Connecticut Farm to School Resources

Farm to school (FTS) refers to efforts that bring regionally produced foods into schools, exposing students to local food through the cafeteria and hands-on learning activities such as gardening, farm visits, and culinary classes. FTS programs elevate the health of children and communities while supporting local agriculture and local economies.

Mission: To elevate the health of children and communities while supporting local agriculture and local economies through FTS efforts.

USDA Community Food Systems Fact Sheets: https://www.fns.usda.gov/f2s/procuring-local-foods

Curriculum

- Project Food, Land & People: http://www.foodlandpeople.org/
- Connecticut Ag in the Classroom: http://ctaef.org/ag-in-the-classroom/

Gardens

- Food Safety Tips for School Gardens: https://theicn.org/resources/652/producesafety-best-practices-fact-sheets/107980/foodsafety-tips-for-school-gardens.pdf
- Implementing Farm to School Activities: Food Safety: https://www.fns.usda.gov/cfs/implementingfarm-school-activities-food-safety
- School Garden Resource Center: https://commongroundct.org/2012/09/ school-garden-resource-center/



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Marketing

Put Local On Your Tray: https:// putlocalonyourtray.uconn.edu/



Farm to School Census: https://farmtoschoolcensus.fns.usda.gov/

Purchasing

Procuring Local Foods for Child Nutrition Programs: https://www.fns.usda.gov/f2s/procuring-localfoods

Schools/Cafeterias

- Procuring Local Foods for Child Nutrition Programs: https://www.fns.usda.gov/f2s/procuring-localfoods
- National Farm-to-School Network: http://www.farmtoschool.org/
- New England Dairy & Food Council: https://www.newenglanddairy.com/farm-toschool-marketing-resources/

For more resources, visit the Connecticut State Department of Education's Farm to School webpage.

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