

List of Acceptable Foods and Beverages
List 17: Dairy Alternative Beverages, e.g., Fortified Soy Milk

Manufacturer	Item description	Package or serving size (fluid ounces)	Meets USDA's nutrition standards for fluid milk substitutes	Calories	Fat (g)	Perecent Calories from fat	Saturated fat (g)	Perecent Calories from Saturated fat	Sodium (mg)	Fiber (g)	Total sugars (g)	State: Total sugars per ounce ≤ 4 g	Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	Standard met: No caffeine	Vendors	Product code and notes	Review date	Better Choice: No artificial flavors or colors	Better Choice: No high fructose corn syrup
Campbell's Food Service	Pacific Foods Ultra Soy Original Plant-based Beverage, 8 fl oz from quart aseptic container	8	yes	140	6	38.57%	1.0	6.4%	130	1	9	1.13	yes	yes	Lindley	Item 08200 (32 fl oz) UPC 0-52603-08200-6; Case (12 count) 100-52603-08200-3. Note: Company provided unrounded nutrition data to indicate that the product contains less than 35% of calories from fat and meets the fat standard.	10/24/25	X	X
Kikkoman	Pearl Organic Soymilk, Smart Chocolate, 8 fl oz aseptic container	8	yes	150	4.5	27.0%	1.0	6.0%	70	4	13	1.63	yes	yes	Thurston	Code 06185; UPC 0-41390-06185-1; Case (24 count) UPC 100-41390-06185-8	10/25/19	X	X
Kikkoman	Pearl Organic Soymilk, Smart Creamy Vanilla, 8 fl oz aseptic container	8	yes	140	4.5	28.9%	0.0	0.0%	110	2	15	1.88	yes	yes	Thurston	Code 06184; UPC 0-41390-06184-4; Case (24 count) UPC 100-41390-06184-1	10/25/19	X	X
Kikkoman	Pearl Organic Soymilk, Smart Original, 8 fl oz aseptic container	8	yes	130	4.5	31.2%	0.5	3.5%	110	2	11	1.38	yes	yes	Sysco, Thurston	Code 06183; UPC 0-41390-06183-7; Case (24 count) UPC 100-41390-06183-4	10/25/19	X	X
Marcel's Modern Pantry	Marcel's Modern Pantry Plant-based Oat Protein Beverage, 8 fl oz aseptic container	8	yes	130	1	6.9%	0.0	0.0%	150	<1	18	2.25	yes	yes	ACE/Endico, Thurston Foods, Wade's Dairy	UPC 7-54686-00279-6; Case (27 count) UPC 107-54686-00279-3	8/16/23	X	X
Ripple Foods	Ripple Plant-Based Milk Chocolate, 8 fl oz aseptic container	8	yes	140	4.5	28.9%	0.5	3.2%	105	1	15	1.88	yes	yes	UNFI	UPC 8-55643-00615-1; Single Case (96 count) UPC 108-10029-77030-6; Four-pack UPC 8-55643-00616-8; Case (12 packs of 4) UPC 208-55643-00616-2	1/10/24	X	X
Ripple Foods	Ripple Plant-Based Milk Vanilla, 8 fl oz aseptic container	8	yes	130	4.5	31.2%	0.5	3.5%	160	<1	15	1.88	yes	yes	UNFI	UPC 8-55643-00612-0; Single Case (96 count) UPC 108-10029-77029-0; Four-pack UPC 8-55643-00613-7; Case (12 packs of 4) UPC 208-55643-00613-1	1/10/24	X	X
Stremick's Heritage Foods	8th Continent Soymilk, Original, 8 fl oz (half gallon refrigerated container)	8	yes	100	2.5	22.5%	0.0	0.0%	85	0	11	1.38	yes	yes		UPC 0-53859-07066-3	5/24/16	X	X
Stremick's Heritage Foods	8th Continent Soymilk, Vanilla, 8 fl oz (half gallon refrigerated container)	8	yes	80	2.5	28.1%	0.0	0.0%	95	0	7	0.88	yes	yes		UPC 0-53859-07067-0	5/24/16	X	
Sunrich Naturals	Sunrich Naturals Organic Soymilk, Vanilla, 8 fl oz (quart aseptic container)	8	yes	120	4.5	33.8%	0.5	3.8%	120	1	12	1.50	yes	yes		Item 33132 (12/32 fl oz); UPC 7-82758-33132-1; Case UPC 107-82758-33132-8	5/24/16	X	X
Sunrich Naturals	Sunrich Naturals Soymilk, Vanilla, 8 fl oz aseptic container	8	yes	130	4.5	31.2%	0.5	3.5%	125	1	11	1.38	yes	yes	HPC	Item 33208 (24/8 fl oz); UPC 7-82758-33208-3; Case UPC 107-82758-33208-0	5/24/16	X	X