This list includes commercial chips and puffed snack products that comply with the Connecticut Nutrition Standards (CNS). Foods are evaluated for compliance with the CNS based on the amount as served including any added accompaniments such as dips, salsa, and grated cheese, e.g., baked potato chips with dip and whole-corn tortilla chips with salsa or cheese sauce. Some listed products are not nutrient-rich foods. For example, baked chips are lower in fat than regular chips that do not comply with the CNS, but neither product provides any significant nutritional value, e.g., vitamins, minerals and fiber. The Connecticut State Department of Education (CSDE) encourages schools to review the nutrient content of allowable products, and select the most nutrient-rich products that also meet the "Better Choice "recommendations (refer to the green and white columns on the right). The CSDE strongly encourages schools to offer a la carte food choices that include a variety of minimally processed and naturally nutrient-rich whole grains, low-fat or nonfat dairy, lean meats and legumes.

Product formulations and packaging can change. The nutrition information below is based on the package label or manufacturer information to the CSDE following the guidance in Submitting Food and Beverage Products for Approval.

The CSDE's List of Acceptable Foods and Beverages webpage is updated regularly and is subject to change. To assist in identifying new items added since the previous edition of this list, the manufacturer and food item (first two columns) of all new items are highlighted in pink. For contact information for listed vendors, refer to Contact Information for Vendors.

Note: The approval below is only for the product exactly as listed. If the product is sold a la carte combined with any accompaniments (e.g., dips, salsa, and grated cheese), the nutrition information for the accompaniments must be added to the nutrition information for the product to determine if the serving still complies with the CNS (refer to the CSDE's **CNS worksheets**). This documentation must be maintained on file by the district and be available upon request for the CSDE's annual Healthy Food Certification (HFC) documentation review.

		General Nutrient Standards																	Rr.	etter Choice Re	commendatio	one			
				General Standards							Nutrient	Standa	rds										products that me		
including	CHIPS AND PUFFED SNACKS, ncluding chips, popcorn, ice/corn cakes, puffed snacks Package or serving serving line.			1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	No chemically altered fat substitutes	No caffeine				rs or colors	com syrup	ns of fiber	in ontains grains)
Manufacturer	Food item	serving	Weight (g)	General Standard met	Calories	Fat (g)		Saturated fat	% Calories from Saturated fat		Standard met	Sodium (mg)	Fiber (g)		% Sugars by weight	Standard met	Standard met	Standard met	Vendors	Product code and notes	Review date	No artificial flavo	No high fructose	At least 2.5 gran	100% whole grain (applies only if cor
Campbell's Foodservice	Cape Cod Kettle Cooked Potato Chips 40% less fat, Sweet Mesquite Barbeque, 1.37 oz bag	1.37 oz	39	FG	180	7.0	35.0%	0.5	2.5%	0	yes	180	2	2	5.1%	yes	yes	yes	Gordon Food Service/Perkins, Performance Foodservice Springfield, Jay Bee Distributors	UPC 0-20685-00077-6; Case code 12482; Case (56 count) UPC 300-20685-00077-6	1/12/24	х	х		x
Conagra Foodservice	Angie's BoomChickaPop Light Ketter Com, 0.6 oz bag	0.6 oz	17	FG	70	2.5	32.1%	0.0	0.0%	0	yes	70	2	3	17.6%	yes	yes	yes	Waypoint	Item 5314; Package UPC 1- 87800-1560-8; Case (60 count) UPC 408-18780-01560-6	12/18/23	х	х		х
Frito Lay	Cheetos Baked Crunchy Cheese Flavored Snacks, 50% less fat, 0.875 oz bag (7/8 oz)	0.875 oz	25	WGR	120	4.5	33.8%	1.0	7.5%	0	yes	200	1	1	0.0%	yes	yes	yes	Berkshire, Gordon Food Service, HPC, Sysco, Thurston	Bag UPC 0-28400-62328-5; Case (104 count) UPC 000- 28400-62933-1	12/14/23		Х		
Frito Lay	Cheetos Baked Flamin' Hot Flavored Cheese Flavored Snacks, 50% less fat, 0.875 oz bag (7/8 oz)	0.875 oz	25	WGR	120	4.5	33.8%	0.5	3.8%	0	yes	200	1	<1	0.0%	yes	yes	yes	Berkshire, Gordon Food Service, HPC, Sysco, Thurston	Bag UPC 0-28400-62353-7; Case (104 count) UPC 000- 28400-62984-3	12/14/23		Х		
Frito Lay	Cheetos Baked Flamin' Hot Limon Flavored Cheese Flavored Snacks, 50% less fat, 0.875 oz bag (7/8 oz)	0.875 oz	25	WGR	110	4.0	32.7%	0.5	4.1%	0	yes	140	1	0	0.0%	yes	yes	yes	Berkshire, Gordon Food Service, HPC, Sysco, Thurston	Bag UPC 0-28400-52888-7; Case (104 count) UPC 000- 28400-52889-4	12/14/23		Х		
Frito Lay	Cheetos Fantastix Chili Cheese Flavored Corn & Potato Snacks, 1 oz bag	1 oz	28	WGR	130	5.0	34.6%	1.0	6.9%	0	yes	200	2	<1	0.0%	yes	yes	yes	Berkshire, Gordon Food Service, HPC, Sysco, Thurston	Bag UPC 0-28400-05299-3; Case (104 count) UPC 000- 28400-36098-2	12/14/23		Х		

											SNACKS	S									[Be	tter Choice Re	commendatio	ns
				General Standards							Nutrient	t Standa	ırds										roducts that m		
including	D PUFFED SNACKS, chips, popcorn, cakes, puffed snacks			1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	No chemically altered fat substitutes	No caffeine				flavors or colors	ctose com syrup	grams of fiber	e grain ly if contains grains)
Manufacturer	Food item	Package or serving size	Weight (g)	General Standard met	Calories	Fat (g)	% Calories from fat	Saturated fat (g)	% Calories from Saturated fat		Standard met	Sodium (mg)	Fiber (g)	Total sugars (g)	% Sugars by weight	Standard met	Standard met	Standard met	Vendors	Product code and notes	Review date	No artificial	No high fru	At least 2.5	100% whole (applies only
Frito Lay	Cheetos Fantastix Flamin' Hot Flavored Corn & Potato Snacks, 1 oz bag	1 oz	28	WGR	130	5.0	34.6%	1.0	6.9%	0	yes	200	2	<1	0.0%	yes	yes	yes	Berkshire, Gordon Food Service, HPC, Sysco, Thurston	Bag UPC 0-28400-07506-0; Case (104 count) UPC 000- 28400-43578-9	12/14/23		Х		
Frito Lay	Cheetos Puffs Reduced Fat Baked Cheese Flavored Snacks, 0.7 oz bag	0.7 oz	20	WGR	90	3.5	35.0%	0.0	0.0%	0	yes	140	<1	<1	0.0%	yes	yes	yes	Berkshire, Gordon Food Service, HPC, Sysco, Thurston	Bag UPC 0-28400-19047-3; Case (72 count) UPC 000- 28400-21910-5	12/14/23		Х		
Frito Lay	Doritos Cool Ranch Flavored Reduced Fat Tortilla Chips, 1 oz bag	1 oz	28	WGR	130	5.0	34.6%	0.5	3.5%	0	yes	180	2	<1	#VALUE!	yes	yes	yes	Gordon Food Service, HPC, New England Ice Cream	Bag UPC 0-28400-05297-9; Case (72 count) UPC 000- 28400-36096-8	12/14/23		Х		Х
Frito Lay	Doritos Flamas Flavored Reduced Fat Tortilla Chips, 1 oz bag	1 oz	28	WGR	130	5.0	34.6%	0.5	3.5%	0	yes	200	2	<1	0.0%	yes	yes	yes	Berkshire, Gordon Food Service, HPC, Sysco CT, Thurston Foods	Bag UPC 0-28400-62046-8; Case (72 count)UPC 000- 28400-62829-7	12/14/23		Х		
Frito Lay	Doritos Nacho Cheese Flavored Reduced Fat Tortilla Chips, 1 oz bag	1 oz	28	WGR	130	5.0	34.6%	1.0	6.9%	0	yes	200	2	<1	0.0%	yes	yes	yes	Berkshire, Gordon Food Service, HPC, New England Ice Cream, Superior Vending, Sysco CT	Bag UPC 0-28400-04243-7; Case (72 count) UPC 000- 28400-31748-1	12/14/23		x		x
Frito Lay	Doritos Spicy Sweet Chili Flavored Reduced Fat Tortilla Chips, 1 oz bag	1 oz	28	WGR	130	5.0	34.6%	0.5	3.5%	0	yes	200	2	<1	0.0%	yes	yes	yes	Gordon Food Service, HPC, New England Ice Cream, Sysco CT, Thurston	Bag UPC 0-28400-08872-5; Case (72 count) UPC 000- 28400-49093-1	12/14/23	Х	х		X
Frito Lay	Doritos Wild White Nacho Flavored Reduced Fat Tortilla Chips, 1 oz bag	1 oz	28	WGR	130	5.0	34.6%	1.0	6.9%	0	yes	170	2	<1	0.0%	yes	yes	yes	Gordon Food Service, HPC, New England Ice Cream, Sysco CT, Thurston	Bag UPC 0-28400-67522-2; Case (72 count) UPC 000- 28400-67609-0	12/14/23	Х	Х		х
Frito Lay	Funyuns Onion Flavored Rings, 0.75 oz bag (3/4 oz)	0.75 oz	21	WGR	100	3.5	31.5%	0.5	4.5%	0	yes	125	<1	<1	0.0%	yes	yes	yes	Gordon Food Service	Bag UPC 0-28400-64868-4; Case (104 count) UPC 000- 28400-66689-3	12/14/23	Х	х		
Frito Lay	Lay's Kettle Cooked Potato Chips 40% less fat, Original, 1.375 oz bag (1 3/8 oz)	1.375 oz	39	FG	180	7.0	35.0%	1.0	5.0%	0	yes	190	2	1	2.6%	yes	yes	yes	Berkshire Foods, Gordon Food Service, HPC, Sysco CT, Thurston Foods	Bag UPC 0-28400-23934-9; Case (64 count) UPC 000- 28400-25115-0	12/13/23	Х	Х		NA

											SNACKS	5									[Bei	tter Choice Re	commendatio	ns
				General Standards							Nutrient	Standa	rds											eet all recomme	
including	D PUFFED SNACKS, chips, popcorn, cakes, puffed snacks			1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories		No partially hydrogenated oils	≤200 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	No chemically altered fat substitutes	No caffeine				ors or colors	e com syrup	ms of fiber	ain contains grains)
Manufacturer	Food item	Package or serving size	Weight (g)	General Standard met	Calories	Fat (g)	% Calories from fat		% Calories from Saturated fat		Standard met	Sodium (mg)	Fiber (g)	Total sugars (g)	% Sugars by weight	Standard met	Standard met	Standard met	Vendors	Product code and notes	Review date	No artificial flav	No high fructos	At least 2.5 gra	100% whole gr (applies only if
Frito Lay	Lay's Kettle Cooked Potato Chips 40% less fat, Jalapeno Cheddar Flavored, 1.375 oz bag (1 3/8 oz)	1.375 oz	39	FG	180	7.0	35.0%	1.0	5.0%	0	yes	160	2	2	5.1%	yes	yes	yes	Berkshire Foods Gordon Food Service, HPC, Sysco CT, Thurston Foods	Bag UPC 0-28400-24306-3; Case (64 count) UPC 000- 28400-25111-2	12/13/23	X	Х		NA
Frito Lay	Lay's Kettle Cooked Potato Chips 40% less fat, Smoky BBQ Flavored, 1.375 oz bag (1 3/8 oz)	1.375 oz	39	FG	180	7.0	35.0%	1.0	5.0%	0	yes	190	2	3	7.7%	yes	yes	yes	Berkshire Foods Gordon Food Service, HPC, Sysco CT, Thurston Foods	Bag UPC 2-28400-06902-1; Case (64 count) UPC 000- 28400-09598-3	12/13/23	Х	Х		NA
Frito Lay	Lay's Baked Potato Crisps 65% less fat, Barbecue Flavored, 0.875 oz bag (7/8 oz)	0.875 oz	25	FG	110	3.0	24.5%	0.0	0.0%	0	yes	125	1	3	12.1%	yes	yes	yes	Berkshire, Gordon Food Service, HPC, New England Ice Cream, Superior Vending, Sysco CT, Thurston, Vistar	Bag UPC 0-28400-04346-5; Case (60 count) UPC 000- 28400-32078-8	12/14/23	x	x		NA
Frito Lay	Lay's Baked Potato Crisps 65% less fat, Barbecue Flavored, 1.125 oz bag (1 1/8 oz)	1.125 oz	32	FG	140	3.5	22.5%	0.0	0.0%	0	yes	160	2	3	9.4%	yes	yes	yes	Berkshire, Gordon Food Service, HPC, New England Ice Cream, Superior Vending, Sysco CT, Thurston, Vistar	Bag UPC 0-28400-07189-5; Case (64 count) UPC 000- 28400-44395-1	12/14/23	X	x		NA
Frito Lay	Lay's Baked Potato Crisps 65% less fat, Original, 0.875 oz bag (7/8 oz)	0.875 oz	25	FG	110	3.0	24.5%	0.0	0.0%	0	yes	140	1	2	8.1%	yes	yes	yes	Berkshire, Gordon Food Service, HPC, Sultana, Superior	Bag UPC 0-28400-04701-2; Case (60 count) UPC 000- 28400-33625-3	12/14/23	x	x		NA
Frito Lay	Lay's Baked Potato Crisps 65% less fat, Original, 1.125 oz bag (1 1/8 oz)	1.125 oz	32	FG	140	4.0	25.7%	0.5	3.2%	0	yes	180	2	3	9.4%	yes	yes	yes	Berkshire, Gordon Food Service, HPC, Sultana, Superior Vending, Sysco CT, Thurston, Vistar	Bag UPC 0-28400-07188-8; Case (64 count) UPC 000- 28400-44396-8	12/14/23	x	х		NA

											SNACKS	S										Be	tter Choice Re	commendatio	ns
				General Standards							Nutrient	Standa	rds											eet all recomme	
including	D PUFFED SNACKS, chips, popcorn, cakes, puffed snacks			1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	No chemically altered fat substitutes	No caffeine				s or colors	corn syrup	s of fiber	ntains grains)
Manufacturer	Food item	Package or serving size	Weight (g)	General Standard met	Calories	Fat (g)	% Calories from fat	Saturated fat (g)	% Calories from Saturated fat	1	Standard met	Sodium (mg)	Fiber (g)	Total sugars (g)	% Sugars by weight	Standard met	Standard met	Standard met	Vendors	Product code and notes	Review date	No artificial flavor	No high fructose	At least 2.5 gram	100% whole grair (applies only if co
Frito Lay	Lay's Baked Potato Crisps 65% less fat, Sour Cream & Onion Flavored, 0.875 oz bag (7/8 oz)	0.875 oz	25	FG	110	3.0	24.5%	0.0	0.0%	0	yes	150	1	2	8.1%	yes	yes	yes	Gordon Food Service, HPC, Sultana, Superior Vending, Sysco CT, Thurston, Vistar	Bag UPC 0-28400-04702-9; case (60 count)UPC 000-28400- 33627-7	12/14/23	x	x		NA
Frito Lay	Lay's Baked Potato Crisps 65% less fat, Sour Cream & Onion Flavored, 1.125 oz bag (1 1/8 oz)	1.125 oz	32	FG	140	3.5	22.5%	0.5	3.2%	0	yes	190	2	3	9.4%	yes	yes	yes	Gordon Food Service, HPC, Sultana, Superior Vending, Sysco CT, Thurston, Vistar	Bag UPC 0-28400-08278-5; Case (64 count) UPC 000- 28400-44398-2	12/14/23	X	x		NA
Frito Lay	Lay's Kettle Cooked Potato Chips 40% less fat, Jalapeno Cheddar Flavored, 1.375 oz bag (1 3/8 oz)	1.375 oz	39	FG	180	7.0	35.0%	1.0	5.0%	0	yes	160	2	2	0.0%	yes	yes	yes	Gordon Food Service, HPC, Sysco CT, Thurston	Bag UPC 0-28400-24306-3; Case (64 count) UPC 000- 28400-25111-2	12/14/23	Х	Х		NA
Frito Lay	Lay's Kettle Cooked Potato Chips 40% less fat, Original, 1.375 oz bag (1 3/8 oz)	1.375 oz	39	FG	180	7.0	35.0%	1.0	5.0%	0	yes	190	2	1	0.0%	yes	yes	yes	Gordon Food Service, HPC, Sysco CT, Thurston	Bag UPC 0-28400-23934-9; Case (64 count) UPC 000- 28400-25115-0	12/14/23	Х	Х		NA
Frito Lay	Lay's Kettle Cooked Potato Chips 40% less fat, Salt & Vinegar Flavored, 1.375 oz bag (1 3/8 oz)	1.375 oz	39	FG	180	7.0	35.0%	1.0	5.0%	0	yes	180	2	2	0.0%	yes	yes	yes	Gordon Food Service, HPC, Sysco CT, Thurston	Bag UPC 0-28400-24324-7; Case (64 count) UPC 000- 28400-25113-6	12/13/23	Х	Х		NA
Frito Lay	Lay's Kettle Cooked Potato Chips 40% less fat, Smoky BBQ Flavored, 1.375 oz bag (1 3/8 oz)	1.375 oz	39	FG	180	7.0	35.0%	1.0	5.0%	0	yes	190	2	3	0.0%	yes	yes	yes	Gordon Food Service, HPC, Sysco CT, Thurston	Bag UPC 0-28400-06902-1; Case (64 count) UPC 000- 28400-09598-3	12/14/23	Х	Х		NA
Frito Lay	Munchies Snack Mix Munch Mix, 0.875 oz bag (7/8 oz)	0.875 oz	25	FG	110	3.5	28.6%	0.0	0.0%	0	yes	180	2	2	8.1%	yes	yes	yes	Ace Endico, Gordon Foodservice, HPC, Sysco CT, Thurston	Bag UPC 0-28400-67240-5; Case (104 count) UPC 000- 28400-36308-2	11/15/23		Х		NA
Frito Lay	Ruffles Baked Cheddar & Sour Cream Ridged Potato Crisps, 65% less fat, 0.8 oz bag (4/5 oz)	0.8 oz	23	FG	100	2.5	22.5%	0.0	0.0%	0	yes	200	1	2	8.8%	yes	yes	yes	Berkshire, Gordon Food Service, HPC, Sysco CT, Thurston	Bag UPC 0-28400-44549-8; Case (60 count) UPC 000- 28400-56882-1	12/14/23	Х	Х		NA

										SNACKS	3										Rei	ter Choice Re	commendatio	ns	
				General Standards							Nutrient	Standa	rds										roducts that me		
including	ND PUFFED SNACKS, chips, popcorn, cakes, puffed snacks			1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories		No partially hydrogenated oils	≤200 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	No chemically altered fat substitutes	No caffeine				ors or colors	в сот ѕугир	ns of fiber	in contains grains)
Manufacturer	Food item	Package or serving size	Weight (g)	General Standard	Calories	Fat (g)	% Calories from fat	Saturated fat	% Calories from Saturated fat		Standard met	Sodium (mg)	Fiber (g)	Total sugars (g)	% Sugars by weight	Standard met	Standard met	Standard met	Vendors		Review date	No artificial flavo	No high fructose	At least 2.5 grar	100% whole gra (applies only if c
Frito Lay	Smartfood White Cheddar Popcorn, Reduced Fat, 0.5 oz bag	0.5 oz	14	WGR	70	2.5	32.1%	0.0	0.0%	0	yes	100	2	<1	0.0%	yes	yes	yes	Gordon Food Service, HPC, Thurston, Sysco CT	Bag UPC 0-28400-30889-2; Case UPC (72 count) 000- 28400-25566-0	12/14/23	Х	X		X
Frito Lay	Tostitos Baked Scoops Tortilla Chips, 50% less fat, 0.875 oz bag (7/8 oz)	0.875 oz	25	WGR	110	2.5	20.5%	0.0	0.0%	0	yes	125	1	0	0.0%	yes	yes	yes	Gordon Food Service, HPC, Sysco CT, Thurston	Bag UPC 0-28400-06997-7; Case (72 count) UPC 000- 28400-42537-7	12/14/23	Х	х		X
Frito Lay	Tostitos Crispy Rounds Reduced Fat Tortilla Chips, 0.875 oz bag (7/8 oz)	0.875 oz	25	WGR	120	4.5	33.8%	0.5	3.8%	0	yes	100	2	0.0	0.0%	yes	yes	yes	Gordon Food Service, HPC, Sysco CT, Thurston	Bag UPC 0-28400-16562-4; Case (104 count) UPC 000- 28400-18792-3	12/14/23	Х	х		×
Frito Lay	Tostitos Crispy Rounds Reduced Fat Tortilla Chips, 1.45 oz bag	1.45 oz	41	WGR	200	7.0	31.5%	1.0	4.5%	0	yes	16	3	0.0	0.0%	yes	yes	yes	Gordon Food Service, HPC, Sysco CT, Thurston	Bag UPC 0-28400-27652-8; Case (64 count)UPC 000- 28400-30103-9	12/14/23	Х	х	Х	×
Frito Lay	Tostitos Crispy Rounds Tortilla Chips, Reduced Fat, Walking Taco, 1.4 oz bag	1.4 oz	40	WGR	190	7.0	33.2%	1.0	4.7%	0	yes	160	3	0.0	0.0%	yes	yes	yes	Gordon Food Service, HPC, Sysco CT, Thurston	Bag UPC 0-28400-64871-4; Case (44 count)UPC 000- 28400-20510-8. Approval is only for product alone, not product with added toppings.	11/15/23	X	x	X	
Herr's	Good Natured Toasted Thins Ranch Flavored Vegetable Crisps, 1 oz bag	1 oz	28	FG	120	2	15.0%	0.0	0.0%	0	yes	200	2	3	10.6%	Х	Х	Х	Berkshire, Vistar	Item 6144; UPC 0-72600-08345- 5; Case (60 count) UPC 300- 72600-06144-7	12/18/23	Х	Х		NA
Hippeas	Chickpea Puffs, Bohemian Barbecue Flavored, 0.8 oz bag	0.8 oz	23	FG	100	3.5	31.5%	0.0	0.0%	0	yes	170	2	2	8.8%	yes	yes	yes	Vistar	UPC unit 8-10122-08005-3; UPC case (24 count) 108- 10122-08005-0	1/4/23	Х	Х	X	NA
Hippeas	Chickpea Puffs, Nacho Vibes Flavored, 0.8 oz bag	0.8 oz	23	FG	100	3.5	31.5%	0.0	0.0%	0	yes	170	2	1	4.4%	yes	yes	yes	Vistar	UPC unit 8-10122-08007-7; UPC case (24 count) 108- 10122-08007-4	1/4/23	Х	Х	Х	NA
Hippeas	Chickpea Puffs, Sriracha Sunshine Flavored, 0.8 oz bag	0.8 oz	23	FG	100	3.5	31.5%	0.0	0.0%	0	yes	180	2	1	4.4%	yes	yes	yes	Vistar	UPC unit 8-10122-08006-0; UPC case (24 count) 108- 10122-08006-7	1/4/23	Х	Х	Х	NA
Hippeas	Chickpea Puffs, Vegan White Cheddar, 0.8 oz bag	0.8 oz	23	FG	100	3.5	31.5%	0.0	0.0%	0	yes	180	2	2	8.8%	yes	yes	yes	Vistar	UPC unit 8-10122-08000-8; UPC case (24 count) 108- 10122-08000-5	1/4/23	Х	Х	Х	NA
Hippeas	Organic Chickpea Puffs, Vegan Nacho Vibes, 1 oz bag	1 oz	28	FG	170	4.5	23.8%	0.0	0.0%	0	yes	160	3	3	10.6%	yes	yes	yes	DOT Foods, Vistar	UPC unit 8-50003-87516-3; UPC case (24 count) 008- 50003-87548-4	7/6/22	Х	Х	Х	NA

										SNACKS	6										Bei	ter Choice Re	commendatio	ns	
				General Standards							Nutrient	Standa	rds										roducts that me		
including	ID PUFFED SNACKS, chips, popcorn, cakes, puffed snacks	r	Γ	1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories		No partially hydrogenated oils	≤200 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	No chemically altered fat substitutes	No caffeine		T		vors or colors	se com syrup	ams of fiber	rain :contains grains)
Manufacturer	Food item	Package or serving size	Weight (g)	General Standard met	Calories	Fat (g)	% Calories from fat	Saturated fat (g)	% Calories from Saturated fat		Standard met	Sodium (mg)	Fiber (g)	Total sugars (g)	% Sugars by weight	Standard met	Standard met	Standard met	Vendors	Product code and notes	Review date	No artificial fla	No high fructos	At least 2.5 gra	100% whole gr (applies only if
Ka-Pop!	Ancient Grain Popped Chips, Dairy-free Cheddar Flavor, 1 oz bag	1 oz	28	FG	110	4.0	32.7%	0.0	0.0%	0	yes	190	2	0	0.0%	yes	yes	yes		Bag UPC 8-11185-03010-8; Case (24 count) 008-11185- 03030-6	3/19/20	Х	Х		х
Lesser Evil	Space Balls Interstellar Cheddar, 0.6 oz bag	0.6 oz	17	FG	80	3.0	33.8%	1.0	11.3%	0	yes	140	<1	0	0.0%	yes	yes	yes	Gordon, Vistar	Bag UPC 8-50045-94725-5; Case (96 count)	12/22/23	Х	Х		х
Popchips Inc	Popchips Potato, Crazy Hot, 0.7 oz bag	0.7 oz	20	FG	80	2.5	28.1%	0.0	0.0%	0	yes	190	0	1	5.0%	yes	yes	yes	HPC, Sysco, Thurston, USFS, Vistar	UPC 0-82666-70120-0; Case (72 count) UPC 200-82666-70120-4	3/22/17	Х	Х		NA
Popchips Inc	Popchips Potato, Sea Salt & Vinegar, 0.8 oz bag	0.8 oz	23	FG	100	3.5	31.5%	0.0	0.0%	0	yes	160	0	0	0.0%	yes	yes	yes	HPC, Sysco, Thurston, USFS, Vistar	UPC 0-82666-75500-5; Case (72 count) UPC 200-82666-75500-9	5/1/18	Х	Х		NA
Popchips Inc	Popchips Potato, Sea Salt, 0.8 oz bag	0.8 oz	23	FG	100	3.5	31.5%	0.0	0.0%	0	yes	160	0	0	0.0%	yes	yes	yes	HPC, Sysco, Thurston, USFS, Vistar	UPC 0-82666-71100-1; Case (72 count) UPC 200-82666- 71100-5	5/1/18	Х	Х		NA
Popchips Inc	Popchips Potato, Sour Cream & Onion, 0.8 oz bag	0.8 oz	23	FG	100	3.5	31.5%	0.0	0.0%	0	yes	160	0	1	4.4%	yes	yes	yes	HPC, Sysco, Thurston, USFS, Vistar	UPC 0-82666-77700-7; Case (72 count) UPC 200-82666- 77700-1	5/1/18	Х	Х		NA
Popchips Inc	Popchips Ridges, Buffalo Ranch, 0.8 oz bag	0.8 oz	23	FG	90	3.5	35.0%	0.0	0.0%	0	yes	200	0	1	4.4%	yes	yes	yes	HPC, Sysco, Thurston, USFS, Vistar	UPC 0-82666-70115-6; Case (72 count) UPC 200-82666-70115-0	3/22/17	X	Х		NA
Tarrier Foods Corp	Rockin'ola Buffalo Ranch Corn Crunch, 0.75 oz packet	0.75 oz	21	FG	90	3.0	30.0%	0.28	2.8%	0	yes	105	1	1	4.7%	yes	yes	yes	Thurston	UPC 8-53778-00462-2; Case (250 count) UPC 108-53778-00462-9	12/13/23	X	Х		х
Tarrier Foods Corp	Rockin'ola Diablo Corn Crunch, 0.75 oz packet	0.75 oz	21	FG	90	2.5	25.0%	0.26	2.6%	0	yes	95	<1	0	0.0%	yes	yes	yes	Thurston	UPC 8-53778-00461-5; Case (250 count) UPC 108-53778-00461-2	12/13/23	Х	Х		X
Tarrier Foods Corp	Rockin'ola Kettle Corn Crunch, 0.75 oz packet	0.75 oz	21	FG	80	2.5	28.1%	0.21	2.4%	0	yes	100	1	1	4.7%	yes	yes	yes	Thurston	UPC 8-53778-00460-8; Case (250 count) UPC 108-53778-00460-5	12/13/23	Х	Х		х
Tarrier Foods Corp	Rockin'ola Kettle Corn Crunch, 0.75 oz packet	0.75 oz	21	FG	80	2.5	28.1%	0.21	2.4%	0	yes	100	1	1	4.7%	yes	yes	yes	Thurston	UPC 8-53778-00460-8; Case (250 count) UPC 108-53778-00460-5	12/13/23	Х	Х		X
Tastybrands	Popcorn Indiana Sweet and Salty Popcorn, 1 oz bag	1 oz	28	WGR	130	5.0	34.6%	0.0	0.0%	0	yes	140	3	5	17.6%	yes	yes	yes	Thurston	Item 8435710084; UPC 8- 43571-00565-0; Case (48 count) UPC 008-43571-00566- 7	12/19/23	Х	Х	Х	х