List of Acceptable Foods and Beverages

List 16: Milk

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																			Recomm	mendations
Manufacturer		Package or serving size (fluid ounces)		Fat (g)		Saturated fat (g)	% Calories from Saturated fat		Fiber (g)	Total sugars (g)	Grams of sugars per ounce: ≤ 4 g	Added sugars	Effective July 1 2025: added sugars ≤ 10 g per 8 fl oz (≤ 1.25 g per ounce	Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols		Vendors	Product code and notes	Review date	No artificial flavors or colors	No high fructose corn syrup
Clover Farms Dairy	Cream-O-Land 1% Low-fat Milk, 8 fl oz paper carton	8	110	2.5	20.5%	1.5	12.3%	130	0	12	1.5	0.0	0.00	yes	yes	Cream-O-Land Dairy	Code 16 (case 70 count)	1/16/24	Х	Х
Clover Farms Dairy	Cream-O-Land Fat-free Chocolate Milk, 8 fl oz paper carton	8	120	0	0.0%	0	0.0%	150	0	21	2.6	9.0	1.13	yes	yes	Cream-O-Land Dairy	Code 32 (case 70 count)	5/21/25		х
Clover Farms Dairy	Cream-O-Land Fat-free Milk, 8 fl oz paper carton	8	90	0	0.0%	0	0.0%	150	0	12	1.5	0.0	0.00	yes	yes	Cream-O-Land Dairy	Code 20 (case 70 count)	1/16/24	х	Х
Clover Farms Dairy	Cream-O-Land Fat-free Strawberry Milk, 8 fl oz paper carton	8	110	0	0.0%	0	0.0%	105	0	20	2.5	9.0	1.13	yes	yes	Cream-O-Land Dairy	Cream-O-Land Code 23; Rutters Dairy Code 665 (case 50 count)	1/16/24	Х	х
Clover Farms Dairy	Rosenberger Fat Free Lactose Free Milk, 8 fl oz paper carton	8	90	0	0.0%	0	0.0%	130	0	12	1.5	0.0	0.00	yes	yes	Cream-O-Land Dairy	Code 2177 (case 50 count)	1/16/24	х	Х
Diversified Foods Inc.	Dairy Pure 1% Lowfat Milk, 8 fl oz aseptic carton	8	110	2.5	20.5%	1.5	12.3%	130	0	12	1.5	0.0	0.00	yes	yes	Ace Endico, Driscoll, Sysco, Thurston, Wade's Dairy	Code 10441; UPC 0-41900- 08972-6; Case (27 count) UPC 000-41900-09008-1	1/8/24	х	Х
Diversified Foods Inc.	Dairy Pure Fat Free Milk, 8 fl oz aseptic carton	8	90	0	0.0%	0	0.0%	130	0	12	1.5	0.0	0.00	yes	yes	Ace Endico, Driscoll, Sysco, Thurston, Wade's Dairy	UPC 0-41900-08589-6; Case (27 count) UPC 000-41900-08590-2	1/8/24	х	Х
Diversified Foods Inc.	Dairy Pure Lactose Free 1% Lowfat Milk, 8 fl oz aseptic carton	8	110	2.5	20.5%	1.5	12.3%	130	0	12	1.5	0.0	0.00	yes	yes	Ace Endico, Driscoll, Sysco, Thurston, Wade's Dairy	UPC 0-41900-08795-1; Case (27 count) UPC 000-41900-08811-8	1/8/24	х	х

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Recommendations Effective July 1 Standard met: Grams of 2025: added No artificial Package or sugars sugars ≤ 10 g weeteners, servina size Total per per 8 fl oz (≤ nonnutritive Standard No artificial (fluid sweeteners, or 6 Calories Saturated fat % Calories from Sodium Fiber sugars ounce: Added 1.25 g per met: No lavors or No high fructose from fat Saturated fat Vendors Product code and notes Review date Manufacturer Beverage item Fat (g) (mg) (g) sugars ounce sugar alcohols caffeine colors corn syrup ounces) Calories (g) ≤ 4 g Dairy Pure TruMoo Fat Free Special Order: Ace UPC 0-41900-08596-4; Case Diversified Milk, Strawberry, 8 fl oz aseptio 8 0 0.0% 125 18 2.3 7.0 0.88 Endico, Driscoll, Sysco, (27 count) UPC 000-41900-1/8/24 Χ 110 0.0% 0 0 yes Foods Inc. carton Thurston, Wade's Dairy 08597-1 Marcel's Modern Pantry Fat ACE/Endico, Driscoll UPC 7-54686-00277-2; Case Diversified Free Chocolate Milk, UHT 8 120 0 150 21 2.6 10.0 1.25 Foods. Thurston Foods (27 count) UPC 107-54686-7/3/25 Χ 0.0% 0 0.0% Х yes Foods Inc. pasteurized, 8 fl oz Wade's Dairy 00277-9 ACE Endico, Driscoll UPC 7-54686-00296-3: Case Diversified Marcel's Modern Pantry Fat Foods, Gordons Food 8 90 0 0.0% 0 0.0% 130 12 1.5 0.0 0.00 (27 count) UPC 107-54686-2/25/25 Х Χ yes Foods Inc. Free Milk, 8 fl oz aseptic cartor Service, Thurston Foods 00296-0 Wade's Dairy Marcel's Modern Pantry ACE Endico. Driscoll UPC 7-54686-00306-9; Case Diversified Lactose Free Fat Free Foods, Gordons Food 8 100 0 0.0% 125 17 2.1 5.0 0.63 (27 count) UPC 107-54686-3/3/25 Х Χ 0.0% 0 yes Foods Inc. Chocolate Milk, 8 fl oz aseptic Service, Thurston Foods 00306-6 Wade's Dairy carton ACE Endico. Driscoll UPC 7-54686-00304-5; Case Marcel's Modern Pantry Diversified Foods, Gordons Food actose Free Fat Free Milk. 8 8 90 130 12 1.5 0.0 (27 count) UPC 107-54686-2/25/25 Χ 0 0.0% 0 0.0% 0.00 Χ yes Foods Inc. Service, Thurston Foods fl oz aseptic carton 00304-2 Wade's Dairy ACE Endico, Driscoll Marcel's Modern Pantry UPC 7-54686-00307-6; Case Diversified Lactose Free Fat Free Foods, Gordons Food 8 110 0 0.0% 0.0% 125 18 2.3 6.0 0.75 (27 count) UPC 107-54686-2/25/25 Х Χ yes Foods Inc. Strawberry Milk, 8 fl oz aseptio Service, Thurston Foods 00307-3 Wade's Dairy carton Marcel's Modern Pantry ACE/Endico, Driscoll UPC 7-54686-00282-6; Case Diversified Lactose Free Lowfat 1% 8 130 3 20.8% 1.5 10.4% 150 20 2.5 9.0 1.13 Foods, Thurston Foods, (27 count) UPC 107-54686-3/3/25 Х Χ yes yes Foods Inc. Chocolate Milk, 8 fl oz 00282-3 Wade's Dairy Marcel's Modern Pantry ACE/Endico, Driscoll UPC 7-54686-00275-8; Case Diversified 2.5 Lactose Free Lowfat 1% Milk. 8 110 20.5% 1.5 12.3% 130 0 12 1.5 0.0 0.00 yes Foods, Thurston Foods, (27 count) UPC 107-54686-11/27/23 Х Χ Foods Inc. 00275-5 UHT pasteurized, 8 fl oz Wade's Dairy

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Recommendations Effective July 1 Standard met: Grams of 2025: added No artificial Package or sugars sugars ≤ 10 g weeteners, serving size Total per per 8 fl oz (≤ nonnutritive Standard No artificial (fluid 1.25 g per sweeteners, or 6 Calories Saturated fat % Calories from Sodium Fiber sugars ounce: Added met: No lavors or No high fructose Fat (g) from fat Saturated fat (g) caffeine Vendors Product code and notes Review date corn syrup Manufacturer Beverage item Calories (mg) (g) sugars ounce sugar alcohols colors ounces) ≤ 4 g Marcel's Modern Pantry Lowfa ACE/Endico, Driscoll UPC 7-54686-00276-5; Case Diversified 1% Milk, UHT pasteurized, 8 fl 8 110 2.5 20.5% 1.5 12.3% 105 0 12 1.5 0.0 0.00 Foods. Thurston Foods, (27 count) UPC 107-54686-11/27/23 Χ yes yes Foods Inc. Wade's Dairy 00276-2 Garelick Farms, Wade's 1% Lowfat Milk, 8 fl oz caron 8 110 0 0 0.0% 130 12 1.5 0.0 0.00 UPC 0-75457-54500-8 6/3/24 Х Χ Garelick Farms 0.0% yes yes Dairy Garelick Farms, Wade's Garelick Farms Fat Free Milk, 8 fl oz caron 8 90 0 0.0% 0 0.0% 130 12 1.5 0.0 0.00 UPC 0-75457-54600-5 6/3/24 Х Χ yes yes Dairv TruMoo Chocolate Fat Free Garelick Farms, Wade's Garelick Farms 110 0 0 0.0% 210 18 2.3 7.0 0.88 UPC 0-41900-07294-0 6/3/24 Х Χ 0.0% yes yes Milk. 8 fl oz caron Dairy Garelick Farms, Wade's TruMoo Strawberry Fat Free Garelick Farms 8 110 0 0 0.0% 125 18 2.3 7.0 0.88 UPC 0-41900-07294-0 6/3/24 Χ 0.0% yes yes Milk. 8 fl oz caron Dairv Harrisburg Fat-free Chocolate Artificially 12/28/23 120 0 0.0% 0.0% 200 20 2.5 8.0 1.00 Wade's Dairy Code 187: 50 count case Χ yes yes Dairies Flavored Milk, 8 fl oz carton Fat-free Cookies & Cream Harrisburg Artificially Flavored Milk, 8 fl oz 8 120 0 0.0% 0 0.0% 170 21 2.6 9.0 1.13 Wade's Dairy Code 178: 50 count case 12/28/23 Χ yes yes Dairies carton Harrisburg Fat-free Strawberry Artificially 8 120 0 0.0% 0.0% 105 0 21 2.6 10.0 1.25 yes Wade's Dairy Code 177: 50 count case 12/28/23 Χ **Dairies** Flavored Milk. 8 fl oz carton

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		Recoi													Recomn	mendations				
Manufacturer		Package or serving size (fluid ounces)	Calories	Fat (g)		Saturated fat (g)	% Calories from Saturated fat		Fiber (g)	Total sugars	Grams of sugars per ounce: ≤ 4 g	Added sugars	Effective July 1 2025: added sugars ≤ 10 g per 8 fl oz (≤ 1.25 g per ounce	No artificial sweeteners,		Vendors	Product code and notes	Review date	No artificial flavors or colors	No high fructose com syrup
Harrisburg Dairies	Low-fat Milk, 8 fl oz carton	8	100	2.5	22.5%	1.5	13.5%	105	0	12	1.5	0.0	0.00	yes	yes	Wade's Dairy	Code 137; 50 count case	12/28/23	x	х
Harrisburg Dairies	Skim Milk, 4 fl oz carton	4	40	0	0.0%	0	0.0%	50	0	6	1.5	0.0	0.00	yes	yes	Wade's Dairy	Code 168; 75 count case. Portion size for USDA NSLP and SBP meal patterns for K- 12 must be 8 fluid ounces.	1/8/24	Х	х
Harrisburg Dairies	Skim Milk, 8 fl oz carton	8	80	0	0.0%	0	0.0%	100	0	12	1.5	0.0	0.00	yes	yes	Wade's Dairy	Code 167; 75 count case	12/28/23	Х	×
Horizon Organic	Chocolate Organic Lowfat Milk, 8 fl oz aseptic package	8	150	2.5	15.0%	1.5	9.0%	180	0	22	2.8	10.0	1.25	yes	yes	MP&M Vending LLC	UPC 7-42365-20886-7; Case (18 count) UPC 007-42365-20886-7	5/7/25	Х	х
Horizon Organic	Organic Lowfat Milk, 8 fl oz aseptic package	8	110	2.5	20.5%	1.5	12.3%	130	0	12	1.5	0.0	0.00	yes	yes	MP&M Vending LLC	UPC 7-42365-00420-9; Case (18 count) UPC 207-42365-00420-3	5/7/25	Х	Х
HP Hood, LLC	Chocolate Fat-free Milk, 8 fl oz paper carton	8	130	0	0.0%	0	0.0%	220	0	21	2.6	10.0	1.25	yes	yes	All Star Dairy, Crescent Creamery, HP Hood LLC	Item 11244; UPC 0-44100- 11244-7; Case (50 count) UPC 100-44100-11244-4	4/8/25		Х
HP Hood, LLC	Fat-free Milk, 8 fl oz paper carton	8	80	0	0.0%	0	0.0%	125	0	12	1.5	0.0	0.00	yes	yes	All Star Dairy, Crescent Creamery, HP Hood LLC	Item 1554; UPC 0-4410- 001554-0; Case (50 count) UPC 100-44100-01554-7	1/22/24		х
HP Hood, LLC	Lowfat Milk, 1% Milkfat, 8 fl oz paper carton	8	110	2.5	20.5%	1.5	12.3%	125	0	12	1.5	0.0	0.00	yes	yes	All Star Dairy, Crescent Creamery, HP Hood LLC	UPC 0-44100-11183-9; Case (50 count) UPC 100-44100- 11183-6	1/22/24	х	Х

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Manufacturer		Package or serving size (fluid ounces)	Calories	Fat (g)			% Calories from Saturated fat	Sodium (mg)	Fiber	Total	Grams of sugars per ounce: ≤ 4 g	Added sugars	Effective July 1, 2025: added sugars ≤ 10 g per 8 fl oz (≤ 1.25 g per ounce	No artificial sweeteners,		Vendors	Product code and notes	Review date	No artificial flavors or colors	No high fructose com syrup
Midland Farms, Inc.	Fat Free Chocolate Milk, 8 fl oz carton	8	120	0	0.0%	0	0.0%	180	0	18	2.3	7.0	0.88	yes	yes	Hemingway's LLC		8/5/25		
Midland Farms, Inc.	Fat Free Milk, 8 fl oz carton	8	90	0	0.0%	0	0.0%	125	0	12	1.5	0.0	0.00	yes	yes	Hemingway's LLC	UPC 8-36582-00133-9	7/25/25	Х	Х
Midland Farms, Inc.	Low-fat Milk, 8 fl oz carton	8	110	2.5	20.5%	1.5	12.3%	125	0	12	1.5	0.0	0.00	yes	yes	Hemingway's LLC	UPC 8-36582-00132-2	7/25/25	Х	х
Organic Valley	Organic 1% Low-fat Chocolate Milk, 8 fl oz aseptic package	8	150	2.5	15.0%	1.5	9.0%	200	0	21	2.6	10.0	1.25	yes	yes		UPC 0-93966-00827-2; Case (24 count) UPC 300-93966-00827-3	12/28/23	Х	х
Organic Valley	Organic 1% Low-fat Milk, 8 fl oz aseptic package	8	110	2.5	20.5%	1.5	12.3%	125	0	12	1.5	0.0	0.00	yes	yes		UPC 0-93966-00222-5; Case (24 count) UPC 300-93966-00222-6	12/28/23	Х	х
Shamrock Farms	1% Low-fat Fat Milk, 7 fl oz plastic bottle	7	90	2	20.0%	1	10.0%	90	0	10	1.4	0.0	0.00	yes	yes	Vistar	(24 count) UPC 000-28300- 55067-4. Note: Portion size does not meet the NSLP	1/4/24	Х	х