

List of Acceptable Foods and Beverages
List 13: Non-entree Combination Foods

List 13: Non-entree Combination Foods includes commercial products that meet the CNS non-entree combination foods category.

																				Better Choice Recommendations			
Manufacturer	Food item description	Package or serving size (fluid ounces)	Weight (grams [g])	General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	Calories: ≤200	Fat (g)	% Calories from fat: ≤35%	Saturated fat (g)	% Calories from Saturated fat: <10%	Sodium (mg): ≤200 mg	Fiber (g)	Total sugars (g): ≤15 g	% Sugars by weight: ≤35%	Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	Standard met: No chemically altered fat substitutes	Standard met: No caffeine	Vendors	Product code and notes	Review date	No artificial flavors or colors	No high fructose com syrup	At least 2.5 grams of fiber	100% whole grain (applies only if contains grains)
None																							