List of Acceptable Foods and Beverages

List 2: Crackers

List 2: Crackers includes commercial products that meet the CNS snacks category, such as crackers, hard pretzels, pita chips, snack mixes, croutons, and similar products.

																		Better Choice Recommendations			
Manufacturer	Food item description	Package or serving size (ounces)	Weight (grams [g])	General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	Calories: ≤200	Fat (g)	% Calories from fat: ≤35%	Saturated fat (g)	% Calories from Saturated fat: <10%	Sodium (mg): ≤200 mg	Fiber (g)	Total sugars (g): ≤15 g	% Sugars by weight: ≤35%	Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	Standard met: No chemically altered fat substitutes	Standard met: No caffeine	Vendors	Product code and notes	Review date	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain (applies only if contains grains
Campbell's	Pepperidge Farm Goldfish Colors Baked with Whole Grain, 0.75 oz pouch	0.75	21	WGR	100	3.5	31.5%	0.5	4.5%	170	1	0	0.0%	yes	yes	yes	Thurston Foods, US Foods New England	Code 04788; UPC 0-14100-04788-9; Case (300 count) UPC 10-01410-00478-86	10/24/24	X	X		
Campbell's	Pepperidge Farm Goldfish Pretzels Baked with Whole Grain, 0.75 oz pouch	0.75	21	WGR	90	1.5	15.0%	0.0	0.0%	200	1	0	0.0%	yes	yes	yes	Gordon Food Service-Perkins, HPC, PFG Springfield, Sysco CT, Sysco Northern New England, Thurston Foods, US Foods CT, Lindley	Code 14396; UPC 0-14100-14396-3; Case (300 count) UPC 100-14100-14396-0	10/24/24	X	X		
Campbell's	Pepperidge Farm Goldfish Snack Crackers Cheddar, Baked with Whole Grain, 0.75 oz pouch	0.75	21	WGR	100	3.5	31.5%	0.5	4.5%	170	1	0	0.0%	yes	yes	yes	Gordon Food Service-Perkins, HPC, PFG Springfield, Sysco CT, Sysco Northern New England, Thurston Foods, US Foods CT, Lindley	Code 18105; UPC 0-14100-18105-7; Case (300 count) UPC 100-14100-18105-4	10/24/24	X	X		
Campbell's	Pepperidge Farm Goldfish Snack Crackers Cheddar, Baked with Whole Grain, Disney's Mickey Mouse, 0.75 oz pouch	0.75	21	WGR	100	3.5	31.5%	0.5	4.5%	160	1	0	0.0%	yes	yes	yes	Gordon Food Service, HPC, PFG Springfield, Sysco CT, Thurston Foods, US Foods New England	Code 27516; UPC 0-14100-27516-6; Case (300 count) UPC 100-14100-27516-6	10/24/24	X	X		
Campbell's	Pepperidge Farm Goldfish Snack Crackers Xtra Cheddar, Baked with Whole Grain, 0.75 oz bag	0.75	21	WGR	90	3.5	35.0%	0.5	5.0%	200	1	0	0.0%	yes	yes	yes	Thurston Foods, US Foods New England	Code 23088; UPC 0-14100-23088-5; Case (300 count) UPC 10-01410-02308-82	10/24/24	X	X		
Darlington	Appleways Cheddar Cheese Crispy Crackers, 0.9 oz bag	0.9	26	WGR	110	3.5	28.6%	1.0	8.2%	180	2	0	0.0%	yes	yes	yes	HPC, PFG, Thurston Foods, US Foodservice	Code 76100; UPC 6-75825-76100-1; Case (108 count) UPC 00-675825-76100-1	10/6/22	X	X		
Darlington	Appleways Sweet Potato Crispy Crackers, 1.0 oz bag	1	28	WGR	110	2.0	16.4%	0.0	0.0%	80	2	6	21.2%	yes	yes	yes	HPC, PFG, Thurston Foods, US Foodservice	Code 76400; UPC 6-75825-76400-2; Case (108 count) UPC 006-75825-76400-2	10/6/22	X	X		
Darlington	Veggie Crispy Crackers, Individually Wrapped, 1 oz bag	1	28	WGR	110	3.5	28.6%	0.5	4.1%	140	2	1	3.5%	yes	yes	yes	HPC, PFG, Thurston Foods, US Foodservice	Code 76301; UPC 6-75825-76301-2; Case (108 count) UPC 006-75825-76301-2. 51% whole grain.	10/6/22	X	X		
ES Foods	Wheat Crackers, 1 oz package	1	28	WGR	110	3.5	28.6%	0.0	0.0%	160	2	2	7.1%	yes	yes	yes	Affinity Group	Code 16300; Case (500 count) UPC 106-93392-00341-3	12/29/23	X	X		
Frito Lay	Munchies Snack Mix Munch Mix, 0.875 oz bag	0.875	25	FG	110	3.5	28.6%	0.0	0.0%	180	2	2	8.1%	yes	yes	yes	Ace Endico, Gordon Foodservice, HPC, Sysco CT, Thurston	Bag UPC 0-28400-67240-5; Case (104 count) UPC 000-28400-36308-2	11/15/23		X		NA
Frito Lay	Rold Gold Heartzels Pretzels Origiinal, 0.7 oz bag	0.7	20	WGR	80	1.0	11.3%	0.0	0.0%	200	2	<1	0.0%	yes	yes	yes	Gordon Food Service, HPC, Sysco CT, Thurston	UPC 0-28400-14962-4; Case UPC (104 COUNT) 000-28400-15940-1	12/14/23	X	X		
General Mills	Annie's Organic Cheddar Bunnies Baked Snack Crackers, 0.75 oz bag	0.75	21	WGR	90	3.5	35.0%	0.0	0.0%	130	1	0	0.0%	yes	yes	yes	HPC, Sysco , Thurston	UPC 13562-49828-4; Case (100 count) UPC 100-13562-49828-1	12/18/23	X	X		X

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General Mills	Simply Chex Cheddar, 0.92 oz pouch	0.92	26	WGR	110	2.5	20.5%	0.5	4.1%	150	2	4	15.3%	yes	yes	yes	Ace Endico, HPC, Sysco CT, Thurston	Code 31932000; UPC 0-16000-31932-5; Case (60 count) UPC 100-16000-31932-2	12/18/23	X	X		
General Mills	Simply Chex Chocolate Caramel, 1.03 oz pouch	1.03	29	WGR	120	4.0	30.0%	1.0	7.5%	65	2	7	24.0%	yes	yes	yes	HPC, Sysco CT, Thurston	Code 31933000; UPC 0-16000-31933-2; Case (60 count) UPC 100-16000-31933-9	12/18/23	X	X		
General Mills	Simply Chex Strawberry Yogurt, 1.03 oz	1.03	29	WGR	120	3.0	22.5%	1.0	7.5%	55	2	8	27.4%	yes	yes	yes	HPC, Sysco CT, Thurston	Code 31937000; UPC 0-16000-31937-0; Case (60 count) UPC 100-16000-31937-7	12/18/23	X	X		
J&J Snack Foods	Crunch & Crave Crackers, Churro, 1 oz package	1	28	WGR	110	2.5	20.5%	0.0	0.0%	75	2	8	28.2%	yes	yes	yes	American Patriot Sales	Item number 2049193; UPC 0-73321-49193-2; Case (160 count) 100-73321-49193-9	1/2/24	X	X		X
J&J Snack Foods	Crunch & Crave Crackers, Original, 1.6 oz package	1.6	45	WGR	190	6.0	28.4%	0.0	0.0%	200	4	3	6.6%	yes	yes	yes	American Patriot Sales	Item number 2049192; UPC 0-73321-49192-5; Case (100 count) 100-73321-49192-2	1/2/24	X	X	X	X
Kellanova	Kellogg's Cheez-It made with 12 g Whole Grain, 1 oz bag	1	28	WGR	130	4.5	31.2%	1.0	6.9%	200	2	0	0.0%	yes	yes	yes	Berkshire, Gordon Food Service, Vistar	UPC 0-24100-10481-9; Case (60 count) UPC 000-24100-10480-2	12/18/23	X	X		
Kellanova	Kellogg's Cheez-It made with 9 g Whole Grain, 0.75 oz bag	0.75	21	WGR	100	3.5	31.5%	1.0	9.0%	150	1	0	0.0%	yes	yes	yes	Gordon Food Service, Sysco CT CT	UPC 0-24100-79482-9; Case (175 count) UPC 000-24100-79263-4	12/18/23	X	X		
MJM Marketing	Chili Lime Savory Crackers, 0.8 oz bag	0.8	22	WGR	90	3.0	30.0%	0.00	0.0%	200	1	2	9.1%	yes	yes	yes	Thurston, J.Kings, HPC, GFS, USF, Original Pizza	Item 805155; Case (155 count) UPC 006-82830-80515-6	1/25/24	X	X		
MJM Marketing	Savory Bites Herb Crackers, 0.8 oz bag	0.8	22	WGR	90	3.0	30.0%	0.00	0.0%	190	1	2	9.1%	yes	yes	yes	Thurston, J.Kings, HPC, GFS, USF, Original Pizza	Item 803155; Case (155 count) UPC 006-82830-80315-2	1/25/24	X	X		
MJM Marketing	Savory Bites Pizza Crackers, 0.8 oz bag	0.8	22	WGR	80	2.0	22.5%	0.00	0.0%	190	2	2	9.1%	yes	yes	yes	Thurston, J.Kings, HPC, GFS, USF, Original Pizza	Item 804155; Case (155 count) UPC 006-82830-80415-9	1/25/24	X	X		
MJM Marketing	Savory Bites Whole Grain Wheat Crackers, 0.8 oz bag	0.8	22	WGR	90	2.5	25.0%	0.00	0.0%	190	2	2	9.1%	yes	yes	yes	Thurston, J.Kings, HPC, GFS, USF, Original Pizza	Item 801155; Case (155 count) UPC 006-82830-80115-8	1/25/24	X	X		