## List of Acceptable Foods and Beverages

## LIST 11 FRUITS AND VEGETABLES

This list includes commercial fruit and vegetable products that comply with the Connecticut Nutrition Standards (CNS). Foods are evaluated for compliance with the CNS based on the amount as served including any added accompaniments such as butter, margarine, oil, sugar, salad dressings, dips, ketchup and mustard, e.g., carrots with dip, salad with low-fat dressing, French fries with ketchup and vegetables cooked with oil. The Connecticut State Department of Education (CSDE) encourages schools to review the nutrient content of allowable products, and select the most nutrient-rich products that also meet the "Better Choice "recommendations (refer to the green and white columns on the right). The CSDE strongly encourages schools to offer a la carte food choices that include a variety of minimally processed and naturally nutrient-rich whole foods such as fruits, vegetables, whole grains, low-fat or nonfat dairy, lean meats and legumes.

Product formulations and packaging can change. The nutrition information below is based on the package label or manufacturer information supplied at the time of product review. If this information does not match the product label, please submit the product's nutrition information to the CSDE following the guidance in Submitting Food and Beverage Products for Approval.

The CSDE's List of Acceptable Foods and Beverages webpage is updated regularly and is subject to change. To assist in identifying new items added since the previous edition of this list, the manufacturer and food item (first two columns) of all new items are highlighted in pink. For contact information for listed vendors, refer to the CSDE's Contact Information for Vendors.

Note: The approval below is only for the product exactly as listed. If the product is sold a la carte combined with any accompaniments (e.g., butter, margarine, oil, sugar, salad dressings, dips, ketchup, and mustard), the nutrition information for the accompaniments must be added to the nutrition information for the fruit/vegetable item to determine if the serving still complies with the CNS (refer to the CSDE's CNS worksheets). This documentation must be maintained on file by the district and be available upon request for the CSDE's annual Healthy Food Certification (HFC) documentation review.

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	ND VEGETABL	_ES,		with no added i	ngredients e ts (including	xcept w chemica	ater or that are ally altered fat	e packed in 1 substitutes);	00 percent j and 3) low s	uice, extr	ra light syrup, c o salt added ca	or light syrup	o, all witho ables with	ut added a	rtificial swe	ded ingredients e eteners, nonnutr utritive sweetene	itive sweeteners	or sugar	The followin products are sugars stan vegetables,	s to Sugar Standards: g fruit and vegetable e exempt from the CNS dard: dried whole fruits or dried whole fruit or vegetable dehydrated fruits or		Reco Choose	etter Choi ommenda products ti ecommenda	tions that meet
canned, ar	resh, frozen, nd dried			1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	No chemically altered fat substitutes	No caffeine	vegetables (including n nonnutritive	all without added sweeteners utritive sweeteners, sweeteners, and sugar id fats (including chemically		or colors	corn syrup	of fiber
Manufacturer		Package or serving size	Weight (g)	General Standard met	Calories	Fat (g)	% Calories from fat	Saturated fat (g)		Trans fat (g)	t Standard met	Sodium (mg)	Fiber (g)	Total sugars (g)	% Sugars by weight	Standard met	Standard met	Standard met	Vendors	Product code and notes	Review date	No artificial flavors	No high fructose cc	At least 2.5 grams
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Raspberry, 1.3 oz bag	1.3 oz	37	FG	110	0.0	0.0%	0.0	0.0%	0	yes	10	2	22	59.7%	yes	yes	yes	Thurston	UPC 8-52661-00598-2; Case (250 count) UPC 008-52661-00598-2; 100% dried fruit	1/17/24	x	x	
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Sour Lemon, 1.3 oz bag	1.3 oz	37	FG	110	0.0	0.0%	0.0	0.0%	0	yes	10	2	22	59.7%	yes	yes	yes	Thurston	UPC 8-52661-00506-7; Case (250 count) 208- 52661-00506-5; <b>100%</b> dried fruit	1/17/24	x	x	
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Sour Peach, 1.3 oz bag	1.3 oz	37	FG	110	0.0	0.0%	0.0	0.0%	0	yes	10	2	22	59.7%	yes	yes	yes	Thurston	UPC 8-52661-00502-9; Case (250 count) 208- 52661-00502-3; <b>100%</b> dried fruit	1/17/24	x	x	

									F	RUITS	AND VEC	GETABL	ES											
	ND VEGETAB	LES,		with no added	ingredients e its (including	except w	vater or that are ally altered fat	e packed in 10 substitutes); a	00 percent j and 3) low s	uice, extr	a light syrup, o salt added ca	or light syrup	o, all witho ables with	out added a	artificial swe	ded ingredients e eteners, nonnutr utritive sweetener	tive sweeteners	or sugar	The following products are sugars stand vegetables,	to Sugar Standards: g fruit and vegetable exempt from the CNS dard: dried whole fruits or dried whole fruit or vegetable dehydrated fruits or		Reco Choose	etter Cho ommenda products ecommend	ations that meet
canned, ar				1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	No chemically altered fat substitutes	No caffeine	vegetables a (including nu nonnutritive	Il without added sweeteners tritive sweeteners, sweeteners, and sugar d fats (including chemically		or colors	orn syrup	of fiber
Manufacturer	Food item	Package or serving size	Weight (g	General Standard ) met	Calories	Fat (g)		Saturated fat (g)	% Calories from saturated fat	Trans fat (g)	Standard met	Sodium (mg)	Fiber (g)	Total sugars (g)	% Sugars ) by weight	Standard met	Standard met	Standard met	Vendors	Product code and notes	Review date	No artificial flavors	No high fructose corn syrup	At least 2.5 grams
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Orange, 1.3 oz bag	1.3 oz	37	FG	110	0.0	0.0%	0.0	0.0%	0	yes	10	2	22	59.7%	yes	yes	yes	Thurston	UPC 8-52661-00501-2; Case (250 count) 208- 52661-00501-6; <b>100%</b> dried fruit	1/17/24	x	x	
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Sour Pineapple, 1.3 oz bag	1.3 oz	37	FG	110	0.0	0.0%	0.0	0.0%	0	yes	10	2	22	59.7%	yes	yes	yes	Thurston	UPC 8-52661-00507-4; Case (250 count) 208- 52661-00507-8; <b>100%</b> dried fruit	1/17/24	x	x	
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Sour Watermelon, 1.3 oz bag	1.3 oz	37	FG	110	0.0	0.0%	0.0	0.0%	0	yes	10	2	22	59.7%	yes	yes	yes	Thurston	UPC 8-52661-00599-9; Case (250 count) UPC 008-52661-00599-9; 100% dried fruit	1/17/24	x	x	
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Strawberry, 1.3 oz bag	1.3 oz	37	FG	110	0.0	0.0%	0.0	0.0%	0	yes	10	2	22	59.7%	yes	yes	yes	Thurston	UPC 8-52661-00503-6; Case (250 count) 208- 52661-00503-0; <b>100%</b> dried fruit	7/31/15	x	x	
Azar Nut Company	Power Snack Raisins, 1.3 oz bag	1.3 oz	37	FG	110	0.00	0.0%	0.00	0.0%	0.00	yes	7	2	22	59.7%	yes	yes	yes	AJ Letizio	Case (144 count) UPC 100-76500-72255-8	9/1/23	x	x	
Creative Food Innovations	Go'Bonzo's Roasted & Seasoned Chickpeas, Chili Citrus, 0.75 oz bag	0.75 oz	21	FG	90	2	20.0%	0	0.0%	0	yes	105	8	0	0.0%	yes	yes	yes	Creative Food Innovations	Item 03-CF144; UPC 8- 55270-005091; Case (250 count)	12/22/23	x	x	×

									F	RUITS	AND VEC	GETABL	ES											
	1) Whole Grain-Rich No artificial													itive sweeteners	or sugar	The following products are sugars stand vegetables,	s to Sugar Standards: g fruit and vegetable e exempt from the CNS dard: dried whole fruits or dried whole fruit or vegetable dehydrated fruits or		Reco Choose	etter Cho ommenda products ecommend	ations that meet			
canned, a	Standards Standards   'resh, frozen, d dried I) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF) Image: Comparison of the compa													No caffeine	vegetables a (including nu nonnutritive	all without added sweeteners utritive sweeteners, sweeteners, and sugar d fats (including chemically		or colors	ım syrup	of fiber				
Manufacturer	Food item	Package or serving size	Weight (g)	General Standard met	Calories	Fat (g)	% Calories from fat	Saturated fat (g)	% Calories from saturated fat	Trans fat (g)	Standard met	Sodium (mg)	Fiber (g)	Total sugars (g)	% Sugars by weight	Standard met	Standard met	Standard met	Vendors	Product code and notes	Review date	No artificial flavors	No high fructose corn syrup	At least 2.5 grams o
Creative Food Innovations	Go'Bonzo's Roasted & Seasoned Chickpeas, Cool Ranch, 0.75 oz bag	0.75 oz	21	FG	90	2	20.0%	0	0.0%	0	yes	105	8	0	0.0%	yes	yes	yes	Creative Food Innovations	Item 03-CF142; UPC 8- 55270-00506-0; Case (250 count) UPC 108- 55270-00506-7	12/22/23	x	x	x
Creative Food Innovations	Go'Bonzo's Roasted & Seasoned Chickpeas, It's Pizza, 0.75 oz bag	0.75 oz	21	FG	90	2	20.0%	0	0.0%	0	yes	100	8	0	0.0%	yes	yes	yes	Creative Food Innovations	Item 03-CF212; UPC 8- 55270-00510-7; Case (250 count) UPC 108- 55270-00510-4	12/22/23	x	x	x
Creative Food Innovations	Go'Bonzo's Roasted & Seasoned Chickpeas, It's Pizza, 1.5 oz bag	1.5 oz	43	FG	180	4	20.0%	0	0.0%	0	yes	200	16	1	2.4%	yes	yes	yes	Creative Food Innovations	Item 03-CF213; UPC 8- 55270-00516-9; Case (125 count) UPC 108- 55270-00516-6	12/22/23	x	x	×
Creative Food Innovations	Go'Bonzo's Roasted & Seasoned Chickpeas, Lightly Salted, 0.75 oz bag	9 0.75 oz	21	FG	90	2	20.0%	0	0.0%	0	yes	130	8	0	0.0%	yes	yes	yes	Creative Food Innovations	Item 03-CF141; UPC 8- 55270-00505-3; Case (250 count) UPC 108- 55270-00505-0	12/22/23	x	x	x

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	ND VEGETABI fresh, frozen,	LES,		with no added	ingredients e ats (including	except wa chemica	ater or that an ally altered fat	e packed in 1 substitutes);	00 percent j and 3) low s	uice, extr	a light syrup, o o salt added ca	or light syrup	o, all without tables with	ut added a	rtificial swe	ded ingredients e eteners, nonnutr utritive sweetener	itive sweeteners	or sugar	The following products are sugars stand vegetables,	s to Sugar Standards: g fruit and vegetable e exempt from the CNS dard: dried whole fruits or dried whole fruit or vegetable dehydrated fruits or		Reco Choose p	etter Choi ommendat products t commendat	tions that meet
canned, a				1) Whole Grain-Ricf (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	No chemically altered fat substitutes	No caffeine	vegetables a (including nu nonnutritive	all without added sweeteners tritive sweeteners, sweeteners, and sugar d fats (including chemically		s or colors	corn syrup	of fiber
Manufacturer	Food item	Package or serving size	Weight (g	General Standard ) met	Calories	Fat (g)	% Calories from fat	Saturated fat (g)	% Calories from saturated fat	Trans fat (g)	Standard met	Sodium (mg)	Fiber (g)	Total sugars (g)	% Sugars by weight	Standard met	Standard met	Standard met	Vendors	Product code and notes	Review date	No artificial flavors	No high fructose c	At least 2.5 grams
Creative Food Innovations	Go'Bonzo's Roasted & Seasoned Chickpeas, Spicy Nacho, 0.75 oz bag	0.75 oz	21	FG	90	2	20.0%	0	0.0%	0	yes	105	8	0	0.0%	yes	yes	yes	Creative Food Innovations	Item 03-CF143 (250/0.75 oz); Case UPC 108- 55270-00507-4	12/22/23	x	x	x
Dole	Dole 4 oz plastic cup, Diced Pears in 100% Juice	4 oz	113	FG	70	0.0	0.0%	0.0	0.0%	0	yes	0	3	13	11.5%	yes	yes	yes	Superior Vending	Item 03019; Case (36 count) UPC 100-38900- 03019-0	1/4/24	x	x	x
Dole	Dole 4 oz plastic cup, Diced Peaches in 100% Juice	4 oz	113	FG	60	0.0	0.0%	0.0	0.0%	0	yes	0	1	12	10.6%	yes	yes	yes	Superior Vending	Item 03073; Case (36 count) UPC 100-38900- 03073-2	1/4/24	x	x	
Dole	Dole 4 oz plastic cup, Mandarin Oranges in 100% juice	4 oz	113	FG	70	0.0	0.0%	0.0	0.0%	0	yes	0	1	14	12.3%	yes	yes	yes	BBI Inc, Vistar	Item 04208; Case UPC 0- 38900-04226-4; Case (36 count) UPC 100-38900- 04208-7	1/4/24	x	x	
Dole	Dole 4 oz plastic cup, Mixed Fruit in 100% Juice	4 oz	113	FG	80	0.0	0.0%	0.0	0.0%	0	yes	5	1	19	16.8%	yes	yes	yes	BBI Inc, Vistar	Item 3044; Case UPC 100-38900-03065-7	7/26/13	x	x	
Dole	Dole 4 oz plastic cup, Pineapple Paradise Pineapple Tidbits in 100% Juice	4 oz	113	FG	60	0.0	0.0%	0.0	0.0%	0	yes	0	1	14	12.3%	yes	yes	yes	BBI Inc, Vistar	Item 00419; Case (36 cont) UPC 100-38900- 00419-1	1/4/24	x	x	

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		with no added	ingredients e Its (including	except watche chemica	ater or that ar ally altered fat	e packed in 1 substitutes);	00 percent j and 3) low s	uice, extr	ra light syrup, o o salt added ca	or light syrup	o, all witho tables with	ut added a	artificial swe	ded ingredients e eteners, nonnutr utritive sweetene	itive sweeteners	or sugar	The followin products are sugars stan vegetables,	s to Sugar Standards: Ing fruit and vegetable the exempt from the CNS dard: dried whole fruits or dried whole fruit or vegetable dehydrated fruits or		Reco Choose	etter Cho ommenda products ecommend	ations that meet		
•	FRUITS AND VEGETABLES, including fresh, frozen, canned, and dried				≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	No chemically altered fat substitutes	No caffeine	vegetables (including n nonnutritive	all without added sweeteners utritive sweeteners, sweeteners, and sugar id fats (including chemically		or colors	om syrup	of fiber
Manufacturer	Food item	Package or serving size	Weight (g)	General Standard met	Calories	Fat (g)	% Calories from fat	Saturated fat (g)	% Calories from saturated fat	Trans fat (g)	: Standard met	Sodium (mg)	Fiber (g)	Total sugars (g)	% Sugars by weight	Standard met	Standard met	Standard met	Vendors	Product code and notes	Review date	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams
Dole	Dole 4 oz plastic cup, Tropical Fruit in 100% Juice	4 oz	113	FG	60	0.0	0.0%	0.0	0.0%	0	yes	5	1	13	11.5%	yes	yes	yes	BBI Inc, Vista	Item 03048; Case UPC 38900-03048; Case (36 count) UPC 100-38900- r 03048-0	1/4/24	x	x	
Dole	Dole 7 oz plastic cup, Mandarin Oranges in 100% juice	7 oz	198	FG	120	0.0	0.0%	0.0	0.0%	0	yes	10	2	25	12.6%	yes	yes	yes	BBI Inc, Vista	Item 74206; UPC 0- 38900-74206-5; Case (12 count) 100-38900-74206- r 2	1/4/24	x	x	
Dole	Dole 7 oz plastic cup, Mixed Fruit in 100% Juice	7 oz	198	FG	120	0.0	0.0%	0.0	0.0%	0	yes	5	3	23	11.6%	yes	yes	yes	BBI Inc, Vista	Item 71924; UPC 0- 38900-71924-1; Case (12 count) UPC 100-38900- r 71924-8	1/4/24	x	x	x
Dole	Dole 7 oz plastic cup, Sliced Peaches in 100% Juice	7 oz	198	FG	100	0.0	0.0%	0.0	0.0%	0	yes	5	2	22	11.1%	yes	yes	yes	BBI Inc, Vista	Item 71966; UPC 0- 38900-71966-1; Case (12 count) UPC 100-38900- r 71966-8	1/4/24	x	x	
Dole	Dole 7 oz plastic cup, Tropical Fruit in 100% Juice	7 oz	198	FG	110	0.0	0.0%	0.0	0.0%	0	yes	10	2	24	12.1%	yes	yes	yes	BBI Inc, Vista	Item 79088; UPC 0- 38900-79088-2; Case (12 count) UPC 100-38900- r 79088-9	1/4/24	x	x	
General Mills	Betty Crocker Fruit Roll-ups, Blastin' Berry Hot Colors, 0.5 oz	0.5 oz	14	FG	50	1	18.0%	0.50	9.0%	0	yes	55	2	4	28.2%	yes	yes	yes	HPC, Sysco, Thurston	Code 11566000; UPC 0- 16000-11566-8; Case (96 count) 100-16000-11566- 5	12/21/23	x	x	

									F	RUITS	AND VEC	GETABL	ES											
	ND VEGETABI fresh, frozen,	_ES,		with no added	ingredients e ats (including	except w chemica	ater or that are ally altered fat	e packed in 1 substitutes);	00 percent j and 3) low s	uice, extr	a light syrup, o salt added ca	or light syrup	o, all witho ables with	ut added a	artificial swe	ded ingredients e eteners, nonnutr utritive sweetener	itive sweeteners	or sugar	The followin products are sugars stan vegetables,	s to Sugar Standards: g fruit and vegetable e exempt from the CNS dard: dried whole fruits or dried whole fruit or vegetable dehydrated fruits or		Reco Choose p	etter Choi ommenda products t commend	ations that meet
canned, a				1) Whole Grain-Ricl (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	No chemically altered fat substitutes	No caffeine	vegetables a (including nu nonnutritive	all without added sweeteners utritive sweeteners, sweeteners, and sugar d fats (including chemically		or colors	com syrup	of fiber
Manufacturer		Package or serving size	Weight (g	General Standard ) met	Calories	Fat (g)	% Calories from fat	Saturated fat (g)	% Calories from saturated fat	Trans fat (g)	Standard met	Sodium (mg)	Fiber (g)	Total sugars (g)	% Sugars by weight	Standard met	Standard met	Standard met	Vendors	Product code and notes	Review date	No artificial flavors	No high fructose co	At least 2.5 grams of fibe
General Mills	Betty Crocker Fruit Roll-ups, Crazy Colors, 0.5 oz	0.5 oz	14	FG	50	1	18.0%	0.50	9.0%	0	yes	55	2	4	28.2%	yes	yes	yes	HPC, Sysco, Thurston	Code 11561000; UPC 0- 16000-11561-3; Case (96 count) 100-16000-11561- 0	12/21/23	x	x	
General Mills	Betty Crocker Fruit Roll-ups, Strawberry Blast, 0.5 oz	0.5 oz	14	FG	50	1	18.0%	0.50	9.0%	0	yes	55	2	4	28.2%	yes	yes	yes	HPC, Sysco, Thurston	Code 29162000; UPC 0- 16000-29162-1; Case (96 count) 100-16000-29162- 8	12/21/23	x	x	
General Mills	Betty Crocker Scooby-Doo Fruit Flavored Snacks, 0.9 oz	0.9 oz	26	FG	70	0	0.0%	0	0.0%	0	yes	30	5	8	31.4%	yes	yes	yes	HPC, Sysco, Thurston	Code 11510000; UPC 0- 16000-11510-1; Case (96 count) UPC 100-16000- 11510-8	12/21/23	x	x	x
General Mills	Mott's Fruit- Flavored Snacks, Assorted Fruit, 1.6 oz	1.6 oz	45	FG	130	0	0.0%	0	0.0%	0	yes	65	9	14	30.9%	yes	yes	yes	HPC, Sysco, Thurston	Coe 47954000; UPC 0- 16000-47954-8; Case (144 count) UPC 100- 16000-47954-5	12/21/23	x	x	x
General Mills	Mott's Fruit- Flavored Snacks, Mixed Berry, 1.6 oz	1.6 oz	45	FG	130	0	0.0%	0	0.0%	0	yes	65	9	14	30.9%	yes	yes	yes	HPC, Sysco, Thurston	Code 47953000; UPC 0- 16000-47953-1; Case (144 count) UPC 100- 16000-47953-8	12/21/23	x	x	x
Knouse Foods	Musselman's Squeezables, Unsweetened Applesauce, Applesauce On-the Run, 3.17 oz pouch	3.17 oz	90	FG	45	0	0.0%	0.0	0.0%	0	yes	0	0	8	8.9%	yes	yes	yes	Sysco, Thurston	UPC 0-03732-31178-1; Case (48 COUNT) UPC 200-37323-11781-2	1/11/24	x	x	

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	Exemptions: The following fruits and vegetables are exempt from all nutrient standards: 1) fresh and frozen fruits and vegetables with no added ingredients except water or that are packed in 100 percent juice, extra light syrup, or light syrup, all without added artificial sweeteners, nonnutritive alcohols and fats (including chemically altered fat substitutes); and 3) low sodium/no salt added canned vegetables with no added fats, nonnutritive sweeteners, of foods are identified in the "Product code and notes" column below.   JITS AND VEGETABLES, luding fresh, frozen, uned, and dried General Standards														tive sweeteners	or sugar	The followin products ar sugars star vegetables	ts to Sugar Standards: ng fruit and vegetable e exempt from the CNS ndard: dried whole fruits or dried whole fruit or vegetable		Reco Choose	etter Cho ommenda products ecommend	ations that meet		
		2Cen, Image: Constraint of the second s														No caffeine	vegetables (including r nonnutritive	I dehydrated fruits or all without added sweeteners utritive sweeteners, e sweeteners, and sugar nd fats (including chemically substitutes).		or colors	orn syrup	grams of fiber		
Manufacturer	Food item	Package or serving size	Weight (g)	General Standard	Calories	Fat (g)	% Calories from fat	Saturated fat (g)	from	Trans fat (g)	Standard met	Sodium (mg)	Fiber (g)	Total sugars (g)	% Sugars by weight	Standard met	Standard met	Standard met	Vendors	Product code and notes	Review date	No artificial flavors	No high fructose corn syrup	At least 2.5 grams
Knouse Foods	Musselman's Unsweetened Applesauce, Apple, 2 oz cup	2 oz	57	FG	25	0	0.0%	0.0	0.0%	0	yes	5	1	6	10.6%	yes	yes	yes	Thurston	Code FFASU0150MUS01; Case UPC (144 count) 100-37323-11894-2	1/2/24	x	x	
Knouse Foods	Musselman's Unsweetened Applesauce, Apple, 4.5 oz cup	4.5 oz	128	FG	60	0	0.0%	0.0	0.0%	0	yes	10	2	12	9.4%	yes	yes	yes	Thurston	Code FASU1350MUS01 (11840); Case UPC (96 count) 100-37323-11840- 9	1/2/24	x	x	
Knouse Foods	Musselman's Unsweetened Applesauce, Apple, 4.5 oz cup	4.5 oz	128	FG	60	0	0.0%	0.0	0.0%	0	yes	10	2	12	9.4%	yes	yes	yes	Thurston	Code FFASU1150MUS01; Case UPC Case (72 count) 100-37323-11841- 6	1/2/24	x	x	
Knouse Foods	Musselman's Unsweetened Cinnamon Applesauce, 4.5 oz cup	4.5 oz	128	FG	60	0	0.0%	0.0	0.0%	0	yes	10	2	12	9.4%	yes	yes	yes		Code FASU1402MUS01 (18102); Case (96 count) UPC 100-37323-18102-1	1/2/24	x	x	
Knouse Foods	Musselman's Unsweetened Mixed Berry Applesauce, 4.5 oz cup	4.5 oz	128	FG	60	0	0.0%	0.0	0.0%	0	yes	10	2	12	9.4%	yes	yes	yes	American Patriot Sales	UPC 0-03732-31146-1; Case (72 count) UPC 100- 37323-11461-6	1/2/24	x	x	
Knouse Foods	Musselman's Unsweetened Strawberry Applesauce, 4.5 oz cup	4.5 oz	128	FG	60	0	0.0%	0.0	0.0%	0	yes	10	2	12	9.4%	yes	yes	yes	Thurston	Code FASU1403MUS01; Case (96 count) UPC 100- 37323-18103-8	1/2/24	x	x	

									F	RUITS	AND VEG	ETABL	.ES											
	ND VEGETABI	_ES,		with no added	ingredients e ats (including	except w chemica	ater or that an ally altered fat	e packed in 1 substitutes); ;	00 percent j and 3) low s	juice, extr	a light syrup, o salt added ca	r light syrup nned vege	o, all witho tables with	ut added a	artificial swe	ded ingredients e eteners, nonnutri ttritive sweetener	tive sweeteners	or sugar	The followin products are sugars stan vegetables,	s to Sugar Standards: g fruit and vegetable e exempt from the CNS dard: dried whole fruits or dried whole fruit or vegetable		Reco Choose	etter Choi ommenda products t ecommend	ations that meet
canned, a	fresh, frozen, nd dried			1) Whole Grain-Rick (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	Mutrient Standards   Strain-Rich bod; 2) ups (FG); calories Soft of total calories Soft of														vegetables (including n nonnutritive	dehydrated fruits or all without added sweeteners utritive sweeteners, sweeteners, and sugar id fats (including chemically ubstitutes).		or colors	orn syrup	of fiber
Manufacturer	Food item	Package or serving size	Weight (g	General Standard ) met	Calories	Fat (g)		Saturated fat (g)	from			Sodium (mg)	Fiber (g)			Standard met	Standard met	Standard met	Vendors	Product code and notes	Review date	No artificial flavors	No high fructose corn syrup	At least 2.5 grams
McCain	McCain 1/4 inch Shoestring Cut Extra Long French Fries, 2.25 oz (1/2 cup) baked serving from bulk bag	2.25 oz	64	FG	80	3.0	33.8%	0.0	0.0%	0	yes	15	1	<1	0.0%	yes	yes	yes	Thurston	Code MCX01. UPC 0- 72714-24001-0; Case (six 4.5 pound bags) UPC 100-72714-24001-7. Approval is for BAKED product only.	1/4/24	x	x	
McCain	McCain 3/8" Straight Cut Extra Long French Fries, 2.25 oz (1/2 cup) baked serving from bulk bag	2.25 oz	64	FG	70	2.0	25.7%	0.0	0.0%	0	yes	15	1	<1	0.0%	yes	yes	yes	HPC, PFG Springfield, Sysco CT, Thurston	Code MCX40; Case (six 5 pound bags) UPC 100- 72714-24040-6	1/4/24	x	x	
McCain	McCain All American Deli Roasters Seasoned Diced Potatoes, 3.05 oz (1/2 cup) baked serving from bulk bag	3.05 oz	86	FG	120	3.0	22.5%	0.0	0.0%	0	yes	90	2	0	0.0%	yes	yes	yes	HPC, PFG Springfield, Sysco CT, Thurston	Code MCF03927; Case (six 5-pound bags) UPC 100-72714-83927-3. Approval is for BAKED product only.	1/4/24	x	x	
McCain	McCain Crispy Bakebable Seasoned Fries, 2.4 oz (1/2 cup) baked serving from bulk bag	2.4 oz	68	FG	100	3.5	31.5%	0.0	0.0%	0	yes	150	<1	0	0.0%	yes	yes	yes	HPC, PFG Springfield, Sysco CT, Thurston	Code MCX04717; Case (six 5-pound bags) UPC 100-72714-04717-3. Approval is for BAKED product only.	1/4/24	x	x	x

									FF	RUITS	AND VEG	ETABL	ES											
	ND VEGETABL fresh, frozen,	.ES,		with no added i	ngredients e ts (including	except w chemica	ater or that are ally altered fat	e packed in 1 substitutes); ;	00 percent j and 3) low s	uice, extr	a light syrup, c o salt added ca	r light syrup Inned vege	o, all withou ables with	it added a	artificial swee	ded ingredients e eteners, nonnutri tritive sweetener	tive sweeteners	or sugar	The following products are sugars stand vegetables,	s to Sugar Standards: g fruit and vegetable e exempt from the CNS dard: dried whole fruits or dried whole fruit or vegetable dehydrated fruits or		Reco Choose p	etter Choi ommenda products t commend	ations that meet
canned, a			Nutrient Standards   Standards Standards   1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF) 200 \$35% of total \$10% of total \$0.5 g No partially hydrogenated \$200 mg No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols No chemically altered fat substitutes													No caffeine	vegetables a (including nu nonnutritive	all without added sweeteners utritive sweeteners, sweeteners, and sugar d fats (including chemically		flavors or colors	om syrup	of fiber		
Manufacturer		Package or serving size	Weight (g)	General Standard met	Calories	Fat (g)	% Calories from fat	Saturated fat (g)	% Calories from saturated fat	Trans fat (g)	Standard met	Sodium (mg)	Fiber (g)	Total sugars (g)	% Sugars by weight	Standard met	Standard met	Standard met	Vendors	Product code and notes	Review date	No artificial flavors	No high fructose corn syrup	At least 2.5 grams of fibe
McCain	McCain Farmer's Kitchen Chopped Roasted Redskin Potatoes with Rosemary & Garlic, 3.12 oz (1/2 cup) baked serving from bulk bag	3.12 oz	88	FG	70	0.5	6.4%	0.0	0.0%	0	yes	90	1	<1	0.0%	yes	yes	yes	HPC, PFG Springfield, Sysco CT, Thurston	Code MCF04851; Case (four 4-pound bags) UPC 100-72714-04851-4. Approval is for BAKED product only.	1/4/24	x	x	
McCain	McCain Farmer's Kitchen Chopped Roasted Redskin Potatoes with Rosemary & Garlic, 3.12 oz (1/2 cup) baked serving from bulk bag	3.14 oz	89	FG	100	2.0	18.0%	0.0	0.0%	0	yes	180	2	2	2.2%	yes	yes	yes	HPC, PFG Springfield, Sysco CT, Thurston	Code MCF04851; Case (four 4-pound bags) UPC . Approval is for BAKED product only.	1/4/24	x	x	
McCain	McCain Harvest Splendor Sweet Potato Cross Trax Cut Fries, 3.02 oz (1/2 cup) baked serving from bulk bag	3.02 oz	86	FG	160	6.0	33.8%	1.0	5.6%	0	yes	190	1	8	0.0%	yes	yes		HPC, PFG Springfield, Sysco CT, Thurston	Code MCF05074. Case (six 15-pound bags) UPC 100-72714-05074-6. Approval is for BAKED product only.	1/4/24	x	x	

									FI	RUITS	AND VEG	ETABL	ES.											
	ND VEGETABI	LES,		with no added	ingredients eats (including	except w chemica	ater or that an ally altered fat	e packed in 1 substitutes);	00 percent j and 3) low s	uice, extr	a light syrup, c o salt added ca	r light syru	o, all witho tables with	ut added a	artificial swee	ded ingredients e eteners, nonnutri utritive sweetener	tive sweeteners	or sugar	The followin products are sugars stand vegetables,	s to Sugar Standards: g fruit and vegetable e exempt from the CNS dard: dried whole fruits or dried whole fruit or vegetable dehydrated fruits or		Reco Choose	etter Cho ommenda products ecommend	ations that meet
canned, a	fresh, frozen, nd dried			1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	Whole Grain-Rich GR) Food; 2) od Groups (FG); 30 Combination od (CF) Solution Solution Solution Solution Solution No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols No chemically altered fat substitutes   neral Standard % Calories Saturated fat Trans fat Sodium Total % Sugars Image: Sugar alcohols No chemically														vegetables a (including nu nonnutritive	all without added sweeteners utritive sweeteners, sweeteners, and sugar d fats (including chemically		or colors	orn syrup	of fiber
Manufacturer	Food item	Package or serving size	Weight (g	General Standard ) met	Calories	Fat (g)	% Calories from fat	Saturated fat (g)	from	Trans fat (g)	Standard met	Sodium (mg)	Fiber (g)		% Sugars by weight	Standard met	Standard met	Standard met	Vendors	Product code and notes	Review date	No artificial flavors	No high fructose corn syrup	At least 2.5 grams
McCain	McCain Ovations Reduced Sodium 3/8" Crinkle Cut French Fries, 2.06 oz (1/2 cup) baked serving from bulk bag	2.06 oz	58	FG	90	3.5	35.0%	0.5	5.0%	0	yes	25	<1	0	0.0%	yes	yes	yes	HPC, PFG Springfield, Sysco CT, Thurston	Code MCF03761; Case (six 5-pound bags) UPC 100-72714-93761-0. Approval is for BAKED product only.	1/4/24	x	x	
McCain	Ore-Ida Reduced Sodium Tater Tots Shaped Potatoes, 2.52 oz (1/2 cup) baked serving from bulk bag	2.52 oz	71	FG	90	3.5	35.0%	0	0.0%	0	yes	160	2	<1	0.0%	yes	yes	yes	HPC, Thurston	Code 1000002789; Case (six 5-pound bags)	1/4/24	x	x	
National Food Group	Zee Zee's Chili Lime Cruncherz Roasted Chickpeas, individually wrapped,0.75 oz package	0.75 oz	21	FG	100	3	27.0%	0	0.0%	0	yes	120	4	1	4.7%	yes	yes	yes	Ace Endico, National Food Group, Thurston, Gordon Food Service	Item Number 617613; Case (250 count) UPC 208-10358-03255-4	1/16/24	x	x	x
National Food Group	Zee Zee's Fava Bean Crisps, Churro, individually wrapped, 1.5 oz package	1.5 oz	43	FG	190	7	33.2%	1	4.7%	0	yes	30	12	4	9.4%	yes	yes	yes	Ace Endico, National Food Group, Thurston, Gordon Food Service	Item Number 622356; Case (175 count) UPC 208-10358-03506-7	1/16/24	x	x	x

									FI	RUITS	AND VEC	GETABL	ES											
			with no added	ngredients e ts (including	xcept wa chemica	ater or that are ally altered fat	e packed in 1 substitutes);	00 percent j and 3) low s	uice, extr	ra light syrup, o o salt added ca	or light syrup	o, all witho tables with	ut added a	rtificial swe	ded ingredients e eteners, nonnutr utritive sweetene	itive sweeteners	or sugar	The following products are sugars stand vegetables,	s to Sugar Standards: g fruit and vegetable e exempt from the CNS dard: dried whole fruits or dried whole fruit or vegetable dehydrated fruits or		Reco Choose	Setter Cho commenda products ecommenc	ations that meet	
-	RUITS AND VEGETABLES, ncluding fresh, frozen, anned, and dried				≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	No chemically altered fat substitutes	No caffeine	vegetables a (including nu nonnutritive	all without added sweeteners tritive sweeteners, sweeteners, and sugar d fats (including chemically		or colors	t corn syrup	of fiber
Manufacturer	Food item	Package or serving size	Weight (g)	General Standard ) met	Calories	Fat (g)	% Calories from fat	Saturated fat (g)	% Calories from saturated fat	Trans fat (g)	: Standard met	Sodium (mg)	Fiber (g)	Total sugars (g)	% Sugars by weight	Standard met	Standard met	Standard met	Vendors	Product code and notes	Review date	No artificial flavors	No high fructose co	At least 2.5 grams
National Food Group	Zee Zee's Ranch Cruncherz Roasted Chickpeas, individually wrapped,0.75 oz package	0.75 oz	21	FG	100	3	27.0%	0	0.0%	0	yes	75	4	1	4.7%	yes	yes	yes	Ace Endico, National Food Group, Thurston, Gordon Food Service	Item Number 617612; Case (250 count) UPC 208-10358-03254-7	1/16/24	x	x	x
National Food Group	Zee Zee's Roasted Chickpeas, Kettle Corn, individually wrapped,0.75 oz package	0.75 oz	21	FG	90	2.5	25.0%	0	0.0%	0	yes	110	5	2	9.4%	yes	yes	yes	Ace Endico, National Food Group, Thurston, Gordon Food Service	Item Number 621356; Case (250 count) UPC 208-10358-03431-2	1/16/24	x	x	x
National Food Group	Zee Zee's Sea Salt Cruncherz Roasted Chickpeas, individually wrapped,0.75 oz package	0.75 oz	21	FG	90	3	30.0%	0	0.0%	0	yes	140	4	1	4.7%	yes	yes	yes	Ace Endico, National Food Group, Thurston, Gordon Food Service	Item Number 617611; Case (250 count) UPC 208-10358-03253-0	1/16/24	x	x	x
Peterson Farms	Treats Apple Slices, 1.5 cup serving from bulk 1-		140	FG	70	0	0.0%	0	0.0%	0	yes	0	4	15	10.7%	yes	yes	yes	Ace Endico, Driscoll, Thurston	Bulk 1 pound UPC 8- 82266-10050-8; Case (10 count) 208-82266-10050- 2	12/29/23	x	x	x

									F	RUITS	AND VEC	GETABL	ES											
	ND VEGETABI fresh, frozen,	_ES,		with no added	ingredients e Its (including	except wa chemica	ater or that are ally altered fat	e packed in 1 substitutes);	00 percent j and 3) low s	juice, extr	a light syrup, o salt added ca	or light syrup anned vegel	o, all witho tables with	ut added a	artificial swe	ded ingredients e eteners, nonnutr utritive sweetene	itive sweeteners	or sugar	The followin products are sugars stan vegetables,	s to Sugar Standards: Ing fruit and vegetable the exempt from the CNS dard: dried whole fruits or dried whole fruit or vegetable dehydrated fruits or		Reco Choose p	etter Choic ommendat products th commenda	tions that meet
canned, ar				1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	andards													No caffeine	vegetables (including n nonnutritive	all without added sweeteners utritive sweeteners, sweeteners, and sugar ind fats (including chemically		or colors	orn syrup	of fiber
Manufacturer	Food item	Package or serving size	Weight (g)	General Standard met	Calories	Fat (g)		Saturated fat (g)	from	Trans fat (g)	Standard met	Sodium (mg)	Fiber (g)	Total sugars (g)	% Sugars by weight	Standard met	Standard met	Standard met	Vendors	Product code and notes	Review date	No artificial flavors	No high fructose corn syrup	At least 2.5 grams
Peterson Farms	Treats Apple Slices, 2 oz bag	2 oz	57	FG	30	0.00	0.0%	0.00	0.0%	0.00	yes	0	1	6	10.6%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #203102; Case (100 count) UPC 8-82266- 11002-6	12/29/23	х	x	
Peterson Farms	Treats Apple Slices, 3 oz bag	3 oz	85	FG	45	0	0.0%	0	0.0%	0	yes	0	2	9	10.6%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #203120; UPC 8- 82266-10048-5; Case (100 count) 108-82266- 10051-5	12/29/23	x	x	
Peterson Farms	Treats Apple Slices, 4 oz bag	4 oz	113	FG	60	0	0.0%	0	0.0%	0	yes	0	3	12	10.6%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #203108; Commodity MFG #210006; Case (75 count) UPC 8-82266- 10062-1	12/29/23	x	x	x
Peterson Farms	Treats Applesauce, Sweetened, Blue Raspberry, 4.5 oz	4.5 oz	128	FG	90	0.00	0.0%	0.00	0.0%	0.00	yes	15	2	19	14.9%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #ASA10008; Case (96 count) UPC 8-82266- 10072-0	12/29/23		х	
Peterson Farms	Treats Green Apple Slices, 2 oz s bag	2 oz	57	FG	30	0.00	0.0%	0.00	0.0%	0.00	yes	0	2	5	8.8%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #203127; Case (100 count) UPC 8-82266- 10047-8	12/29/23	x	x	
Peterson Farms	Treats Unsweetened Applesauce Peach, 4.5 oz plastic cup	4.5 oz	128	FG	50	0.00	0.0%	0.00	0.0%	0.00	yes	0	1	12	9.4%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #ASA10017; Case (96 count) UPC 8-82266- 10068-3	12/29/23	x	x	

	FRUITS AND VEGETABLES																							
	ND VEGETABI fresh, frozen,		foods are identified in the "Product code and notes" column below. The processing of the second												The followin products are sugars stan vegetables,	Exemptions to Sugar Standards: The following fruit and vegetable products are exempt from the CNS sugars standard: dried whole fruits or vegetables, dried whole fruit or vegetable pieces, and dehydrated fruits or			etter Cho ommenda products ecommenc	ations that meet				
canned, and dried			1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories	I	<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	No chemically altered fat substitutes	No caffeine	vegetables (including n nonnutritive alcohols) ar altered fat s	s or colors	orn syrup	of fiber			
Manufacturer	Food item	Package or serving size	Weight (g)	General Standard ) met	Calories	Fat (g)	% Calories from fat	Saturated fat (g)	% Calories from saturated fat	Trans fat (g)	Standard met	Sodium (mg)	Fiber (g)	Total sugars (g)	% Sugars ) by weight	Standard met	Standard met	Standard met	Vendors	Product code and notes	Review date	No artificial flavors	No high fructose corn syrup	At least 2.5 grams
Peterson Farms	Treats Unsweetened Applesauce Birthday Cake, 4.5 oz plastic cup	4.5 oz	128	FG	50	0.00	0.0%	0.00	0.0%	0.00	yes	0	1	12	9.4%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #ASA10027; Case (96 count) UPC 8-82266- 10075-1	12/29/23	x	x	
Peterson Farms	Treats Unsweetened Applesauce Cinnamon, 4.5 oz	4.5 oz	128	FG	50	0.00	0.0%	0.00	0.0%	0.00	yes	0	1	12	9.4%	Ves	yes	yes	Ace Endico, Driscoll, Thurston	MFG #ASA10013; Case (96 count) UPC 8-82266- 10065-2	12/29/23	x	x	
Peterson Farms	Treats Unsweetened Applesauce Mixed Berries, 4.5 oz	4.5 oz	128	FG	50	0.00	0.0%	0.00	0.0%	0.00	yes	0	1	12	9.4%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #ASA10020; Case (96 count) UPC 8-82266- 10070-6	12/29/23	x	x	
Peterson Farms	Treats Unsweetened Applesauce Original, 4.5 oz	4.5 oz	128	FG	50	0.00	0.0%	0.00	0.0%	0.00	yes	0	1	12	9.4%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #ASA10001; Case (96 count) UPC 8-82266- 10064-5	12/29/23	x	x	
Peterson Farms	Treats Unsweetened Applesauce Strawberry Banana, 4.5 oz plastic cup	4.5 oz	128	FG	50	0.00	0.0%	0.00	0.0%	0.00	yes	0	1	12	9.4%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #ASA10015; Case (96 count) UPC 8-82266- 10067-6	12/29/23	x	x	

FRUITS AND VEGETABLES     Exemptions: The following fruits and vegetables are exempt from all nutrient standards: 1) fresh and frozen fruits and vegetables with no added ingredients except water; 2) canned fruits																								
FRUITS AND VEGETABLES,				with no added ingredients except water or that are packed in 100 percent juice, extra light syrup, or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and fats (including chemically altered fat substitutes); and 3) low sodium/no salt added canned vegetables with no added fats, nonnutritive sweeteners, or sugar alcohols. These foods are identified in the "Product code and notes" column below.													The followin products are sugars stan vegetables,	<b>Exemptions to Sugar Standards:</b> The following fruit and vegetable products are exempt from the CNS sugars standard: dried whole fruits or vegetables, dried whole fruit or vegetable pieces, and dehydrated fruits or				ice ations that meet dations		
including fresh, frozen, canned, and dried				1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	No chemically altered fat substitutes	No caffeine	vegetables all without added sweeteners (including nutritive sweeteners, nonnutritive sweeteners, and sugar alcohols) and fats (including chemically altered fat substitutes).			or colors	corn syrup	of fiber
Manufacturer		Package or serving size	Weight (g	General Standard ) met	Calories	Fat (g)	% Calories from fat	Saturated fat (g)	% Calories from saturated fat	Trans fat (g)	Standard met	Sodium (mg)	Fiber (g)	Total sugars (g)	% Sugars by weight	Standard met	Standard met	Standard met	Vendors	Product code and notes	Review date	No artificial flavors	No high fructose co	At least 2.5 grams of fibe
Peterson Farms	Treats Unsweetened Applesauce Strawberry, 4.5 oz plastic cup	4.5 oz	128	FG	50	0.00	0.0%	0.00	0.0%	0.00	yes	0	1	12	9.4%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #ASA10014; Case (96 count) UPC 8-82266- 10066-9	12/29/23	x	x	
Peterson Farms	Treats Unsweetened Applesauce Watermelon, 4.5 oz plastic cup	4.5 oz	128	FG	50	0.00	0.0%	0.00	0.0%	0.00	yes	0	1	12	9.4%	yes	yes	yes	Ace Endico, Driscoll, Thurston	MFG #ASA10018; Case (96 count) UPC 8-82266- 10073-7	12/29/23	x	x	
Promotion in Motion, Inc.	Welch's Fruit Snacks with Fiber, Berries N Cherries, 1.55 oz package	1.55 oz	44	FG	130	0	0.0%	0	0.0%	0	yes	15	3	15	34.1%	yes	yes	yes		UPC 0-34856-01592-5; Case (144 count) UPC 100-34856-14492-9	1/18/24		x	x
Promotion in Motion, Inc.	Welch's Fruit Snacks with Fiber, Mixed Fruit, 1.55 oz package	1.55 oz	44	FG	130	0	0.0%	0	0.0%	0	yes	15	3	15	34.1%	yes	yes	yes		UPC 0-34856-01598-7; Case (144 count) UPC 100-34856-14498-1	1/18/24		x	x
Red Gold, LLC	Red Gold Marinara Sauce Dipping Cup, 2.5 oz cup	2.5 oz	71	FG	40	0	0.0%	0	0.0%	0	yes	200	2	4	5.6%	yes	yes	yes	HPC, Thurston	Code REDNA2Z; Case (84 count) UPC 800- 72940-82207-9	12/22/23	x	x	
Red Gold, LLC	Red Gold Mild Salsa Dipping Cup, 3 oz plastic cup	3 oz	85	FG	25	0	0.0%	0	0.0%	0	yes	195	0	3	3.5%	yes	yes	yes	HPC, Thurston	UPC 0-07294-01113-9; Case (168 count) UPC 400-72940-11139-7	1/10/24	x	x	

									FF	RUITS	AND VEC	GETABL	.ES											
	ND VEGETAB		foods are identified in the "Product code and notes" column below. The foor product code and notes" column below.   General Nutrient Standards												The following products a sugars state vegetables	emptions to Sugar Standards: e following fruit and vegetable oducts are exempt from the CNS gars standard: dried whole fruits or getables, dried whole fruit or vegetable eces, and dehydrated fruits or			Better Choice Recommendations oose products that r all recommendation					
including fresh, frozen, canned, and dried				1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories		No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	No chemically altered fat substitutes	No caffeine	vegetables (including i nonnutritive alcohols) a	d dehydrated fruits or all without added sweeteners nutritive sweeteners, e sweeteners, and sugar and fats (including chemically substitutes).	or colors	corn syrup	of fiber	
Manufacturer	Food item	Package or serving size	Weight (g)	General Standard met	Calories	Fat (g)	% Calories from fat	Saturated fat (g)	% Calories from saturated fat	Trans fat (g)		Sodium (mg)	Fiber (g)	Total sugars (g)	% Sugars ) by weight	Standard met	Standard met	Standard met	Vendors	Review date	No artificial flavors c	No high fructose co	At least 2.5 grams o	
Sun-maid	Raisins, 1.33 oz box	1.33 oz	38	FG	120	0	0.0%	0	0.0%	0	yes	5	2	27	71.6%	yes	yes	yes	HPC, Thurston	Item 5970; Case (144 count) UPC 0-40202- 0000-0	12/28/23	x	x	
Sun-maid	Sour Raisin Snacks, Mixed Berry, 1.33 oz package	1.33 oz	38	FG	110	0	0.0%	0	0.0%	0	ves	10	2	24	63.7%	Ves	Ves	ves	Waypoint	Item 5088; Case (200 count) UPC 100-41143- 05088-7	12/28/23	x	x	
Sun-maid	Sour Raisin Snacks, Strawberry, 1.33 oz package	1.33 oz	38	FG	110	0	0.0%	0	0.0%	0	yes	10	2	24	63.7%	yes	yes	yes	Waypoint	Item 5086. Case (200 count)	12/28/23	x	x	
Sun-maid	Sour Raisin Snacks, Strawberry, 1.33 oz package	1.33 oz	38	FG	110	0	0.0%	0	0.0%	0	yes	10	2	24	63.7%	yes	yes	yes	Waypoint	Item 5086; Case (200 count)	12/28/23	x	x	
Sun-maid	Sour Raisin Snacks, Watermelon, 1.33 oz package	1.33 oz	38	FG	110	0	0.0%	0	0.0%	0	yes	10	2	24	63.7%	yes	yes	yes	Waypoint	Item 5087; Case (200 count) UPC 100-41143- 05087-0	12/28/23	x	x	