

Resource List for Child Nutrition Programs

This document contains resources and websites related to the operation of the U.S. Department of Agriculture's (USDA) [Child Nutrition Programs](#). The Child Nutrition Programs include the National School Lunch Program (NSLP), School Breakfast Program (SBP), Afterschool Snack Program (ASP) of the NSLP, Fresh Fruit and Vegetable Program (FFVP), Special Milk Program (SMP), Seamless Summer Option (SSO) of the NSLP, Child and Adult Care Food Program (CACFP), and the Summer Food Service Program (SFSP).

Resources are listed by main category. Many websites contain information on multiple content areas. The inclusion of commercial websites is for informational purposes only and does not constitute approval or endorsement by the Connecticut State Department of Education (CSDE).

For resources on menu planning, refer to the CSDE's [Resource List for Menu Planning and Food Production in Child Nutrition Programs](#). For resources on meal modifications for special diets, refer to the CSDE's [Resource List for Special Diets in Child Nutrition Programs](#). For resources on infant feeding, refer to the CSDE's [Resource List for Dietary Guidance and Nutrition Information](#). For resources on food safety, refer to the CSDE's [Resource List for Food Safety for Child Nutrition Programs](#). For resources on farm to school, refer to the CSDE's [Resource List for Nutrition Education](#). For additional resource lists related to nutrition and healthy environments in schools and child care, visit the CSDE's [Resources for Child Nutrition Programs](#) webpage.



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Search for key words using the “Find” option in the PDF toolbar or Control + F.

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Afterschool Snack Program (ASP)

Afterschool & Health: Opportunities for Advocacy (Afterschool Alliance):

<https://www.afterschoolalliance.org/policyActiveHoursObesity.cfm#>

Afterschool Care Program NSLP Snack Service Best Practices (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/afterschool-care-program-nslp-snack-service-best-practices/>

Afterschool Care Snacks Cycle Menus (USDA):

<https://www.fns.usda.gov/cacfp/afterschool-care-snacks-cycle-menus>

Afterschool Nutrition Programs (Food Research & Action Council):

<https://frac.org/programs/afterschool-nutrition-programs>

Afterschool Snack Program (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Afterschool-Snack-Program>

Afterschool Snacks (USDA):

<https://www.fns.usda.gov/school-meals/afterschool-snacks>

NSLP Afterschool Snack Service FAQs (USDA):

<https://www.fns.usda.gov/school-meals/afterschool-snacks-faqs>

Understanding Afterschool Snacks and Meals (No Kid Hungry, Share Our Strength):

<https://www.bestpractices.nokidhungry.org/resource/understanding-afterschool-snacks-and-meals>

CACFP Adult Day Care Centers

Adult Day Care Centers (USDA):

<https://www.fns.usda.gov/cacfp/adult-day-care-centers>

Adult Day Care: A Child and Adult Care Food Program Handbook (USDA):

<https://www.fns.usda.gov/cacfp/adult-day-care-child-and-adult-care-food-program-handbook>

CACFP Adult Day Care Centers (CSDE):

<https://portal.ct.gov/SDE/Nutrition/CACFP-Adult-Day-Care-Centers>

CACFP Adult Day Care Centers (USDA):

<https://www.fns.usda.gov/cacfp/adult-day-care-centers>

CACFP Handbooks (USDA):

<https://www.fns.usda.gov/cacfp/cacfp-handbooks>

CACFP Meal Pattern Training Tools (USDA):

<https://www.fns.usda.gov/cacfp-training-tools>

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CACFP Regulations 7 CFR Part 226 (USDA):

<https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-226>

Crediting Foods in CACFP Adult Day Care Centers (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Adult-Day-Care-Centers>

Crediting Handbook for the Child and Adult Care Food Program (USDA):

<https://www.fns.usda.gov/tn/crediting-handbook-child-and-adult-care-food-program>

Forms for CACFP Adult Day Care Centers (CSDE):

<https://portal.ct.gov/SDE/Nutrition/CACFP-Adult-Day-Care-Centers/Documents>

Guide to Meeting the Meal Pattern Requirements for CACFP Adult Day Care Centers (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/Guide_CACFP_Meal_Patterns_Adults.pdf

Nutrition Standards for CACFP Meals and Snacks (USDA):

<https://www.fns.usda.gov/cacfp/meals-and-snacks>

Operational Memoranda for the CACFP (CSDE):

<https://portal.ct.gov/SDE/Lists/Operational-Memoranda-for-the-CACFP>

Program Guidance for CACFP Adult Day Care Centers (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Program-Guidance-CACFP-Adults>

Special Diets in CACFP Adult Day Care Centers (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Special-Diets-in-CACFP-Adult-Day-Care-Centers>

CACFP Child Care Programs

CACFP Afterschool Programs (USDA):

<https://www.fns.usda.gov/cacfp/afterschool-programs>

CACFP At-risk Afterschool Care Centers (CSDE):

<https://portal.ct.gov/SDE/Nutrition/CACFP-At-Risk-Afterschool-Care-Centers>

CACFP Child Care Centers (CSDE):

<https://portal.ct.gov/SDE/Nutrition/CACFP-Child-Care-Centers>

CACFP Emergency Shelters (CSDE):

<https://portal.ct.gov/SDE/Nutrition/CACFP-Emergency-Shelters>

CACFP Family Day Care Homes (CSDE):

<https://portal.ct.gov/SDE/Nutrition/CACFP-Family-Day-Care-Homes>

CACFP Halftime: Thirty on Thursdays Training Webinar Series (USDA):

<https://www.fns.usda.gov/cacfp-halftime-thirty-thursdays-training-webinar-series>

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CACFP Handbooks (USDA):

<https://www.fns.usda.gov/cacfp/cacfp-handbooks>

CACFP Meal Pattern Resources (Institute of Child Nutrition):

<https://theicn.org/cacfp/>

CACFP Meal Pattern Training Tools (USDA):

<https://www.fns.usda.gov/cacfp-training-tools>

Child Care Nutrition and Physical Activity Policies (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Child-Care-Nutrition-and-Physical-Activity-Policies>

Connecticut Statutes and Regulations for Child Care Licensing (Connecticut Office of Early Childhood):

ctoec.org/licensing/

Crediting Foods in CACFP Child Care Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-Programs>

Crediting Handbook for the Child and Adult Care Food Program (USDA):

<https://www.fns.usda.gov/tn/crediting-handbook-child-and-adult-care-food-program>

Facts: The Afterschool Meals Program (FRAC):

<https://frac.org/research/resource-library/afterschool-meals-program-fact-sheet>

Farm to Preschool: Local Food and Learning in Early Child Care and Education Settings (USDA):

<https://www.fns.usda.gov/cfs/farm-to-preschool>

Feeding Young Children in Group Settings (University of Idaho):

<https://www.uidaho.edu/cals/feeding-young-children>

Forms for CACFP Child Care Centers (CSDE):

<https://portal.ct.gov/SDE/Nutrition/CACFP-Child-Care-Centers/Documents>

Forms for CACFP Homes (CSDE):

<https://portal.ct.gov/SDE/Nutrition/CACFP-Family-Day-Care-Homes/Documents>

Introduction to Happy Mealtimes in Child Care Settings (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/introduction-to-happy-mealtimes-in-child-care-settings/>

Infant Meal Pattern Requirements Trainings (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/infant-meal-pattern-requirements-trainings/>

Meal Patterns for CACFP Child Care Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs>

Mealtime Memo (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/mealtime-memo/>

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Mealtimes With Toddlers in the CACFP (USDA):

<https://www.fns.usda.gov/tn/mealtimes-toddlers-cacfp>

Operational Memoranda for the CACFP (CSDE):

<https://portal.ct.gov/SDE/Lists/Operational-Memoranda-for-the-CACFP>

Program Guidance for CACFP Child Care Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Program-Guidance-CACFP-Child>

Special Diets in CACFP Child Care Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Special-Diets-in-CACFP-Child-Care-Programs>

Family-style Meal Service

CACFP and Family Style Meal Service (Institute of Child Nutrition):

https://theicn.org/wpfd_file/cacfp-and-family-style-meal-service/

Family Style Dining Guide: A Mealtime Approach for Early Care and Education Programs
(Ohio Child Care Resource & Referral Association and The Nemours Foundation):

<https://cdn.occrra.org/documents/fsd.pdf>

Family-Style Dining in Child Care Settings (Virtual Lab School):

<https://www.virtuallabschool.org/focused-topics/essentials-in-child-care-food-service/lesson-2>

Family Style Meal Service (Oregon Department of Education):

<https://www.oregon.gov/ode/students-and-family/childnutrition/cacfp/Documents/Family%20Style%20Meal%20Service.pdf>

Family Style Meal Service with Children in the CACFP (USDA webpage):

<https://www.fns.usda.gov/tn/cacfp/family-style-meals>

Family Style Meal Service with Children in the Child and Adult Care Food Program (USDA):

<https://www.fns.usda.gov/sites/default/files/resource-files/CACFP-Family-Style-Meal-ServiceOperator-Booklet.pdf>

Serving Meals “Family Style” (USDA):

https://fns-prod.azureedge.us/sites/default/files/resource-files/nibbles_familymeals_eng.pdf

USDA Memo CACFP 05-17: Offer Versus Serve and Family Style Meals in the Child and Adult Care Food Program:

<https://www.fns.usda.gov/cacfp/offer-versus-serve-and-family-style-meals-child-and-adult-care-food-program>

Video: CACFP family-style dining (Colorado Child and Adult Care Food Program):

https://www.youtube.com/watch?v=5H5_cISgwWg

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Why You Should Serve Family Style (National CACFP Association):

<https://www.cacfp.org/2022/06/02/cacfp-resource-best-practices-for-menu-planning-copy-2/>

Financial Management

Financial Management for School Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Financial-Management-for-School-Nutrition-Programs>

Financial Management: A Course for School Nutrition Directors (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/financial-management-a-course-for-school-nutrition-directors/>

Financial Management: A Course for School Nutrition Managers (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/financial-management-a-course-for-school-nutrition-managers/>

Financial Management Information System (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/financial-management-information-systems/>

Inventory Management and Tracking (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/inventory-management-and-tracking/>

Online Training: Financial Management: A Course for School Nutrition Directors (Institute of Child Nutrition):

<https://theicn.docebosaaS.com/learn/course/internal/view/elearning/58/FinancialManagementACourseforSchoolNutritionDirectors>

Online Training: USDA Foods: Inventory Management – Controlling Cost (Institute of Child Nutrition):

<https://theicn.docebosaaS.com/learn/course/internal/view/elearning/13/InventoryManagement-ControllingCost>

Fresh Fruit and Vegetable Program (FFVP)

Best Practices: Handling Fresh Produce in Schools (USDA):

<https://www.fns.usda.gov/fs/best-practices-handling-fresh-produce-schools>

Fresh Fruit & Vegetable Program: A Handbook for Schools (USDA):

<https://www.fns.usda.gov/ffvp/fresh-fruits-and-vegetable-program-handbook-schools>

Fresh Fruit and Vegetable Program (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Fresh-Fruit-and-Vegetable-Program>

Fresh Fruit and Vegetable Program (USDA):

<https://www.fns.usda.gov/ffvp/fresh-fruit-and-vegetable-program>

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Fresh Fruit and Vegetable Program Fact Sheet (USDA):

<https://www.fns.usda.gov/ffvp/ffvp-fact-sheet>

Fresh Fruit and Vegetable Program Resource Center (USDA):

<https://www.fns.usda.gov/ffvp/fresh-fruit-and-vegetable-program-resource-center>

Produce Safety (USDA):

<https://www.fns.usda.gov/fs/produce-safety>

Produce Safety Lab (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/produce-safety-lab/>

Tools for Schools: Offering Fruits and Vegetables (USDA):

<https://www.fns.usda.gov/school-meals/tools-schools-offering-fruits-and-vegetables>

Guidance for Child Nutrition Programs

Area Eligibility for Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Area-Eligibility>

Child Nutrition (CN) Labeling (USDA):

<https://www.fns.usda.gov/cnlabeling/child-nutrition-cn-labeling-program>

Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Child-Nutrition-Programs>

Child Nutrition Recipe Box (Institute of Child Nutrition):

<https://theicn.org/cnr/>

Child Nutrition Sharing Site (Institute of Child Nutrition):

<https://theicn.org/cnss/>

Civil Rights for Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Civil-Rights-for-Child-Nutrition-Programs>

Claim Submission Schedule for Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Claim-Submission-Schedule>

Connecticut Online Application and Claiming System for Child Nutrition Programs (CNP System): <https://portal.ct.gov/SDE/Nutrition/CNP-System>

FNS Instructions for Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/FNS-Instructions-for-Child-Nutrition-Programs>

Food and Nutrition Information Center (USDA National Agricultural Library):

<https://www.nal.usda.gov/fnic>

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Food and Nutrition Service (FNS) Documents and Resources (USDA):

<https://www.fns.usda.gov/resources>

Food Buying Guide for Child Nutrition Programs (USDA):

<https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs>

Food Safety for Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Food-Safety-for-Child-Nutrition-Programs>

Food Service Management Company (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Food-Service-Management-Company>

Income Guidelines for Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Income-Guidelines-for-Child-Nutrition-Programs>

Laws and Regulations for Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Laws-and-Regulations-for-Child-Nutrition-Programs>

Manuals and Guides for Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Manuals-and-Guides-for-Child-Nutrition-Programs>

Menu Planning for Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Menu-Planning>

Program Guidance for CACFP Adult Day Care Centers (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Program-Guidance-CACFP-Adults>

Program Guidance for CACFP Child Care Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Program-Guidance-CACFP-Child>

Program Guidance for School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Program-Guidance-School-Nutrition-Programs>

Program Guidance for the Summer Food Service Program (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Program-Guidance-for-the-Summer-Food-Service-Program>

Resources for Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Resources-for-Child-Nutrition-Programs>

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National School Lunch Program (NSLP)

Beverage Requirements (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Beverage-Requirements>

Farm to School (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Farm-to-School>

FNS Documents & Resources (USDA):

<https://www.fns.usda.gov/resources>

Forms for School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Forms-for-School-Nutrition-Programs>

Healthier School Day (USDA):

<https://www.fns.usda.gov/school-meals/healthierschoolday>

Key Performance Indicators (KPIs) for School Nutrition Success (CIN):

<https://theicn.org/icn-resources-a-z/essential-key-performance-indicators-kpis-for-school-nutrition-success/>

Meal Pattern Training Materials for School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Meal-Pattern-Training-Materials>

Meal Patterns for Grades K-12 in School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-School-Nutrition-Programs>

Menu Planning Guide for School Meals for Grades K-12 (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Menu-Planning-Guide-for-School-Meals>

National School Lunch Program (CSDE):

<https://portal.ct.gov/SDE/Nutrition/National-School-Lunch-Program>

National School Lunch Program (USDA):

<https://www.fns.usda.gov/nslp/national-school-lunch-program-nslp>

National School Lunch Program Regulations 7 CFR Part 210 (USDA):

<https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-210>

Nutrition Standards for School Meals (USDA):

<https://www.fns.usda.gov/school-meals/nutrition-standards-school-meals>

Operational Memoranda for School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Lists/Operational-Memoranda-for-School-Nutrition-Programs>

Program Guidance for School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Program-Guidance-School-Nutrition-Programs>

School Meal Pattern Mini-Posters (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/school-meal-pattern-mini-posters/>

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School Meals Legislation and Regulations (USDA):

<https://www.fns.usda.gov/school-meals/program-legislation-regulations>

Social Media Marketing for School Nutrition Programs (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/social-media-marketing-for-school-nutrition-programs/>

Strategies, Training, Action Plans, Resources (STAR) Webinar Fact Sheets (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/strategies-training-action-plans-resources-star-webinar-fact-sheets/>

Tools for Schools (USDA):

<https://www.fns.usda.gov/school-meals/tools-schools>

Offer versus Serve (OVS)

Module 15: Offer versus Serve (OVS) in the NSLP (CSDE’s training program, What’s in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):

<https://portal.ct.gov/SDE/Nutrition/Meal-Pattern-Training-Materials>

Module 16: Offer versus Serve (OVS) in the SBP (CSDE’s training program, What’s in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):

<https://portal.ct.gov/SDE/Nutrition/Meal-Pattern-Training-Materials>

Offer versus Serve (OVS) for At-risk Afterschool Centers (CSDE’s Meal Patterns for CACFP Child Care Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#OVS>

Offer versus Serve (OVS) in the SFSP (“How To” section of CSDE’s SFSP webpage):

<https://portal.ct.gov/SDE/Nutrition/Summer-Food-Service-Program/How-To#MealService>

Offer versus Serve for School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Offer-versus-Serve-for-School-Nutrition-Programs>

Offer versus Serve Guide for School Meals (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/OVS/OVS_Guide_SNP.pdf

Offer Versus Serve in CACFP Adult Day Care Centers (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Program-Guidance-CACFP-Adults#O>

Offer versus Serve in the School Breakfast Program (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/OVS/Overview_OVS_SBP.pdf

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Offer Versus Serve in the SFSP (“How To” section of CSDE’s SFSP webpage):

https://portal.ct.gov/SDE/Nutrition/Summer-Food-Service-Program/How-To#OVS_SFSP

Offer Versus Serve Materials (USDA):

<https://www.fns.usda.gov/tn/offer-versus-serve-national-school-lunch-program-posters>

OVS in the National School Lunch Program (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/OVS/Overview_OVS_NSLP.pdf

Summer – How to Do Offer Versus Serve (USDA):

<https://www.fns.usda.gov/sfsp/summer-how-do-offer-versus-serve-ovs>

Updated Offer vs Serve Guidance for the NSLP and SBP Beginning SY2015-16 (USDA):

<https://www.fns.usda.gov/cn/updated-offer-vs-serve-guidance-nslp-and-sbp-beginning-sy2015-16>

USDA Memo CACFP 05-2017: Offer Versus Serve and Family Style Meals in the Child and Adult Care Food Program (USDA):

<https://www.fns.usda.gov/cacfp/offer-versus-serve-family-style-meals>

Procurement

Food Buying Guide for Child Nutrition Programs (USDA):

<https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs>

Forecasting the Procurement of Foods (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/forecasting-the-procurement-of-foods/>

Procurement for School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Procurement-for-School-Nutrition-Programs>

Procurement of Foods: Cooperative Purchasing Groups (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/procurement-of-foods-cooperative-purchasing-groups>

Procurement Practices Influencing Programs Operating Within the Guidelines of the Child and Adult Care Food Program: A Review of Literature (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/procurement-practices-influencing-programs-operating-within-the-guidelines-of-the-child-and-adult-care-food-program-a-review-of-literature/>

Procurement Tools & Resources (The Lunch Box):

<https://www.thelunchbox.org/procurement/procurement-tools-resources>

Procuring Local Foods (USDA):

<https://www.fns.usda.gov/cfs/procuring-local-foods>

Procuring Local Foods for Child Nutrition Programs (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/procuring-local-foods-for-child-nutrition-programs/>

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USDA Child Nutrition Programs Procurement Regulations (USDA):

<https://www.fns.usda.gov/cfs/usda-procurement-regulations>

School Breakfast Program (SBP)

Beverage Requirements (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Beverage-Requirements>

Breakfast in the Classroom: NEA Health Information Network School Breakfast Toolkit
(National Education Association):

<https://schoolipm.tamu.edu/files/2014/03/NEA-Breakfast-Classroom-tips-and-flyers.pdf>

Breakfast: Key to Academic Excellence (B1-Home) (CSDE and New England Dairy):

https://portal.ct.gov/-/media/SDE/Nutrition/SBP/Breakfast_Key_Academic_Excellence_1_Home.pdf

Breakfast: Key to Academic Excellence (B2-School) (CSDE and New England Dairy):

https://portal.ct.gov/-/media/SDE/Nutrition/SBP/Breakfast_Key_Academic_Excellence_2_SBP.pdf

Energize Your Day with School Breakfast (USDA):

<https://www.fns.usda.gov/sbp/toolkit>

Expanding the School Breakfast Program (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/SBP/Expanding_SBP.pdf

Five Things to Know About School Breakfast (No Kid Hungry, Share Our Strength):

<https://www.nokidhungry.org/blog/five-things-know-about-school-breakfast>

Forms for School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Forms-for-School-Nutrition-Programs>

FRAC Facts: The School Breakfast Program (Food Research & Action Center):

<https://frac.org/research/resource-library/frac-facts-school-breakfast-program>

Getting Started with School Breakfast (USDA):

https://www.fns.usda.gov/sbp/toolkit_gettingstarted

Kids do best when they eat breakfast: Increase access to school breakfast through Breakfast After the Bell (No Kid Hungry):

<https://www.hungerfreewa.org/partners/breakfast>

Marketing Your School Breakfast Program (USDA):

https://www.fns.usda.gov/sbp/toolkit_marketing

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Online Training: S.T.A.R. Strategies for Promoting School Breakfast (Institute of Child Nutrition):

<https://theicn.org/s-t-a-r-strategies-for-promoting-school-breakfast-mar-2019/>

Program Guidance for School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Program-Guidance-School-Nutrition-Programs>

School Breakfast (New England Dairy):

<https://www.newenglanddairy.com/school-breakfast/>

School Breakfast Expansion Strategies (Food Research & Action Center):

<https://frac.org/programs/school-breakfast-program/school-breakfast-expansion-strategies>

School Breakfast Program (CSDE):

<https://portal.ct.gov/SDE/Nutrition/School-Breakfast-Program>

School Breakfast Program (USDA):

<https://www.fns.usda.gov/sbp/school-breakfast-program>

School Breakfast Program Regulations 7 CFR Part 220 (USDA):

<https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-220>

Serving Up a Successful School Breakfast Program (Wisconsin Department of Public Instruction): <https://dpi.wi.gov/sites/default/files/imce/school-nutrition/pdf/serving-up-a-successful-school-breakfast-program.pdf>

Starting a School Breakfast Program (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/SBP/Starting_SBP.pdf

Special Milk Program (SMP)

Special Milk Program (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Special-Milk-Program>

Special Milk Program (SMP) Fact Sheet (USDA):

<https://www.fns.usda.gov/smp/smp-fact-sheet>

Special Milk Program (USDA):

<https://www.fns.usda.gov/smp/special-milk-program>

Special Milk Program Regulations 7 CFR Part 215 (USDA):

<https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-215>

Resource List for Child Nutrition Programs

Staff Qualifications

Certificate and Credentialing Programs (School Nutrition Association):

<https://schoolnutrition.org/certificate-and-credentialing/certificate-program/>

Competencies, Knowledge and Skills for Child Care Providers in CACFP Operations (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/competencies-knowledge-and-skills-for-child-care-providers-in-cacfp-operations/>

Competencies, Knowledge, and Skills for District-Level School Nutrition Professionals (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/competencies-knowledge-and-skills-for-district-level-school-nutrition-professionals/>

Competencies, Knowledge, and Skills for School Nutrition Managers (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/competencies-knowledge-and-skills-for-school-nutrition-managers/>

Competencies, Knowledge, and Skills for State Agency Child Nutrition Professionals (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/competencies-knowledge-and-skills-for-state-agency-child-nutrition-professionals/>

Competencies, Knowledge, and Skills of Effective School Nutrition Assistants/Technicians:

<https://theicn.org/icn-resources-a-z/competencies-knowledge-and-skills-of-effective-school-nutrition-assistants-technicians/>

Job Description Template for CNP Director/Supervisor/Administrator (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/job-description-template/>

Job Functions/Duties, Competencies, Knowledge, and Skills of Sponsor Monitors Participating in the Child and Adult Care Food Program (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/job-functions-duties-competencies-knowledge-and-skills-of-sponsor-monitors-participating-in-the-child-and-adult-care-food-program/>

Resource List for Child Nutrition Programs

Staff Training

Bite Size: Meeting the CACFP Meal Patterns for Children (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources>

CACFP Civil Rights PowerPoint Presentation (CSDE Presentation):

https://portal.ct.gov/-/media/SDE/Nutrition/CivilRights/Civil_Rights_CACFP_Presentation.pptx

CACFP Halftime: Thirty on Thursdays Training Webinars (USDA):

<https://www.fns.usda.gov/tn/halftime-cacfp-thirty-thursdays-training-webinar-series>

CACFP Meal Pattern Training Slides (USDA):

<https://www.fns.usda.gov/tn/meal-pattern-training-slides-cacfp>

Civil Rights Presentation for School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Civil-Rights-for-Child-Nutrition-Programs#PresentationSNP>

Civil Rights Presentation for the CACFP (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Civil-Rights-for-Child-Nutrition-Programs#PresentationCACFP>

Civil Rights Presentation for the SFSP (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Civil-Rights-for-Child-Nutrition-Programs#PresentationSFSP>

Crediting Updates for Child Nutrition Programs: Be in the Know! Webinar Series (USDA):

<https://www.fns.usda.gov/tn/crediting-updates-child-nutrition-programs-be-know-webinar-series>

Determining Eligibility in the School Nutrition Programs and Summer Food Service Program (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Eligibility-for-Free-and-Reduced-price-Meals-and-Free-Milk-in-School-Nutrition-Programs/Related-Resources>

Education and Training Resources for CACFP Professionals (Institute of Child Nutrition):

<https://theicn.org/cacfp>

Education and Training Resources for School Nutrition Programs (Institute of Child Nutrition):

<https://theicn.org/school-nutrition-programs/>

ICN eLearning Portal (Institute of Child Nutrition):

<https://theicn.docebos.com/learn>

Manager's Corner: Short lesson plans for training staff in various topics in English and Spanish (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/managers-corner>

Resource List for Child Nutrition Programs

Nutrition 101: A Taste of Food and Fitness (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/nutrition-101/>

Nutrition Education (USDA):

<https://www.fns.usda.gov/nutritioneducation>

Online Training: Basic Culinary Math: Calculating Food Cost (Institute of Child Nutrition):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/114/BasicCulinaryMathCalculatingFoodCost>

Online Training: CACFP Child and Adult Meal Pattern Requirements (Institute of Child Nutrition):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/81/CACFPChildandAdultMealPatternRequirements>

Online Training: CACFP Infant Meal Pattern Requirements (Institute of Child Nutrition):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/70/CACFPInfantMealPatternRequirements>

Online Training: CACFP Optional Best Practices (Institute of Child Nutrition):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/75/CACFPOptionalBestPractices>

Online Training: CARE Connection – Planning Cycle Menus in Child Care (Institute of Child Nutrition):

<https://theicn.docebosaas.com/learn/public/course/view/elearning/51/CAREConnection%E2%80%90PlanningCycleMenusinChildCare>

Online Training: CARE Connection – Planning Snacks as an Education Activity (Institute of Child Nutrition):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/52/CAREConnection%E2%80%90PlanningSnacksasanEducationActivity>

Online Training: CARE Connection – Serving Nutritious Foods in Child Care (Institute of Child Nutrition):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/53/CAREConnection%E2%80%90ServingNutritiousFoodsinChildCare>

Online Training: Family Child Care FUNdamentals (Institute of Child Nutrition):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/57/FamilyChildCareFUNdamentals>

Online Training: Meal Patterns for the NSLP and SBP (Institute of Child Nutrition):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/69/MealPatterns>

Preschool Meal Pattern Training for the School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-Preschoolers-in-School-Nutrition-Programs/How-To>

Resource List for Child Nutrition Programs

Professional Development for Child & Youth Educators (Virtual Lab School, The Ohio State University):

<https://www.virtuallabschool.org/learn>

Professional Standards (USDA):

<https://www.fns.usda.gov/school-meals/professional-standards>

Professional Standards for School Nutrition Professionals (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Professional-Standards-for-School-Nutrition-Professionals>

Professional Standards for School Nutrition Professionals (ICN Child Nutrition Sharing Site):

<https://theicn.org/cnss/professional-standards-for-school-nutrition-professionals/>

School Nutrition STAR) Program: workforce development and job skills training (Institute of Child Nutrition):

<https://theicn.org/star/>

Strategies, Training, Action Plans, Resources (STAR) Webinar Fact Sheets (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/strategies-training-action-plans-resources-star-webinar-fact-sheets/>

Team Nutrition Webinars & Training (USDA):

<https://www.fns.usda.gov/tn/webinars-training>

Training for Child Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Training-for-Child-Nutrition-Programs>

Training Zone (School Nutrition Association):

<https://www.pathlms.com/sna/events>

Webinars: School Nutrition STAR Program: Strategies, Training, Action Plans, and Resources (Institute of Child Nutrition):

<https://theicn.org/star>

What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE's Meal Pattern Training for School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Meal-Pattern-Training-Materials>

For training resources on meal modifications for special diets, refer to the CSDE's *Resource List for Special Diets in Child Nutrition Programs*. For training resources on food safety, refer to the CSDE's *Resource List for Food Safety for Child Nutrition Programs*. For training resources on nutrition, refer to the CSDE's *Resource List for Nutrition Education*.

Resource List for Child Nutrition Programs

Summer Meals (SFSP and SSO)

Food Safety for Summer Meals (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/food-safety-for-summer-meals/>

Mapping Tools for Summer Meal Programs (USDA):

<https://www.fns.usda.gov/sfsp/mapping-tools-summer-meal-programs>

Operational Memoranda for the SFSP (CSDE):

<https://portal.ct.gov/SDE/Lists/Operational-Memoranda-for-the-SFSP>

Seamless Summer Option (SSO) of the NSLP (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Seamless-Summer-Option-SSO-of-the-NSLP>

Summer Food Service Program (SFSP) (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Summer-Food-Service-Program>

Summer Food Service Program (SFSP) (USDA):

<https://www.fns.usda.gov/sfsp/summer-food-service-program>

Summer Food Service Program (SFSP) Program Guidance (USDA):

<https://www.fns.usda.gov/sfsp/handbooks>

Summer Food Service Program (SFSP) Regulations 7 CFR Part 225 (USDA):

<https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-225>

Summer Food, Summer Moves Resource Kit (USDA):

<https://www.fns.usda.gov/tn/summer-food-summer-moves>

Summer Meals Toolkit (USDA):

<https://www.fns.usda.gov/sfsp/summer-meals-toolkit>

Summer Meals Webinars and Videos (USDA):

<https://www.fns.usda.gov/sfsp/2015-summer-meals-webinars>

Summer Nutrition Programs (Food Research & Action Center):

<https://frac.org/programs/summer-nutrition-programs>

Resource List for Child Nutrition Programs

USDA Foods

Disaster Feeding Guidance for School Food Authorities Using USDA Foods (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/FDP/Disaster_Feeding_Guidance_SFAs_Using_USDA_Foods.pdf

Food Distribution Program (USDA Foods) (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Food-Distribution-Program-USDA-Foods>

Online Training: S.T.A.R. Strategies for Selecting and Utilizing USDA Foods (Institute of Child Nutrition):

<https://theicn.org/s-t-a-r-strategies-for-selecting-and-utilizing-usda-foods-nov-2019/>

Online Training: USDA Foods: Disaster Preparedness (Institute of Child Nutrition):

<https://theicn.org/usda-foods-disaster-preparedness/>

Online Training: USDA Foods: DoD Fresh Fruit & Vegetable Program (Institute of Child Nutrition):

<https://theicn.org/usda-foods-dod-fresh-fruits-and-vegetable-program/>

Online Training: USDA Foods: Life Cycle of USDA Foods (Institute of Child Nutrition):

<https://theicn.org/usda-foods-life-cycle-of-usda-foods/>

Online Training: USDA Foods: Primer 1 (overview and nutrition facts) (Institute of Child Nutrition):

<https://theicn.org/usda-foods-primer-1/>

Online Training: USDA Foods: Primer 2 (complaint process, holds and recalls, and disaster response) (Institute of Child Nutrition):

<https://theicn.org/usda-foods-primer-2/>

Online Training: USDA Foods: Processing 101 (Institute of Child Nutrition):

<https://theicn.org/usda-foods-processing-101/>

USDA Foods (USDA):

<https://www.fns.usda.gov/usda-foods>

USDA Foods Available List (USDA):

<https://www.fns.usda.gov/usda-fis/usda-foods-available>

USDA Foods in Schools Product Information Sheet (USDA):

<https://www.fns.usda.gov/usda-fis/usda-foods-product-information-sheets>

USDA Foods Toolkit for Child Nutrition Programs (USDA):

<https://www.fns.usda.gov/usda-fis/usda-foods-toolkit-child-nutrition-programs>

USDA Foods: A Resource for Maximizing Food Budgets to Buy Local (USDA):

<https://fns-prod.azureedge.us/sites/default/files/resource-files/usdafoods508.pdf>

Resource List for Child Nutrition Programs

Water Availability

Encouraging Consumption of Water in School and Child Care Settings: Access, Challenges, and Strategies for Improvement (American Journal of Public Health):

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3134515/>

Fact Sheet: Water In Schools: Access And Promotion (California Project LEAN):

<https://schoolwellnesssummit.org/wp-content/uploads/2017/06/Water-Factsheet.pdf>

Increasing Access to Drinking Water in Schools (Centers for Disease Control and Prevention):

https://www.cdc.gov/healthyschools/npao/pdf/water_access_in_schools_508.pdf

Model Wellness Policy Language for Water Access in Schools (ChangeLab Solutions):

<https://www.changelabsolutions.org/product/model-wellness-policy-language-water-access-schools>

Module 14: Water Availability during Meal Service (CSDE's training program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):

<https://portal.ct.gov/SDE/Nutrition/Meal-Pattern-Training-Materials>

Resources on the Importance of Safe Drinking Water in Schools (National Drinking Water Alliance):

<https://thrivingschools.kaiserpermanente.org/resources-on-the-importance-of-safe-drinking-water-in-schools/>

Safe Water in Schools: What do we Know? What can we do? (National Drinking Water Alliance):

<https://www.drinkingwateralliance.org/single-post/2018/06/04/Safe-Water-in-Schools-What-do-we-Know-What-can-we-do>

Take Action: Diving Into the School Year: How's the Water? (National Drinking Water Alliance): <https://www.drinkingwateralliance.org/school-wellness-policy>

USDA Memo CACFP 20-2011: Water Availability in the Child and Adult Care Food Program:

<https://www.fns.usda.gov/cacfp/water-availability-child-and-adult-care-food-program>

USDA Memo SP 28-2011: Water Availability During NSLP Meal Service:

<https://www.fns.usda.gov/cn/water-availability-during-nslp-meal-service>

USDA Memo SP 39-2019: Clarification on the Milk and Water Requirements in the School Meal Program:

<https://www.fns.usda.gov/school-meals/clarification-milk-and-water-requirements-school-meal-program>

Resource List for Child Nutrition Programs

USDA Memo SP 49-2016 and CACFP 18-2016: Resources for Making Potable Water Available in Schools and Child Care Facilities:

<https://www.fns.usda.gov/resources-making-potable-water-available-schools-and-child-care-facilities-0>

Water Access (Centers for Disease Control and Prevention):

<https://www.cdc.gov/healthyschools/npao/wateraccess.htm>

Requirements for Field Trip Meals in the NSLP and SBP

For more information, visit the CSDE's [Child Nutrition Programs](#) webpage or contact the [child nutrition staff](#) at the Connecticut State Department of Education, Bureau of Child Nutrition Programs, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841. This document is available at https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources_Child_Nutrition_Programs.pdf.

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