



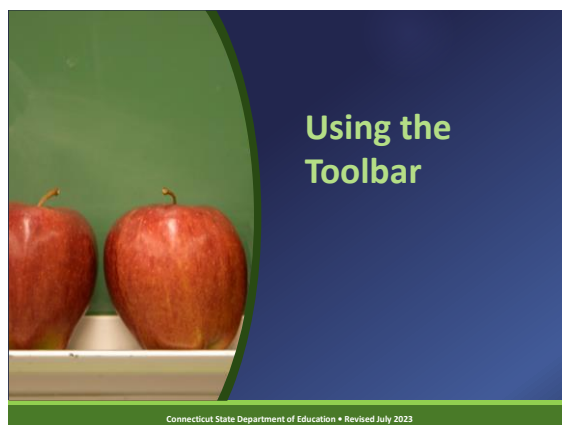
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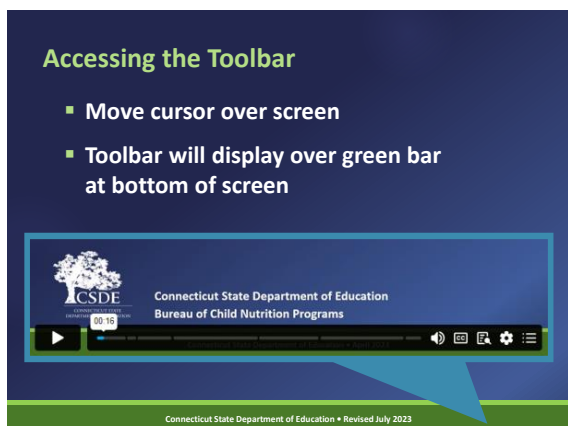
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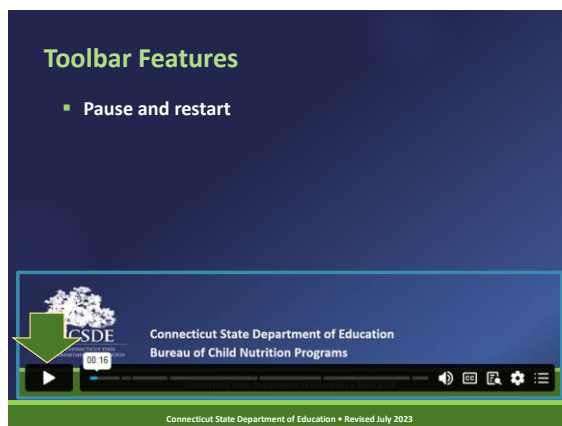
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6

Toolbar Features

- Pause and restart
- Forward and backward




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Toolbar Features

- Pause and restart
- Forward and backward
- Adjust sound volume



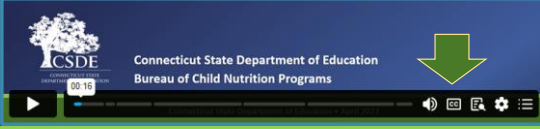
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Bureau of Child Nutrition Programs

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Toolbar Features

- Pause and restart
- Forward and backward
- Adjust sound volume
- Turn on closed captioning



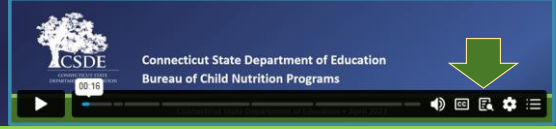
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Toolbar Features

- Pause and restart
- Forward and backward
- Adjust sound volume
- Turn on closed captioning
- Search transcript



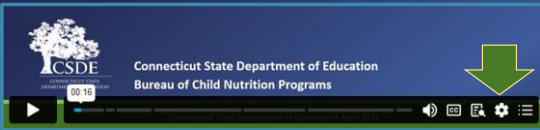
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Toolbar Features

- Pause and restart
- Forward and backward
- Adjust sound volume
- Turn on closed captioning
- Search transcript
- Change quality and speed



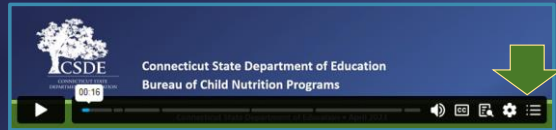
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Toolbar Features

- Pause and restart
- Forward and backward
- Adjust sound volume
- Turn on closed captioning
- Search transcript
- Change quality and speed
- Navigate to topics



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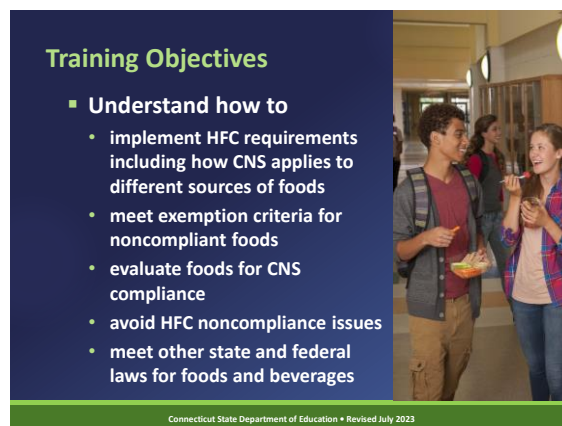
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Training Objectives

- Identify resources for guidance and training




Resources and websites are listed in the yellow bar

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Introduction to Training Modules



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Introduction to Training Modules

- Module 1 Introduction to Training Modules and HFC
- Module 2 HFC Requirements
- Module 3 Connecticut Nutrition Standards (CNS)
- Module 4 Evaluating Foods for CNS Compliance
- Module 5 Laws for Foods and Beverages in HFC Schools
- Module 6 Fundraisers

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CSDE Resource

Healthy Food Certification (HFC) Webpage




<https://portal.ct.gov/SDE/Nutrition/Healthy-Food-Certification/Related-Resources>

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Overview of HFC



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Healthy Food Certification (HFC)

A state statute that requires each board of education or governing authority for all public schools participating in the NSLP to certify annually to the CSDE whether they will follow the CNS for all foods sold to students separately from reimbursable meals

Terms to Know

https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-215f


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HFC Applies Only to Public Schools

Connecticut Public Schools =

- All local and regional school districts
- Regional educational service centers (RESCs)
- Connecticut Technical Education and Career System (CTECS)
- Charter schools
- Interdistrict magnet schools
- Endowed academies



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HFC Does Not Apply to Beverages

- Must comply with
 - state beverage statute (C.G.S. Section 10-221q)
 - USDA's Smart Snacks nutrition standards



<https://www.fns.usda.gov/cn/fr-072916d>

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CSDE Resource

Beverage Requirements Webpage



<https://portal.ct.gov/SDE/Nutrition/Beverage-Requirements>

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HFC Requirements

- Each public school that participates in NSLP must choose (certify) whether to follow CNS each year
 - Annual HFC Statement submitted to CSDE
 - Requires vote by board of education or school governing authority (BOE)



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HFC Requirements

- Must comply with CNS
- Apply to all schools in district
- Additional state funding




https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-215b

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Annual HFC Statement Addendum to Agreement for Child Nutrition Programs (ED-099)

- Completed in CSDE's Online Application and Claiming System for Child Nutrition Programs (CNP System)
- Includes BOE minutes with votes for HFC participation and food exemptions



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Annual HFC Statement
Addendum to Agreement for Child Nutrition Programs (ED-099)

- Certification period
July 1 through June 30
- Submission deadline
July 1

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How to Apply for HFC

- Visit “Apply” section of CSDE’s HFC webpage
 - Review and follow steps in CSDE’s annual operational memorandum
 - Watch CSDE’s training module: Completing the Application Process for HFC

<https://portal.ct.gov/SDE/Nutrition/Healthy-Food-Certification/Apply>

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Overview of CNS

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Connecticut Nutrition Standards (CNS)

State nutrition standards developed by CSDE that apply to all foods sold to students separately from reimbursable meals in HFC schools

Terms to Know

https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-215e

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Overview of CNS

- Required for public schools that choose healthy food option of HFC
- Based on current nutrition science and national health recommendations
- Promotes healthier choices for students in schools

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CNS Applies to

- All foods available for sale to students separately from reimbursable meals from all sources on school premises *
- All foods served in USDA’s Afterschool Snack Program (ASP) *

* Commercial products and foods made from scratch

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CNS Categories and Requirements

Categories	Nutrition Standards	
	Nutrient Limits	Prohibited ingredients
<ol style="list-style-type: none"> Snacks Entrees sold only a la carte Non-entree combination foods Cooked grains Soups Fruits and vegetables 	<ul style="list-style-type: none"> Calories Total fat Saturated fat Trans fat Sodium Total sugars <p style="border: 1px solid green; padding: 2px;">Some exemptions for specific nutrient-rich foods</p>	<ul style="list-style-type: none"> Nonnutritive sweeteners and sugar alcohols Chemically altered fat substitutes Caffeine Significant fortification Nutrition supplements

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To Comply with CNS

General Standard	Nutrition Standards
<p>Food must meet ≥ 1 general standard</p> <ul style="list-style-type: none"> Whole grain-rich (WGR) Food group is first ingredient Combination food with $\geq \frac{1}{4}$ cup of fruit or vegetable 	<p>Serving with accompaniments must meet all nutrition standards for specific food category</p> <ul style="list-style-type: none"> Nutrient limits Prohibited ingredients

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CSDE Resource

Healthy Food Certification Webpage

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Healthy Food Certification Webpage

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Connecticut Nutrition Standards Webpage

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CSDE Resource

Requirements for Competitive Foods in HFC Public Schools



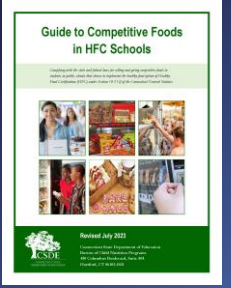
https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Requirements_Competitive_Foods_HFC.pdf

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CSDE Resource

Guide to Competitive Foods in HFC Public Schools



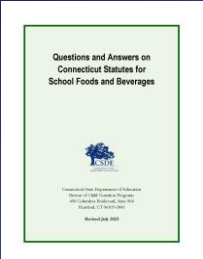
https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Requirements_Competitive_Foods_HFC.pdf

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CSDE Resource

Questions and Answers on Connecticut Statutes for School Foods and Beverages




https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Questions_Answers_Connecticut_Statutes_School_Foods_Beverages.pdf

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CSDE Resource

Responsibilities of District Contact Person for Healthy Food Certification




<https://portal.ct.gov/SDE/Nutrition/Healthy-Food-Certification/Related-Resources>

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CSDE Resource

Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools



https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/Resources_Federal_State_Requirements_Competitive_Foods.pdf

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Questions? Contact CSDE's HFC coordinator or school nutrition programs staff



<https://portal.ct.gov/SDE/Nutrition/Healthy-Food-Certification/Contact>
<https://portal.ct.gov/-/media/SDE/Nutrition/CNstaff/countynassign.pdf>

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Thank you for participating in module 1!

<https://portal.ct.gov/SDE/Nutrition/Healthy-Food-Certification/Related-Resources>

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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-ORASCRN209-Complaint-Form-0508-0002-508-11-28-17ras2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: program.intake@usda.gov

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