

Complying with Healthy Food Certification (HFC)

Resource List for Module 4: Evaluating Foods for CNS Compliance

This document contains the resources for module 4 of the Connecticut State Department of Education's (CSDE) [Complying with Healthy Food Certification](#) training program. This training program is a series of recorded modules that provide guidance on how to meet the HFC requirements under Section 10-215f of the Connecticut General Statutes and the related state laws for competitive foods in schools.

[Child Nutrition Programs](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/child-nutrition-programs>

[Complying with Healthy Food Certification Training Program Modules](#) ("HFC Training Program" section of CSDE's Healthy Food Certification webpage)

<https://portal.ct.gov/sde/nutrition/healthy-food-certification/hfc-training-program>

[CNS Worksheets](#) ("Evaluating Foods for CNS Compliance" section of CSDE's Connecticut Nutrition Standards webpage):

<https://portal.ct.gov/sde/nutrition/connecticut-nutrition-standards/evaluating-foods-for-cns-compliance#CNSWorksheets>

[Connecticut Nutrition Standards](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/connecticut-nutrition-standards>

[Contact for Healthy Food Certification \(HFC\)](#) (CSDE):

<https://portal.ct.gov/sde/nutrition/healthy-food-certification/contact>

[County Assignments for School Nutrition Programs](#) (CSDE):

<https://portal.ct.gov/-/media/sde/nutrition/cnstaff/countyassign.pdf>

[Guidance on Evaluating Recipes for Compliance with the Connecticut Nutrition Standards](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/hfc/evaluating_recipes_cns_compliance.pdf

[Healthy Food Certification](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/healthy-food-certification>

[How to Evaluate Commercial Food Products for Compliance with the Connecticut Nutrition Standards](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/hfc/evaluate_commercial_food_products_cns.pdf

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[How to Evaluate Foods Made from Scratch for Compliance with the Connecticut Nutrition Standards](https://portal.ct.gov/-/media/sde/nutrition/hfc/evaluate_scratch_foods_cns_compliance.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/hfc/evaluate_scratch_foods_cns_compliance.pdf

[List of Acceptable Foods and Beverages](https://portal.ct.gov/sde/nutrition/list-of-acceptable-foods-and-beverages) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/list-of-acceptable-foods-and-beverages>

[List of Acceptable Foods and Beverages](https://portal.ct.gov/sde/nutrition/list-of-acceptable-foods-and-beverages) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/list-of-acceptable-foods-and-beverages>

[Nutrient Analysis](https://portal.ct.gov/sde/nutrition/connecticut-nutrition-standards/evaluating-foods-for-cns-compliance#NutrientAnalysis) (CSDE's Connecticut Nutrition Standards webpage):

<https://portal.ct.gov/sde/nutrition/connecticut-nutrition-standards/evaluating-foods-for-cns-compliance#NutrientAnalysis>

[Requirements for Competitive Foods in HFC Public Schools](https://portal.ct.gov/-/media/sde/nutrition/hfc/requirements_competitive_foods_hfc.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/hfc/requirements_competitive_foods_hfc.pdf

[Requirements for Food and Beverage Fundraisers in HFC Public Schools](https://portal.ct.gov/-/media/sde/nutrition/hfc/fundraiser_requirements_hfc.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/hfc/fundraiser_requirements_hfc.pdf

[Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools](https://portal.ct.gov/-/media/sde/nutrition/compfoods/resources_federal_state_requirements_competitive_foods.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/compfoods/resources_federal_state_requirements_competitive_foods.pdf

[Responsibilities of District Contact Person for Healthy Food Certification](https://portal.ct.gov/-/media/sde/nutrition/hfc/hfc_district_contact_responsibilities.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/hfc/hfc_district_contact_responsibilities.pdf

[Sample Fundraiser Form for HFC](https://portal.ct.gov/-/media/sde/nutrition/hfc/sample_fundraiser_form_hfc.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/hfc/sample_fundraiser_form_hfc.pdf

[Section 10-215e of the Connecticut General Statutes: Connecticut Nutrition Standards:](https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-215e)

https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-215e

[Submitting Food and Beverage Products for Approval](https://portal.ct.gov/-/media/sde/nutrition/hfc/fblist/submitting_food_beverage_products.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/hfc/fblist/submitting_food_beverage_products.pdf

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