

List of Acceptable Foods and Beverages  
List 11: Fruits and Vegetables

List 11: Fruits and Vegetables includes commercial products that meet the CNS fruits and vegetables category, such as fresh, frozen, canned, and dried fruits and vegetables.

Exempt from all CNS nutrient standards: 1) fresh and frozen fruits and vegetables with no added ingredients except water; 2) canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup, or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and fats (including chemically altered fat substitutes); and 3) low sodium/no salt added canned vegetables with no added fats, nonnutritive sweeteners, or sugar alcohols. These foods are identified in the "Product code and notes" column below.

Exempt from sugars standards: Dried whole fruits or vegetables, dried whole fruit or vegetable pieces, and dehydrated fruits or vegetables, all without added sweeteners (including nutritive sweeteners, nonnutritive sweeteners, and sugar alcohols), and fats (including (including chemically altered fat substitutes). These products are identified as "100% fruit and exempt for sugars standards" in the "Product code and notes" column.

Better Choice Recommendations																						
Manufacturer	Food item description	Package or serving size (ounces)	Weight (grams [g])	General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	Calories: ≤200	Fat (g)	% Calories from fat: ≤35%	Saturated fat (g)	% Calories from Saturated fat: <10%	Sodium (mg): ≤200 mg	Fiber (g)	Total sugars (g): ≤15 g	% Sugars by weight: ≤35%	Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	Standard met: No chemically altered fat substitutes	Standard met: No caffeine	Vendors	Product code and notes	Review date	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Orange, 1.3 oz bag	1.3	37	FG	110	0.0	0.0%	0.0	0.0%	10	2	22	59.7%	yes	yes	yes	Thurston	UPC 8-52661-00501-2; Case (250 count) 208-52661-00501-6; 100% fruit and exempt for sugars standards.	1/17/24	X	X	
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Raspberry, 1.3 oz bag	1.3	37	FG	110	0.0	0.0%	0.0	0.0%	10	2	22	59.7%	yes	yes	yes	Thurston	UPC 8-52661-00598-2; Case (250 count) UPC 008-52661-00598-2; 100% fruit and exempt for sugars standards.	1/17/24	X	X	
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Sour Lemon, 1.3 oz bag	1.3	37	FG	110	0.0	0.0%	0.0	0.0%	10	2	22	59.7%	yes	yes	yes	Thurston	UPC 8-52661-00506-7; Case (250 count) 208-52661-00506-5; 100% fruit and exempt for sugars standards.	1/17/24	X	X	
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Sour Peach, 1.3 oz bag	1.3	37	FG	110	0.0	0.0%	0.0	0.0%	10	2	22	59.7%	yes	yes	yes	Thurston	UPC 8-52661-00502-9; Case (250 count) 208-52661-00502-3; 100% fruit and exempt for sugars standards.	1/17/24	X	X	
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Sour Pineapple, 1.3 oz bag	1.3	37	FG	110	0.0	0.0%	0.0	0.0%	10	2	22	59.7%	yes	yes	yes	Thurston	UPC 8-52661-00507-4; Case (250 count) 208-52661-00507-8; 100% fruit and exempt for sugars standards.	1/17/24	X	X	
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Sour Watermelon, 1.3 oz bag	1.3	37	FG	110	0.0	0.0%	0.0	0.0%	10	2	22	59.7%	yes	yes	yes	Thurston	UPC 8-52661-00599-9; Case (250 count) UPC 008-52661-00599-9; 100% fruit and exempt for sugars standards.	1/17/24	X	X	
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Strawberry, 1.3 oz bag	1.3	37	FG	110	0.0	0.0%	0.0	0.0%	10	2	22	59.7%	yes	yes	yes	Thurston	UPC 8-52661-00503-6; Case (250 count) 208-52661-00503-0; 100% fruit and exempt for sugars standards.	7/31/15	X	X	
Azar Nut Company	Power Snack Raisins, 1.3 oz bag	1.3	37	FG	110	0.00	0.0%	0.00	0.0%	7	2	22	59.7%	yes	yes	yes	AJ Letizio	Case (144 count) UPC 100-76500-72255-8. 100% fruit and exempt for sugars standards.	9/1/23	X	X	
Creative Food Innovations	Go'Bonzo's Roasted & Seasoned Chickpeas, Chili Citrus, 0.75 oz bag	0.75	21	FG	90	2	20.0%	0	0.0%	105	8	0	0.0%	yes	yes	yes	Creative Food Innovations	Item 03-CF144; UPC 8-55270-005091; Case (250 count)	12/22/23	X	X	X
Creative Food Innovations	Go'Bonzo's Roasted & Seasoned Chickpeas, Cool Ranch, 0.75 oz bag	0.75	21	FG	90	2	20.0%	0	0.0%	105	8	0	0.0%	yes	yes	yes	Creative Food Innovations	Item 03-CF142; UPC 8-55270-00506-0; Case (250 count) UPC 108-55270-00506-7	12/22/23	X	X	X
Creative Food Innovations	Go'Bonzo's Roasted & Seasoned Chickpeas, It's Pizza, 0.75 oz bag	0.75	21	FG	90	2	20.0%	0	0.0%	100	8	0	0.0%	yes	yes	yes	Creative Food Innovations	Item 03-CF212; UPC 8-55270-00510-7; Case (250 count) UPC 108-55270-00510-4	12/22/23	X	X	X

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Creative Food Innovations	Go'Bonzo's Roasted & Seasoned Chickpeas, It's Pizza, 1.5 oz bag	1.5	43	FG	180	4	20.0%	0	0.0%	200	16	1	2.4%	yes	yes	yes	Creative Food Innovations	Item 03-CF213; UPC 8-55270-00516-9; Case (125 count) UPC 108-55270-00516-6	12/22/23	X	X	X
Creative Food Innovations	Go'Bonzo's Roasted & Seasoned Chickpeas, Lightly Salted, 0.75 oz bag	0.75	21	FG	90	2	20.0%	0	0.0%	130	8	0	0.0%	yes	yes	yes	Creative Food Innovations	Item 03-CF141; UPC 8-55270-00505-3; Case (250 count) UPC 108-55270-00505-0	12/22/23	X	X	X
Creative Food Innovations	Go'Bonzo's Roasted & Seasoned Chickpeas, Spicy Nacho, 0.75 oz bag	0.75	21	FG	90	2	20.0%	0	0.0%	105	8	0	0.0%	yes	yes	yes	Creative Food Innovations	Item 03-CF143 (250/0.75 oz); Case UPC 108-55270-00507-4	12/22/23	X	X	X
Dole	Dole 4 oz plastic cup, Diced Pears in 100% Juice	4	113	FG	70	0.0	0.0%	0.0	0.0%	0	3	13	11.5%	yes	yes	yes	Superior Vending	Item 03019; Case (36 count) UPC 100-38900-03019-0	1/4/24	X	X	X
Dole	Dole 4 oz plastic cup, Diced Peaches in 100% Juice	4	113	FG	60	0.0	0.0%	0.0	0.0%	0	1	12	10.6%	yes	yes	yes	Superior Vending	Item 03073; Case (36 count) UPC 100-38900-03073-2	1/4/24	X	X	
Dole	Dole 4 oz plastic cup, Mandarin Oranges in 100% juice	4	113	FG	70	0.0	0.0%	0.0	0.0%	0	1	14	12.3%	yes	yes	yes	BBI Inc, Vistar	Item 04208; Case UPC 0-38900-04226-4; Case (36 count) UPC 100-38900-04208-7	1/4/24	X	X	
Dole	Dole 4 oz plastic cup, Mixed Fruit in 100% Juice	4	113	FG	80	0.0	0.0%	0.0	0.0%	5	1	19	16.8%	yes	yes	yes	BBI Inc, Vistar	Item 3044; Case UPC 100-38900-03065-7. 100% fruit and juice and exempt for sugars standards.	7/26/13	X	X	
Dole	Dole 4 oz plastic cup, Pineapple Paradise Pineapple Tidbits in 100% Juice	4	113	FG	60	0.0	0.0%	0.0	0.0%	0	1	14	12.3%	yes	yes	yes	BBI Inc, Vistar	Item 00419; Case (36 cont) UPC 100-38900-00419-1	1/4/24	X	X	
Dole	Dole 4 oz plastic cup, Tropical Fruit in 100% Juice	4	113	FG	60	0.0	0.0%	0.0	0.0%	5	1	13	11.5%	yes	yes	yes	BBI Inc, Vistar	Item 03048; Case UPC 38900-03048; Case (36 count) UPC 100-38900-03048-0	1/4/24	X	X	
Dole	Dole 7 oz plastic cup, Mandarin Oranges in 100% juice	7	198	FG	120	0.0	0.0%	0.0	0.0%	10	2	25	12.6%	yes	yes	yes	BBI Inc, Vistar	Item 74206; UPC 0-38900-74206-5; Case (12 count) 100-38900-74206-2. 100% fruit and exempt for sugars standards.	1/4/24	X	X	
Dole	Dole 7 oz plastic cup, Mixed Fruit in 100% Juice	7	198	FG	120	0.0	0.0%	0.0	0.0%	5	3	23	11.6%	yes	yes	yes	BBI Inc, Vistar	Item 71924; UPC 0-38900-71924-1; Case (12 count) UPC 100-38900-71924-8. 100% fruit and exempt for sugars standards.	1/4/24	X	X	X

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Dole	Dole 7 oz plastic cup, Sliced Peaches in 100% Juice	7	198	FG	100	0.0	0.0%	0.0	0.0%	5	2	22	11.1%	yes	yes	yes	BBI Inc, Vistar	Item 71966; UPC 0-38900-71966-1; Case (12 count) UPC 100-38900-71966-8. 100% fruit and exempt for sugars standards.	1/4/24	X	X	
Dole	Dole 7 oz plastic cup, Tropical Fruit in 100% Juice	7	198	FG	110	0.0	0.0%	0.0	0.0%	10	2	24	12.1%	yes	yes	yes	BBI Inc, Vistar	Item 79088; UPC 0-38900-79088-2; Case (12 count) UPC 100-38900-79088-9. 100% fruit and exempt for sugars standards.	1/4/24	X	X	
General Mills	Betty Crocker Fruit Roll-ups, Blastin' Berry Hot Colors, 0.5 oz	0.5	14	FG	50	1	18.0%	0.50	9.0%	55	2	4	28.2%	yes	yes	yes	HPC, Sysco, Thurston	Code 11566000; UPC 0-16000-11566-8; Case (96 count) 100-16000-11566-5	12/21/23	X	X	
General Mills	Betty Crocker Fruit Roll-ups, Crazy Colors, 0.5 oz	0.5	14	FG	50	1	18.0%	0.50	9.0%	55	2	4	28.2%	yes	yes	yes	HPC, Sysco, Thurston	Code 11561000; UPC 0-16000-11561-3; Case (96 count) 100-16000-11561-0	12/21/23	X	X	
General Mills	Betty Crocker Fruit Roll-ups, Strawberry Blast, 0.5 oz	0.5	14	FG	50	1	18.0%	0.50	9.0%	55	2	4	28.2%	yes	yes	yes	HPC, Sysco, Thurston	Code 29162000; UPC 0-16000-29162-1; Case (96 count) 100-16000-29162-8	12/21/23	X	X	
General Mills	Betty Crocker Scooby-Doo Fruit Flavored Snacks, 0.9 oz	0.9	26	FG	70	0	0.0%	0	0.0%	30	5	8	31.4%	yes	yes	yes	HPC, Sysco, Thurston	Code 11510000; UPC 0-16000-11510-1; Case (96 count) UPC 100-16000-11510-8	12/21/23	X	X	X
General Mills	Mott's Fruit-Flavored Snacks, Assorted Fruit, 1.6 oz	1.6	45	FG	130	0	0.0%	0	0.0%	65	9	14	30.9%	yes	yes	yes	HPC, Sysco, Thurston	Coe 47954000; UPC 0-16000-47954-8; Case (144 count) UPC 100-16000-47954-5	12/21/23	X	X	X
General Mills	Mott's Fruit-Flavored Snacks, Mixed Berry, 1.6 oz	1.6	45	FG	130	0	0.0%	0	0.0%	65	9	14	30.9%	yes	yes	yes	HPC, Sysco, Thurston	Code 47953000; UPC 0-16000-47953-1; Case (144 count) UPC 100-16000-47953-8	12/21/23	X	X	X
Knouse Foods	Musselman's Squeezables, Unsweetened Applesauce, Applesauce On-the-Run, 3.17 oz pouch	3.17	90	FG	45	0	0.0%	0.0	0.0%	0	0	8	8.9%	yes	yes	yes	Sysco, Thurston	UPC 0-03732-31178-1; Case (48 COUNT) UPC 200-37323-11781-2	1/11/24	X	X	
Knouse Foods	Musselman's Unsweetened Applesauce, Apple, 2 oz cup	2	57	FG	25	0	0.0%	0.0	0.0%	5	1	6	10.6%	yes	yes	yes	Thurston	Code FFASU0150MUS01; Case UPC (144 count) 100-37323-11894-2	1/2/24	X	X	

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Knouse Foods	Musselman's Unsweetened Applesauce, Apple, 4.5 oz cup	4.5	128	FG	60	0	0.0%	0.0	0.0%	10	2	12	9.4%	yes	yes	yes	Thurston	Code FASU1350MUS01 (11840); Case UPC (96 count) 100-37323-11840-9	1/2/24	X	X	
Knouse Foods	Musselman's Unsweetened Applesauce, Apple, 4.5 oz cup	4.5	128	FG	60	0	0.0%	0.0	0.0%	10	2	12	9.4%	yes	yes	yes	Thurston	Code FFASU1150MUS01; Case UPC Case (72 count) 100-37323-11841-6	1/2/24	X	X	
Knouse Foods	Musselman's Unsweetened Cinnamon Applesauce, 4.5 oz cup	4.5	128	FG	60	0	0.0%	0.0	0.0%	10	2	12	9.4%	yes	yes	yes		Code FASU1402MUS01 (18102); Case (96 count) UPC 100-37323-18102-1	1/2/24	X	X	
Knouse Foods	Musselman's Unsweetened Mixed Berry Applesauce, 4.5 oz cup	4.5	128	FG	60	0	0.0%	0.0	0.0%	10	2	12	9.4%	yes	yes	yes	American Patriot Sales	UPC 0-03732-31146-1; Case (72 count) UPC 100-37323-11461-6	1/2/24	X	X	
Knouse Foods	Musselman's Unsweetened Strawberry Applesauce, 4.5 oz cup	4.5	128	FG	60	0	0.0%	0.0	0.0%	10	2	12	9.4%	yes	yes	yes	Thurston	Code FASU1403MUS01; Case (96 count) UPC 100-37323-18103-8	1/2/24	X	X	
Materne North America Corp.	GoGo Squeeze Fruit Blend Snack Apple Apple, 1 pouch, 90 grams	3.17	90	FG	70	0.0	0.0%	0.0	0.0%	10	3	13	14.5%	yes	yes	yes	MP&M Vending LLC	UPC 8-90000-00100-4; Case (18 count) UPC 008-48860-0055-2	3/11/25	X	X	X
Materne North America Corp.	GoGo Squeeze Fruit Blend Snack Apple Cinnamon, 1 pouch, 90 grams	3.17	90	FG	70	0.0	0.0%	0.0	0.0%	10	3	13	14.5%	yes	yes	yes	MP&M Vending LLC	UPC 8-90000-00104-2; Case (18 count) UPC 008-48860-00182-5	3/11/25	X	X	X
McCain	McCain 1/4 inch Shoestring Cut Extra Long French Fries, 2.25 oz (1/2 cup) baked serving from bulk bag	2.25	64	FG	80	3.0	33.8%	0.0	0.0%	15	1	<1	0.0%	yes	yes	yes	Thurston	Code MCX01. UPC 0-72714-24001-0; Case (six 4.5 pound bags) UPC 100-72714-24001-7. <b>Approval is for BAKED product only.</b>	1/4/24	X	X	
McCain	McCain 3/8" Straight Cut Extra Long French Fries, 2.25 oz (1/2 cup) baked serving from bulk bag	2.25	64	FG	70	2.0	25.7%	0.0	0.0%	15	1	<1	0.0%	yes	yes	yes	HPC, PFG Springfield, Sysco CT, Thurston	Code MCX40; Case (six 5-pound bags) UPC 100-72714-24040-6	1/4/24	X	X	
McCain	McCain All American Deli Roasters Seasoned Diced Potatoes, 3.05 oz (1/2 cup) baked serving from bulk bag	3.05	86	FG	120	3.0	22.5%	0.0	0.0%	90	2	0	0.0%	yes	yes	yes	HPC, PFG Springfield, Sysco CT, Thurston	Code MCF03927; Case (six 5-pound bags) UPC 100-72714-83927-3. <b>Approval is for BAKED product only.</b>	1/4/24	X	X	

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McCain	McCain Crispy Bakeable Seasoned Fries, 2.4 oz (1/2 cup) baked serving from bulk bag	2.4	68	FG	100	3.5	31.5%	0.0	0.0%	150	<1	0	0.0%	yes	yes	yes	HPC, PFG Springfield, Sysco CT, Thurston	Code MCX04717; Case (six 5-pound bags) UPC 100-72714-04717-3. <b>Approval is for BAKED product only.</b>	1/4/24	X	X	X
McCain	McCain Farmer's Kitchen Chopped Roasted Redskin Potatoes with Rosemary & Garlic, 3.12 oz (1/2 cup) baked serving from bulk bag	3.12	88	FG	70	0.5	6.4%	0.0	0.0%	90	1	<1	0.0%	yes	yes	yes	HPC, PFG Springfield, Sysco CT, Thurston	Code MCF04851; Case (four 4-pound bags) UPC 100-72714-04851-4. <b>Approval is for BAKED product only.</b>	1/4/24	X	X	
McCain	McCain Farmer's Kitchen Chopped Roasted Redskin Potatoes with Rosemary & Garlic, 3.12 oz (1/2 cup) baked serving from bulk bag	3.14	89	FG	100	2.0	18.0%	0.0	0.0%	180	2	2	2.2%	yes	yes	yes	HPC, PFG Springfield, Sysco CT, Thurston	Code MCF04851; Case (four 4-pound bags) UPC . <b>Approval is for BAKED product only.</b>	1/4/24	X	X	
McCain	McCain Harvest Splendor Sweet Potato Cross Trax Cut Fries, 3.02 oz (1/2 cup) baked serving from bulk bag	3.02	86	FG	160	6.0	33.8%	1.0	5.6%	190	1	8	0.0%	yes	yes	yes	HPC, PFG Springfield, Sysco CT, Thurston	Code MCF05074. Case (six 15-pound bags) UPC 100-72714-05074-6. <b>Approval is for BAKED product only.</b>	1/4/24	X	X	
McCain	McCain Ovations Reduced Sodium 3/8" Crinkle Cut French Fries, 2.06 oz (1/2 cup) baked serving from bulk bag	2.06	58	FG	90	3.5	35.0%	0.5	5.0%	25	<1	0	0.0%	yes	yes	yes	HPC, PFG Springfield, Sysco CT, Thurston	Code MCF03761; Case (six 5-pound bags) UPC 100-72714-93761-0. <b>Approval is for BAKED product only.</b>	1/4/24	X	X	
McCain	Ore-Ida Reduced Sodium Tater Tots Shaped Potatoes, 2.52 oz (1/2 cup) baked serving from bulk bag	2.52	71	FG	90	3.5	35.0%	0	0.0%	160	2	<1	0.0%	yes	yes	yes	HPC, Thurston	Code 1000002789; Case (six 5-pound bags)	1/4/24	X	X	
National Food Group	Zee Zee's Chili Lime Cruncherz Roasted Chickpeas, individually wrapped,0.75 oz package	0.75	21	FG	100	3	27.0%	0	0.0%	120	4	1	4.7%	yes	yes	yes	Ace Endico, National Food Group, Thurston, Gordon Food Service	Item Number 617613; Case (250 count) UPC 208-10358-03255-4	1/16/24	X	X	X
National Food Group	Zee Zee's Fava Bean Crisps, Churro, individually wrapped, 1.5 oz package	1.5	43	FG	190	7	33.2%	1	4.7%	30	12	4	9.4%	yes	yes	yes	Ace Endico, National Food Group, Thurston, Gordon Food Service	Item Number 622356; Case (175 count) UPC 208-10358-03506-7	1/16/24	X	X	X
National Food Group	Zee Zee's Ranch Cruncherz Roasted Chickpeas, individually wrapped,0.75 oz package	0.75	21	FG	100	3	27.0%	0	0.0%	75	4	1	4.7%	yes	yes	yes	Ace Endico, National Food Group, Thurston, Gordon Food Service	Item Number 617612; Case (250 count) UPC 208-10358-03254-7	1/16/24	X	X	X
National Food Group	Zee Zee's Roasted Chickpeas, Kettle Corn, individually wrapped,0.75 oz package	0.75	21	FG	90	2.5	25.0%	0	0.0%	110	5	2	9.4%	yes	yes	yes	Ace Endico, National Food Group, Thurston, Gordon Food Service	Item Number 621356; Case (250 count) UPC 208-10358-03431-2	1/16/24	X	X	X

List of Acceptable Foods and Beverages  
List 11: Fruits and Vegetables

List 11: Fruits and Vegetables includes commercial products that meet the CNS fruits and vegetables category, such as fresh, frozen, canned, and dried fruits and vegetables.

Exempt from all CNS nutrient standards: 1) fresh and frozen fruits and vegetables with no added ingredients except water; 2) canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup, or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and fats (including chemically altered fat substitutes); and 3) low sodium/no salt added canned vegetables with no added fats, nonnutritive sweeteners, or sugar alcohols. These foods are identified in the "Product code and notes" column below.

Exempt from sugars standards: Dried whole fruits or vegetables, dried whole fruit or vegetable pieces, and dehydrated fruits or vegetables, all without added sweeteners (including nutritive sweeteners, nonnutritive sweeteners, and sugar alcohols), and fats (including (including chemically altered fat substitutes). These products are identified as "100% fruit and exempt for sugars standards" in the "Product code and notes" column.

Better Choice Recommendations																						
Manufacturer	Food item description	Package or serving size (ounces)	Weight (grams [g])	General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	Calories: ≤200	Fat (g)	% Calories from fat: ≤35%	Saturated fat (g)	% Calories from Saturated fat: <10%	Sodium (mg): ≤200 mg	Fiber (g)	Total sugars (g): ≤15 g	% Sugars by weight: ≤35%	Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	Standard met: No chemically altered fat substitutes	Standard met: No caffeine	Vendors	Product code and notes	Review date	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
National Food Group	Zee Zee's Sea Salt Cruncherz Roasted Chickpeas, individually wrapped,0.75 oz package	0.75	21	FG	90	3	30.0%	0	0.0%	140	4	1	4.7%	yes	yes	yes	Ace Endico, National Food Group, Thurston, Gordon Food Service	Item Number 617611; Case (250 count) UPC 208-10358-03253-0	1/16/24	X	X	X
Peterson Farms	Apple Sauce Cinnamon, Unsweetened, 1/2 cup pouch	4.44	126	FG	60	0	0.0%	0	0.0%	0	1	11	8.7%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #ASA10038; UPC 8-82266-10094-2; Case (108 count)	9/19/24	X	X	
Peterson Farms	Apple Sauce Original, Unsweetened, 1/2 cup pouch	4.44	126	FG	50	0	0.0%	0	0.0%	0	<1	12	9.5%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG#ASA10037; UPC 8-82266-10093-5; Case (108 count)	9/19/24	X	X	X
Peterson Farms	Apple Sauce Strawberry, Unsweetened, 1/2 cup pouch	4.44	126	FG	60	0	0.0%	0	0.0%	0	1	11	8.7%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #ASA10039; UPC 8-82266-10095-9; Case (108 count)	9/19/24	X	X	
Peterson Farms	Treats Apple Sauce Birthday Cake, Unsweetened, 4.5 oz plastic cup	4.5	128	FG	50	0.00	0.0%	0.00	0.0%	0	1	12	9.4%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #ASA10027; Case (96 count) UPC 8-82266-10075-1	9/19/24	X	X	
Peterson Farms	Treats Apple Sauce Blue Raspberry, Unsweetened, 4.5 oz plastic cup	4.5	128	FG	50	0.00	0.0%	0.00	0.0%	0	1	12	9.4%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #ASA10008; Case (96 count) UPC 8-82266-10072-0	9/19/24		X	
Peterson Farms	Treats Apple Sauce Cinnamon, Unsweetened, 4.5 oz	4.5	128	FG	50	0.00	0.0%	0.00	0.0%	0	1	12	9.4%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #ASA10013; Case (96 count) UPC 8-82266-10065-2	9/19/24	X	X	
Peterson Farms	Treats Apple Sauce Mixed Berries, Unsweetened, 4.5 oz plastic cup	4.5	128	FG	60	0.00	0.0%	0.00	0.0%	0	1	12	9.4%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #ASA10020; Case (96 count) UPC 8-82266-10070-6	9/19/24	X	X	
Peterson Farms	Treats Apple Sauce Original,Unsweetened, 4.5 oz plastic cup	4.5	128	FG	50	0.00	0.0%	0.00	0.0%	0	1	12	9.4%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #ASA10001; Case (96 count) UPC 8-82266-10064-5	9/19/24	X	X	
Peterson Farms	Treats Apple Sauce Peach, Unsweetened, 4.5 oz plastic cup	4.5	128	FG	60	0.00	0.0%	0.00	0.0%	5	1	12	9.4%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #ASA10017; Case (96 count) UPC 8-82266-10068-3	9/19/24	X	X	
Peterson Farms	Treats Apple Sauce Sour Apple, Unsweetened, 4.5 oz plastic cup	4.5	128	FG	60	0.00	0.0%	0.00	0.0%	0	2	12	9.4%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #ASA10028; Case (96 count) UPC 8-82266-10077-5	9/19/24	X	X	

List of Acceptable Foods and Beverages

List 11: Fruits and Vegetables

List 11: Fruits and Vegetables includes commercial products that meet the CNS fruits and vegetables category, such as fresh, frozen, canned, and dried fruits and vegetables.

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Exempt from sugars standards: Dried whole fruits or vegetables, dried whole fruit or vegetable pieces, and dehydrated fruits or vegetables, all without added sweeteners (including nutritive sweeteners, nonnutritive sweeteners, and sugar alcohols), and fats (including (including chemically altered fat substitutes). These products are identified as "100% fruit and exempt for sugars standards" in the "Product code and notes" column.

Better Choice Recommendations																						
Manufacturer	Food item description	Package or serving size (ounces)	Weight (grams [g])	General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	Calories: ≤200	Fat (g)	% Calories from fat: ≤35%	Saturated fat (g)	% Calories from Saturated fat: <10%	Sodium (mg): ≤200 mg	Fiber (g)	Total sugars (g): ≤15 g	% Sugars by weight: ≤35%	Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	Standard met: No chemically altered fat substitutes	Standard met: No caffeine	Vendors	Product code and notes	Review date	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
Peterson Farms	Treats Apple Sauce Sour Cherry, Unsweetened, 4.5 oz plastic cup	4.5	128	FG	70	0.00	0.0%	0.00	0.0%	0	2	13	10.2%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #ASA10046; Case (96 count) UPC 8-82266-10096-6	9/19/24	X	X	
Peterson Farms	Treats Apple Sauce Strawberry Banana, Unsweetened, 4.5 oz plastic cup	4.5	128	FG	60	0.00	0.0%	0.00	0.0%	0	2	12	9.4%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #ASA10015; Case (96 count) UPC 8-82266-10067-6	9/19/24	X	X	
Peterson Farms	Treats Apple Sauce Strawberry, Unsweetened, 4.5 oz plastic cup	4.5	128	FG	60	0.00	0.0%	0.00	0.0%	0	1	11	8.6%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #ASA10014; Case (96 count) UPC 8-82266-10066-9	9/19/24	X	X	
Peterson Farms	Treats Apple Sauce Watermelon, Unsweetened, 4.5 oz plastic cup	4.5	128	FG	50	0.00	0.0%	0.00	0.0%	0	1	12	9.4%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #ASA10018; Case (96 count) UPC 8-82266-10073-7	9/19/24	X	X	
Peterson Farms	Treats Apple Slices, 1.5 cup serving from bulk 1-pound bag	4.94	140	FG	70	0	0.0%	0	0.0%	0	4	15	10.7%	yes	yes	yes	Ace Endico, Driscoll, Thurston	Bulk 1 pound UPC 8-82266-10050-8; Case (10 count) 208-82266-10050-2	12/29/23	X	X	X
Peterson Farms	Treats Apple Slices, 2 oz bag	2	57	FG	30	0.00	0.0%	0.00	0.0%	0	1	6	10.6%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #203102; Case (100 count) UPC 8-82266-11002-6	12/29/23	X	X	
Peterson Farms	Treats Apple Slices, 3 oz bag	3	85	FG	45	0	0.0%	0	0.0%	0	2	9	10.6%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #203120; UPC 8-82266-10048-5; Case (100 count) 108-82266-10051-5	12/29/23	X	X	
Peterson Farms	Treats Apple Slices, 4 oz bag	4	113	FG	60	0	0.0%	0	0.0%	0	3	12	10.6%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #203108; Commodity MFG #210006; Case (75 count) UPC 8-82266-10062-1	12/29/23	X	X	X
Peterson Farms	Treats Green Apple Slices, 2 oz bag	2	57	FG	30	0.00	0.0%	0.00	0.0%	0	2	5	8.8%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #203127; Case (100 count) UPC 8-82266-10047-8	12/29/23	X	X	
Promotion in Motion, Inc.	Welch's Fruit Snacks with Fiber, Berries N Cherries, 1.55 oz package	1.55	44	FG	130	0	0.0%	0	0.0%	15	3	15	34.1%	yes	yes	yes		UPC 0-34856-01592-5; Case (144 count) UPC 100-34856-14492-9	1/18/24		X	X
Promotion in Motion, Inc.	Welch's Fruit Snacks with Fiber, Mixed Fruit, 1.55 oz package	1.55	44	FG	130	0	0.0%	0	0.0%	15	3	15	34.1%	yes	yes	yes		UPC 0-34856-01598-7; Case (144 count) UPC 100-34856-14498-1	1/18/24		X	X



List of Acceptable Foods and Beverages  
List 11: Fruits and Vegetables

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Exempt from sugars standards: Dried whole fruits or vegetables, dried whole fruit or vegetable pieces, and dehydrated fruits or vegetables, all without added sweeteners (including nutritive sweeteners, nonnutritive sweeteners, and sugar alcohols), and fats (including (including chemically altered fat substitutes). These products are identified as "100% fruit and exempt for sugars standards" in the "Product code and notes" column.

Better Choice Recommendations																						
Manufacturer	Food item description	Package or serving size (ounces)	Weight (grams [g])	General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	Calories: ≤200	Fat (g)	% Calories from fat: ≤35%	Saturated fat (g)	% Calories from Saturated fat: <10%	Sodium (mg): ≤200 mg	Fiber (g)	Total sugars (g): ≤15 g	% Sugars by weight: ≤35%	Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	Standard met: No chemically altered fat substitutes	Standard met: No caffeine	Vendors	Product code and notes	Review date	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
Red Gold, LLC	Red Gold Marinara Sauce Dipping Cup, 2.5 oz cup	2.5	71	FG	40	0	0.0%	0	0.0%	200	2	4	5.6%	yes	yes	yes	HPC, Thurston	Code REDNA2Z; Case (84 count) UPC 800-72940-82207-9	12/22/23	X	X	
Red Gold, LLC	Red Gold Mild Salsa Dipping Cup, 3 oz plastic cup	3	85	FG	25	0	0.0%	0	0.0%	195	0	3	3.5%	yes	yes	yes	HPC, Thurston	UPC 0-07294-01113-9; Case (168 count) UPC 400-72940-11139-7	1/10/24	X	X	
Sun-maid	Raisins, 1.33 oz box	1.33	38	FG	120	0	0.0%	0	0.0%	5	2	27	71.6%	yes	yes	yes	HPC, Thurston	Item 5970; Case (144 count) UPC 0-40202-0000-0. 100% fruit and exempt for sugars standards.	12/28/23	X	X	
Sun-maid	Sour Raisin Snacks, Mixed Berry, 1.33 oz package	1.33	38	FG	110	0	0.0%	0	0.0%	10	2	24	63.7%	yes	yes	yes	Waypoint	Item 5088; Case (200 count) UPC 100-41143-05088-7. 100% fruit and exempt for sugars standards.	12/28/23	X	X	
Sun-maid	Sour Raisin Snacks, Strawberry, 1.33 oz package	1.33	38	FG	110	0	0.0%	0	0.0%	10	2	24	63.7%	yes	yes	yes	Waypoint	Item 5086. Case (200 count). 100% fruit and exempt for sugars standards.	12/28/23	X	X	
Sun-maid	Sour Raisin Snacks, Strawberry, 1.33 oz package	1.33	38	FG	110	0	0.0%	0	0.0%	10	2	24	63.7%	yes	yes	yes	Waypoint	Item 5086; Case (200 count). 100% fruit and exempt for sugars standards.	12/28/23	X	X	
Sun-maid	Sour Raisin Snacks, Watermelon, 1.33 oz package	1.33	38	FG	110	0	0.0%	0	0.0%	10	2	24	63.7%	yes	yes	yes	Waypoint	Item 5087; Case (200 count) UPC 100-41143-05087-0. 100% fruit and exempt for sugars standards.	12/28/23	X	X	
That's It	Crunchables, Apple + Blueberry Crunchables, 0.35 oz pouch	0.35	10	FG	40	0	0.0%	0	0.0%	40	2	7	70.5%	yes	yes	yes	That's It	Item Number 4404BL-300; UPC 8-10090-99137-5; Case (300 count) UPC 108-10090-99136-2. 100% fruit and exempt for sugars standards.	7/25/24	X	X	
That's It	Crunchables, Apple + Cinnamon Crunchables, 0.35 oz pouch	0.35	10	FG	40	0	0.0%	0	0.0%	40	2	7	70.5%	yes	yes	yes	That's It	Item Number 4404AP-300; UPC 8-10090-99129-0; Case (300 count) UPC 108-10090-99129-7. 100% fruit and exempt for sugars standards.	7/25/24	X	X	
That's It	Crunchables, Apple + Strawberry Crunchables, 0.35 oz pouch	0.35	10	FG	40	0	0.0%	0	0.0%	40	2	7	70.5%	yes	yes	yes	That's It	Item Number 4404ST-300; UPC 8-10090-99136-8; Case (300 count) UPC 108-10090-99136-5. 100% fruit and exempt for sugars standards.	7/25/24	X	X	
That's It	Crunchables, Apple Crunchables, 0.35 oz pouch	0.35	10	FG	40	0	0.0%	0	0.0%	0	2	7	70.5%	yes	yes	yes	That's It	Item Number 4404CN-300; UPC 8-10090-99135-1; Case (300 count) UPC 108-10090-99135-8. 100% fruit and exempt for sugars standards.	7/25/24	X	X	



List of Acceptable Foods and Beverages

List 11: Fruits and Vegetables

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Better Choice Recommendations																						
Manufacturer	Food item description	Package or serving size (ounces)	Weight (grams [g])	General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	Calories: ≤200	Fat (g)	% Calories from fat: ≤35%	Saturated fat (g)	% Calories from Saturated fat: <10%	Sodium (mg): ≤200 mg	Fiber (g)	Total sugars (g): ≤15 g	% Sugars by weight: ≤35%	Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	Standard met: No chemically altered fat substitutes	Standard met: No caffeine	Vendors	Product code and notes	Review date	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
That's It	Fruit Bar Mini, Apple MiniFruit Bar, 0.8 oz bar	0.8	23	FG	70	0	0.0%	0	0.0%	15	1	12	52.9%	yes	yes	yes	That's It	Item Number 1504AP-300; UPC 8-10090-991276; Case (300 count) UPC 108-10090-99127-3. 100% fruit and exempt for sugars standards.	8/2/24	X	X	
That's It	Fruit Bar Mini, Apple MiniFruit Bar, 0.8 oz bar	0.8	23	FG	70	0	0.0%	0	0.0%	15	1	12	52.9%	yes	yes	yes	That's It	Item Number 1504AP-300; UPC 8-10090-991276; Case (300 count) UPC 108-10090-99127-3. 100% fruit and exempt for sugars standards.	8/2/24	X	X	
That's It	Fruit Bar, Apple + Banana Fruit Bar, 1.08 oz bar	1.08	31	FG	90	0	0.0%	0	0.0%	15	2	17	55.5%	yes	yes	yes	That's It	Item Number 1504BA-250; UPC 8-10090-99126-9; Case (300 count) UPC 108-10090-99126-6. 100% fruit and exempt for sugars standards.	7/25/24	X	X	
That's It	Fruit Bar, Apple + Cinnamon Fruit Bar, 1.08 oz bar	1.08	31	FG	90	0	0.0%	0	0.0%	25	2	17	55.5%	yes	yes	yes	That's It	Item Number 1504CN-250; UPC 8-10090-99134-1; Case (300 count) UPC 108-10090-99134-4. 100% fruit and exempt for sugars standards.	7/25/24	X	X	
That's It	Fruit Bar, Apple + Mango Fruit Bar, 1.08 oz bar	1.08	31	FG	90	0	0.0%	0	0.0%	15	2	15	49.0%	yes	yes	yes	That's It	Item Number 1504MG-250; UPC 8-10090-99128-3; Case (300 count) UPC 108-10090-99128-0. 100% fruit and exempt for sugars standards.	7/25/24	X	X	