: Crediting Pasta Products Made of Vegetable Flour in the Child Nutrition Programs](#).

### Crediting surimi seafood

Surimi seafood is a pasteurized, ready-to-eat, restructured seafood usually made from pollock (fish). A 3-ounce serving of surimi seafood credits as 1 ounce of the MMA component. SFSP sponsors must obtain a CN label or manufacturer's PFS to credit surimi seafood differently (refer to "[Required Crediting Documentation](#)" in this document). The requirements for crediting surimi are summarized in [USDA Memo SP 24-2019](#), [CACFP 11-2019](#), and [SFSP 10-2019: Crediting Surimi Seafood in the Child Nutrition Programs](#). For additional guidance on crediting surimi, watch the USDA's webinar, [Additional Meat/Meat Alternate Options for CNPs: Crediting Tempeh and Surimi](#).



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## Crediting tempeh

Tempeh credits as a meat alternate in the SFSP meal patterns. Tempeh is a fermented soybean cake traditionally made from whole soybeans. A 1-ounce serving of tempeh credits as 1 ounce of the MMA component. This method of crediting applies only to tempeh products whose ingredients are limited to soybeans (or other legumes), water, tempeh culture, and for some varieties, vinegar, seasonings, and herbs.

If the tempeh product contains other ingredients, SFSP sponsors must obtain a CN label or PFS to determine crediting information (refer to “[Required Crediting Documentation](#)” in this document). The requirements for crediting tempeh are summarized in [USDA Memo SP 25-2019, CACFP 12-2019, and SFSP 11-2019: Crediting Tempeh in the Child Nutrition Programs](#). For additional guidance on crediting tempeh, watch the USDA’s webinar, [Additional Meat/Meat Alternate Options for CNPs: Crediting Tempeh and Surimi](#).

## Crediting yogurt

Yogurt credits as a meat alternate in the SFSP meal patterns. Yogurt may be plain or flavored, sweetened or unsweetened, may contain any fat content, and may contain added fruit, either blended or on the bottom. The USDA recommends serving low-fat or reduced-fat yogurts. Soy yogurt does not credit in SFSP meals and snacks.

The serving size for yogurt is based on volume (cups) or weight (ounces) and is the same for all types, flavors, and fat contents. A ½-cup serving (volume) or 4 ounces (weight) credits as 1 ounce of the MMA component. To increase nutrient variety, the CSDE recommends not serving yogurt when milk is the only other snack component. For more information, refer to the CSDE’s resource, [Crediting Yogurt in the Summer Food Service Program](#).

## Noncreditable MMA

Some examples of foods that do not credit as the MMA component include bacon (pork), commercial canned soups (e.g., beef barley, beef noodle, turkey or chicken noodle, and turkey or chicken rice), cream cheese, drinkable yogurt, egg whites, frozen yogurt, imitation cheese, salt pork, scrapple, sour cream, soy yogurt, and tofu. For more information, refer to the CSDE’s resource, [Noncreditable Foods in the Summer Food Service Program](#).

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## Considerations for Reducing Choking Risks for Young Children

Children younger than 4 are at the highest risk of choking. Examples of MMA that may cause choking include nuts and seeds, e.g., peanuts, almonds and sunflower or pumpkin seeds; chunks or spoonfuls of peanut butter or other nut and seed butters; tough meat or large chunks of meat; fish with bones; and large chunks of cheese, especially string cheese.

Consider children’s age and developmental readiness when deciding what types of meat/meat alternate foods to offer in SFSP menus, and modify foods and menus as appropriate. Preparation techniques to reduce the risk of choking include cutting tube-shaped foods like hot dogs or string cheese into short strips instead of round pieces; removing all bones from fish, chicken, and meat before cooking or serving; grinding up tough meats and poultry; chopping peanuts, nuts, and seeds finely, or grinding before adding to prepared foods; and spreading nut and seed butters thinly on other foods (such as toast and crackers). For additional guidance, visit the “[Choking Prevention](#)” section of the CSDE’s [Food Safety for Child Nutrition Programs](#) webpage.

## Resources

Accepting Processed Product Documentation in the Summer Food Service Program (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Accepting\\_Processed\\_Product\\_Documentation\\_SFSP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Accepting_Processed_Product_Documentation_SFSP.pdf)

Appendix A to SFSP Regulations (7 CFR 225):

<https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-225#Appendix-A-to-Part-225>

Crediting Commercial Meat/Meat Alternate Products in the Summer Food Service Program (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit\\_Commercial\\_MMA\\_SFSP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit_Commercial_MMA_SFSP.pdf)

Crediting Deli Meats in the Summer Food Service Program (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit\\_Deli\\_SFSP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit_Deli_SFSP.pdf)

Crediting Foods in the Summer Food Service Program (“Documents/Forms” section of CSDE’s SFSP webpage):

<https://portal.ct.gov/SDE/Nutrition/Summer-Food-Service-Program/Documents>

Crediting Legumes in the Summer Food Service Program (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit\\_Legumes\\_SFSP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit_Legumes_SFSP.pdf)

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Crediting Nuts and Seeds in the Summer Food Service Program (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit\\_Nuts\\_Seeds\\_SFSP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit_Nuts_Seeds_SFSP.pdf)

Crediting Smoothies in the Summer Food Service Program (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit\\_Smoothies\\_SFSP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit_Smoothies_SFSP.pdf)

Crediting Summary Charts for the Summer Food Service Program Meal Patterns (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Crediting\\_Summary\\_Charts\\_SFSP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Crediting_Summary_Charts_SFSP.pdf)

Crediting Yogurt in the Summer Food Service Program (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit\\_Yogurt\\_SFSP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit_Yogurt_SFSP.pdf)

Food Buying Guide for Child Nutrition Programs (USDA):

<https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs>

Meal Patterns for the SFSP (“How To” Section of CSDE’s SFSP webpage):

<https://portal.ct.gov/SDE/Nutrition/Summer-Food-Service-Program/How-To#MealPatterns>

Meat/Meat Alternates Component for the SFSP (“Documents/Forms” section of CSDE’s SFSP webpage):

<https://portal.ct.gov/SDE/Nutrition/Summer-Food-Service-Program/Documents#MMA>

Noncreditable Foods in the Summer Food Service Program (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Noncreditable\\_Foods\\_SFSP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Noncreditable_Foods_SFSP.pdf)

Nutrition Guide: Summer Food Service Program (USDA):

[https://fns-prod.azureedge.us/sites/default/files/resource-files/USDA\\_SFSP\\_NutritionGuide.pdf](https://fns-prod.azureedge.us/sites/default/files/resource-files/USDA_SFSP_NutritionGuide.pdf)

Product Formulation Statement (Product Analysis) for Meat/Meat Alternate (M/MA) Products in Child Nutrition Programs (USDA):

[https://www.fns.usda.gov/sites/default/files/resource-files/PFS\\_Meats-Meat\\_Alternates\\_Fillable\\_508.pdf](https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Meats-Meat_Alternates_Fillable_508.pdf)

Questions and Answers on Alternate Protein Products (APP) (USDA):

<https://www.fns.usda.gov/questions-and-answers-alternate-protein-products-app>

Requirements for the Meat/Meat Alternates Component of the Summer Food Service Program Meal Patterns (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Component\\_MMA\\_SFSP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Component_MMA_SFSP.pdf)

# Requirements for the Meat/Meat Alternates Component of the SFSP Meal Patterns

Reviewer's Checklist for Evaluating Manufacturer Product Formulation Statements for Meat/Meat Alternates (USDA):

[https://fns-prod.azureedge.us/sites/default/files/reviewer\\_checklist.pdf](https://fns-prod.azureedge.us/sites/default/files/reviewer_checklist.pdf)

Standardized Recipe Form for the Summer Food Service Program (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Standardized\\_Recipe\\_Form\\_SFSP.docx](https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Standardized_Recipe_Form_SFSP.docx)

Standardized Recipes ("Documents/Forms" section of CSDE's SFSP webpage):

<https://portal.ct.gov/SDE/Nutrition/Summer-Food-Service-Program/Documents#StandardizedRecipes>

Tips for Evaluating a Manufacturer's Product Formulation Statement (USDA):

<https://fns-prod.azureedge.us/sites/default/files/resource-files/manufacturePFStipsheet.pdf>

USDA Memo SP 21-2019, CACFP 08-2019, and SFSP 07-2019: Crediting Shelf-Stable, Dried and Semi-Dried Meat, Poultry, and Seafood Products in the Child Nutrition Programs:

<https://www.fns.usda.gov/crediting-shelf-stable-dried-and-semi-dried-meat-poultry-and-seafood-products-child-nutrition>

USDA Memo SP 24-2019, CACFP 11-2019, and SFSP 10-2019: Crediting Surimi Seafood in the Child Nutrition Programs:

<https://www.fns.usda.gov/school-meals/crediting-surimi-seafood-child-nutrition-programs>

USDA Memo SP 25-2019, CACFP 12-2019, and SFSP 11-2019: Crediting Tempeh in the Child Nutrition Programs:

<https://www.fns.usda.gov/cn/crediting-tempeh-child-nutrition-programs>

USDA Memo SP 26-2019, CACFP 13-2019, and SFSP 12-2019: Crediting Pasta Products Made of Vegetable Flour in the Child Nutrition Programs:

<https://www.fns.usda.gov/crediting-pasta-products-made-vegetable-flour-child-nutrition-programs>

USDA Memo SP 40-2019, CACFP 17-2019, and SFSP 17-2019: Smoothies Offered in the Child Nutrition Programs:

<https://www.fns.usda.gov/school-meals/smoothies-offered-child-nutrition-programs>

USDA Webinar: Additional Meat/Meat Alternates Options for CNPs: Crediting Tempeh and Surimi:

<https://www.fns.usda.gov/tn/additional-meat-meat-alternate-tempeh-and-surimi>

USDA Webinar: Moving Forward: Update on Food Crediting in Child Nutrition Programs with Guidance for Dried Meat Products:

<https://www.fns.usda.gov/tn/moving-forward-update-food-crediting-dried-meat-products>

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Using Child Nutrition (CN) Labels in the Summer Food Service Program (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/CN\\_Labels\\_SFSP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/CN_Labels_SFSP.pdf)

Using Product Formulation Statements in the Summer Food Service Program (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/  
Product\\_Formulation\\_Statements\\_SFSP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Product_Formulation_Statements_SFSP.pdf)

What's in a Meal Module 6: Meal Pattern Documentation (CSDE's Training Program,  
What's in a Meal: National School Lunch Program and School Breakfast Program Meal  
Patterns for Grades K-12):

<https://portal.ct.gov/SDE/Nutrition/Meal-Pattern-Training-Materials>

# Requirements for the Meat/Meat Alternates Component of the SFSP Meal Patterns



For more information, visit the [Meal Patterns for the SFSP](#) and [Crediting Foods in the SFSP](#) sections of the CSDE's SFSP webpage, or contact the [Summer Meals staff](#) at the Connecticut State Department of Education, Bureau of Child Nutrition Programs, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841.

This document is available at [https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Component\\_MMA\\_SFSP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Component_MMA_SFSP.pdf).

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1. mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
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