



**Complying with Healthy Food Certification (HFC)  
Resource List for Module 3: Connecticut Nutrition Standards**

This document contains the resources highlighted in module 3 of the Connecticut State Department of Education's (CSDE) training program, *Complying with Healthy Food Certification*.

Complying with Healthy Food Certification Training Program Modules ("Related Resources" section of CSDE's HFC webpage):

<https://portal.ct.gov/sde/nutrition/healthy-food-certification/related-resources>

Connecticut Nutrition Standards (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/connecticut-nutrition-standards>

Connecticut Nutrition Standards for Foods in Schools (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/connecticut\\_nutrition\\_standards\\_full\\_document.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/connecticut_nutrition_standards_full_document.pdf)

Contact for Healthy Food Certification (HFC) (CSDE):

<https://portal.ct.gov/sde/nutrition/healthy-food-certification/contact>

County Assignments for School Nutrition Programs (CSDE):

<https://portal.ct.gov/-/media/sde/nutrition/cnstaff/countyassign.pdf>

Grain Ounce Equivalents for the National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/grain\\_oz\\_eq\\_snp\\_grades\\_k-12.pdf](https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/grain_oz_eq_snp_grades_k-12.pdf)

Guide to Meeting the Whole Grain-rich Requirement for the National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/wgr\\_requirement\\_snp\\_grades\\_k-12.pdf](https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/wgr_requirement_snp_grades_k-12.pdf)

Healthy Food Certification (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/healthy-food-certification>

List of Acceptable Foods and Beverages (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/list-of-acceptable-foods-and-beverages>

## Complying with Healthy Food Certification (HFC) Resource List for Module 3: Connecticut Nutrition Standards

Section 10-215e of the Connecticut General Statutes: Connecticut Nutrition Standards:

[https://www.cga.ct.gov/current/pub/chap\\_169.htm#sec\\_10-215e](https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-215e)

Summary of Connecticut Nutrition Standards (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/connecticut\\_nutrition\\_standards\\_summary.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/connecticut_nutrition_standards_summary.pdf)

## Complying with Healthy Food Certification (HFC) Resource List for Module 3: Connecticut Nutrition Standards

The Connecticut State Department of Education's (CSDE) *Complying with Healthy Food Certification* training program consists of six recorded modules that provide guidance on how to meet the HFC requirements under Section 10-215f of the Connecticut General Statutes and the related state laws for competitive foods in schools. This training program is intended for the district's HFC contact person and individuals who coordinate sales of competitive foods to students on school premises. To access the training modules, visit the "[Related Resources](#)" section of the CSDE's HFC webpage.

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1. mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

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