

## Complying with Healthy Food Certification (HFC)

### Module 5 Worksheet: What Laws Apply



Indicate which of the Connecticut General Statutes (C.G.S.) and state competitive foods regulations apply to each scenario below.

Scenario	What state laws apply?
<p><b>1: Concession stand at a football game</b></p> <p>A concession stand located at the football field sells foods and beverages to students during a football game that occurs on school premises after the school day from 4:00 to 6:00 p.m. The Afterschool Snack Program (ASP) operates on school premises from 4:30 to 5:30 p.m.</p>	<ul style="list-style-type: none"><li><input type="checkbox"/> Food exemptions (C.G.S. 10-215f)</li><li><input type="checkbox"/> Beverage exemptions (C.G.S. 10-221q)</li><li><input type="checkbox"/> No selling or giving candy, coffee, tea, or soft drinks (Section 10-215b-1 of state competitive foods regulations)</li><li><input type="checkbox"/> Income must accrue to nonprofit food service account (Section 10-215b-23 of state competitive foods regulations)</li><li><input type="checkbox"/> Nutritious low-fat foods (C.G.S. 10-221q)</li></ul>
<p><b>2: Fundraiser sales of compliant cookies</b></p> <p>A fundraiser sells cookies to students on school premises from 1:30 to 2:00 p.m. during the school day. The Child Nutrition Programs are not operating during this time. The cookies comply with the CNS and are on the Connecticut State Department of Education's (CSDE) List of Acceptable Foods and Beverages webpage.</p>	<ul style="list-style-type: none"><li><input type="checkbox"/> Food exemptions (C.G.S. 10-215f)</li><li><input type="checkbox"/> Beverage exemptions (C.G.S. 10-221q)</li><li><input type="checkbox"/> No selling or giving candy, coffee, tea, or soft drinks (Section 10-215b-1 of state competitive foods regulations)</li><li><input type="checkbox"/> Income must accrue to nonprofit food service account (Section 10-215b-23 of state competitive foods regulations)</li><li><input type="checkbox"/> Nutritious low-fat foods (C.G.S. 10-221q)</li></ul>

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<p><b>3: Vending machines</b></p> <p>Vending machines located by the gym sell compliant foods and beverages to students. The foods and beverages are on the CSDE’s List of Acceptable Foods and Beverages webpage. The vending machines are available to students all the time; they are not turned off.</p> <p>The School Breakfast Program (SBP) operates from 7:00 a.m. to 8:00 a.m. and the National School Lunch Program (NSLP) operates from 12:00 p.m. to 1:30 p.m.</p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Food exemptions (C.G.S. 10-215f)</li> <li><input type="checkbox"/> Beverage exemptions (C.G.S. 10-221q)</li> <li><input type="checkbox"/> No selling or giving candy, coffee, tea, or soft drinks (Section 10-215b-1 of state competitive foods regulations)</li> <li><input type="checkbox"/> Income must accrue to nonprofit food service account (Section 10-215b-23 of state competitive foods regulations)</li> <li><input type="checkbox"/> Nutritious low-fat foods (C.G.S. 10-221q)</li> </ul>
<p><b>3: School stores</b></p> <p>The official school day ends at 2:30 p.m. A school store sells compliant foods and beverages to students on school premises from 3:00 p.m. to 4:00 pm. All foods and beverages sold by the school store are on the CSDE’s List of Acceptable Foods and Beverages webpage.</p> <p>The ASP operates from 3:00 p.m. to 3:30 p.m.</p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Food exemptions (C.G.S. 10-215f)</li> <li><input type="checkbox"/> Beverage exemptions (C.G.S. 10-221q)</li> <li><input type="checkbox"/> No selling or giving candy, coffee, tea, or soft drinks (Section 10-215b-1 of state competitive foods regulations)</li> <li><input type="checkbox"/> Income must accrue to nonprofit food service account (Section 10-215b-23 of state competitive foods regulations)</li> <li><input type="checkbox"/> Nutritious low-fat foods (C.G.S. 10-221q)</li> </ul>
<p><b>5: Culinary program sales</b></p> <p>A culinary program sells compliant foods and beverages to students on school premises from 12:00 p.m. to 1:00 pm. The culinary program has conducted a nutrient analysis of all recipes and documented that they comply with the CNS.</p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Food exemptions (C.G.S. 10-215f)</li> <li><input type="checkbox"/> Beverage exemptions (C.G.S. 10-221q)</li> <li><input type="checkbox"/> No selling or giving candy, coffee, tea, or soft drinks (Section 10-215b-1 of state competitive foods regulations)</li> <li><input type="checkbox"/> Income must accrue to nonprofit food service account (Section 10-215b-23 of state competitive foods regulations)</li> <li><input type="checkbox"/> Nutritious low-fat foods (C.G.S. 10-221q)</li> </ul>

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The Connecticut State Department of Education's (CSDE) *Complying with Healthy Food Certification* training program consists of six recorded modules that provide guidance on how to meet the HFC requirements under Section 10-215f of the Connecticut General Statutes and the related state laws for competitive foods in schools. This training program is intended for the district's HFC contact person and individuals who coordinate sales of competitive foods to students on school premises. To access the training modules, visit the "[Related Resources](#)" section of the CSDE's HFC webpage.

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1. mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

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