Resource List for Child Nutrition Programs

This document includes resources and websites for developing, implementing, evaluating, and promoting wellness policies in schools and child care settings Resources are listed by main category. Many websites contain information on multiple content areas. Additional resource lists are available on the CSDE's Resources for Child Nutrition Programs webpage.

The inclusion of commercial websites is for informational purposes only and does not constitute approval or endorsement by the Connecticut State Department of Education (CSDE).

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Quick search tips: Click on the topics above to go directly to each section. Search for key words using the "Find" option in the PDF toolbar or Control + F.

Resource List for Child Nutrition Programs

Afterschool Snack Program (ASP)

Afterschool & Health: Opportunities for Advocacy (Afterschool Alliance):
https://www.afterschoolalliance.org/policyActiveHoursObesity.cfm#

Afterschool Care Program NSLP Snack Service Best Practices (Institute of Child Nutrition):
https://theicn.org/documentlibraryfiles/PDF/20080220041239.pdf

Afterschool Meals Program Fact Sheet (Food Research & Action Center):
https://frac.org/research/resource-library/afterschool-meals-program-fact-sheet

Afterschool Nutrition Programs (Food Research & Action Council):
https://frac.org/programs/afterschool-nutrition-programs

Afterschool Snack Program (CSDE):
https://portal.ct.gov/sde/nutrition/afterschool-snack-program

Afterschool Snacks (USDA):|
https://www.fna.usda.gov/cn/afterschool-snacks

NSLP Afterschool Snack Service FAQs (USDA):
https://www.fns.usda.gov/school-meals/afterschool-snacks-faqs

Understanding Afterschool Snacks and Meals (No Kid Hungry, Share Our Strength):
https://www.bestpractices.nokidhungry.org/resource/understanding-afterschool-snacks-and-meals

> For a detailed list of resources related to the ASP meal patterns and crediting foods, refer to the CSDE's resource, Meal Pattern and Crediting Resources for the School Nutrition Programs.

Resource List for Child Nutrition Programs

CACFP Adult Day Care Centers

Adult Day Care Centers (USDA):
https://www.fns.usda.gov/cacfp/adult-day-care-centers

Adult Day Care: A Child and Adult Care Food Program Handbook (USDA):
https://www.fna.usda.gov/cacfp/adult-daycare/handbook

CACFP Adult Day Care Centers (CSDE):
https://portal.ct.gov/sde/nutrition/cacfp-adult-day-care-centers

CACFP Adult Day Care Centers (USDA):
https://www.fna.usda.gov/cacfp/adult-day-care-centers

CACFP Handbooks (USDA):
https://www.fna.usda.gov/cacfp/handbooks

CACFP Meal Pattern Training Slides (USDA):
https://www.fna.usda.gov/tn/cacfp/meal-pattern-training-slides

CACFP Regulations 7 CFR 226 (USDA webpage):
https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-226

Crediting Foods in the Child and Adult Care Food Program (CSDE):
https://portal.ct.gov/sde/nutrition/crediting-foods-in-the-child-and-adult-care-food-program

Crediting Handbook for the Child and Adult Care Food Program (USDA):
https://www.fna.usda.gov/tn/cacfp/crediting-handbook

Forms for CACFP Adult Day Care Centers (CSDE):
https://portal.ct.gov/sde/nutrition/cacfp-adult-day-care-centers/forms

Guide to Meeting the Child and Adult Care Food Program (CACFP) Adult Meal Patterns (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/guide_cacfp_meal_patterns_adults.pdf

Guide to Meal Service Requirements for Adult Day Care Centers in the Child and Adult Care Food Program (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/guide_cacfp_meal service_adults.pdf

Nutrition Standards for CACFP Meals and Snacks (USDA):
https://www.fna.usda.gov/cacfp/nutrition-standards

Operational Memoranda for the CACFP (CSDE webpage):
https://portal.ct.gov/sde/lists/operational-memoranda-for-the-cacfp

Program Guidance for CACFP Adult Day Care Centers (CSDE webpage):
https://portal.ct.gov/sde/nutrition/program-guidance-cacfp-adults

Special Diets in the Child and Adult Care Food Program (CSDE webpage):
https://portal.ct.gov/sde/nutrition/special-diets-in-the-child-and-adult-care-food-program/medical-statements

> For a detailed list of resources related to the CACFP meal patterns and crediting foods, refer to the CSDE's resource, Meal Pattern and Crediting Resources for the Child and Adult Care Food Program.

CACFP Child Care Programs

CACFP Afterschool Programs (USDA):
https://www.fna.usda.gov/cacfp/afterschool

CACFP At-risk Afterschool Care Centers (CSDE):
https://portal.ct.gov/sde/nutrition/cacfp-at-risk-afterschool-care-centers

CACFP Child Care Centers (CSDE):
https://portal.ct.gov/sde/nutrition/cacfp-child-care-centers

CACFP Emergency Shelters (CSDE):
https://portal.ct.gov/sde/nutrition/cacfp-emergency-shelters

CACFP Family Day Care Homes (CSDE):
https://portal.ct.gov/sde/nutrition/cacfp-family-day-care-homes

CACFP Halftime: Thirty on Thursdays Training Webinar Series (USDA):
https://www.fna.usda.gov/tn/cacfp/halftime-thirty-thursdays-training-webinars

CACFP Handbooks (USDA):
https://www.fna.usda.gov/cacfp/handbooks

Resource List for Child Nutrition Programs

CACFP Meal Pattern Resources (Institute of Child Nutrition):
https://theicn.org/cacfp/

CACFP Meal Pattern Training Slides (USDA):
https://www.fna.usda.gov/tn/cacfp/meal-pattern-training-slides

CACFP Regulations 7 CFR 226 (USDA webpage):
https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-226

Crediting Foods in the Child and Adult Care Food Program (CSDE):
https://portal.ct.gov/sde/nutrition/crediting-foods-in-the-child-and-adult-care-food-program

Crediting Handbook for the Child and Adult Care Food Program (USDA):
https://www.fna.usda.gov/tn/cacfp/crediting-handbook

Connecticut Statutes and Regulations for Child Care Licensing (Connecticut Office of Early Childhood):
https://www.ctoec.org/licensing/

Feeding Infants in CACFP Child Care Programs (CSDE webpage):
https://portal.ct.gov/sde/nutrition/feeding-infants-in-cacfp-child-care-programs

Farm to Preschool: Local Food and Learning in Early Child Care and Education Settings (USDA):
https://www.fna.usda.gov/f2s/farm-to-preschool

Forms for CACFP Child Care Centers (CSDE):
https://portal.ct.gov/sde/nutrition/cacfp-child-care-centers/forms

Forms for CACFP Homes (CSDE's CACFP Family Day Care Homes webpage):
https://portal.ct.gov/sde/nutrition/cacfp-family-day-care-homes/forms

Guide to Meal Service Requirements for Adult Day Care Centers in the Child and Adult Care Food Program (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/guide_cacfp_meal service_adults.pdf

Infant Meal Pattern Requirements Trainings (Institute of Child Nutrition):
https://theicn.org/icn-resources-a-z/infant-meal-pattern-requirements-trainings/

Meal Patterns for CACFP Child Care Programs (CSDE):
https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program#MealPatternsChildren

Mealtime Memo (Institute of Child Nutrition):
https://theicn.org/icn-resources-a-z/mealtime-memo/

Mealtimes With Toddlers in the Child and Adult Care Food Program(USDA):
https://www.fna.usda.gov/tn/cacfp/trainers-tools/mealtimes-toddlers

Operational Memoranda for the CACFP (CSDE webpage):
https://portal.ct.gov/sde/lists/operational-memoranda-for-the-cacfp

Program Guidance for CACFP Child Care Programs (CSDE webpage):
https://portal.ct.gov/sde/nutrition/program-guidance-cacfp-child

Special Diets in the Child and Adult Care Food Program (CSDE webpage):
https://portal.ct.gov/sde/nutrition/special-diets-in-the-child-and-adult-care-food-program/medical-statements.

> For a detailed list of resources related to the CACFP meal patterns and crediting foods, refer to the CSDE's resource, Meal Pattern and Crediting Resources for the Child and Adult Care Food Program.

Financial Management

Financial Management for School Nutrition Programs (CSDE webpage):
https://portal.ct.gov/sde/nutrition/financial-management-for-school-nutrition-programs

Financial Management: A Course for School Nutrition Directors (Institute of Child Nutrition):
https://theicn.org/icn-resources-a-z/financial-management-a-course-for-school-nutrition-directors/

Financial Management: A Course for School Nutrition Managers (Institute of Child Nutrition):
https://theicn.org/icn-resources-a-z/financial-management-a-course-for-school-nutrition-managers/

Financial Management Information System (Institute of Child Nutrition):
https://theicn.org/icn-resources-a-z/financial-management-information-systems/

Inventory Management and Tracking (Institute of Child Nutrition):
https://theicn.org/icn-resources-a-z/inventory-management-and-tracking/

Online Training: Financial Management: A Course for School Nutrition Directors (Institute of Child Nutrition):
https://theicn.docebosaas.com/learn/course/internal/view/elearning/58/FinancialManagementACourseforSchoolNutritionDirectors

Online Training: USDA Foods: Inventory Management – Controlling Cost (Institute of Child Nutrition):
https://theicn.docebosaas.com/learn/course/internal/view/elearning/13/InventoryManagement-ControllingCost

Fresh Fruit and Vegetable Program (FFVP)

Best Practices: Handling Fresh Produce in Schools (USDA):
https://www.fna.usda.gov/fs/produce-safety/best-practices-schools

Fresh Fruit & Vegetable Program: A Handbook for Schools (USDA):
https://www.fna.usda.gov/ffvp/handbook-schools

Fresh Fruit and Vegetable Program (CSDE):
https://portal.ct.gov/sde/nutrition/fresh-fruit-and-vegetable-program

Fresh Fruit and Vegetable Program (USDA):
https://www.fna.usda.gov/ffvp/fresh-fruit-and-vegetable-program

Fresh Fruit and Vegetable Program Fact Sheet (USDA):
https://www.fna.usda.gov/ffvp/factsheet

Fresh Fruit and Vegetable Program Resource Center (USDA):
https://www.fna.usda.gov/ffvp/resource-center

Produce Safety (USDA):
https://www.fna.usda.gov/fs/produce-safety

Produce Safety Lab (Institute of Child Nutrition):
https://theicn.org/icn-resources-a-z/produce-safety-lab/

Resource List for Child Nutrition Programs

Guidance for Child Nutrition Programs

Area Eligibility for Child Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/area-eligibility

Child Nutrition (CN) Labeling Program (USDA):
https://www.fna.usda.gov/cn/labeling

Child Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/child-nutrition-programs

Child Nutrition Recipe Box (Institute of Child Nutrition):
https://theicn.org/cnrb/

Child Nutrition Sharing Site (Institute of Child Nutrition):
https://theicn.org/cnss/

Civil Rights for Child Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/civil-rights-for-child-nutrition-programs

Claim Submission Schedule for Child Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/claim-submission-schedule

Connecticut Online Application and Claiming System for Child Nutrition Programs (CNP System) (CSDE):
https://portal.ct.gov/sde/nutrition/cnp-system

Food and Nutrition Information Center (USDA National Agricultural Library):
https://www.nal.usda.gov/programs/fnic

Food and Nutrition Administration (FNA) Documents and Resources (USDA):
https://www.fna.usda.gov/resources

Food Buying Guide for Child Nutrition Programs (USDA):
https://www.fna.usda.gov/tn/fbg

Food Safety for Child Nutrition Programs CSDE):
https://portal.ct.gov/sde/nutrition/food-safety-for-child-nutrition-programs

Food Service Management Company (CSDE):
https://portal.ct.gov/sde/nutrition/food-service-management-company

Resource List for Child Nutrition Programs

Income Guidelines for Child Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/income-guidelines-for-child-nutrition-programs

Laws and Regulations for Child Nutrition Programs (CSDE webpage):
https://portal.ct.gov/sde/nutrition/laws-and-regulations-for-child-nutrition-programs

Manuals and Guides for Child Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/manuals-and-guides-for-child-nutrition-program

Meals for Schools and Child Care (USDA):
https://www.fna.usda.gov/schoolmeals

Menu Planning for Child Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/menu-planning

Resources for Child Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/resources-for-child-nutrition-programs

Training for Child Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/training-for-child-nutrition-programs

National School Lunch Program (NSLP)

Beverage Requirements (CSDE):
https://portal.ct.gov/sde/nutrition/beverage-requirements

Farm to School: CT Fresh Ed (CSDE):
https://portal.ct.gov/sde/nutrition/ct-fresh-ed

Forms for School Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/forms-for-school-nutrition-programs

Meal Pattern Training for School Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials

Meal Patterns for Grades K-12 in School Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/meal-patterns-school-nutrition-programs

Menu Planning Guidance for School Meals for Grades K-12 (CSDE):
https://portal.ct.gov/sde/nutrition/menu-planning-guidance-for-school-meals

National School Lunch Program (CSDE):
https://portal.ct.gov/sde/nutrition/national-school-lunch-program

Resource List for Child Nutrition Programs

National School Lunch Program (USDA):
https://www.fna.usda.gov/nslp/national-school-lunch-program-nslp

National School Lunch Program Regulations 7 CFR Part 210 (USDA):
https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-210

Nutrition Standards for School Meals (USDA webpage):
https://www.fna.usda.gov/schoolmeals/nutrition-standards

Operational Memoranda for School Nutrition Programs (CSDE webpage):
https://portal.ct.gov/sde/nutrition/operational-memoranda-for-school-nutrition-programs

Program Guidance for School Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/program-guidance-school-nutrition-programs

School Meal Pattern Mini-Posters (Institute of Child Nutrition):
https://theicn.org/icn-resources-a-z/school-meal-pattern-mini-posters/

Social Media Marketing for School Nutrition Programs (Institute of Child Nutrition):
https://theicn.org/icn-resources-a-z/social-media-marketing-for-school-nutrition-programs/

Strategies, Training, Action Plans, Resources (STAR) Webinar Fact Sheets (Institute of Child Nutrition):
https://theicn.org/icn-resources-a-z/strategies-training-action-plans-resources-star-webinar-fact-sheets/

For a detailed list of resources related to the NSLP meal patterns and crediting foods, refer to the CSDE's resource, Meal Pattern and Crediting Resources for the School Nutrition Programs.

Resource List for Child Nutrition Programs

Offer versus Serve (OVS)

Note: OVS is an optional approach to menu planning and meal service that applies to lunch in the NSLP and breakfast in the SBP; breakfast, lunch, and supper in CACFP adult day care centers and supper in CACFP at-risk afterschool programs; and breakfast, lunch, and supper in the SFSP. The OVS requirements for each Child Nutrition Program are different.

Guide to Offer Versus Serve (OVS) in the Summer Food Service Program (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/sfsp/mealpattern/guide_ovs_sfsp.pdf

Offer versus Serve (OVS) for Adult Day Care Centers and At-risk Afterschool Programs (CSDE):
https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/meal-service#OVS

Offer versus Serve (OVS) in the Summer Food Service Program (CSDE):
https://portal.ct.gov/sde/nutrition/summer-food-service-program/meal-service#OVS

Offer versus Serve for School Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/offer-versus-serve-for-school-nutrition-programs

Offer versus Serve Guide for School Meals (CSDE):
https://portal.ct.gov/sde/nutrition//-/media/sde/nutrition/nslp/ovs/ovs_guide_snp.pdf

Offer Versus Serve Materials (USDA):
https://www.fna.usda.gov/tn/nslp/offer-versus-serve-posters

Overview of Offer versus Serve in the National School Lunch Program (CSDE):
https://portal.ct.gov/sde/nutrition/-/media/sde/nutrition/nslp/ovs/overview_ovs_nslp.pdf

Overview of Offer versus Serve in the School Breakfast Program (CSDE):
https://portal.ct.gov/sde/nutrition/-/media/sde/nutrition/nslp/ovs/overview_ovs_sbp.pdf

USDA Memo CACFP 05-2017: Offer Versus Serve and Family Style Meals in the Child and Adult Care Food Program (USDA):
https://www.fna.usda.gov/cacfp/offer-versus-serve-family-style-meals

USDA Memo SP 41-2015: Updated Offer vs Serve Guidance for the NSLP and SBP Beginning SY 2015-16:
https://www.fna.usda.gov/cn/updated-offer-vs-serve-guidance-nslp-and-sbp-beginning-sy2015-16

What's in a Meal Module 17: Offer versus Serve (OVS) in the National School Lunch Program
(CSDE's Training Program, What's in a Meal: Meal Patterns for Grades K-12 in the School Nutrition Programs):
https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials#module17

What's in a Meal Module 18: Offer versus Serve (OVS) in the School Breakfast Program
(CSDE's Training Program, What's in a Meal: Meal Patterns for Grades K-12 in the School Nutrition Programs):
https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials#module18

Procurement

Food Buying Guide for Child Nutrition Programs (USDA):
https://www.fna.usda.gov/tn/fbg

Forecasting the Procurement of Foods (Institute of Child Nutrition):
https://theicn.org/icn-resources-a-z/forecasting-the-procurement-of-foods/

Procurement for School Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/procurement-for-school-nutrition-programs

Procurement of Foods: Cooperative Purchasing Groups (Institute of Child Nutrition):
https://theicn.org/icn-resources-a-z/procurement-of-foods-cooperative-purchasing-groups

Procurement Tools & Resources (The Lunch Box):
https://www.thelunchbox.org/procurement/procurement-tools-resources

Procuring Local Foods (USDA):
https://www.fna.usda.gov/f2s/procuring-local-foods

Procuring Local Foods for Child Nutrition Programs (Institute of Child Nutrition):
https://theicn.org/icn-resources-a-z/procuring-local-foods-for-child-nutrition-programs/

Resource List for Child Nutrition Programs

School Breakfast Program (SBP)

Beverage Requirements (CSDE):
https://portal.ct.gov/sde/nutrition/beverage-requirements

Farm to School: CT Fresh Ed (CSDE):
https://portal.ct.gov/sde/nutrition/ct-fresh-ed

Forms for School Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/forms-for-school-nutrition-programs

Meal Pattern Training for School Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials

Meal Patterns for Grades K-12 in School Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/meal-patterns-school-nutrition-programs

Menu Planning Guidance for School Meals for Grades K-12 (CSDE):
https://portal.ct.gov/sde/nutrition/menu-planning-guidance-for-school-meals

Energize Your Day with School Breakfast (USDA):
https://www.fna.usda.gov/sbp/toolkit

Expanding the School Breakfast Program (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/sbp/expanding_sbp.pdf

Five School Breakfast Facts You Should Know (No Kid Hungary, Share Our Strength):
https://www.nokidhungry.org/blog/five-things-know-about-school-breakfast

Forms for School Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/forms-for-school-nutrition-programs

FRAC Facts: The School Breakfast Program (Food Research & Action Center):
https://frac.org/research/resource-library/frac-facts-school-breakfast-program

Getting Started with School Breakfast (USDA):
https://www.fna.usda.gov/sbp/toolkit/gettingstarted

Kids do best when they eat breakfast (No Kid Hungry):
https://www.hungerfreewa.org/partners/breakfast

Marketing Your School Breakfast Program (USDA):
https://www.fna.usda.gov/sbp/toolkit/marketing

Resource List for Child Nutrition Programs

Online Training: S.T.A.R. Strategies for Promoting School Breakfast (Institute of Child Nutrition):
https://theicn.org/s-t-a-r-strategies-for-promoting-school-breakfast-mar-2019/

Operational Memoranda for School Nutrition Programs (CSDE webpage):
https://portal.ct.gov/sde/nutrition/operational-memoranda-for-school-nutrition-programs

Program Guidance for School Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/program-guidance-school-nutrition-programs

Marketing & Promoting School Breakfast (New England Dairy):
https://www.newenglanddairy.com/school-breakfast/

School Breakfast Expansion Strategies (Food Research & Action Center):
https://frac.org/programs/school-breakfast-program/school-breakfast-expansion-strategies

School Breakfast Program (CSDE):
https://portal.ct.gov/sde/nutrition/school-breakfast-program

School Breakfast Program (USDA):
https://www.fna.usda.gov/sbp/school-breakfast-program

School Breakfast Program Regulations 7 CFR Part 220 (USDA):
https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-220

Serving Up a Successful School Breakfast Program (Wisconsin Department of Public Instruction):
https://dpi.wi.gov/sites/default/files/imce/school-nutrition/pdf/serving-up-a-successful-school-breakfast-program.pdf

Starting a School Breakfast Program (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/sbp/starting_sbp.pdf

For a detailed list of resources related to the SBP meal patterns and crediting foods, refer to the CSDE's resource, Meal Pattern and Crediting Resources for the School Nutrition Programs.

Resource List for Child Nutrition Programs

Special Milk Program (SMP)

Special Milk Program (SMP) (CSDE):
https://portal.ct.gov/sde/nutrition/special-milk-program

Special Milk Program (SMP) Factsheet (USDA):
https://www.fna.usda.gov/smp/factsheet

Special Milk Program (USDA):
https://www.fna.usda.gov/smp/special-milk-program

Special Milk Program Regulations 7 CFR Part 215 (USDA):
https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-215

Staff Qualifications

Certificate Program (School Nutrition Association):
https://schoolnutrition.org/careers-training/certificate-credentialing/certificate-program/

Competencies, Knowledge and Skills for Child Care Providers in CACFP Operations (Institute of Child Nutrition):
https://theicn.org/icn-resources-a-z/competencies-knowledge-and-skills-for-child-care-providers-in-cacfp-operations/

Competencies, Knowledge, and Skills for District-Level School Nutrition Professionals in the 21st Century (Institute of Child Nutrition):
https://theicn.org/wpfd_file/competencies-knowledge-and-skills-for-district-level-school-nutrition-professionals-in-the-21st-century/

Competencies, Knowledge, and Skills for School Nutrition Managers (Institute of Child Nutrition):
https://theicn.org/icn-resources-a-z/competencies-knowledge-and-skills-for-school-nutrition-managers/

Competencies, Knowledge, and Skills for State Agency Child Nutrition Professionals (Institute of Child Nutrition):
https://theicn.org/documentlibraryfiles/PDF/20140108022027.pdf

Competencies, Knowledge, and Skills of Effective School Nutrition Assistants/Technicians:
https://theicn.org/icn-resources-a-z/competencies-knowledge-and-skills-of-effective-school-nutrition-assistants-technicians/

Job Description Template for CNP Director/Supervisor/Administrator (Institute of Child Nutrition):
https://theicn.org/icn-resources-a-z/job-description-template/

Staff Training

Bite Size: Meeting the Child and Adult Care Food Program (CACFP) Meal Patterns Module 4: Meal Pattern Documentation (CSDE):
https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/bite-size-meal-pattern-training

CACFP Halftime: Thirty on Thursdays Training Webinars (USDA):
https://www.fna.usda.gov/tn/cacfp/halftime-thirty-thursdays-training-webinars

CACFP iTrain Simple Lesson Plans (Institute of Child Nutrition):
https://theicn.org/icn-resources-a-z/cacfp-itrain-simple-lesson-plans

CACFP Meal Pattern Training Slides (USDA):
https://www.fna.usda.gov/tn/cacfp/meal-pattern-training-slides

Crediting Updates for Child Nutrition Programs: Be in the Know! Webinar Series (USDA):
https://www.fna.usda.gov/tn/cn/crediting-updates-webinars

Determining Eligibility in the School Nutrition Programs, Summer Food Service Program, and S-EBT (CSDE):
https://portal.ct.gov/sde/nutrition/eligibility-for-free-and-reduced-price-meals-and-free-milk-in-school-nutrition-programs/determining-eligibility-training

Education and Training Resources for CACFP Professionals (Institute of Child Nutrition):
https://theicn.org/cacfp

Education and Training Resources for School Nutrition Programs (Institute of Child Nutrition):
https://theicn.org/school-nutrition-programs/

ICN eLearning Portal (Institute of Child Nutrition):
https://theicn.docebosaas.com/learn

ICN Webinars (Institute of Child Nutrition):
https://theicn.org/webinars-3/

iLearn Course and Learning Plans (Institute of Child Nutrition):
https://ilearn.theicn.org/learn

Resource List for Child Nutrition Programs

Manager's Corner (Institute of Child Nutrition):
https://theicn.org/icn-resources-a-z/managers-corner

Nutrition 101: A Taste of Food and Fitness (Institute of Child Nutrition):
https://theicn.org/icn-resources-a-z/nutrition-101/

Nutrition Education (USDA):
https://www.fns.usda.gov/nutritioneducation

Online Training: Basic Culinary Math: Calculating Food Cost (Institute of Child Nutrition):
https://theicn.docebosaas.com/learn/courses/114/BasicCulinaryMathCalculatingFoodCost

Online Training: CACFP Child and Adult Meal Pattern Requirements (Institute of Child Nutrition):
https://theicn.docebosaas.com/learn/courses/81/CACFPChildandAdultMealPatternRequirements

Online Training: CACFP Infant Meal Pattern Requirements (Institute of Child Nutrition):
https://theicn.docebosaas.com/learn/courses/70/CACFPInfantMealPatternRequirements

Online Training: CACFP Optional Best Practices (Institute of Child Nutrition):
https://theicn.docebosaas.com/learn/courses/75/CACFPOptionalBestPractices

Online Training: CARE Connection – Planning Cycle Menus in Child Care (Institute of Child Nutrition):
https://theicn.org/care-connection-planning-cycle-menus-in-child-care/

Online Training: CARE Connection – Planning Snacks as an Education Activity (Institute of Child Nutrition):
https://theicn.docebosaas.com/learn/courses/52/CAREConnection%E2%80%90PlanningSnacksasanEducationActivity

Online Training: CARE Connection – Serving Nutritious Foods in Child Care (Institute of Child Nutrition):
https://theicn.docebosaas.com/learn/courses/53/CAREConnection%E2%80%90ServingNutritiousFoodsinChildCare

Online Training: Family Child Care FUNdamentals (Institute of Child Nutrition):
https://theicn.docebosaas.com/learn/courses/57/FamilyChildCareFUNdamentals

Online Training: School Meal Pattern Training (Institute of Child Nutrition):
https://theicn.docebosaas.com/learn/courses/69/MealPatterns

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Preschool Meal Pattern Training for the School Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/meal-patterns-preschoolers-in-school-nutrition-programs/preschool-meal-pattern-training

Professional Standards for School Nutrition Professionals (CSDE):
https://portal.ct.gov/sde/nutrition/professional-standards-for-school-nutrition-professionals

Professional Standards for School Nutrition Professionals(USDA):
https://www.fna.usda.gov/tn/professional-standards

Required Civil Rights Presentation for School Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/civil-rights-for-child-nutrition-programs/civil-rights-for-school-nutrition-programs#Presentation

Required Civil Rights Presentation for the CACFP (CSDE):
https://portal.ct.gov/sde/nutrition/civil-rights-for-child-nutrition-programs/civil-rights-for-cacfp#Presentation

Required Civil Rights Presentation for the SFSP (CSDE):
https://portal.ct.gov/sde/nutrition/civil-rights-for-child-nutrition-programs/civil-rights-for-sfsp#Presentation

School Nutrition STAR Webinar Series (Institute of Child Nutrition):
https://theicn.org/star/

Strategies, Training, Action Plans, Resources (STAR) Webinar Fact Sheets (Institute of Child Nutrition):
https://theicn.org/icn-resources-a-z/strategies-training-action-plans-resources-star-webinar-fact-sheets/

Team Nutrition Webinars & Training (USDA):
https://www.fna.usda.gov/tn/webinars-training

Trainers' Circle for CACFP Webinars (USDA):
https://www.fna.usda.gov/tn/cacfp/trainers-circle-webinars

Training for Child Nutrition Programs (CSDE webpage):
https://portal.ct.gov/sde/nutrition/training-for-child-nutrition-programs

What's in a Meal: Meal Patterns for Grades K-12 in the School Nutrition Programs(CSDE's Meal Pattern Training for School Nutrition Programs webpage):
https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials

Resource List for Child Nutrition Programs

Summer Meals: Summer Food Service Program (SFSP) and Seamless Summer Option (SSO)

Farm to Summer (USDA):
https://www.fna.usda.gov/f2s/farm-summer

Mapping Tools for Summer Meal Programs (USDA):
https://www.fna.usda.gov/sfsp/mapping-tools

Operational Memoranda for the SFSP (CSDE):
https://portal.ct.gov/sde/nutrition/operational-memoranda-for-the-sfsp

Program Guidance for the Summer Food Service Program (CSDE):
https://portal.ct.gov/sde/nutrition/program-guidance-for-the-summer-food-service-program

Recorded Summer Meals Annual Training Modules (CSDE):
https://portal.ct.gov/sde/nutrition/summer-food-service-program/annual-training

Seamless Summer Option (SSO) of the NSLP (CSDE):
https://portal.ct.gov/sde/nutrition/seamless-summer-option-sso-of-the-nslp

Summer Food Service Program (SFSP) (CSDE):
https://portal.ct.gov/sde/nutrition/summer-food-service-program

Summer Food Service Program (SFSP) (USDA):
https://www.fna.usda.gov/sfsp/summer-food-service-program

Summer Food Service Program (SFSP) Regulations 7 CFR Part 225 (USDA):
https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-225

Summer Food, Summer Moves Resource Kit (USDA):
https://www.fna.usda.gov/tn/summer-food-summer-moves

Summer Meals Food Safety Kit (Institute of Child Nutrition):
https://theicn.org/summer-meals-food-safety-kit/

Summer Meals Outreach Toolkit (No Kid Hungry):
https://bestpractices.nokidhungry.org/resource/summer-meals-outreach-toolkit

Summer Nutrition Programs (Food Research & Action Center):
https://frac.org/programs/summer-nutrition-programs

> For a detailed list of resources related to the SFSP meal patterns and crediting foods, refer to the CSDE's resource, Meal Pattern and Crediting Resources for the Summer Food Service Program.

USDA Foods

Disaster Feeding Guidance for School Food Authorities Using USDA Foods (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/fdp/disaster_feeding_guidance_sfas_using_usda_foods.pdf

Food Distribution Program (USDA Foods) (CSDE):
https://portal.ct.gov/sde/nutrition/food-distribution-program-usda-foods

Online Training: S.T.A.R. Strategies for Selecting and Utilizing USDA Foods (Institute of Child Nutrition):
https://theicn.org/s-t-a-r-strategies-for-selecting-and-utilizing-usda-foods-nov-2019/

Online Training: USDA Foods: Disaster Preparedness (Institute of Child Nutrition):
https://theicn.org/usda-foods-disaster-preparedness/

Online Training: USDA Foods: DoD Fresh Fruit & Vegetable Program (Institute of Child Nutrition):
https://theicn.org/usda-foods-dod-fresh-fruits-and-vegetable-program/

Online Training: USDA Foods: Life Cycle of USDA Foods (Institute of Child Nutrition):
https://theicn.org/usda-foods-life-cycle-of-usda-foods/

Online Training: USDA Foods: Primer 1 (overview and nutrition facts) (Institute of Child Nutrition):
https://theicn.org/usda-foods-primer-1/

Online Training: USDA Foods: Primer 2 (complaint process, holds and recalls, and disaster response) (Institute of Child Nutrition):
https://theicn.org/usda-foods-primer-2/

Online Training: USDA Foods: Processing 101 (Institute of Child Nutrition):
https://theicn.org/usda-foods-processing-101/

Food Distribution & Emergency Assistance (USDA):
https://www.fna.usda.gov/usda-foods

USDA Foods Available List (USDA):
https://www.fna.usda.gov/usda-fis/foods-available

USDA Foods in Schools Product Information Sheet (USDA):
https://www.fna.usda.gov/usda-fis/product-information-sheets

USDA Foods Toolkit for Child Nutrition Programs (USDA):
https://www.fna.usda.gov/usda-fis/toolkit-child-nutrition-programs

USDA Foods: A Resource for Maximizing Food Budgets to Buy Local (USDA):
https://fns-prod.azureedge.us/sites/default/files/resource-files/usdafoods508.pdf

Water Availability

Encouraging Consumption of Water in School and Child Care Settings: Access, Challenges, and Strategies for Improvement (American Journal of Public Health):
https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3134515/

Fact Sheet: Water In Schools: Access and Promotion (California Project LEAN):
https://schoolwellnesssummit.org/wp-content/uploads/2017/06/Water-Factsheet.pdf

Increasing Access to Drinking Water in Schools (Centers for Disease Control and Prevention):
https://www.cdc.gov/healthy-schools/media/pdfs/water_access_in_schools_508_2.pdf

Model Wellness Policy Language for Water Access in Schools (ChangeLab Solutions):
https://www.changelabsolutions.org/product/model-wellness-policy-language-water-access-schools

Resources on the Importance of Safe Drinking Water in Schools (National Drinking Water Alliance):
https://thrivingschools.kaiserpermanente.org/resources-on-the-importance-of-safe-drinking-water-in-schools/

Safe Water in Schools: What do we Know? What can we do? (National Drinking Water Alliance):
https://www.drinkingwateralliance.org/single-post/2018/06/04/Safe-Water-in-Schools-What-do-we-Know-What-can-we-do

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Take Action: Diving Into the School Year: How's the Water? (National Drinking Water Alliance):
https://www.drinkingwateralliance.org/school-wellness-policy

USDA Memo CACFP 20-2011: Water Availability in the Child and Adult Care Food Program:
https://www.fna.usda.gov/cacfp/water-availability

USDA Memo SP 28-2011 Revised: Child Nutrition Reauthorization 2010: Water Availability During National School Lunch Program Meal Service:
https://www.fna.usda.gov/cn/water-availability-during-nslp-meal-service

USDA Memo SP 39-2019: Clarification on the Milk and Water Requirements in the School Meal Programs:
https://www.fna.usda.gov/cn/clarification-milk-and-water-requirements-school-meal-program

USDA Memo SP 49-2016 and CACFP 18-2016: Resources for Making Potable Water Available in Schools and Child Care Facilities:
https://www.fna.usda.gov/cn/resources-making-potable-water-available-schools-and-child-care-facilities-0

Water Access in Schools (Centers for Disease Control and Prevention):
https://www.cdc.gov/school-nutrition/water-access/index.html

Water Safety (USDA):
https://www.fna.usda.gov/fs/water-safety

What's in a Meal Module 16: Water Availability During Meal Service (CSDE's training program, What's in a Meal: Meal Patterns for Grades K-12 in the School Nutrition Programs):
https://portal.ct.gov/SDE/Nutrition/Meal-Pattern-Training-Materials#module16

Resource List for Child Nutrition Programs

For more information, visit the CSDE's Child Nutrition Programs webpage or contact the child nutrition staff at the Connecticut State Department of Education, Bureau of Child Nutrition Programs, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841. This document is available at https://portal.ct.gov/-/media/sde/nutrition/resources/resources_child_nutrition_programs.pdf.

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Resource List for Child Nutrition Programs

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