List of Acceptable Foods and Beverages

List 4: Baked Goods

List 4: Bakery Products includes commercial products that meet the CNS snacks category, such as muffins, bagels, rolls, breads, soft pretzels, French toast, waffles, pancakes, and toaster pastries.

																			Better Choice Recommendations			
Manufacturer	Food item description	Package or serving size (ounces)	Weight (grams [g])	General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	Calories: ≤200	Fat (g)	% Calories from fat: ≤35%	Saturated fat (g)	% Calories from Saturated fat: <10%	Sodium (mg): ≤200 mg	Fiber (g)	Total sugars (g): ≤15 g	% Sugars by weight: ≤35%	Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	Standard met: No chemically altered fat substitutes	Standard met: No caffeine	Vendors	Product code and notes	Review date	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain (applies only if contains grains
Bake Crafters Food Company	Bread Sticks, Whole Grain, Pan Baked, 7 inch, 1.5 oz	1.50	43	WGR	120	1.5	11.3%	0.0	0.0%	85	2	1	2.4%	yes	yes	yes		Code 5009; Case (160 count) UPC 007-37410-50090-4; 51% whole grain	12/15/23	X	X		
Bake Crafters Food Company	Dinner Rolls, Whole Grain, Spilt Top, Individually Wrapped, 1 oz	1.00	28	WGR	60	0.0	0.0%	0.0	0.0%	115	1	0	0.0%	yes	yes	yes		Code 4027; Case (115 count) UPC 007-37410-40270-3; 51% whole grain	12/15/23	X	X		
Bake Crafters Food Company	Mini Bagels, Whole Grain, Individually Wrapped, 1 oz	1.00	28	WGR	70	0.0	0.0%	0.0	0.0%	135	1	2	7.1%	yes	yes	yes		Code 980; Case (130 count) UPC 007-37410-98000-3; 54% whole grain	12/15/23	X	X		
Bake Crafters Food Company	Mini Loaf, Apple Cinnamon, Whole Grain, Reduced Fat, Individually Wrapped, 2 oz	2.00	57	WGR	160	5.0	28.1%	0.5	2.8%	100	1	13	22.9%	yes	yes	yes		Code 413; Case (72 count) UPC 007-37410-41300-6; 53% whole grain	12/15/23		X		
Bake Crafters Food Company	Mini Loaf, Banana, Whole Grain, Reduced Fat, Individually Wrapped, 2 oz	2.00	57	WGR	160	4.0	22.5%	0.5	2.8%	100	1	15	26.5%	yes	yes	yes		Code 412; Case (72 count) UPC 007-37410-41200-9; 53% whole grain	12/15/23	X	X		
Bake Crafters Food Company	Mini Loaf, Blueberry, Whole Grain, Reduced Fat, Individually Wrapped, 2 oz	2.00	57	WGR	160	5.0	28.1%	0.5	2.8%	95	1	14	24.7%	yes	yes	yes		Code 411; Case (72 count) UPC 007-37410-41100-2; 53% whole grain	12/15/23	X	X		
Bake Crafters Food Company	Mini Loaf, Cornbread, Whole Grain, Reduced Fat, Individually Wrapped, 2 oz	2.00	57	WGR	180	6.0	30.0%	0.5	2.5%	90	1	15	26.5%	yes	yes	yes		Code 2111; Case (72 count) UPC 007-37410-21110-7; 67% whole grain	12/15/23	X	X		
Bake Crafters Food Company	Muffin, Apple Cinnamon, Whole Grain, Reduced Fat, Individually Wrapped, 1.8 oz	1.80	51	WGR	140	4.0	25.7%	0.5	3.2%	85	0	11	21.6%	yes	yes	yes		Code 1224; Case (72 count) UPC 007-37410-12240-3; 59% whole grain	12/15/23		X		
Bake Crafters Food Company	Muffin, Apple Cinnamon, Whole Grain, Reduced Fat, Individually Wrapped, 2 oz	2.00	57	WGR	160	5.0	28.1%	0.5	2.8%	100	1	13	22.9%	yes	yes	yes		Code 1203; Case (96 count) UPC 007-37410-12030-0; 53% whole grain	12/15/23	X	X		
Bake Crafters Food Company	Muffin, Banana, Whole Grain, Individually Wrapped, 1.8 oz	1.80	51	WGR	140	3.5	22.5%	0.5	3.2%	90	1	13	25.5%	yes	yes	yes		Code 1222; Case (72 count) UPC 007-37410-12220-5; 53% whole grain	12/15/23	X	X		
Bake Crafters Food Company	Muffin, Banana, Whole Grain, Reduced Fat, Individually Wrapped, 2 oz	2.00	57	WGR	160	4.0	22.5%	0.5	2.8%	100	1	15	26.5%	yes	yes	yes		Code 1202; Case (96 count) UPC 007-37410-12010-2; 53% whole grain.	12/15/23	X	X		
Bake Crafters Food Company	Muffin, Blueberry, Whole Grain, Reduced Fat, Individually Wrapped, 1.8 oz	1.80	51	WGR	140	4.0	25.7%	0.5	3.2%	85	1	12	23.5%	yes	yes	yes		Code 1225; Case (72 count) UPC 007-37410-12250-2; 57% whole grain.	12/15/23		X		
Bake Crafters Food Company	Muffin, Blueberry, Whole Grain, Reduced Fat, Individually Wrapped, 2 oz	2.00	57	WGR	160	5.0	28.1%	0.5	2.8%	95	1	14	24.7%	yes	yes	yes		Code 1201; Case (96 count) UPC 007-37410-12010-2; 53% whole grain.	12/15/23	X	X		

List of Acceptable Foods and Beverages

List 4: Baked Goods

List 4: Bakery Products includes commercial products that meet the CNS snacks category, such as muffins, bagels, rolls, breads, soft pretzels, French toast, waffles, pancakes, and toaster pastries.

																		Better Choice Recommendations			
Manufacturer	Food item description	Package or serving size (ounces)	Weight (grams [g])	General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	Calories: ≤200	Fat (g)	% Calories from fat: ≤35%	Saturated fat (g)	% Calories from Saturated fat: <10%	Sodium (mg): ≤200 mg	Fiber (g)	Total sugars (g): ≤15 g	% Sugars by weight: ≤35%	Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	Standard met: No chemically altered fat substitutes	Standard met: No caffeine	Vendors	Product code and notes	Review date	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain (applies only if contains grains
Bake Crafters Food Company	Muffin, Chocolate Chip, Whole Grain, Reduced Fat, Individually Wrapped, 2 oz	2.00	57	WGR	170	5.0	26.5%	1.0	5.3%	100	1	15	26.5%	yes	yes	yes		Code 1204; Case (96 count) UPC 007-37410-12040-9; 53% whole grain	12/15/23	X	X		
Bake Crafters Food Company	Muffin, Chocolate Chocolate Chip, Whole Grain, Reduced Fat, Individually Wrapped, 2 oz	2.00	57	WGR	160	5.0	28.1%	1.0	5.6%	50	1	14	24.7%	yes	yes	yes		Code 2156; Case (96 count) UPC 007-37410-21560-0; 52% whole grain	12/15/23	X	X		
Bake Crafters Food Company	Muffin, Corn Bread, Whole Grain, Individually Wrapped, 1.8 oz	1.80	51	WGR	150	5.0	30.0%	0.5	3.0%	90	1	9	17.6%	yes	yes	yes		Code 1278; Case (72 count) UPC 007-37410-12780-4; 74% whole grain	12/15/23	X	X		
Bake Crafters Food Company	Muffin, Orange Dream, Whole Grain, Individually Wrapped, 2 oz	2.00	57	WGR	170	5.0	26.5%	0.5	2.6%	100	1	15	26.5%	yes	yes	yes		Code 2113; Case (96 count) UPC 007-374102-1130-5; 53% whole grain	12/15/23		X		
Bake Crafters Food Company	Pancakes, Buttermilk Whole Grain, Bulk (1 pancake), 1.3 oz	1.30	37	WGR	80	1.5	16.9%	0.0	0.0%	90	1	5	13.6%	yes	yes	yes		Code 1475; Case (144 count) UPC 007-37410-14750-5; 100% whole grain. **The serving size cannot exceed 2 pancakes. Determine if the serving with its accompaniments (e.g., syrup) complies with the CNS.**	12/15/23	X	X		X
Bake Crafters Food Company	Texas Toast, Whole Grain, Garlic, Reduced Fat, 1 slice, 1.31 oz	1.31	37	WGR	100	3.5	31.5%	0.5	4.5%	125	1	<1	0.0%	yes	yes	yes		Code 1605; Case (120 count) UPC 007-37410-16050-4; 55% whole grain	12/15/23		X		
Bake Crafters Food Company	Waffles, Gourmet, Whole Wheat, Bulk (1 waffle), 1.3 oz	1.30	37	WGR	80	3.0	33.8%	0.0	0.0%	115	1	2	5.4%	yes	yes	yes		Code 1453; Case (144 count) UPC 007-37410-14530-3; 63% whole grain. **The serving size cannot exceed 1 waffle. Determine if the serving with its accompaniments (e.g., syrup) complies with the CNS.**	12/15/23	X	X		
Bimbo Bakeries USA	Crusty Dinner Roll Made With Whole Grain, Par Baked, 1.59 oz	1.59	45	WGR	100	0.5	4.5%	0.0	0.0%	160	2	1	2.2%	yes	yes	yes	Thurston	Case (144 count) UPC 100-39677-71157-2	3/23/21	X	X	X	
Bimbo Bakeries USA	Lender's White Whole Grain Bagel, Frozen, 2 oz bagel from bulk pack	2.00	57	WGR	150	1.5	9.0%	0.0	0.0%	160	4	5	8.8%	yes	yes	yes	HPC, Thurston	Code 00074; Case (12 packages of 6) UPC 100-76800-00074-8	12/22/23	X	X	X	X
Bimbo Bakeries USA	Lender's White Whole Grain Bagel, Frozen, individually wrapped, 2 oz	2.00	57	WGR	150	1.5	9.0%	0.0	0.0%	160	4	5	8.8%	yes	yes	yes	HPC, Thurston	Code 00075; Case (72 count) UPC 100-76800-00075-2	12/22/23	X	X	X	X
Bimbo Bakeries USA	Lender's White Whole Grain Cinnamon Raisin Bagel, Frozen Bulk, 2.25 oz	2.25	64	WGR	170	1.5	7.9%	0.0	0.0%	160	4	8	12.5%	yes	yes	yes	HPC, Thurston	Bulk Code 00079; Case (12 packages of 6) UPC 000-76800-00079-3	1/5/24		X	X	X

List of Acceptable Foods and Beverages

List 4: Baked Goods

List 4: Bakery Products includes commercial products that meet the CNS snacks category, such as muffins, bagels, rolls, breads, soft pretzels, French toast, waffles, pancakes, and toaster pastries.

																		Better Choice Recommendations			
Manufacturer	Food item description	Package or serving size (ounces)	Weight (grams [g])	General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	Calories: ≤200	Fat (g)	% Calories from fat: ≤35%	Saturated fat (g)	% Calories from Saturated fat: <10%	Sodium (mg): ≤200 mg	Fiber (g)	Total sugars (g): ≤15 g	% Sugars by weight: ≤35%	Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	Standard met: No chemically altered fat substitutes	Standard met: No caffeine	Vendors	Product code and notes	Review date	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain (applies only if contains grains
Bimbo Bakeries USA	Lender's White Whole Grain Cinnamon Raisin Bagel, Frozen, individually wrapped, 2.25 oz	2.25	64	WGR	170	1.5	7.9%	0.0	0.0%	150	5	8	12.5%	yes	yes	yes	HPC, Thurston	Code 00078; Case (72 count) UPC 100-76800-00079-3	1/5/24		X	X	X
Burry Foods	Bagel, 51% Whole Grain Wheat, Plain, Sliced, 2 oz	2.30	65	WGR	180	1.0	5.0%	0.0	0.0%	200	4	3	4.6%	yes	yes	yes	Sysco CT	Item 00018; Case (15 bags of 6) UPC 108-23056-00018-6	12/18/23	X	X	X	
Burry Foods	Bagel, 51% Whole Grain Wheat, Plain, Sliced, 2.3 oz	2.00	57	WGR	150	0.5	3.0%	0.0	0.0%	200	4	3	5.3%	yes	yes	yes	Sysco CT	Item 87830; Case (12 bags of 6) UPC 108-23056-87830-3	12/18/23	X	X	X	
Burry Foods	Bagel, 51% Whole Grain Wheat, Sliced, 2.3 oz	2.30	65	WGR	180	1.0	5.0%	0.0	0.0%	200	4	3	4.6%	yes	yes	yes	Sysco CT	Item 00018; Case (15 bags of 6) UPC 108-23056-00018-6	12/18/23	X	X	X	
Burry Foods	Bagel, 51% Whole Grain, Plain, Individually Wrapped, 2.3 oz	2.30	65	WGR	180	1.0	5.0%	0.0	0.0%	200	4	3	4.6%	yes	yes	yes	American Patriot Sales	Item 87776; Case (72 count) UPC 108-23056-87776-4	12/18/23	X	X	X	
Darlington Snacks	Whole Grain Breakfast Squares, Iced Cinnamon, Individually Wrapped, 1.5 oz	1.50	43	WGR	160	4.5	25.3%	1.5	8.4%	110	2	11	25.9%	yes	yes	yes	HPC, Thurston	Code 24200; UPC 6-75825-24200-5; Case (160 count) UPC 006-75825-24200-5	12/18/23	X			
Global Food Solutions	Right Start Foods Whole Grain Apple Cinnamon Mini Muffin Flat, 2 oz	2.00	57	WGR	160	5	28.1%	1.0	5.6%	140	2	10	17.6%	yes	yes	yes	American Patriot Sales, Thurston	Code RS-6939; UPC 8-19716-01240-1; Case (90 count) UPC 108-19716-01240-8	12/22/23	X	X	X	
Global Food Solutions	Right Start Foods Whole Grain Blueberry Mini Muffin Flat, 2 oz	2.00	57	WGR	160	5	28.1%	1.0	5.6%	140	2	10	17.6%	yes	yes	yes	American Patriot Sales, Thurston	Code RS-6937;UPC 8-19716-01239-5; Case (90 count) UPC 108-19716-01239-9	12/22/23	X	X	X	
Global Food Solutions	RightStart Foods Whole Grain Apple Cinnamon Mini Loaf, 2 oz	2.00	57	WGR	170	6	31.8%	1.0	5.3%	125	2	15	26.5%	yes	yes	yes	American Patriot Sales, Thurston	Code RS-9210W; UPC 8-19716-01100-5; Case (90 count) UPC 108-19716-01100-8	12/20/23	X	X		
Global Food Solutions	RightStart Foods Whole Grain Banana Mini Loaf, 2 oz	2.00	57	WGR	170	6	31.8%	1.0	5.3%	130	2	15	26.5%	yes	yes	yes	American Patriot Sales, Thurston	Code RS-9211W; UPC 8-19716-01101-5; Case (90 count) UPC 10-819716-01101-2	12/20/23	X	X		
Global Food Solutions	RightStart Foods Whole Grain Blueberry Mini Loaf, 2 oz	2.00	57	WGR	170	6	31.8%	1.0	5.3%	125	2	14	24.7%	yes	yes	yes	American Patriot Sales, Thurston	Code RS-9209W; UPC 8-19716-01099-5; Case (90 count) UPC 10-819716-01099-2	12/20/23	X	X		
Global Food Solutions	RightStart Foods Whole Grain Corn Mini Loaf, 2 oz	2.00	57	WGR	180	6	30.0%	1.0	5.0%	125	2	14	24.7%	yes	yes	yes	American Patriot Sales	Code RS-9212W; UPC 8-19716-01113-8; Case (90 count) UPC 10-819716-01113-5	12/20/23	X	X		
Hadley Farms	Whole Grain Iced Cinnamon Roll Individually Wrapped, 1.5oz	1.50	43	WGR	130	4	27.7%	1.0	6.9%	130	2	8	18.8%	yes	yes	yes	Thurston Foods	UPC 0-70565-00093-7; Case (60 count) UPC 100-70565-00093-4	1/27/23	X	X		

List of Acceptable Foods and Beverages

List 4: Baked Goods

List 4: Bakery Products includes commercial products that meet the CNS snacks category, such as muffins, bagels, rolls, breads, soft pretzels, French toast, waffles, pancakes, and toaster pastries.

																			Better Choice Recommendations			
Manufacturer	Food item description	Package or serving size (ounces)	Weight (grams [g])	General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	Calories: ≤200	Fat (g)	% Calories from fat: ≤35%	Saturated fat (g)	% Calories from Saturated fat: <10%	Sodium (mg): ≤200 mg	Fiber (g)	Total sugars (g): ≤15 g	% Sugars by weight: ≤35%	Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	Standard met: No chemically altered fat substitutes	Standard met: No caffeine	Vendors	Product code and notes	Review date	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain (applies only if contains grains
Hadley Farms	Whole Grain Iced Sweet Potato Swirl Individually Wrapped, 1.5oz	1.50	43	WGR	130	4.5	31.2%	1.0	6.9%	140	2	7	16.5%	yes	yes	yes	Thurston Foods	UPC 0-70565-00160-6; Case (60 count) UPC 100-7056-500160-3	1/27/23	X	X		
J&J Snack Foods	Bavarian Bakery 51% Whole Grain Gourmet Pretzel Roll (Sliced), 2.2 oz without salt	2.20	62	WGR	180	3.0	15.0%	1.0	5.0%	25	3	4	6.4%	yes	yes	yes	HPC, Sysco CT, Thurston	Code 7051; UPC 0-53493-07051-7; Case (120 count) UPC 100-53493-07051-4. **Approval is only for product without added salt.**	1/5/24	X	X	X	
J&J Snack Foods	Hola Churro (formerly Tio Pepe) 51% Whole Grain Raspberry Filled Hola Churro, 1.9 oz	1.90	54	WGR	160	4.5	25.3%	1.0	5.6%	75	1	9	16.7%	yes	yes	yes	Thurston	Code 41112; UPC 0-73321-41112-1; Case (100 count) UPC 100-73321-41112-8	1/5/24				
J&J Snack Foods	Hola Churro (formerly Tio Pepe) 51% Whole Grain 5-inch Apple Filled Hola Churro, 1.9 oz	1.90	54	WGR	150	5.0	30.0%	1.0	6.0%	70	1	8	14.9%	yes	yes	yes	Thurston	Code 41110; UPC 0-73321-41110-7; Case (100 count) UPC 100-73321-41110-4	1/5/24				
J&J Snack Foods	SuperPretzel 51% Whole Grain Pretzel Mini, 1 oz individually wrapped, without salt	1.00	28	WGR	70	0.0	0.0%	0.0	0.0%	90	1	0	0.0%	yes	yes	yes	Thurston	Code 30113; UPC 0-73321-30113-2; Case (200 count) UPC 100-73321-30113-9. **Approval is only for product without added salt.**	1/5/24	X	X		
J&J Snack Foods	SuperPretzel 51% Whole Grain Soft Pretzel FunShapes, Heart, 2.2 oz without salt	2.20	62	WGR	150	1.0	6.0%	0.0	0.0%	170	3	1	1.6%	yes	yes	yes	HPC, Sysco CT, Thurston	Code 3702, UPC 0-73321-03702-4; Case UPC (100 count) 100-73321-03702-1. **Approval is only for product without added salt.**	1/5/24	X	X	X	
J&J Snack Foods	SuperPretzel 51% Whole Grain Soft Pretzel FunShapes, Pumpkin, 2.2 oz without salt	2.20	62	WGR	150	1.0	6.0%	0.0	0.0%	170	3	1	1.6%	yes	yes	yes	HPC, Sysco CT, Thurston	Code 3678, UPC 0-73321-03678-2; UPC 100-73321-03678-9. **Approval is only for product without added salt.**	1/5/24	X	X	X	
J&J Snack Foods	SuperPretzel 51% Whole Grain Soft Pretzel FunShapes, Shamrock, 2.2 oz without salt	2.20	62	WGR	150	1.0	6.0%	0.0	0.0%	170	3	1	1.6%	yes	yes	yes	HPC, Sysco CT, Thurston	Code 3703, UPC 0-73321-03703-1; Case UPC (100 count) 100-73321-03703-8. **Approval is only for product without added salt.**	1/5/24	X	X	X	
J&J Snack Foods	SuperPretzel 51% Whole Grain Soft Pretzel FunShapes, Snowman, 2.2 oz without salt	2.20	62	WGR	150	1.0	6.0%	0.0	0.0%	170	3	1	1.6%	yes	yes	yes	HPC, Sysco CT, Thurston	Code 3679, UPC 0-73321-03679-9; Case UPC (100 count) 100-73321-03679-6. **Approval is only for product without added salt.**	1/5/24	X	X	X	
J&J Snack Foods	SuperPretzel 51% Whole Grain Soft Pretzel FunShapes, Star, 2.2 oz without salt	2.20	62	WGR	150	1.0	6.0%	0.0	0.0%	95	3	1	1.6%	yes	yes	yes	HPC, Sysco CT, Thurston	Code 3704, UPC 0-73321-03704-8; Case UPC (100 count) 100-73321-03704-5. **Approval is only for product without added salt.**	1/5/24	X	X	X	
J&J Snack Foods	SuperPretzel 51% Whole Grain Soft Pretzel FunShapes, Turkey, 2.2 oz without salt	2.20	62	WGR	150	1.0	6.0%	1.0	6.0%	170	3	1	1.6%	yes	yes	yes	HPC, Sysco CT, Thurston	Code 3749, UPC 0-73321-03749-9; Case UPC (100 count) 100-73321-03749-6. **Approval is only for product without added salt.**	7/25/13	X	X	X	

List 4: Bakery Products includes commercial products that meet the CNS snacks category, such as muffins, bagels, rolls, breads, soft pretzels, French toast, waffles, pancakes, and toaster pastries.

																		Better Choice Recommendations			
Manufacturer	**Food item description**	**Package or serving size (ounces)**	**Weight (grams [g])**	**General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)**	**Calories: ≤200**	**Fat (g)**	**% Calories from fat: ≤35%**	**Saturated fat (g)**	**% Calories from Saturated fat: <10%**	**Sodium (mg): ≤200 mg**	**Fiber (g)**	**Total sugars (g): ≤15 g**	**% Sugars by weight: ≤35%**	**Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols**	**Standard met: No chemically altered fat substitutes**	**Standard met: No caffeine**	**Vendors**	**Product code and notes**	**Review date**	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain (applies only if contains grains
J&J Snack Foods	SuperPretzel 51% Whole Grain Soft Pretzel, 2.2 oz without salt	2.20	62	WGR	150	1.0	6.0%	0.0	0.0%	140	3	1	1.6%	yes	yes	yes	HPC, Sysco CT, Thurston	Code 30110, UPC 0-73321-30110-1; Case (100 count) UPC 100-73321-30110-8. **Approval is only for product without added salt.**	1/5/24	X	X	X	
J&J Snack Foods	SuperPretzel 51% Whole Grain Superstix Cinnamon Bun, 2.1 oz	2.10	60	WGR	160	2.5	14.1%	1.0	5.6%	200	2	8	13.4%	yes	yes	yes	Thurston	Code 34153; UPC 0-73321-34153-4; Case UPC (60 count) 100-73321-34153-1.	1/5/24	X	X		
JSB Industries	Aesop's Bagels Honey Whole Wheat, Sliced, Individually Wrapped, 2 oz	2.00	57	WGR	130	1.0	6.9%	0.0	0.0%	200	3	2	3.5%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 86695; Case (72 count) UPC 100-33547-86695-9; 51.1% whole grain.	12/19/23	X	X	X	
JSB Industries	Aesop's Bagels Honey Whole Wheat, Sliced, Individually Wrapped, 2.5 oz	2.50	71	WGR	160	1.5	8.4%	0.0	0.0%	200	3	3	4.2%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 88195; Case (72 count) UPC 100-33547-88195-2; 51% whole grain.	12/19/23	X	X	X	
JSB Industries	Aesop's Bagels Whole Wheat Blueberry, Sliced, Individually Wrapped, 2 oz	2.00	57	WGR	120	1.0	7.5%	0.0	0.0%	190	3	2	3.5%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 86601; Case (72 count) UPC 100-33547-86601-0; 51% whole grain.	12/19/23	X	X	X	
JSB Industries	Aesop's Bagels Whole Wheat Cinnamon Raisin, Bulk Sliced, 2 oz	2.00	57	WGR	130	1.0	6.9%	0.0	0.0%	180	3	4	7.1%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 94616; Case (84 count) UPC 100-33547-94616-3; 51% whole grain.	1/8/24	X	X	X	
JSB Industries	Aesop's Bagels Whole Wheat Cinnamon Raisin, Sliced, Individually Wrapped, 2 oz	2.00	57	WGR	130	1.0	6.9%	0.0	0.0%	180	3	4	7.1%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 86616; Case (72 count) UPC 100-33547-86616-4; 51% whole grain.	11/5/19	X	X	X	
JSB Industries	Aesop's Bagels, Honey Wheat, Sliced, Individually Wrapped, 2.5 oz	2.50	71	WGR	160	1.5	8.4%	0.0	0.0%	200	3	3	4.2%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 88195; Case (72 count) UPC 100-33547-88195-2; 51% whole grain.	12/19/23	X	X	X	
JSB Industries	Aesop's Bagels, Honey Whole Wheat, Bulk Sliced, 2 oz	2.00	57	WGR	130	1.0	6.9%	0.0	0.0%	200	3	2	3.5%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 94695; Case (84 count) UPC 100-33547-94695-8. 51.1% whole grain.	12/20/23	X	X	X	
JSB Industries	Aesop's Bagels, Whole Wheat Blueberry, Bulk Sliced, 2 oz	2.00	57	WGR	120	1.0	7.5%	0.0	0.0%	190	3	2	3.5%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 94601; Case UPC 100-33547-94601-9. 51.1% whole grain.	12/20/23	X	X	X	
JSB Industries	Aesop's Smart Choice Bagels, Cinnamon Raisin Low Sodium, Sliced, Individually Wrapped, 2.5 oz	2.50	71	WGR	170	1.5	7.9%	0.0	0.0%	130	1	5	7.1%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 97616; Case (72 count) UPC 100-33547-97616-0; 51% whole grain.	12/20/23	X	X		
JSB Industries	Aesop's Smart Choice Bagels, Honey Wheat, Bulk Sliced, 2.5 oz	2.50	71	WGR	160	1.5	8.4%	0.0	0.0%	200	3	3	4.2%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 97195; Case (84 count) UPC 100-33547-97195-0 (Bulk case of 84); 51% whole grain.	12/18/23	X	X	X	
JSB Industries	Muffin Town Smart Choice Muffin 1.8 oz, Apple Cinnamon, individually wrapped,	1.80	51	WGR	140	5.0	32.1%	0.5	3.2%	105	1	11	21.6%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 42666; Case (72 count) UPC 100-33547-42666-5; 58.6% whole grain	12/18/23	X	X		

List 4: Baked Goods

List 4: Bakery Products includes commercial products that meet the CNS snacks category, such as muffins, bagels, rolls, breads, soft pretzels, French toast, waffles, pancakes, and toaster pastries.

																		Better Choice Recommendations				
Manufacturer	Food item description	Package or serving size (ounces)	Weight (grams [g])	General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	Calories: ≤200	Fat (g)	% Calories from fat: ≤35%	Saturated fat (g)	% Calories from Saturated fat: <10%	Sodium (mg): ≤200 mg	Fiber (g)	Total sugars (g): ≤15 g	% Sugars by weight: ≤35%	Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	Standard met: No chemically altered fat substitutes	Standard met: No caffeine	Vendors	Product code and notes	Review date	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain (applies only if contains grains
JSB Industries	Muffin Town Smart Choice Muffin 1.8 oz, Banana, individually wrapped	1.80	51	WGR	140	3.5	22.5%	0.5	3.2%	105	1	13	25.5%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 42675; Case (72 count) UPC 100-33547-42675-7; 52.9% whole grain.	12/18/23	X	X		
JSB Industries	Muffin Town Smart Choice Muffin 1.8 oz, Blueberry, individually wrapped	1.80	51	WGR	140	4.0	25.7%	0.5	3.2%	100	1	12	23.5%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 42661; Case (72 count) UPC 100-33547-42661-0; 57.2% whole grain	12/18/23		X		
JSB Industries	Muffin Town Smart Choice Muffin 1.8 oz, Chocolate Chip, individually wrapped	1.80	51	WGR	150	5.0	30.0%	1.0	6.0%	110	1	14	27.4%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 42670; Case (72 count) UPC 100-33547-42670-2; 52.9% whole grain.	11/12/19	X	X		
JSB Industries	Muffin Town Smart Choice Muffin 1.8 oz, Chocolate Chocolate Chip, individually wrapped	1.80	51	WGR	150	4.5	27.0%	1.0	6.0%	80	1	13	25.5%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 42633; Case (72 count) UPC 100-33547-42633-7; 51.7% whole grain.	12/18/23	X	X		
JSB Industries	Muffin Town Smart Choice Muffin 1.8 oz, Corn, individually wrapped	1.80	51	WGR	160	6.0	33.8%	0.5	2.8%	80	1	13	25.5%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 42665; Case (72 count) UPC 100-33547-42665-8; 67.2% whole grain.	12/18/23		X		
JSB Industries	Muffin Town Smart Choice Muffin 2 oz, Apple Cinnamon, Individually Wrapped	2.00	57	WGR	150	4.5	27.0%	0.5	3.0%	120	1	13	22.9%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 02666; Case (96 count) UPC 100-33547-02666-7; 52.7% whole grain.	12/18/23		X		
JSB Industries	Muffin Town Smart Choice Muffin 2 oz, Banana, Individually Wrapped	2.00	57	WGR	160	4.0	22.5%	0.0	0.0%	115	1	15	26.5%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 02675; Case (96 count) UPC 100-33547-02675; 52.9% whole grain.	12/18/23	X	X		
JSB Industries	Muffin Town Smart Choice Muffin 2 oz, Blueberry, Individually Wrapped, 2 oz	2.00	57	WGR	160	4.5	25.3%	0.5	2.8%	115	1	13	22.9%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 02661; Case (96 count)UPC 100-33547-02661-2; 53% whole grain.	12/18/23	X	X		
JSB Industries	Muffin Town Smart Choice Muffin 2 oz, Carrot, individually wrapped	2.00	57	WGR	140	2.5	16.1%	0.0	0.0%	125	1	14	24.7%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 02611; Case (60 count) UPC 100-33547-02611-7; 54.9% whole grain.	12/18/23	X	X		
JSB Industries	Muffin Town Smart Choice Muffin 2 oz, Corn, individually wrapped	2.00	57	WGR	180	6.0	30.0%	0.5	2.5%	90	1	15	26.5%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 02665; Case (96 count) UPC 100-33547-02665-0; 67.2% whole grain.	12/18/23	X	X		
JSB Industries	Muffin Town Smart Choice Muffin 2 oz, Cranberry Orange, Individually Wrapped	2.00	57	WGR	150	4.5	27.0%	0.5	3.0%	90	1	13	22.9%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 02663; Case (96 count) UPC 10-033547-02663-6; 52.8% whole grain.	12/18/23		X		
JSB Industries	Muffin Town Smart Choice Muffin 2 oz, Double Chocolate Chip, individually wrapped	2.00	57	WGR	180	7.0	35.0%	1.0	5.0%	105	1	14	24.7%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 02673; Case (96 count) UPC 100-33547-02673-5; 51.8% whole grain.	12/18/23	X	X		
JSB Industries	Muffin Town Smart Choice Muffin Tops 2 oz, Apple Cinnamon, Individually Wrapped	2.00	57	WGR	160	5.0	28.1%	0.5	2.8%	100	1	14	24.7%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 57666; Case (60 count) UPC 100-33547-57666-7; 52.9% whole grain.	12/18/23	X	X		

List 4: Bakery Products includes commercial products that meet the CNS snacks category, such as muffins, bagels, rolls, breads, soft pretzels, French toast, waffles, pancakes, and toaster pastries.

																			Better Choice Recommendations			
Manufacturer	Food item description	Package or serving size (ounces)	Weight (grams [g])	General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	Calories: ≤200	Fat (g)	% Calories from fat: ≤35%	Saturated fat (g)	% Calories from Saturated fat: <10%	Sodium (mg): ≤200 mg	Fiber (g)	Total sugars (g): ≤15 g	% Sugars by weight: ≤35%	Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	Standard met: No chemically altered fat substitutes	Standard met: No caffeine	Vendors	Product code and notes	Review date	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain (applies only if contains grains
JSB Industries	Muffin Town Smart Choice Muffin Tops 2 oz, Banana, Individually Wrapped	2.00	57	WGR	160	4.0	22.5%	0.5	2.8%	100	1	15	26.5%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 57675; Case (60 count) UPC 100-33547-57675-9; 52.9% whole grain.	12/18/23	X	X		
JSB Industries	Muffin Town Smart Choice Muffin Tops 2 oz, Blueberry, Individually Wrapped	2.00	57	WGR	160	5.0	28.1%	0.5	2.8%	95	1	14	24.7%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 57661; Case (60 count) UPC 100-33547-57661-2; 52.9% whole grain.	12/18/23	X	X		
JSB Industries	Muffin Town Smart Choice Muffin Tops 2 oz, Chocolate Chip, Individually Wrapped	2.00	57	WGR	170	5.0	26.5%	1.0	5.3%	100	1	15	26.5%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 57670; Case (60 count) UPC 100-33547-57670-4; 53% whole grain.	12/18/23	X	X		
JSB Industries	Muffin Town Smart Choice Muffin Tops 2 oz, Chocolate Chocolate Chip, Individually Wrapped	2.00	57	WGR	170	6.0	31.8%	1.5	7.9%	110	1	14	24.7%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 57633; Case (60 count) UPC 100-33547-57633-9; 51.6% whole grain.	12/18/23	X	X		
JSB Industries	Muffin Town Smart Choice Snack'n Loaf 2 oz, Apple Cinnamon, Individually Wrapped	2.00	57	WGR	160	5.0	28.1%	0.5	2.8%	100	1	13	22.9%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 51666; Case (72 count) UPC 100-033547-51666; 52.8% whole grain.	12/18/23		X		
JSB Industries	Muffin Town Smart Choice Snack'n Loaf 2 oz, Banana, Individually Wrapped	2.00	57	WGR	160	4.0	22.5%	0.5	2.8%	100	1	15	26.5%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 51675; Case (72 count) UPC 100-33547-51675-5; 52.9% whole grain	12/18/23		X		
JSB Industries	Muffin Town Smart Choice Snack'n Loaf 2 oz, Blueberry, Individually Wrapped	2.00	57	WGR	160	5.0	28.1%	0.5	2.8%	95	1	14	24.7%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 51661; Case (72 ct) UPC 100-33547-51661-8; 52.7% whole grain	12/18/23	X	X		
JSB Industries	Muffin Town Smart Choice Snack'n Loaf 2 oz, Chocolate Chip, Individually Wrapped	2.00	57	WGR	170	5.0	26.5%	1.0	5.3%	95	1	15	26.5%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 02670; Case (96 ct) UPC 100-33547-02670-4. 53% whole grain.	12/14/23	X	X		
JSB Industries	Muffin Town Smart Choice Snack'n Loaf 2 oz, Chocolate Chip, Individually Wrapped	2.00	57	WGR	170	5.0	26.5%	1.0	5.3%	100	1	15	26.5%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 51670; Case (72 count) UPC 100-33547-51670-0; 53% whole grain	12/18/23	X	X		
JSB Industries	Muffin Town Smart Choice Snack'n Loaf 2 oz, Cranberry, Individually Wrapped	2.00	57	WGR	150	4.5	27.0%	0.5	3.0%	100	1	13	22.9%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 51663; Case (72 count) UPC 100-33547-51663-2; 52.9% whole grain	12/18/23		X		
JSB Industries	Muffin Town Smart Choice Whole Grain Cornbread, Individually Wrapped, 2 oz	2.00	57	WGR	180	6.0	30.0%	0.5	2.5%	90	1	15	26.5%	yes	yes	yes	A.J. Letizio; HPC, Sysco CT, Thurston, US Foods	Item 51605; Case (72 count) UPC 100-33547-51605-2; 67.2% whole grain	12/19/23	X	X		
Kellanova	Kellogg's Pop-Tarts Toaster Pastries, Made with Whole Grain, Frosted Cinnamon, 1.69 oz (1 pastry)	1.69	48	WGR	170	3.0	15.9%	1.0	5.3%	120	3	15	31.3%	yes	yes	yes	HPC, Sysco CT, Thurston, USFS Norwich	Pouch UPC 0-38000-55124-6; Carton (10 pouches) UPC 0-38000-55123-9 Case (120 count) UPC 000-38000-55122-2	12/13/23		X		
Kellanova	Kellogg's Pop-Tarts Toaster Pastries, Made with Whole Grain, Frosted Blueberry, 1.69 oz (1 pastry)	1.69	48	WGR	170	2.5	13.2%	1.0	5.3%	115	3	14	29.2%	yes	yes	yes	HPC, Sysco CT, Thurston, USFS Norwich	Pouch UPC 0-38000-17198-7; Carton (10 count) UPC 0-38000-17197-0; Case (120 count) UPC 000-38000-17196-3	12/13/23		X		

List of Acceptable Foods and Beverages

List 4: Baked Goods

List 4: Bakery Products includes commercial products that meet the CNS snacks category, such as muffins, bagels, rolls, breads, soft pretzels, French toast, waffles, pancakes, and toaster pastries.

																		Better Choice Recommendations			
Manufacturer	Food item description	Package or serving size (ounces)	Weight (grams [g])	General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	Calories: ≤200	Fat (g)	% Calories from fat: ≤35%	Saturated fat (g)	% Calories from Saturated fat: <10%	Sodium (mg): ≤200 mg	Fiber (g)	Total sugars (g): ≤15 g	% Sugars by weight: ≤35%	Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	Standard met: No chemically altered fat substitutes	Standard met: No caffeine	Vendors	Product code and notes	Review date	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain (applies only if contains grains
Kellanova	Kellogg's Pop-Tarts Toaster Pastries, Made with Whole Grain, Frosted Strawberry, 1.69 oz (1 pastry)	1.69	48	WGR	170	2.5	13.2%	1.0	5.3%	115	3	14	29.2%	yes	yes	yes	Berkshire, HPC, Thurston, Vistar	Pouch UPC 0-38000-55132-1; Carton (10 pouches) UPC 0-38000-55131-4; Case (120 count) UPC 000-38000-55130-7	12/13/23		X	X	
Kellanova	Kellogg's Pop-Tarts Toaster Pastries, Made with Whole Grain, Fudge, 1.69 oz (1 pastry)	1.69	48	WGR	170	3.0	15.9%	1.0	5.3%	120	3	15	31.3%	yes	yes	yes	Berkshire, HPC, Thurston, Vistar	Pouch UPC 0-38000-12070-5; Carton (10 pouches) UPC 0-38000-12071-8; Case (120 count) UPC 000-38000-12070-1	12/13/23		X	X	
Marzetti Company	New York Bakery 6" Wheat Breadstick with Whole Grain, 1.1 oz stick	1.10	31	WGR	80	1	11.3%	0.0	0.0%	160	1	2	6.4%	yes	yes	yes	Key Impact Sales & Systems	Code 15023; Case (168 count) UPC 100-70459-15023-3	1/5/24	X	X		
Marzetti Company	Sister Schubert's Whole Grain Wheat Rolls, 1 oz	1.00	28	WGR	90	3	30.0%	0.5	5.0%	160	1	3	10.6%	yes	yes	yes	Key Impact Sales & Systems	Item 4816263021; Case (180 count) UPC 107-48162-63021-1	1/5/24	X	X		
Original Bagel	51% Whole Grain Rainbow Bagel, 2 oz	2.00	57	WGR	140	0.5	3.2%	0.0	0.0%	125	3	2	3.5%	yes	yes	yes	Thurston Foods	Code 51952; Case (80 count) UPC 107-18240-51952-3	1/5/24		X		
Rich Products Corporation	Cinnamon Roll Dough Made with Whole Grain (51%), Ready to Bake, 1.25 oz uncooked	1.25	35	WGR	90	0.5	5.0%	0.0	0.0%	70	2	5	14.1%	yes	yes	yes	Affinity Group, Sysco CT	Code 10204; Case (240 count) UPC 000-49800-10204-0	1/11/24		X		
Sara Lee	Chef Pierre Whole Grain Banana Muffin, 51% whole grain, 2 oz individually wrapped	2.00	57	WGR	180	7	35.0%	1.5	7.5%	100	2	15	26.5%	yes	yes	yes	Sysco CT, Waypoint	Code 08861; UPC 0-32100-08861-9; Case (48 count) UPC 100-32100-08861-6	12/18/23	X	X		
Sara Lee	Chef Pierre Whole Grain Blueberry Muffin, 51% whole grain, Individually Wrapped, 2 oz	2.00	57	WGR	170	6	31.8%	0.0	0.0%	120	1	14	24.7%	yes	yes	yes	Sysco CT, Waypoint	Code 08860; UPC 0-32100-08860-2; Case (48 count) UPC 100-32100-08860-9	12/18/23		X		
Sara Lee	Chef Pierre Whole Grain Double Chocolate Muffin, 51% whole grain, 2 oz individually wrapped	2.00	57	WGR	170	6	31.8%	1.5	7.9%	105	2	14	24.7%	yes	yes	yes	Sysco CT, Thurston, Waypoint	Code 08862; UPC 0-32100-08862-6; Case (48 count) UPC 100-32100-08862-3	12/18/23		X		
Sky Blue Bakery	Cinnamon Bun Snack Bun, 2.25 oz individually wrapped	2.25	64	WGR	200	7	31.5%	2.0	9.0%	200	2	10	15.7%	yes	yes	yes	HPC, Thurston	Code SWB5175; Case (75 ct) UPC 8-56756-00337-2	12/18/23	X	X		
Sky Blue Bakery	Whole Grain Corn Mini Muffin, 1.5 oz individually wrapped	1.50	43	WGR	130	4.5	31.2%	0	0.0%	75	1	11	25.9%	yes	yes	yes	HPC, Thurston	Code CBLD196; Case (96 count) UPC 8-56756-00305-1	12/18/23	X	X		X
Sky Blue Bakery	Whole Grain Simply Apple Mini Muffin, 1.6 oz individually wrapped	1.60	45	WGR	150	4.5	27.0%	0.5	3.0%	100	1	12	26.5%	yes	yes	yes	HPC, Thurston	Code WMAPL196; Case (96 ct) UPC 8-56756-00364-8	12/18/23	X	X		
Sky Blue Bakery	Whole Grain Simply Banana Mini Muffin, 1.6 oz individually wrapped	1.60	45	WGR	130	3.5	24.2%	1.0	6.9%	90	1	11	24.3%	yes	yes	yes	HPC, Thurston	Code WMBAN196; Case (96 ct) UPC 8-56756-00337-2	12/18/23	X	X		

List of Acceptable Foods and Beverages

List 4: Baked Goods

List 4: Bakery Products includes commercial products that meet the CNS snacks category, such as muffins, bagels, rolls, breads, soft pretzels, French toast, waffles, pancakes, and toaster pastries.

																			Better Choice Recommendations			
Manufacturer	Food item description	Package or serving size (ounces)	Weight (grams [g])	General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	Calories: ≤200	Fat (g)	% Calories from fat: ≤35%	Saturated fat (g)	% Calories from Saturated fat: <10%	Sodium (mg): ≤200 mg	Fiber (g)	Total sugars (g): ≤15 g	% Sugars by weight: ≤35%	Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	Standard met: No chemically altered fat substitutes	Standard met: No caffeine	Vendors	Product code and notes	Review date	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain (applies only if contains grains
Sky Blue Bakery	Whole Grain Simply Blueberry Mini Muffin, 1.6 oz individually wrapped	1.60	45	WGR	120	3.5	26.3%	0.0	0.0%	90	1	10	22.0%	yes	yes	yes	HPC, Thurston	Code WMBLU196; Case UPC (96 count) 8-56756-00338-9	12/18/23	X	X		
Sky Blue Bakery	Whole Grain Simply Chocolate Chip Mini Muffin, 1.6 oz individually wrapped	1.60	45	WGR	130	4	27.7%	1.0	6.9%	95	1	12	26.5%	yes	yes	yes	HPC, Thurston	Code WMCHCH196; Case (96 ct) UPC 8-56756-00359-4	12/18/23	X	X		
Sky Blue Bakery	Whole Grain Simply Double Chocolate Mini Muffin, 1.6 oz individually wrapped	1.60	45	WGR	140	5	32.1%	1	6.4%	125	1	11	24.3%	yes	yes	yes	HPC, Thurston	Code WMDC196; Case (96 count) UPC 8-56756-01534-4	12/18/23	X	X		
Super Bakery	Whole Grain Super Donut 51% Whole Grain Fortified with Vitamins and Minerals, 1.9 oz individually wrapped	1.90	54	WGR	170	4.5	23.8%	1.5	7.9%	180	2	14	26.0%	yes	yes	yes	HPC, Thurston	Code 18350; UPC 0-91464-18350-7; Case (80 count) UPC 000-91464-18350-4	12/18/23	X	X		
Tasty Brands	Anytime Bakery Crème Filled Chocolate Cupcakes, 1.52 ounce, individually wrapped	1.52	43	WGR	170	6.0	31.8%	1.0	5.3%	125	1	15	34.8%	yes	yes	yes	GPS Food Group, HPC, Thurston	Item 222040; Case (96 count) UPC 008-10089-29149-3	1/14/25	X	X		
Tasty Brands	Anytime Bakery Crème Filled Vanilla Flavored Cupcakes, 1.52 ounce, individually wrapped	1.52	43	WGR	170	6.0	31.8%	1.0	5.3%	135	1	15	34.8%	yes	yes	yes	GPS Food Group, HPC, Thurston	Item 22203; Case (96 count) UPC 008-10089-29148-6	1/14/25	X	X		