

Complying with Healthy Food Certification (HFC)

Resource List for Module 3: Connecticut Nutrition Standards

This document contains the resources for module 3 of the Connecticut State Department of Education's (CSDE) [Complying with Healthy Food Certification](#) training program. This training program is a series of recorded modules that provide guidance on how to meet the HFC requirements under Section 10-215f of the Connecticut General Statutes and the related state laws for competitive foods in schools.

[Complying with Healthy Food Certification Training Program Modules](#) ("HFC Training Program" section of CSDE's Healthy Food Certification webpage)

<https://portal.ct.gov/sde/nutrition/healthy-food-certification/hfc-training-program>

[Connecticut Nutrition Standards](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/connecticut-nutrition-standards>

[Contact for Healthy Food Certification \(HFC\)](#) (CSDE):

<https://portal.ct.gov/sde/nutrition/healthy-food-certification/contact>

[County Assignments for School Nutrition Programs](#) (CSDE):

<https://portal.ct.gov/-/media/sde/nutrition/cnstaff/countyassign.pdf>

[Grain Ounce Equivalents Chart for the School Nutrition Programs](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/grain_oz_eq_snp.pdf

[Guide to Meeting the Whole Grain-rich Requirement for the Meal Patterns for Grades K-12 in the School Nutrition Programs](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/guide_wgr_requirement_snp_grades_k-12.pdf

[Healthy Food Certification](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/healthy-food-certification>

[Questions and Answers on Connecticut Statutes for School Foods and Beverages](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/hfc/questions_answers_connecticut_statutes_school_foods_beverages.pdf

[Requirements for Cafeteria Entrees Sold A La Carte in Schools Participating in Healthy Food Certification](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/hfc/cafeteria_entrees_requirements_hfc.pdf

Resource List for Module 3: Connecticut Nutrition Standards

[List of Acceptable Foods and Beverages](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/list-of-acceptable-foods-and-beverages>

[Section 10-215e of the Connecticut General Statutes: Connecticut Nutrition Standards:](#)

https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-215e

[Summary of Connecticut Nutrition Standards](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/connecticut_nutrition_standards_summary.pdf

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