

# Summary of Updates to the Connecticut State Department of Education's List of Acceptable Foods and Beverages

This list summarizes the products that have been **added or deleted** since the previous update of the Connecticut State Department of Education's (CSDE) List of Acceptable Foods and Beverages.

**Note:** This is **not** the complete list of all currently approved foods and beverages. For the complete list, visit the “[Documents/Forms](#)” section of the CSDE’s [List of Acceptable Foods and Beverages](#) webpage. New products added to the CSDE’s List of Acceptable Foods and Beverages webpage are indicated by **pink highlighting** in the “manufacturer” and “food item” columns.

**Date of previous list:** September 25, 2025

**Date of revised list:** November 7, 2025

## Additions to previous list

### List 1 Chips, Popcorn, Rice/Corn Cakes, and Puffed Snacks

| Manufacturer | Item and portion size | Product code |
|--------------|-----------------------|--------------|
|              |                       |              |

### List 2 Crackers, Hard Pretzels, Pita Chips and Snack Mix

| Manufacturer | Item and portion size | Product code |
|--------------|-----------------------|--------------|
|              |                       |              |

### List 3 Cookies and Bars

| Manufacturer | Item and portion size | Product code |
|--------------|-----------------------|--------------|
|              |                       |              |

### List 4 Baked Goods

| Manufacturer | Item and portion size | Product code |
|--------------|-----------------------|--------------|
|              |                       |              |

### List 5 Cereals

| Manufacturer | Item and portion size | Product code |
|--------------|-----------------------|--------------|
|              |                       |              |

## Summary of Updates to the Connecticut State Department of Education's List of Acceptable Foods and Beverages

### List 6 Nuts, Seeds, Trail Mix, Jerky

| Manufacturer | Item and portion size | Product code |
|--------------|-----------------------|--------------|
|              |                       |              |

### List 7 Yogurt and Pudding

| Manufacturer | Item and portion size | Product code |
|--------------|-----------------------|--------------|
|              |                       |              |

### List 8 Cheese

| Manufacturer | Item and portion size | Product code |
|--------------|-----------------------|--------------|
|              |                       |              |

### List 9 Smoothies

| Manufacturer | Item and portion size | Product code |
|--------------|-----------------------|--------------|
|              |                       |              |

### List 10 Frozen Desserts and Ice Cream

| Manufacturer     | Item and portion size  | Product code                               |
|------------------|--|--|
| Rich's Ice Cream | Fudge Frenzy Bar, Chocolate Flavored Frozen Dairy Snack, 2.5 fl oz | Code 86210; UPC 0-75455-86210-7; 24 count  |
| Rich's Ice Cream | Ice Cream Cup, Chocolate and Vanilla Cup, 3 fl oz                  | UPC 0-75455-36922-4; Box 24 count (no UPC) |
| Rich's Ice Cream | Ice Cream Cup, Vanilla Cup, 3 fl oz                                | UPC 0-75455-36920-0; Box 24 count (no UPC) |

## Summary of Updates to the Connecticut State Department of Education's List of Acceptable Foods and Beverages

### List 11 Fruits and Vegetables

| Manufacturer | Item and portion size | Product code |
|--------------|-----------------------|--------------|
|              |                       |              |

### List 12 Soups

| Manufacturer | Item and portion size | Product code |
|--------------|-----------------------|--------------|
|              |                       |              |

### List 13 Non-entree Combination Foods

| Manufacturer | Item and portion size | Product code |
|--------------|-----------------------|--------------|
|              |                       |              |

### List 14 Entrees Sold Only A La Carte

| Manufacturer | Item and portion size | Product code |
|--------------|-----------------------|--------------|
|              |                       |              |

### List 15 Cooked Grains

| Manufacturer | Item and portion size | Product code |
|--------------|-----------------------|--------------|
|              |                       |              |

### List 16 Beverages – Milk

| Manufacturer | Item and portion size | Product code |
|--------------|-----------------------|--------------|
|              |                       |              |

### List 17 Beverages – Dairy Alternatives

| Manufacturer | Item and portion size | Product code |
|--------------|-----------------------|--------------|
|              |                       |              |

## Summary of Updates to the Connecticut State Department of Education's List of Acceptable Foods and Beverages

### List 18 Beverages – 100% Juices

| Manufacturer | Item and portion size | Product code |
|--------------|-----------------------|--------------|
|              |                       |              |

### List 19 Beverages – 100% Juice Frozen Slushes

| Manufacturer | Item and portion size | Product code |
|--------------|-----------------------|--------------|
|              |                       |              |

### List 20 Beverages – Water with Juice

| Manufacturer                 | Item and portion size  | Product code   |
|------------------------------|--|--|
| Pepsico                      | Izze Flavored Juice Beverage Sparkling Watermelon (42% juice), 8.4 fl oz can                     | Can UPC 8-36093-01170-4; Case (24 count) UPC 008-36093-01170-4 |
| Spindrift Beverage Co., Inc. | Spindrift Sparkling Water & Real Squeezed Fruit, Blood Orange Tangerine (8% juice), 12 fl oz can | Can UPC 8-50017-14220-6; Case (8 count) UPC 008-50017-14220-6  |
| Spindrift Beverage Co., Inc. | Spindrift Sparkling Water & Real Squeezed Fruit, Lemon (3% juice), 12 fl oz can                  | Can UPC 8-56579-00233-0; Case (8 count) UPC 008-56579-00233-0  |
| Spindrift Beverage Co., Inc. | Spindrift Sparkling Water & Real Squeezed Fruit, Lime (4% juice), 12 fl oz can                   | Can UPC 8-56579-00281-1; Case (8 count) UPC 008-56579-00281-1  |

### List 21 Beverages – Water

| Manufacturer | Item and portion size                                  | Product code   |
|--------------|--|--|
| Pepsico      | Bubly Sparkling Water, Bellini Bliss, 12 fl oz can     | UPC 0-001200-02143-0: Case (8 count)<br>UPC 000-001200-02143-0. <b>Allowed only for high schools.</b>            |
| Pepsico      | Bubly Sparkling Water, Strawberry Sunset, 12 fl oz can | UPC 0--12000-23039-4: Case (8 count)<br>UPC 000-12000-23039-4. <b>Allowed only for high schools.</b>             |
| Tastybrands  | Blackberry Flavored Water, 16 fl oz bottle             | Item 68100; UPC 8-10089-29203-2: Case (24 count) UPC 108-10089-29235-0.<br><b>Allowed only for high schools.</b> |
| Tastybrands  | Crisp Apple Flavored Water, 16 fl oz bottle            | Item 68103; UPC 8-10089-29206-3: Case (24 count) UPC 108-10089-29238-1.<br><b>Allowed only for high schools.</b> |

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| Manufacturer | Item and portion size                                  | Product code  |
|--------------|--|---|
| Tastybrands  | Raspberry Peach Flavored Water, 16 fl oz bottle        | Item 68102; UPC 8-10089-29204-9: Case (24 count) UPC 108-10089-29236-7. <b>Allowed only for high schools.</b> |
| Tastybrands  | Watermelon Flavored Water, 16 fl oz bottle             | Item 68101; UPC 8-10089-29204-9: Case (24 count) UPC 108-10089-29236-7. <b>Allowed only for high schools.</b> |
| Pepsico      | Bubly Sparkling Water, Bellini Bliss, 12 fl oz can     | UPC 0-001200-02143-0: Case (8 count) UPC 000-001200-02143-0. <b>Allowed only for high schools.</b>            |
| Pepsico      | Bubly Sparkling Water, Strawberry Sunset, 12 fl oz can | UPC 0-12000-23039-4: Case (8 count) UPC 000-12000-23039-4. <b>Allowed only for high schools.</b>              |
| Tastybrands  | Blackberry Flavored Water, 16 fl oz bottle             | Item 68100; UPC 8-10089-29203-2: Case (24 count) UPC 108-10089-29235-0. <b>Allowed only for high schools.</b> |
| Tastybrands  | Crisp Apple Flavored Water, 16 fl oz bottle            | Item 68103; UPC 8-10089-29206-3: Case (24 count) UPC 108-10089-29238-1. <b>Allowed only for high schools.</b> |
| Tastybrands  | Raspberry Peach Flavored Water, 16 fl oz bottle        | Item 68102; UPC 8-10089-29204-9: Case (24 count) UPC 108-10089-29236-7. <b>Allowed only for high schools.</b> |
| Tastybrands  | Watermelon Flavored Water, 16 fl oz bottle             | Item 68101; UPC 8-10089-29204-9: Case (24 count) UPC 108-10089-29236-7. <b>Allowed only for high schools.</b> |

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## Deletions from previous list

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### List 8 Cheese

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### List 9 Smoothies

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|------------------|---|--|------------------------------|
| Rich's Ice Cream | Bubble Gum Bar, artificially flavored juice pop, 2.5 fl oz, 2.5 fl oz | UPC 0-75455-86400-2; case 4 boxes/24 count | Discontinued by manufacturer |
| Rich's Ice Cream | Rainbow Polar Pole, 2.75 fl oz  | UPC 0-75455-42570-8.                       | Discontinued by manufacturer |

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### List 15 Cooked Grains

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### List 16 Beverages – Milk

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### List 18 Beverages – 100% Juice

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|              |                       |              |        |

### List 19 Beverages – 100% Juice Frozen Slush

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|              |                       |              |        |

### List 20 Beverages – Water with Juice

| Manufacturer | Item and portion size | Product code | Reason |
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|              |                       |              |        |

### List 21 Beverages – Water

| Manufacturer | Item and portion size | Product code | Reason |
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For information on Healthy Food Certification, visit the CSDE's [Healthy Food Certification](#) and [Connecticut Nutrition Standards](#) webpages or contact the [HFC Coordinator](#) at the Connecticut State Department of Education, Bureau of Child Nutrition Programs, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841. This document is available at [https://portal.ct.gov/-/media/sde/nutrition/hfc/fblist/summary\\_updates\\_csde\\_list\\_acceptable\\_foods\\_beverages.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/fblist/summary_updates_csde_list_acceptable_foods_beverages.pdf).

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