

## Using Bulk Milk Dispensers in the School Nutrition Programs

This guidance applies to the U.S. Department of Agriculture's (USDA) meal patterns for grades K-12 and preschool (ages 1-5) the [National School Lunch Program \(NSLP\)](#), [School Breakfast Program \(SBP\)](#), and [Afterschool Snack Program \(ASP\)](#) of the NSLP. The [Seamless Summer Option \(SSO\)](#) of the NSLP follows the NSLP, SBP, and ASP meal patterns.

For information on the meal patterns for the school nutrition programs, visit the Connecticut State Department of Education's (CSDE) [Meal Patterns for Grades K-12 in School Nutrition Programs](#) webpage, [Meal Patterns for Preschoolers in School Nutrition Programs](#) webpage, and [ASP](#) webpage. For information on the crediting requirements, visit the CSDE's [Crediting Foods in School Nutrition Programs](#) webpage and [Crediting Documentation for the Child Nutrition Programs](#) webpage.

### Overview

Milk is a required meal component in the NSLP and SBP meal patterns for grades K-12 and preschool. School food authorities (SFAs) may offer fluid milk as one of the two required meal components in the ASP meal patterns for grades K-12 and preschool.

Bulk milk dispensers are an alternative option to serving milk in disposable cartons or plastic bottles. This milk service option provides environmental, economic, and nutritional benefits. Using bulk milk dispensers can help schools to:

- reduce milk waste and decrease milk costs;
- reduce trash and decrease waste collection expenses;
- provide milk that stays cold and tastes better, which can increase students' milk consumption for better nutrition; and
- procure milk from local dairies that might not supply milk in 8-fluid ounce cartons.

SFAs that implement this meal service option for grades K-12 or preschool must comply with all applicable meal pattern requirements for fluid milk.



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## Milk Requirements

Milk must be pasteurized, meet all state and local requirements, and contain vitamins A and D at levels specified by the Food and Drug Administration (FDA). Milk served to each age or grade group must provide the minimum meal pattern serving, meet the applicable fat content, and comply with the applicable restrictions for flavored milk.

### Milk component for grades K-12

The minimum portion size of milk for breakfast, lunch, and snack is 8 fluid ounces. Allowable types of milk include low-fat (1%) milk and fat-free milk, either unflavored or flavored.

Flavored milk served in reimbursable meals and afterschool snacks cannot exceed 10 grams of added sugars per 8 fluid ounces. Flavored milk sold a la carte in middle and high schools cannot exceed 15 grams of added sugars per 12 fluid ounces.

For breakfast and lunch, SFAs must offer a variety of milk (at least two different choices) at breakfast and lunch. Choices may include low-fat milk and fat-free milk, either unflavored or flavored. At least one choice must be unflavored.

### Milk component for preschool

For breakfast and lunch, the minimum portion size of milk is 4 fluid ounces for ages 1-2 and 6 fluid ounces for ages 3-5. For snack, the minimum portion size is 4 fluid ounces for both age groups.

The preschool meal patterns require unflavored whole milk for age 1, and unflavored low-fat or fat-free milk for ages 2-5. A variety of milk is not required.

### Additional state requirements for public schools

In addition to the USDA's requirements, milk available for sale to students in public schools (as part of and separately from reimbursable meals and afterschool snacks) must comply with the state beverage requirements of [Section 10-221q](#) of the Connecticut General Statutes. Milk cannot contain more than 4 grams of total sugars per ounce and cannot contain artificial sweeteners. For more information, visit the CSDE's [Beverage Requirements](#) webpage.

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## Considerations for Bulk Milk

SFAs should assess the following considerations when deciding if bulk milk dispensers are suitable for their schools:

- storage space needed for milk bags, cups, and other equipment;
- dispenser electrical outlet and space requirements;
- reusable or disposable cups;
- additional labor costs to wash reusable cups;
- availability of bulk milk and variety options (fat-free, low-fat, flavored, unflavored) from vendors;
- initial equipment costs such as bulk milk dispenser, cups, dishwashing racks for reusable cups and rack dollies, and optional lids to prevent spilling;
- physical labor required to replace milk bags;
- flow of meal service line and dispenser location; and
- staff and student training and education.

For additional guidance, SFAs may contact their assigned [CSDE school nutrition team member](#).

## Implementation Guidelines

- **Location of milk dispenser:** Place the milk dispenser on a counter or table just before the point of service and closer to seating areas to help reduce spills. Make sure that there is space for students to place their tray while using the milk dispenser.
- **Cup size:** Use durable reusable cups that are at least the minimum size to accommodate the minimum meal pattern serving for each age or grade group. Use a 10-fluid ounce cup to provide 8 fluid ounces for grades K-12. Use an 8-fluid ounce cup to provide 6 fluid ounces for ages 3-5. Use a 6-fluid ounce cup to provide 4 fluid ounces for ages 1-2. Mark cups with a line at the correct level to help students pour the correct amount. For example, mark cups for grades K-12 with a line at the 8-fluid ounce level.
- **Milk varieties at breakfast and lunch for grades K-12:** Students must have access to at least two allowable varieties of milk, one of which must be unflavored (refer to "[Milk component for grades K-12](#)" in this document).
- **Staff training:** Train food service staff on how to use, refill, and clean the milk machine (refer to "[Refills](#)" and "[Food safety](#)" in this document). Train point of service staff on how to identify the minimum size required for each age group. For example, staff must be able to visually recognize if a cup contains 8 fluid ounces for grades K-12.

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- **Signage for students:** Use positive language to provide age-appropriate instruction for students on how to use the milk dispenser and prevent spills, while encouraging students to take the full serving of milk. Put signage on or near the milk dispenser that explains how much milk students must pour, depending on the meal service style and other selected meal components.
- **Offer versus serve (OVS) for grades K-12:** If a school implements OVS, students may select less than the full portion of milk if they select the minimum required meal components (lunch) or food items (breakfast) for a reimbursable meal. For guidance on OVS, visit the CSDE's [Offer versus Serve for School Nutrition Programs](#) webpage.
- **Refills:** Implement a plan for food service staff to manage milk dispenser refills during or between meal services.
- **Food safety:** Milk dispensers must be cleaned and sanitized on a regular basis. Follow local food safety and sanitation guidelines to ensure that dispensers keep milk within safe temperature ranges and milk spouts are kept clean. SFAs should reference the Institute of Child Nutrition's (ICN) applicable [standard operating procedures \(SOPs\)](#) in their [Hazard Analysis Critical Control Point \(HACCP\)](#) food safety plan, including Hot and Cold Holding for Time Temperature Control for Safety Foods, Preventing Contamination at Food Bars, and Receiving Deliveries Standard Operating Procedures.

### Resources

ASP Meal Patterns and Crediting (CSDE's Afterschool Snack Program (ASP) webpage):

<https://portal.ct.gov/sde/nutrition/afterschool-snack-program/meal-patterns-and-crediting>

Beverage Requirements (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/beverage-requirements>

Bulk Milk Success Guide (New England Dairy):

<https://www.newenglanddairy.com/wp-content/uploads/Bulk-Milk-Success-Guide-2024.pdf>

Crediting Documentation for the Child Nutrition Program (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs>

Crediting Foods in School Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/crediting-foods-in-school-nutrition-programs>

Hazard Analysis Critical Control Point (HACCP) (CSDE's Food Safety for Child Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/food-safety-for-child-nutrition-programs/haccp>

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Meal Patterns for Grades K-12 in School Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-school-nutrition-programs>

Meal Patterns for Preschoolers in School Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-preschoolers-in-school-nutrition-programs>

Milk Component (CSDE's Crediting Foods in School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/crediting-foods-in-school-nutrition-programs/milk>

NSLP Regulations 7 CFR 210.10(d): Fluid Milk Requirements (USDA):

[https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-210#p-210.10\(d\)](https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-210#p-210.10(d))

NSLP Regulations 7 CFR 210.10(p)(2): Preschooler lunch meal pattern table (USDA):

[https://www.ecfr.gov/current/title-7/part-210#p-210.10\(p\)\(2\)](https://www.ecfr.gov/current/title-7/part-210#p-210.10(p)(2))

Offer versus Serve for School Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/offer-versus-serve-for-school-nutrition-programs>

SBP Regulations 7 CFR 220.8(d): Fluid Milk Requirements (USDA):

[https://www.ecfr.gov/current/title-7/part-220#p-220.8\(d\)](https://www.ecfr.gov/current/title-7/part-220#p-220.8(d))

SBP Regulations 7 CFR 220.8(o): Breakfast requirements for preschoolers (USDA):

[https://www.ecfr.gov/current/title-7/part-220#p-220.8\(o\)](https://www.ecfr.gov/current/title-7/part-220#p-220.8(o))

Standard Operating Procedures (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/standard-operating-procedures/>

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For more information, visit the CSDE's [Crediting Foods in School Nutrition Programs](#) webpage or contact the [school nutrition programs staff](#) at the Connecticut State Department of Education, Bureau of Child Nutrition Programs, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841. This document is available at [https://portal.ct.gov/-/media/sde/nutrition/nsfp/crediting/bulk\\_milk\\_snp.pdf](https://portal.ct.gov/-/media/sde/nutrition/nsfp/crediting/bulk_milk_snp.pdf).

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Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

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