Preview of the HFC Compliance Survey Questions

School Year 2024-25

The document is a PDF of the entire HFC Compliance Survey including all questions and guidance. HFC districts must complete this survey is in Qualtrics.

Note: Depending on the district's responses, the actual online survey will not include all questions in this PDF version. The HFC Compliance Survey uses skip logic to go to a future point in the survey based on how questions are answered. For example, if the district indicates that they do not sell any foods and beverages in vending machines, the survey skips the questions related to vending machines and goes to the next section.

For more information, visit the "Documents/Forms" section of the CSDE's Healthy Food Certification webpages, or contact the HFC coordinator in the CSDE's Bureau of Child Nutrition Programs, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841. This document is available at https://portal.ct.gov/-/media/sde/nutrition/hfc/doc/preview_hfc_compliance_survey.pdf.

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Default Question Block

Healthy Food Certification (HFC) Compliance Survey for School Year 2024-25 Due November 30, 2024

The HFC Compliance Survey addresses the following foods and beverages available to students in **all schools in the district** and **all recipient schools** that choose to participate in HFC under the district's interschool agreements:

- all foods available for sale to students separately from reimbursable meals served in the National School Lunch Program (NSLP) and School Breakfast Program (SBP);
- all foods and beverages served in the Afterschool Snack Program (ASP) of the NSLP; and
- all beverages available for sale to students as part of and separately from reimbursable meals,
 and separately from reimbursable afterschool snacks

This includes all sources of these foods and beverages, such as cafeteria sales, vending machines, school stores, kiosks, concession stands, other school-based enterprises, fundraisers, and any other sources of food and beverage sales to students, e.g., afterschool programs, culinary arts programs, family and consumer sciences classes, adult education programs operated by the board of education (BOE), summer school programs operated by the BOE, and programs that charge a fee for student participation and the fee includes the cost of foods or beverages provided to students, e.g., sports programs, clubs, organizations, and other activities

Before you begin, review the Connecticut State Department of Education's (CSDE) <u>Guidance for Completing the Healthy Food Certification Compliance Survey</u>. This helps you gather the required information to quickly complete this survey.

Who Completes the HFC Compliance Survey

This survey is completed by the district's designated **HFC contact person** in consultation with the appropriate individuals responsible for the district's sources of food and beverage sales to students

(e.g., school food service director, cafeteria managers, culinary arts teachers, family and consumer sciences teachers, athletic directors, parent groups, and individuals who coordinate fundraising activities, school stores, kiosks, other school-based enterprises, vending machines, and any other food or beverage sales to students). The HFC contact person is indicated in section 6A, "HFC District Contact Information," of the district's annual HFC Statement in the CSDE's <u>Connecticut</u> Online Application and Claiming System for Child Nutrition Programs (CNP System).

Survey Logistics

- Submit only one survey per district: The HFC contact person and food service director
 should coordinate to submit one survey for the district. To prevent multiple submissions, the
 survey allows only one submission from the same computer. Individuals who are responsible
 for more than one district must use a different computer to complete each district's HFC
 Compliance Survey or may email susan.fiore@ct.gov to temporarily unlock the survey for
 submitting multiple districts
- **Review the guidance:** Each section contains definitions and guidance for the questions in that section. Read this information **before** answering the questions.
- Navigating the survey: Use the "NEXT" and "GO BACK" buttons in the blue box at the bottom of the screen to navigate between the questions.
- **Progress bar:** The black bar at the top of the survey shows your progress as you answer each question.
- Leaving and reentering the survey: Until you submit the survey, you may quit the survey and return at any time to continue.
- **Submitting the survey:** When you reach the end of the survey, "End of HFC Compliance Survey" will display. Click "NEXT" to submit the survey and a message will appear to indicate that the submission is complete.
- Correcting a survey after submission: You cannot edit your answers after the survey is submitted. To correct a form after it is submitted, contact susan.fiore@ct.gov.

Submitting Food and Beverage Lists (Required Only for Certain Districts)

Check to see if your district is listed on the CSDE's <u>Districts Required to Submit Lists of Foods and</u> Beverages for Healthy Food Certification Documentation.

• If your district is listed, you must also submit lists of 1) all foods available for sale to students separately from reimbursable meals; and 2) all foods and beverages served in afterschool

snacks in the ASP; and 3) all beverages available for sale to students as part of and separately from reimbursable meals, and separately from reimbursable afterschool snacks.

• If your district is not listed, do not submit these lists of foods and beverages.

The key requirements for submitting the lists are summarized below. Refer to the CSDE's <u>Guidance</u> <u>for Submitting Lists of Foods and Beverages for HFC Documentation</u> for detailed instructions on completing and submitting these lists.

- Complete the appropriate CSDE HFC Documentation Form for each source of food and beverage sales in the district and attach the applicable list of foods and beverages. For example, use Form 1: Commercial Foods and Beverages Sold in School Cafeterias for all commercial foods and beverages sold in the school cafeterias. The CSDE HFC Documentation Forms are available in the "Documents/Forms" section of the CSDE's HFC webpage.
- Submit one list for each source of foods and beverages available for sale to students. Each list must represent all foods and beverages sold from that source in all schools in the district and any district interschool agreements with public schools that have agreed to participate in HFC. For example, if the district has six cafeterias and an interschool agreement with a public school that has one cafeteria, submit one list that includes all foods and beverages sold in all seven cafeterias. If the district has a total of five vending machines in the middle and high schools, submit one list that includes all foods and beverages sold from all five vending machines. Do not submit a separate list of items for each individual school.
- Each "other source" must be listed on a separate form. For example, if a district has a culinary program and an afterschool enrichment program, submit one list of foods and beverages for the culinary program and a separate list of foods and beverages for the afterschool enrichment program.
- Name the document files in this format: "[District name] HFC List [insert source, e.g., cafeterias, vending, school store, etc.]." For example, "ABC District HFC List Cafeterias" and "ABC District HFC List Vending". In the email subject line, indicate "[District name] HFC Documentation Lists." For example, ABC District HFC Documentation Lists.
- Email all files to susan.fiore@ct.gov by November 30, 2024. Do not mail the lists.

Questions

Contact Susan Fiore at susan.fiore@ct.gov.

District Information School district: Sponsor agreement number: This is the **five-digit number** on the district's <u>online agreement for Child Nutrition</u> Programs. Name of person completing survey: Note: This should be the district's designated HFC contact person. The HFC contact person is the person designated by the district as the contact person for HFC. This person is indicated in section 6A, "HFC District Contact Information," of the district's annual HFC Statement in the CSDE's CNP System. For more information, refer to the CSDE's resource, Responsibilities of District Contact Person for HFC. Title of person completing survey:

Starting the Survey

Click "NEXT" in the blue box below.

Email of person completing survey:

Section 1: Beverage Exemptions

This section addresses exemptions by the board of education or school governing authority (BOE) for beverages that do **not** meet the requirements of <u>Section 10-221q</u> of the Connecticut General Statutes (C.G.S). Beverages that do not comply with the state beverage statute cannot be sold to students on school premises unless the BOE has voted to allow exemptions and the sales meet the following exemption criteria of the state beverage statute: 1) the sale is in connection with an event occurring after the end of the regular school day or on the weekend; 2) the sale is at the location of the event; and 3) the beverages are not sold from a vending machine or school store.

Where to Find the District's Beverage Exemptions

Beverage exemptions are not part of the district's annual HFC Statement (Addendum to Agreement for Child Nutrition Programs, ED-099), which applies only to food sales. Districts must vote separately to allow sales of noncompliant beverages. Many districts vote on beverage exemptions at the same time as food exemptions. Determine if beverage exemptions are allowed by reviewing the BOE meeting minutes where beverage exemptions were approved or the district's policy that addresses beverage exemptions.

Allowable Beverages

Five categories of beverages and are allowed for sale to students on school premises. These beverages meet the requirements of the state beverage statute and the USDA's Smart Snacks nutrition standards.

- 1. **Low-fat or fat-free milk** (flavored or unflavored) that does not exceed 4 grams of sugar per fluid ounce and does not contain artificial sweeteners.
- 2. Nondairy milk substitutes such as soy or rice milk (flavored or unflavored) that meet the U.S. Department of Agriculture (USDA) standards for nutritionally equivalent milk alternatives, do not contain artificial sweeteners, and do not exceed 4 grams of sugar per fluid ounce, 35 percent of calories from fat, and 10 percent of calories from saturated fat.
- 3. **100 percent juice** (fruit, vegetable, or combination) that does not contain added sugars, sweeteners, or artificial sweeteners.

 4. Beverages that contain only water and fruit or vegetable juice without added sugars, sweeteners, or artificial sweeteners; and that meet the requirements specified in requirements for beverages containing water and juice (refer to the CSDE's Requirements for Beverages Containing Water and Juice). 5. Water (plain or carbonated), which may be flavored but does not contain added sugars, sweeteners (including nonnutritive sweeteners), artificial sweeteners, or caffeine.
For more information, visit the CSDE's <u>Beverage Requirements</u> webpage.
Beverage exemptions: For beverages that do not meet the requirements of C.G.S. Section 10-221q above, did your BOE authorize an exemption for beverages available for sale to students at the location of events that occur after the school day or on the weekend?
○ Yes○ No
Beverage exemptions: Does the BOE authorized exemption apply to all beverages available for sale to students at all events on school premises?
○ Yes○ No
Beverage exemptions: Describe allowable beverages and eligible events allowed for sale to students by the BOE beverages exemption:

This section addresses exemptions by the board of education or school governing authority (BOE) for foods that do **not** comply with the <u>Connecticut Nutrition Standards</u> (<u>CNS</u>). Foods that do not comply with the CNS cannot be sold to students on school premises unless the BOE has voted to allow exemptions and the sales meet the following exemption criteria of the state HFC statute: 1) the sale is in connection with an event occurring after the end of the regular school day or on the weekend; 2) the sale is at the location of the event; and 3) the foods are not sold from a vending machine or school store.

The exemption for food sales is indicated in "Section 3 - Exemption Statement" of the district's annual HFC Statement (Addendum to Agreement for Child Nutrition Programs, ED-099) in the CSDE's <u>CNP System</u>.

Food exemptions: For foods that do not comply with the CNS, did your BOE authorize an exemption for foods available for sale to students at the location of events that occur after the school day or on the weekend?
O Yes
○ No
Food exemptions: Does the BOE authorized exemption apply to all foods available for sale to students at all events on school premises?
O Yes
○ No

Food exemptions: Describe eligible events and foods allowed for sale to students by the BOE foods exemption.

Section 3: Cafeteria Beverage Sales This section applies to all beverages available for sale in school cafeterias, including beverages available for sale to students as part of reimbursable meals and separately from reimbursable meals (a la carte sales). Examples include milk, water, juice, and nondairy milk substitutes like soy milk.
A la carte beverages are beverages sold to students separately from reimbursable meals.
Cafeteria beverage sales: Do any school cafeterias in your district sell beverages to students separately from reimbursable meals, e.g., milk, soy milk, juice, and water?
Question Guidance If you answer "no," this means the cafeteria never sells any beverages to students separately from reimbursable meals. For example, students cannot buy milk or juice unless it is part of reimbursable meals. This is not common in Connecticut schools.
O Yes O No
Cafeteria beverage sales: Is the CSDE's List of Acceptable Foods and Beverages used to determine if all beverages available for sale to students in school cafeterias meet the beverage requirements of state statute?

Question Guidance

"All beverages" includes beverages that are part of reimbursable meals and afterschool snacks, and beverages that are available for sale to students separately from reimbursable meals and afterschool snacks (a la carte sales).

O Yes			
O No			
Cafeteria beverage sale beverages meet the state	-	the district to dete	rmine if

Section 4: Cafeteria Food Sales

This section applies to all commercial foods and foods made from scratch available for sale to students separately from reimbursable meals (a la carte) in school cafeterias. The definitions below apply to the questions in this section.

A la carte foods include commercial food products and foods made from scratch that are sold to students separately from reimbursable meals.

Commercial foods are any commercially prepared foods purchased from food service vendors or stores. Examples include ready-to-eat foods (such snack items like chips, crackers, pretzels, popcorn, snack mixes, ice cream, nuts and seeds, jerky, yogurt, smoothies, and cheese sticks; baked goods like bagels, cookies, granola bars, cereal bars, soft pretzels, muffins, and pancakes; breakfast cereals (e.g., ready-to-eat, granola, and oatmeal); soups; fruits and vegetables with added ingredients; and foods that require heating or baking after purchasing (such as entrees sold only a la carte (not part of reimbursable meals), like pizza and chicken nuggets; canned soup; and bake-off frozen cookie dough).

Foods made from scratch include two categories: 1) foods prepared from ingredients using a standardized recipe such as entrees sold only a la carte (not as part of reimbursable meals) e.g., pizza, chef's salad, chicken nuggets, and sandwiches; soups; cooked grains (like rice or pasta) with added ingredients (e.g., salt, oil, margarine,

or butter); vegetables and fruits with added ingredients (e.g., salt, mayonnaise, oil, and butter) such as salad with dressing, potato salad, french fries, and buttered corn; fruit/vegetable smoothies; and baked goods like muffins and cookies; and 2) **foods with ingredients added after purchasing** such as popping popcorn kernels in oil and adding salt; making muffins from a mix and adding butter and eggs; and adding sprinkles to commercial frozen cookie dough. **Note:** Frozen commercial ready-to-cook foods (such as frozen cookies and rolls baked on site) are not included in this category unless the selling entity adds additional ingredients to the product, e.g., adding sprinkles to a frozen sugar cookie or buttering a frozen bake-off roll.

Entrees include three categories of main dish food items: 1) a combination food of meat/meat alternate and whole grain-rich (WGR) food, e.g., breakfast egg sandwich on a whole-wheat English muffin, turkey wrap on whole-wheat tortilla, pizza with WGR crust, hamburger on a whole-grain bun and bean burrito with whole corn tortilla; 2) a combination food of vegetable/fruit and meat/meat alternate, e.g., chef's salad, fruit and cheese platter, yogurt and fruit parfaits, yogurt and fruit smoothies, baked potato with chili, and chicken vegetable stir-fry; and 3) a meat/meat alternate alone (e.g., sausage patty, egg and grilled chicken). This excludes yogurt, low-fat or reduced fat cheese, nuts, seeds, nut/seed butters and meat snacks, e.g., jerky and meat sticks, which must comply with the CNS snacks category.

Commercial foods in school cafeterias: Do any school cafeterias in your district sell foods to students separately from reimbursable meals (a la carte)?

Question Guidance

Answer "Yes" if: a) the cafeteria sells *any* a la carte foods to students (such as snack foods (e.g., chips, ice cream, crackers, cookies), baked goods, vegetables, salads, breads, pasta, rice, and desserts) **and/or** b) the cafeteria sells any entrees a la carte *during a different meal service or on a different day* than they are available for sale as part of reimbursable meals.

Answer "No" if: a) the cafeteria does not sell *any* foods a la carte (such as snack foods (e.g., chips, ice cream, crackers, cookies), baked goods, vegetables, salads, breads, pasta, rice, and desserts); **and** b) the cafeteria sells entrees a la carte *only during the*

Commercial foods in school cafeterias: Describe the process used by the distri- determine that all commercial a la carte foods available for sale in school cafeteria comply with the CNS.	
○ Yes○ No	
Commercial foods in school cafeterias: Is the CSDE's List of Acceptable Foods Beverages used to determine if all commercial a la carte foods available for sale in school cafeterias comply with the CNS?	
○ Yes○ No	
If you answer "No," this means the cafeteria only sells reimbursable meals and new sells any foods to students separately from reimbursable meals. For example, students cannot buy an apple, carrot sticks, muffin, or sandwich separately from reimbursable meals. This is not common in Connecticut schools.	dents

same meal service on the same day that they are available for sale as part of

Foods made from scratch in school cafeterias: Do any school cafeterias in your district sell foods made from scratch to students separately from reimbursable meals (a la carte)?

Question Guidance

reimbursable meals.

Answer "Yes" if: a) the cafeteria sells any a la carte foods made from scratch (such as cookies, baked goods, vegetables, salads, breads, pasta, rice and desserts); **and/or** b) the cafeteria sells a la carte entrees made from scratch *during a different meal service or on a different day* than they are sold as part of reimbursable meals.

End of Cafeteria Sales (Section 4: Cafeteria Beverage Sales and Section 5: Cafeteria Food Sales)

Submitting List of Foods and Beverages for Cafeteria A La Carte Sales

Review the CSDE's <u>Districts Required to Submit Lists of Foods and Beverages</u>. **If your district is listed**, you must email the CSDE lists that include all foods and beverages available for sale to students separately from reimbursable meals in **all cafeterias in the district** and **all recipient schools under the district's interschool agreements**. This includes one list for all commercial products (use Form 1: Commercial Foods and Beverages Sold in Cafeterias) and one list for all foods made from scratch (use Form 2: Foods Made from Scratch Sold in Cafeterias). For detailed instructions and guidance, refer to the CSDE's <u>Guidance for Submitting Lists of Foods and Beverages for Healthy Food Certification (HFC) Documentation</u>.

Section 5: Vending Machines

This section applies to all foods and beverages **available for sale to students** from vending machines anywhere on school premises. This section does not apply to vending machines that are only accessible to school staff, such as a vending machine in the teachers' lounge.

Do any of the schools in your district operate vending machines that sell foods or beverages to students?	
✓ Yes✓ No	

Vending machines: Complete the information below for all district vending machines that sell foods and beverages to students in elementary, middle, and high schools. If these schools do not have vending machines, enter "0" in the appropriate box.

	Number of Machines Selling Only Beverages	Number of Machines Selling Only Foods	Number of Machines Selling Foods and Beverages
Elementary			
Middle			
High			

and Beverages used to determine if all beverages available for sale to students in vending machines meet the beverage requirements of state statute?
○ Yes○ No
O Not applicable: No beverages are sold in any district vending machines
Commercial beverages in vending machines: Describe the process used by the district to determine that all beverages available for sale to students from vending machines meet the state beverage requirements.
Commercial foods in vending machines: Is the CSDE's List of Acceptable Foods and Beverages used to determine if all foods available for sale to students from vending machines comply with the CNS?
○ Yes
○ No
O Not applicable: No foods are available for sale in any district vending machines
Commercial foods in vending machines: Describe the process used by the district to determine that all foods available for sale to students from vending machines comply with

the CNS.



End of Section 5: Vending Machines

Submitting List of Foods and Beverages for Vending Machines

Review the CSDE's <u>Districts Required to Submit Lists of Foods and Beverages</u>. **If your district is listed**, you must email the CSDE a list of all foods and beverages available for sale to students in **all vending machines in the district** and **all vending machines in recipient schools under the district's interschool agreements** (use Form 3: Foods and Beverages Sold in Vending Machines). For detailed instructions and guidance, refer to the CSDE's <u>Guidance for Submitting Lists of Foods and Beverages for Healthy Food Certification (HFC) Documentation</u>.

Section 6: School Stores, Kiosks and School-Based Enterprises

This section applies to all foods and beverages available for sale to students in school stores. This also includes kiosks and similar school-based enterprises that sell foods and beverages to students. The definitions below apply to the questions in this section.

Commercial foods are any commercially prepared foods purchased from food service vendors or stores. Examples include ready-to-eat foods (such as snack items like chips, crackers, pretzels, popcorn, snack mixes, ice cream, nuts and seeds, jerky, yogurt, smoothies, and cheese sticks; baked goods like bagels, cookies, granola bars, cereal bars, soft pretzels, muffins, and pancakes; breakfast cereals; soups; fruits and vegetables); and foods that require heating or baking after purchasing (e.g., entrees like pizza, and chicken nuggets; canned soup; and bake-off frozen cookie dough).

Foods made from scratch include two categories: 1) foods prepared from ingredients using a standardized recipe such as entrees sold only a la carte (not as part of reimbursable meals) e.g., pizza, chef's salad, lasagna, and sandwiches; soups; cooked grains (such as rice or pasta) with added ingredients, e.g., salt, oil, margarine, or

butter; cooked vegetables with added ingredients, e.g., salt and fat; salad with dressing; fruit smoothies; and baked goods such as muffins and cookies; and 2) **foods with ingredients added after purchasing** such as popping popcorn kernels in oil and adding salt; making muffins from a mix and adding butter and eggs; and adding sprinkles to commercial frozen cookie dough. **Note:** Frozen commercial ready-to-cook foods (such as frozen cookies and rolls baked on site) are not included in this category unless the selling entity adds additional ingredients to the product, e.g., adding sprinkles to a frozen sugar cookie or buttering a frozen bake-off roll.

•	frozen bake-off roll.	aot, o.g., adding opini	tioo to a mozom oagai
•	ls in your district operate or beverages to students?		I commercial or foods
O Yes O No			
sell foods and bever	nplete the information be ages to students in elements in stores, enter "0" in the stores in the sto	entary, middle, and hi	gh schools. If these
	Number of School Stores Selling Only Beverages	Number of School Stores Selling Only Foods	Number of School Stores Selling Foods and Beverages
Elementary			
Middle			
High			
Beverages used to d	ages in school stores: I determine if all commerica the beverage requiremen	al beverages available	•
O Yes			

Commercial beverages in school stores: Describe the process used by the district to determine that all commercial beverages available for sale to students in school stores
meet the beverage requirements of state statute.
Commercial foods in school stores: Is the CSDE's List of Acceptable Foods and
Beverages used to determine if all commercial foods available for sale to students in
school stores comply with the CNS?
○ Yes
O No
O Not applicable: No commercial foods are sold in any district school stores, kiosks, or school-based enterprises
Commercial foods in school stores: Describe the process used by the district to determine that all commercial foods available for sale to students in school stores comply with the CNS.
Foods made from scratch in school stores: Do any school stores in your district sell foods made from scratch to students?
○ Yes
○ No

Foods made from scratch in school stores: Is the following documentation available for each food made from scratch: 1) a standardized recipe that indicates the serving weight and nutrition information per serving; and 2) the appropriate completed CNS worksheet to indicate that the standardized recipe's serving complies with the CNS?
○ Yes ○ No
Foods made from scratch in school stores: Describe the process used by the district to determine that all foods made from scratch available for sale to students in school stores comply with the CNS. Indicate what recipes are used, who conducts the nutrient analysis of recipes, and what nutrient analysis software is used. Indicate how the district determines the serving weight for standardized recipes that do not indicate this information.

End of Section 6: School Stores

Submitting List of Foods and Beverages for School Stores, Kiosks, and School-Based Enterprises

Review the CSDE's <u>Districts Required to Submit Lists of Foods and Beverages</u>. **If your district is listed**, you must email the CSDE a list of all foods and beverages sold to students in **all school stores in the district** and **all school stores in recipient schools under the district's interschool agreements** (use Form 4: Foods and Beverages Sold in School Stores, Kiosks, or Other School-based Enterprises). If the school store sells foods made from scratch, use Form 7: Foods Made from Scratch Sold from Other Sources. For detailed instructions and guidance, refer to the CSDE's <u>Guidance for</u>

<u>Submitting Lists of Foods and Beverages for Healthy Food Certification (HFC)</u> Documentation.

Section 7: School Fundraisers

This section applies to all food and beverage fundraisers that are not sold in the school cafeterias, vending machines, school stores, or any other sources such as afterschool programs and culinary arts programs. The definitions below apply to the questions in this section.

Fundraisers are any activities conducted by any school-related or outside organization or group on school premises, during which money or its equivalent (e.g., coupons, tickets, tokens, and similar items) is exchanged for the purchase of a product in support of the school or school-related activities. This includes any activities that suggest a student donation in exchange for foods and beverages, since funds may be raised as a result. Examples of fundraisers include sales of commercial products (e.g., potato chips and other snack foods, candy bars, cookies, muffins, frozen cookie dough, pies, water, and soft drinks) and sales of foods and beverages made from scratch (e.g., baked goods, popcorn, sandwiches, smoothies, coffee, and hot chocolate). For information on allowable fundraisers, refer to the CSDE's Requirements for Food and Beverage Fundraisers in HFC Public Schools.

Commercial foods are any commercially prepared foods purchased from food service vendors or stores. They include ready-to-eat foods (e.g., ice cream, chips, crackers, cookies, and muffins) and foods that require heating or baking after purchasing (e.g., canned soup, chicken nuggets, and bake-off frozen cookie dough).

Foods made from scratch include two categories: 1) foods prepared from ingredients using a standardized recipe such as entrees sold only a la carte (not as part of reimbursable meals) e.g., pizza, chef's salad, chicken nuggets, and sandwiches; soups; cooked grains (like rice or pasta) with added ingredients (e.g., salt, oil, margarine, or butter); vegetables and fruits with added ingredients (e.g., salt, mayonnaise, oil, and butter) such as salad with dressing, potato salad, french fries, and buttered corn; fruit/vegetable smoothies; and baked goods like muffins and cookies.; and 2) foods with ingredients added after purchasing such as popping popcorn kernels in oil and adding salt; making muffins from a mix and adding butter and eggs; and adding sprinkles to

commercial frozen cookie dough. **Note:** Frozen commercial ready-to-cook foods (such as frozen cookies and rolls baked on site) are not included in this category unless the selling entity adds additional ingredients to the product, e.g., adding sprinkles to a frozen sugar cookie or buttering a frozen bake-off roll.

Exempted event means the BOE has voted to allow food and beverage exemptions, and the fundraiser is at the location of an event (an occurrence that involves more than just a regularly scheduled practice, meeting, or extracurricular activity) that occurs after the end of the regular school day or on the weekend. Events involve a gathering of people in a social context, such as sports competitions, awards banquets, school concerts, and theatrical productions. For example, soccer games, school plays, and school debates are events, but soccer practices, play rehearsals, and debate team meetings are not.

Fundraisers: Do any schools in the district conduct any fundraisers that sell foods or beverages?
○ Yes
○ No
Fundraisers: Do any schools in the district conduct any food/beverage fundraisers where product information is sent home with students, orders and money are brought to school by students, and students bring food/beverage items home to distribute?
○ Yes○ No

Are you sure you meant to answer "Yes" to this question?

If students deliver fundraiser orders and money to school and pick up the foods/beverages at school, the fundraiser is selling foods/beverages to students on school premises, and does **not** comply with the HFC requirements. Parents or other adults must pick up the foods/beverages unless the pick-up location is off school premises **or** the board of education allows exemptions and the pick-up is during an event

that occurs after the school day or on the weekend. The district's pick-up policy must be clearly indicated on the school's fundraising flier and any written communication regarding the fundraiser.

- If you answered "Yes" in error, use the back button to correct your answer.
- If "Yes" is correct, the district must immediately stop this practice and develop procedures to ensure that parents or other adults pick up the fundraisers. For acceptable procedures, refer to the CSDE's Requirements for Food and Beverage Fundraisers in HFC Public Schools.

Fundraisers: Are all of the district's food/beverage fundraisers held only at exempted events occurring after the school day or on the weekend?

Question Guidance:

Exempted event means the BOE has voted to allow food and beverage exemptions and the fundraiser is connected to and at the location of an event (an occurrence that involves more than just a regularly scheduled practice, meeting, or extracurricular activity) that occurs after the end of the regular school day or on the weekend. Events involve a gathering of people in a social context, such as sports competitions, awards banquets, school concerts, and theatrical productions. For example, soccer games, school plays, and school debates are events, but soccer practices, play rehearsals, and debate team meetings are not.

) Yes	
○ No	
Fundraisers: Indicate when other fundraisers of foods and beverages occur.	
	1.

Commercial beverages for sale from fundraisers: Are any commercial beverages available for sale to students as fundraisers during the school day or outside of exempted events?
O Yes O No
Commercial beverages for sale from fundraisers: Is the CSDE's List of Acceptable Foods and Beverages used to determine if all beverages available for sale to students as fundraisers during the school day or outside of exempted events meet the state beverage requirements?
O Yes O No
Commercial beverages for sale from fundraisers: Describe the process used by the district to determine that all beverages available for sale as fundraisers during the school day or outside of exempted events meet the state beverage requirements.
Commercial foods for sale from fundraisers: Are any commercial foods available for sale to students as fundraisers during the school day or outside of exempted events?
○ Yes ○ No

Commercial foods for sale from fundraisers: Is the CSDE's List of Acceptable Foods and Beverages used to determine if all commercial foods available for sale to students as fundraisers during the school day or outside of exempted events comply with the CNS?

Yes No
Commercial foods for sale from fundraisers: Describe the process used by the district to determine that all commercial foods available for sale as fundraisers during the school day or outside of exempted events comply with the CNS.
Foods made from scratch for sale from fundraisers: Are any foods made from scratch available for sale to students from fundraisers during the school day or outside of exempted events?
Yes No
Foods made from scratch for sale from fundraisers: Is the following documentation available for each food made from scratch: 1) a standardized recipe that indicates the serving weight and nutrition information per serving; and 2) the appropriate completed CNS worksheet to indicate that the standardized recipe's serving complies with the CNS?
Yes No

Foods made from scratch for sale from fundraisers: Describe the process used by the district to determine that all foods made from scratch available for sale to students from fundraisers during the school day or outside of exempted events comply with the CNS. Indicate what recipes are used, who conducts the nutrient analysis of recipes, and

what nutrient analysis software is used. Indicate how the district de- weight for standardized recipes that do not indicate this information	9

End of Section 7: Fundraisers

Submitting List of Food and Beverage Fundraisers

Review the CSDE's <u>Districts Required to Submit Lists of Foods and Beverages</u>. **If your district is listed**, review the information below to determine if you are required to submit Form 5: Food and Beverage Fundraisers. For detailed instructions and guidance, refer to the CSDE's <u>Guidance for Submitting Lists of Foods and Beverages for Healthy Food Certification (HFC) <u>Documentation</u>.</u>

Submit form 5 only if the BOE did not vote to allow food and beverage exemptions **or** the BOE voted to allow food and beverage exemptions, but fundraisers do not meet the exemption criteria of the state HFC and beverage statutes.

Do not submit form 5 if the following apply:

- The BOE voted to allow food and beverage exemptions.
- Fundraisers sell foods and beverages only at exempted events that occur after the school day or on weekends.
- Food fundraisers occur during the school day but the foods comply with the
 <u>CNS</u> and the sales comply with the <u>state competitive foods regulations</u>, and <u>Section</u>
 <u>10-221p</u> of the Connecticut General Statutes (C.G.S.).
- Beverage fundraisers occur during the school day but the beverages comply with
 the state beverage statute (Section 10-221q) and the USDA Smart Snacks nutrition
 standards (refer to the CSDE's resource, <u>Allowable Beverages for Connecticut</u>
 <u>Public Schools</u>), and the sales comply with the <u>state competitive foods regulations</u>.

Section 8: Afterschool Snack Program (ASP)

This section applies to all commercial foods and beverages and foods made from scratch **served** to students in afterschool snacks undxer the USDA's Afterschool Snack Program (ASP). The definitions below apply to the questions in this section.

- Commercial foods are any commercially prepared foods purchased from food service vendors or stores. Examples include ready-to-eat foods (such as snack items like chips, crackers, pretzels, popcorn, snack mixes, ice cream, nuts and seeds, jerky, yogurt, smoothies, and cheese sticks; baked goods like bagels, cookies, granola bars, cereal bars, soft pretzels, muffins, and pancakes; breakfast cereals; soups; fruits and vegetables); and foods that require heating or baking after purchasing (e.g., entrees like pizza, and chicken nuggets; canned soup, and bake-off frozen cookie dough).
- Foods made from scratch include two categories: 1) foods prepared from ingredients using a standardized recipe such as entrees like pizza, chef's salad, chicken nuggets, and sandwiches; soups; cooked grains (like rice or pasta) with added ingredients (e.g., salt, oil, margarine, or butter); vegetables and fruits with added ingredients (e.g., salt, mayonnaise, oil, and butter) such as salad with dressing, potato salad, french fries, and buttered corn; fruit/vegetable smoothies; and baked goods like muffins and cookies.; and 2) foods with ingredients added after purchasing such as popping popcorn kernels in oil and adding salt; making muffins from a mix and adding butter and eggs; and adding sprinkles to commercial frozen cookie dough. Note: Frozen commercial ready-to-cook foods (such as frozen cookies and rolls baked on site) are not included in this category unless the selling entity adds additional ingredients to the product, e.g., adding sprinkles to a frozen sugar cookie or buttering a frozen bake-off roll.

Does the district implement the ASP in any schools?	
O Yes	
○ No	

Commercial beverages served in the ASP: Is the CSDE's List of Acceptable Foods and Beverages used to determine if all commercial beverages served in ASP afterschool snacks meet the state beverage requirements?
O Yes O No
Commercial beverages served in the ASP: Describe the process used by the district to determine that all commercial beverages served in ASP afterschool snacks meet the state beverage requirements.
Commercial foods served in the ASP: Is the CSDE's List of Acceptable Foods and Beverages used to determine if all commercial foods served in ASP afterschool snacks comply with the CNS?
O Yes O No
Commercial foods served in the ASP: Describe the process used by the district to determine that all commercial foods served in ASP afterschool snacks comply with the CNS.

Foods made from scratch served in the ASP: Do the ASP menus include any foods made from scratch?

Foods made from scratch served in the ASP: Is the following documentation available for each food made from scratch: 1) a standardized recipe that indicates the
<u> </u>
<u> </u>
serving weight and nutrition information per serving; and 2) the appropriate completed CNS worksheet to indicate that the standardized recipe's serving complies with the CNS?
) Yes
O No
Foods made from scratch served in the ASP: Describe the process used by the district to determine that foods made from scratch served in the ASP comply with the CNS. Indicate what recipes are used, who conducts the nutrient analysis of recipes, and what nutrient analysis software is used. Indicate how the district determines the serving weight for standardized recipes that do not indicate this information.

End of Section 8: Afterschool Snack Program (ASP)

Submitting List of Foods and Beverages for the ASP

Review the CSDE's <u>Districts Required to Submit Lists of Foods and Beverages</u>. **If your district is listed**, you must email the CSDE lists that include all foods and beverages served to students in **all ASP sites in the district** and **all ASP sites in recipient schools under the district's interschool agreements**. This includes one list for all commercial products (use Form 6: Commercial Foods and Beverages Served in the Afterschool Snack Program) and one list for all foods made from scratch (use Form 7: Foods Made from Scratch Served in Afterschool Snack Program). For detailed

instructions and guidance, refer to the CSDE's <u>Guidance for Submitting Lists of Foods</u> and <u>Beverages for Healthy Food Certification (HFC) Documentation</u>.

Section 9: Interschool Agreements with Public Schools

This section applies to all commercial foods and beverages and foods made from scratch sold to students in recipient **public** schools under an interschool agreement with the sponsoring school district. **Note:** This section does not apply to interschool agreements with private schools.

The definitions below apply to the questions in this section.

- Commercial foods are any commercially prepared foods purchased from food service vendors or stores. Examples include ready-to-eat foods (such as snack items like chips, crackers, pretzels, popcorn, snack mixes, ice cream, nuts and seeds, jerky, yogurt, smoothies, and cheese sticks; baked goods like bagels, cookies, granola bars, cereal bars, soft pretzels, muffins, and pancakes; breakfast cereals (e.g., ready-to-eat, granola, and oatmeal); soups; fruits and vegetables with added ingredients; and foods that require heating or baking after purchasing (such as entrees like pizza and chicken nuggets; canned soup; and bake-off frozen cookie dough).
- Foods made from scratch include two categories: 1) foods prepared from ingredients using a standardized recipe such as entrees sold only a la carte (not as part of reimbursable meals) e.g., pizza, chef's salad, lasagna, and sandwiches; soups; cooked grains (such as rice or pasta) with added ingredients, e.g., salt, oil, margarine, or butter; cooked vegetables with added ingredients, e.g., salt and fat; salad with dressing; fruit smoothies; and baked goods such as muffins and cookies; and 2) foods with ingredients added after purchasing such as popping popcorn kernels in oil and adding salt; making muffins from a mix and adding butter and eggs; and adding sprinkles to commercial frozen cookie dough. Note: Frozen commercial ready-to-cook foods (such as frozen cookies and rolls baked on site) are not included in this category unless the selling entity adds additional ingredients

bake-off roll.
Interschool agreements: Does the district have any interschool agreements with other public schools (recipient schools)?
○ Yes○ No
Commercial beverages in recipient schools under an interschool agreement: Do any recipient schools sell beverages to students separately from reimbursable meals, e.g., milk, soy milk, juice, and water?
Question Guidance If you answer "no," this means the recipient schools never sells any beverages to students separately from reimbursable meals. For example, students cannot buy milk or juice unless it is part of reimbursable meals. This is not common in Connecticut schools.
○ Yes○ No
Commercial beverages in recipient schools under an interschool agreement: Do a recipient schools use the CSDE's List of Acceptable Foods and Beverages to determine if all beverages meet the state beverage requirements?
Question Guidance "All beverages" includes beverages that are part of reimbursable meals and afterschool snacks, and available for sale to students separately from reimbursable meals and afterschool snacks (a la carte sales).
O Yes O No

to the product, e.g., adding sprinkles to a frozen sugar cookie or buttering a frozen

commercial beverages in recipient schools under an interschool agreement:	
escribe the process used by the recipient schools to determine that all commercial	
everages meet the state beverage requirements.	
	1

Commercial foods in recipient schools under an interschool agreement: Do any recipient schools sell foods to students separately from reimbursable meals (a la carte)?

Question Guidance

Answer "Yes" if: a) the recipient schools sell any a la carte foods to students (such as snack foods (e.g., chips, ice cream, crackers, cookies), baked goods, vegetables, salads, breads, pasta, rice, and desserts) **and/or** b) cafeterias in the recipient schools sell any entrees a la carte *during a different meal service or on a different day* than they are available for sale as part of reimbursable meals.

Answer "No" if: a) the recipient schools do **not** sell *any* foods a la carte (such as snack foods (e.g., chips, ice cream, crackers, cookies), baked goods, vegetables, salads, breads, pasta, rice, and desserts); **and** b) cafeterias in the recipient schools sell entrees a la carte *only during the same meal service on the same day* that they are available for sale as part of reimbursable meals.

If you answer "No," this means the recipient schools only sell reimbursable meals and never sell any foods to students separately from reimbursable meals. For example, students cannot buy an apple, carrot sticks, muffin, or sandwich separately from reimbursable meals. This is not common in Connecticut schools.



○ No
Commercial foods in recipient schools under an interschool agreement: Do all recipient schools use the CSDE's List of Acceptable Foods and Beverages to determine if all commercial a la carte foods available for sale to students comply with the CNS?
O Yes O No
Commercial foods in recipient schools under an interschool agreement: Describe the process used by the recipient schools to determine that all commercial a la carte foods comply with the CNS.
Foods made from scratch in recipient schools under an interschool agreement: Do the recipient schools sell any foods made from scratch to students separately from reimbursable meals (a la carte)?
O Yes O No
Foods made from scratch in recipient schools under an interschool agreement: Is the following documentation available for each food made from scratch: 1) a standardized recipe that indicates the serving weight and nutrition information per serving; and 2) the <u>appropriate completed CNS worksheet</u> to indicate that the standardized recipe's serving complies with the CNS?
○ Yes○ No

Foods made from scratch in recipient schools under an interschool
agreement: Describe the process used by the recipient schools to determine that foods
made from scratch comply with the CNS. Indicate how the district determines the serving
weight for standardized recipes that do not indicate this information.
·

End of Section 9: Interschool Agreements with Public Schools

Submitting List of Foods and Beverages for Recipient Schools under Interschool Agreements

Review the CSDE's <u>Districts Required to Submit Lists of Foods and Beverages</u>. **If your district is listed**, your lists of foods and beverages must represent all foods and beverages sold from each source in **all district schools** and **all recipient schools under the district's interschool agreements**. For example:

- If the district has six cafeterias and an interschool agreement with a public school that has one cafeteria, submit one list that includes all commercial foods and beverages sold in all seven cafeterias (Form 1: Commercial Foods and Beverages Sold in Cafeterias) and one list that includes all foods made from scratch sold in all seven cafeterias (Form 2: Foods Made from Scratch Sold in Cafeterias).
- If the district operates a total of five vending machines and has an interschool agreement with a public school that operates two vending machines, submit one list that includes all foods and beverages sold from all seven vending machines (Form 3: Foods and Beverages Sold in Vending Machines).

For detailed instructions and guidance, refer to the CSDE's <u>Guidance for Submitting Lists</u> <u>of Foods and Beverages for Healthy Food Certification (HFC) Documentation</u>.

Section 10: Foods and Beverages Sold from Other Sources

This section applies to all commercial foods and beverages and foods made from scratch sold to students from any other sources **not indicated in the previous sections** for cafeterias, vending machines, school stores, fundraisers, the ASP, and interschool agreements. Examples of other sources include afterschool programs, culinary arts programs, family and consumer sciences classes, adult education programs operated by the board of education, and summer school programs operated by the board of education. Other sources also include any programs that charge a fee for student participation and the fee includes the cost of foods or beverages provided to students, e.g., sports programs and afterschool programs.

The definitions below apply to the questions in this section.

Commercial foods are any commercially prepared foods purchased from food service vendors or stores. Examples include ready-to-eat foods (such as snack items like chips, crackers, pretzels, popcorn, snack mixes, ice cream, nuts and seeds, jerky, yogurt, smoothies, and cheese sticks; baked goods like bagels, cookies, granola bars, cereal bars, soft pretzels, muffins, and pancakes; breakfast cereals; soups; fruits and vegetables); and foods that require heating or baking after purchasing (e.g., entrees like pizza and chicken nuggets; canned soup, and bake-off frozen cookie dough).

Foods made from scratch include two categories: 1) foods prepared from ingredients using a standardized recipe such as entrees like pizza, chef's salad, chicken nuggets, and sandwiches; soups; cooked grains (like rice or pasta) with added ingredients (e.g., salt, oil, margarine, or butter); vegetables and fruits with added ingredients (e.g., salt, mayonnaise, oil, and butter) such as salad with dressing, potato salad, french fries, and buttered corn; fruit/vegetable smoothies; and baked goods like muffins and cookies; and 2) foods with ingredients added after purchasing such as popping popcorn kernels in oil and adding salt; making muffins from a mix and adding butter and eggs; and adding sprinkles to commercial frozen cookie dough. Note: Frozen commercial ready-to-cook foods (such as frozen cookies and rolls baked on site) are not included in this category unless the selling entity adds additional ingredients to the product, e.g., adding sprinkles to a frozen sugar cookie or buttering a frozen bake-off roll.

Commercial beverages sold from other sources: Do any other school organizations or programs sell any commercial beverages to students like water, milk, juice, or any other beverages?		
O Yes		
○ No		
Commercial beverages sold from other sources:	Click "yes" or "no	" to indicate which
programs sell commercial beverages to students.		
	Yes	No
Adult education programs operated by BOE	0	0
Afterschool enrichment or other programs charging a fee for participation that includes the cost of beverages provided to students	0	0
Culinary arts programs	0	0
Family and consumer sciences classes	0	0
Family resource centers	0	0
Summer school programs (e.g., enrichment or exploratory) operated by BOE	0	0
Seamless Summer Option (SSO) and Summer Food Service Program (SFSP) operated by the BOE (applies only to a la carte sales)	0	0
Sports programs that charge a fee for participation and the fee includes the cost of beverages provided to students	0	0
Other	0	0
Commercial beverages sold from other sources: Foods and Beverages used to determine if all comm students from other sources meet the state beverage O Yes O No	ercial beverages a	•

Commercial beverages sold from other sources: Describe the process used by the district to determine that all commercial beverages available for sale to students from				
other sources comply with the state beverage requirements.				
Commercial foods sold from other sources: Do programs sell any commercial foods to students?	any other school	organizations or		
O Yes				
O No				
Commercial foods sold from other sources: Clico programs sell commercial foods to students.	ck "yes" or "no" to	indicate which		
	Yes	No		
Adult education programs operated by BOE	0	0		
Afterschool enrichment or other programs charging a fee for participation that includes the cost of foods provided to students	0	0		
Culinary arts programs	0	0		
Family and consumer sciences classes	0	0		
Family resource centers	0	0		
Summer school programs (e.g., enrichment or exploratory) operated by BOE	0	0		
Seamless Summer Option (SSO) and Summer Food Service Program (SFSP) operated by the BOE (applies only to a la carte sales)	0	0		
Programs/organizations charging a fee for participation that includes the cost of foods provided to students, e.g., sports programs, clubs, organizations, and other activities.	0	0		
Other	0	0		

Commercial foods Is the CSDE's List of Acceptable Foods and Beverages used to determine if all commercial foods available for sale to students from other sources meet the CNS?				
O Yes				
○ No				
Commercial foods sold from other sources: Eto determine that all commercial foods available comply with the CNS.	-	•		
Foods made from scratch sold from other sold organizations or programs sell any foods made from	·			
O Yes				
O No				
Foods made from scratch sold from other sold which programs sell foods made from scratch to	-	or "no" to indicate No		
Adult education programs operated by BOE	0	0		
Afterschool enrichment or other programs charging a fee for participation that includes the cost of foods provided to students	0	0		
Culinary arts programs	0	0		
Family and consumer sciences classes	0	0		
Family resource centers	0	0		
Summer school programs (e.g., enrichment or exploratory) operated by BOE	0	0		

	Yes	No
Seamless Summer Option (SSO) and Summer Food Service Program (SFSP) operated by the BOE (applies only to a la carte sales)	0	0
Programs/organizations charging a fee for participation that includes the cost of foods provided to students, e.g., sports programs, clubs, organizations, and other activities.	0	0
Other	0	0
Foods made from scratch sold from other sound available for each food made from scratch: 1) a serving weight and nutrition information per serving worksheet to indicate that the standardized CNS?	tandardized recipng; ; and 2) the_a	pe that indicates the ppropriate completed
O Yes O No		
Foods made from scratch sold from other sound district to determine that all foods made from scratch sources comply with the CNS. Indicate how weight for standardized recipes that do not indicate the standardized recipes the standardi	atch available for the district dete	sale to students from rmines the serving
		h

End of Section 10: Foods and Beverages Sold from Other Sources

Submitting List of Foods and Beverages Sold from Other Sources

If your district sells foods and beverages from other sources, review the CSDE's <u>Districts</u> Required to Submit Lists of Foods and Beverages. **If your district is listed**, you must email the CSDE a list of all foods and beverages sold to students from **all other sources**

in the district and all other sources in recipient schools under the district's interschool agreements. This includes all commercial products (use Form 8: Commercial Foods and Beverages Sold from Other Sources) and foods made from scratch (use Form 9: Foods Made from Scratch Sold from Other Sources). For detailed instructions and guidance, refer to the CSDE's <u>Guidance for Submitting Lists of Foods and Beverages for Healthy Food Certification (HFC) Documentation</u>.

End of HFC Compliance Survey

Your HFC Compliance Survey is complete. Click "NEXT" below to submit your survey.

Note: You cannot go back to edit your answers after the survey is submitted.

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