Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

This Connecticut State Department of Education (CSDE) document includes webpages and resources to assist schools with meeting the requirements of the federal and state laws for competitive foods in schools. “Competitive foods” are all foods and beverages available for sale to students on school premises, separately from reimbursable meals and afterschool snacks served through the U.S. Department of Agriculture (USDA) Child Nutrition Programs (CNPs). Under Section 10-215b-1 of the Regulations of Connecticut State Agencies, competitive foods also include certain foods and beverages (i.e., candy, tea, coffee, and soft drinks) that are given to students while CNPs are operating.

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Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

Adult Education Programs

Requirements for Selling Foods and Beverages in Adult Education Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/adultedhfc.pdf

Beverages

Allowable Beverages in Connecticut Public Schools (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/compfoods/allowable_beverages_public_schools.pdf

Allowable Fluid Milk Substitutes for Non-disability Reasons in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/milk_substitutes_snp.pdf

Beverage Requirements (CSDE webpage):
https://portal.ct.gov/sde/nutrition/beverage-requirements

C.G.S. Section 10-221q: Sale of beverages:
https://www.cga.ct.gov/current/pub/chap_170.htm#sec_10-221q

Exemptions for Foods and Beverages in Public Schools (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/food_beverage_exemptions_public_schools.pdf

Requirements for Beverages Containing Water and Juice (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/compfoods/water_juice_beverages_requirements.pdf

Summary Chart of Federal and State Laws for Beverages in Connecticut Public Schools, Private Schools, and Residential Child Care Institutions (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/compfoods/summary_chart_federal_state_laws_beverages_public_private_rcci.pdf

USDA Final Rule: Expanding Fluid Milk Options in Child Nutrition Programs:
https://www.fna.usda.gov/cn/fr-050826

Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

USDA Memo SP 08-2026 and CACFP 04-2026: Expanding Fluid Milk Options in Child Nutrition Programs:
https://www.fna.usda.gov/schoolmeals/fluid-milk-options

Whole Milk for Healthy Kids Act of 2025:
https://www.congress.gov/bill/119th-congress/senate-bill/222/text

Cafeteria A La Carte Sales

Cafeteria A La Carte Sales ("Guidance and Resources" section of CSDE's HFC webpage):
https://portal.ct.gov/sde/nutrition/healthy-food-certification/guidance-and-resources#Cafeteria

Requirements for Cafeteria A La Carte Foods and Beverages in HFC Public Schools (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/cafeteria_requirements_hfc.pdf

Requirements for Cafeteria A La Carte Foods and Beverages in Non-HFC Public Schools (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/cafeteria_requirements_nonhfc.pdf

Requirements for Cafeteria A La Carte Foods and Beverages in Private Schools and RCCIs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/cafeteria_requirements_private_rcci.pdf

Requirements for Cafeteria Entrees Sold A La Carte in Schools Participating in Healthy Food Certification (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/cafeteria_entrees_requirements_hfc.pdf

Celebrations

Healthy Celebrations (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/resources/healthy_celebrations.pdf

"Celebrations" section of the CSDE's Resource List for Wellness Policies in Schools and Child Care (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/resources/resources_wellness_policy.pdf

Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

Competitive Foods

Competitive Foods in Schools (CSDE webpage):
https://portal.ct.gov/sde/nutrition/competitive-foods

Connecticut Regulations for Competitive Foods (CSDE's Laws and Regulations for Child Nutrition Programs webpage):
https://portal.ct.gov/sde/nutrition/laws-and-regulations-for-child-nutrition-programs#ConnecticutRegulations

CSDE Operational Memorandum No. 1-18: Accrual of Income from Sales of Competitive Foods in Schools:
https://portal.ct.gov/-/media/sde/nutrition/nslp/memos/om01-18.pdf

HFC Public Schools (CSDE's Competitive Foods in Schools webpage):
https://portal.ct.gov/sde/nutrition/competitive-foods/hfc-public-schools

Laws and Regulations for Child Nutrition Programs (CSDE website):
https://portal.ct.gov/sde/nutrition/laws-and-regulations-for-child-nutrition-programs

Module 5: Other Laws for Foods and Beverages in HFC Schools (CSDE's Complying with Healthy Food Certification Training Program):
https://portal.ct.gov/sde/nutrition/healthy-food-certification/hfc-training-program

Non-HFC Public Schools (CSDE's Competitive Foods in Schools webpage):
https://portal.ct.gov/sde/nutrition/competitive-foods/non-hfc-public-schools

Overview of Connecticut Competitive Foods Regulations (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/compfoods/overview_ct_competitive_foods_regulations.pdf

Overview of Federal and State Laws for Competitive Foods in Connecticut Public Schools, Private Schools, and Residential Child Care Institutions (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/compfoods/overview_federal_state_laws_competitive_foods.pdf

Private Schools and RCCIs (CSDE's Competitive Foods in Schools webpage):
https://portal.ct.gov/sde/nutrition/competitive-foods/private-schools-and-rccis

Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

Questions and Answers on Connecticut Statutes for School Foods and Beverages (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/questions_answers_connecticut_statutes_school_foods_beverages.pdf

Regulations of Connecticut State Agencies (Sections 10-215b-1 and 10-215b-23):
https://eregulations.ct.gov/eRegsPortal/Browse/RCSA/Title_10Subtitle_10-215b/

Requirements for Competitive Foods in HFC Public Schools (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/requirements_competitive_foods_hfc.pdf

Requirements for Competitive Foods in Non-HFC Public Schools (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/requirements_competitive_foods_nonhfc.pdf

Requirements for Competitive Foods in Private Schools and Residential Child Care Institutions (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/requirements_competitive_foods_private_rcci.pdf

Smart Snacks Nutrition Standards (CSDE webpage):
https://portal.ct.gov/sde/nutrition/smart-snacks-nutrition-standards

Summary Chart of Federal and State Requirements for Competitive Foods in HFC Public Schools (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/compfoods/summary_chart_requirements_competitive_foods_hfc.pdf

Summary Chart of Federal and State Requirements for Competitive Foods in Non-HFC Public Schools (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/compfoods/summary_chart_requirements_competitive_foods_nonhfc.pdf

Summary Chart of Federal and State Requirements for Competitive Foods in Private Schools and Residential Child Care Institutions (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/compfoods/summarychart_requirements_competitive_foods_private_rcci.pdf

Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

Connecticut Statutes and Regulations for Competitive Foods

C.G.S. Section 10-215. Lunches, breakfasts and other feeding programs for public school children and employees:
https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-215

C.G.S. Section 10-215a. Nonpublic school and nonprofit agency participation in feeding programs:
https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-215a

C.G.S. Section 10-215e. Nutrition standards for food that is not part of lunch or breakfast program:
https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-215e

C.G.S. Section 10-215f. Certification that food meets nutrition standards:
https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-215f

C.G.S. Section 10-221o. Lunch Periods and Recess:
https://www.cga.ct.gov/current/pub/chap_170.htm#sec_10-221o

C.G.S. Section 10-221p. Boards to make available for purchase nutritious and low-fat foods:
https://www.cga.ct.gov/current/pub/chap_170.htm#sec_10-221p

C.G.S. Section 10-221q. Sale of beverages:
https://www.cga.ct.gov/current/pub/chap_170.htm#sec_10-221q

C.G.S. Section 17a-818 (formerly Section 10-303). Food service facilities and vending stands in public buildings controlled by Department of Aging and Disability Services.
https://www.cga.ct.gov/current/pub/chap_319l.htm#sec_17a-818

Connecticut General Statutes for School Foods and Beverages (CSDE's Laws and Regulations for Child Nutrition Programs webpage):
https://portal.ct.gov/sde/nutrition/laws-and-regulations-for-child-nutrition-programs/state-statutes-and-regulations-for-school-foods-and-beverages#ConnecticutGeneralStatutes

Connecticut General Statutes for School Foods and Beverages (CSDE's Laws and Regulations for Child Nutrition Programs webpage):
https://portal.ct.gov/sde/nutrition/laws-and-regulations-for-child-nutrition-programs#ConnecticutGeneralStatutes

Module 5: Other Laws for Foods and Beverages in HFC Schools (CSDE's Complying with Healthy Food Certification Training Program):
https://portal.ct.gov/sde/nutrition/healthy-food-certification/hfc-training-program

Noncreditable Grains for the School Nutrition Programs and the Connecticut Nutrition Standards (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/noncreditable_grains_snp.pdf

Regulations of Connecticut State Agencies (Sections 10-215b-1 and 10-215b-23):
https://eregulations.ct.gov/eRegsPortal/Browse/RCSA/Title_10Subtitle_10-215b/

Connecticut Nutrition Standards (CNS)

Comparison of the Connecticut Nutrition Standards and the USDA's Smart Snacks Nutrition Standards (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/compfoods/comparison_chart_connecticut_nutrition_standards_and_smart_snacks.pdf

Module 3: Connecticut Nutrition Standards (CSDE's Complying with Healthy Food Certification Training Program):
https://portal.ct.gov/sde/nutrition/healthy-food-certification/hfc-training-program

Connecticut Nutrition Standards (CSDE webpage):
https://portal.ct.gov/sde/nutrition/connecticut-nutrition-standards

Connecticut Nutrition Standards for Foods in Schools (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/connecticut_nutrition_standards_full_document.pdf

Questions and Answers on Connecticut Statutes for School Foods and Beverages (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/questions_answers_connecticut_statutes_school_foods_beverages.pdf

Summary of Connecticut Nutrition Standards (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/connecticut_nutrition_standards_summary.pdf

Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

Culinary Programs

Culinary Programs ("Guidance and Resources" section of CSDE's HFC webpage):
https://portal.ct.gov/sde/nutrition/healthy-food-certification/guidance-and-resources#CulinaryPrograms

Requirements for Foods and Beverages in Culinary Programs in HFC Public Schools (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/culinary_programs_requirements_hfc.pdf

Requirements for Foods and Beverages in Culinary Programs in Non-HFC Public Schools (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/culinary_programs_requirements_nonhfc.pdf

Requirements for Foods and Beverages in Culinary Programs in Private Schools and Residential Child Care Institutions (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/culinary_programs_requirements_private_rcci.pdf

"School Culinary Programs" section of the CSDE's Resource List for Competitive Foods in Schools (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/resources/resources_competitive_foods.pdf

Evaluating Foods

CNS Worksheets ("Evaluating Foods for CNS Compliance" section of CSDE's Connecticut Nutrition Standards webpage):
https://portal.ct.gov/sde/nutrition/connecticut-nutrition-standards/evaluating-foods-for-cns-compliance#CNSWorksheets

Connecticut Nutrition Standards Worksheet 1: Snacks (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns_worksheet1_snacks.xlsx

Connecticut Nutrition Standards Worksheet 10: Evaluating Recipes for Sugars (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns_worksheet10_evaluate_recipes_sugars.xlsx

Connecticut Nutrition Standards Worksheet 2: Yogurt and Pudding (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns_worksheet2_yogurt_pudding.xlsx

Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

Connecticut Nutrition Standards Worksheet 3: Smoothies (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns_worksheet3_smoothies.xlsx

Connecticut Nutrition Standards Worksheet 4: Fruits and Vegetables (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns_worksheet4_fruits_vegetables.xlsx

Connecticut Nutrition Standards Worksheet 5: Soups (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns_worksheet5_soups.xlsx

Connecticut Nutrition Standards Worksheet 6: Cooked Grains (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns_worksheet6_cooked_grains.xlsx

Connecticut Nutrition Standards Worksheet 7: Entrees (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns_worksheet7_entrees.xlsx

Connecticut Nutrition Standards Worksheet 8: Non-entree Combination Foods (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns_worksheet8_nonentree_combination_food.xlsx

Connecticut Nutrition Standards Worksheet 9: Nutrient Analysis of Recipes (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns_worksheet9_nutrent_analysis_recipes.xlsx

Connecticut Nutrition Standards Worksheets (CSDE webpage):
https://portal.ct.gov/sde/nutrition/connecticut-nutrition-standards/how-to#CNSWorksheets

Evaluating Foods for CNS Compliance (CSDE's Connecticut Nutrition Standards webpage):
https://portal.ct.gov/sde/nutrition/connecticut-nutrition-standards/evaluating-foods-for-cns-compliance

Guidance on Evaluating Recipes for Compliance with the Connecticut Nutrition Standards (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/evaluating_recipes_cns_compliance.pdf

Guide to Meeting the Whole Grain-rich Requirement for the National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/wgr_requirement_snp_grades_k-12.pdf

Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

How to Evaluate Commercial Food Products for Compliance with the Connecticut Nutrition Standards (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/evaluate_commercial_food_products_cns.pdf

How to Evaluate Foods Made from Scratch for Compliance with the Connecticut Nutrition Standards (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/evaluate_scratch_foods_cns_compliance.pdf

Module 4: Evaluating Foods for CNS Compliance (CSDE's Complying with Healthy Food Certification Training Program):
https://portal.ct.gov/sde/nutrition/healthy-food-certification/hfc-training-program

Records Retention Requirements for the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/adminrev/records_retention_snp.pdf

Submitting Food and Beverage Products for Approval (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/fblist/submitting_food_beverage_products.pdf

Food Rewards

"Alternatives to Food Rewards" section of the CSDE's Resource List for Wellness Policies in Schools and Child Care (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/resources/resources_wellness_policy.pdf

Nonfood Rewards: Promoting Healthy School Environments (UConn Rudd Center):
https://uconnruddcenter.org/wp-content/uploads/sites/2909/2023/08/Alternatives-to-Food-Rewards-Info-Sheet.pdf

Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

Fundraisers

5 Ways to Plan a Healthy Fundraiser (ICN):
https://theicn.org/resources/1481/grab-in-5/116657/5-ways-to-plan-a-healthy-fundraiser.pdf

Best Practices for Healthy School Fundraisers (USDA):
https://www.fna.usda.gov/tn/best-practices-healthy-school-fundraisers

Module 6: Fundraisers (CSDE's Complying with Healthy Food Certification Training Program):
https://portal.ct.gov/sde/nutrition/healthy-food-certification/hfc-training-program

Fundraisers ("Guidance and Resources" section of CSDE's HFC webpage):
https://portal.ct.gov/sde/nutrition/healthy-food-certification/guidance-and-resources#Fundraisers

Fundraising (Alliance for a Healthier Generation):
https://www.healthiergeneration.org/take-action/schools/wellness-topics/smart-snacks/fundraising

Healthy Fundraisers (Action for Healthy Kids):
https://www.actionforhealthykids.org/wp-content/uploads/2019/05/Healthy-Fundraisers-Tip-Sheet.pdf

Healthy Fundraising (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/resources/healthy_fundraising.pdf

Non-Food Ways to Raise Funds and Reward a Job Well Done (Texas Department of Agriculture):
http://www.squaremeals.org/Portals/8/files/publications/Non%20Food%20Ways%20to%20Reward.pdf

Promote Good Health While Raising Money for Schools (The PEW Charitable Trust):
https://www.pewtrusts.org/en/research-and-analysis/articles/2015/08/13/promote-good-health-while-raising-money-for-schools

Requirements for Food and Beverage Fundraisers in HFC Public Schools (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/fundraiser_requirements_hfc.pdf

Requirements for Food and Beverage Fundraisers in Non-HFC Public Schools (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/fundraiser_requirements_nonhfc.pdf

Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

Requirements for Food and Beverage Fundraisers in Private Schools and Residential Child Care Institutions (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/fundraiser_requirements_private_rcci.pdf

Sample Fundraiser Form for HFC (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/sample_fundraiser_form_hfc.pdf

State Agency Fundraiser Elections and Exemptions for Smart Snacks Nutrition Standards (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/compfoods/state_agency_fundraiser_elections_smart_snacks.pdf

Sweet Deals: School Fundraising Can Be Healthy and Profitable (Center for Science in the Public Interest):
https://cspinet.org/resource/sweet-deals-school-fundraising-can-be-healthy-and-profitable

Yes You Can! A Fresh Look at Healthy Fundraisers for Schools (East & Central Harlem District Public Health Office and the Strategic Alliance for Health):
https://www1.nyc.gov/assets/doh/downloads/pdf/dpho/dpho-fundraiser-guide.pdf

Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

Healthy Food Certification (HFC) Application

Annual HFC Application (CSDE's Healthy Food Certification webpage):
https://portal.ct.gov/sde/nutrition/healthy-food-certification/annual-hfc-application

Completing the Application Process for Healthy Food Certification (CSDE training module):
https://sdect.co1.qualtrics.com/jfe/form/SV_eeAlNsyJjECdlMa

CSDE Operational Memorandum: Process for Submitting the Annual HFC Statement:
https://portal.ct.gov/sde/nutrition/healthy-food-certification/annual-hfc-application#Instructions

Exemptions for Foods and Beverages in Public Schools (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/food_beverage_exemptions_public_schools.pdf

Instructions for Submitting Connecticut's Healthy Food Certification Statement (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/app/instructions_submitting_connecticut_healthy_food_certification_statement.pdf

Responsibilities of District Contact Person for Healthy Food Certification (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/hfc_district_contact_responsibilities.pdf

HFC Documentation

Annual HFC Documentation (CSDE's Healthy Food Certification webpage):
https://portal.ct.gov/sde/nutrition/healthy-food-certification/annual-hfc-documentation

Completing the Documentation Requirements for Healthy Food Certification (CSDE Training Module):
https://sdect.co1.qualtrics.com/jfe/form/SV_cXP8pmPkASBsqpM

Districts Required to Submit Lists of Foods and Beverages for Healthy Food Certification Documentation (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/doc/districts_required_to_submit_lists_foods_beverages_hfc_documentation.pdf

Guidance for Completing the Healthy Food Certification Compliance Survey (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/doc/guidance_completing_hfc_compliance_survey.pdf

Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

Guidance for Submitting Lists of Foods and Beverages for Healthy Food Certification Documentation (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/doc/guidance_submitting_lists_hfc_documentation.pdf

Preview of the Healthy Food Certification (HFC) Compliance Survey Questions (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/doc/preview_hfc_compliance_survey.pdf

HFC Requirements

Adult Education Programs ("Guidance and Resources" section of CSDE's HFC webpage):
https://portal.ct.gov/sde/nutrition/healthy-food-certification/guidance-and-resources#AdultEducationPrograms

Complying with Healthy Food Certification (CSDE training program):
https://portal.ct.gov/sde/nutrition/healthy-food-certification/hfc-training-program

Ensuring District Compliance with Healthy Food Certification (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/ensuring_district_compliance_hfc.pdf

Exemptions for Foods and Beverages in Public Schools (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/food_beverage_exemptions_public_schools.pdf

Guidance and Resources (CSDE's Healthy Food Certification webpage):
https://portal.ct.gov/sde/nutrition/healthy-food-certification

Healthy Food Certification (CSDE webpage):
https://portal.ct.gov/sde/nutrition/healthy-food-certification

Module 2: HFC Requirements (CSDE's Complying with Healthy Food Certification Training Program):
https://portal.ct.gov/sde/nutrition/healthy-food-certification/hfc-training-program

Requirements for Competitive Foods in HFC Public Schools (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/requirements_competitive_foods_hfc.pdf

Responsibilities of District Contact Person for Healthy Food Certification (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/hfc_district_contact_responsibilities.pdf

Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

List of Acceptable Foods and Beverages

Contact Information for Vendors Selling Foods and Beverages Listed on the Connecticut State Department of Education's List of Acceptable Foods and Beverages (CSDE): https://portal.ct.gov/-/media/sde/nutrition/hfc/fblist/contact_information_vendors_acceptable_foods_beverages.pdf

List of Acceptable Foods and Beverages (CSDE webpage): https://portal.ct.gov/sde/nutrition/list-of-acceptable-foods-and-beverages

Submitting Food and Beverage Products for Approval (CSDE): https://portal.ct.gov/-/media/sde/nutrition/hfc/fblist/submitting_food_beverage_products.pdf

Summary of Updates to the Connecticut State Department of Education's List of Acceptable Foods and Beverages (CSDE): https://portal.ct.gov/-/media/sde/nutrition/hfc/fblist/summary_updates_csde_list_acceptable_foods_beverages.pdf

Nonprogram Foods

Nonprogram Foods: NSLP Regulations 7 CFR 210.14 (f): Revenue from nonprogram foods (USDA): https://www.ecfr.gov/current/title-7/part-210#p-210.14(f)

Revenue from Nonprogram Foods (7 CFR 210.14 (f)) (CSDE's Competitive Foods in Schools webpage): https://portal.ct.gov/sde/nutrition/competitive-foods/documents#RevenueNonprogramFoods

USDA Memo SP 13-2014: School Food Service Account Revenue from the Sale of Nonprogram Foods: https://www.fna.usda.gov/cn/school-food-service-account-revenue-sale-non-program-foods

USDA Memo SP 20-2016: Nonprofit School Food Service Account Nonprogram Food Revenue Requirements: https://www.fna.usda.gov/cn/nonprofit-school-food-service-account-nonprogram-food-revenue-requirements

Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

School Stores

CSDE Operational Memorandum No. 1-18: Accrual of Income from Sales of Competitive Foods in Schools:
https://portal.ct.gov/-/media/sde/nutrition/nslp/memos/om2018/om01-18.pdf

Requirements for Foods and Beverages in School Stores in HFC Public Schools (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/school_store_requirements_hfc.pdf

Requirements for Foods and Beverages in School Stores in Non-HFC Public Schools (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/school_store_requirements_nonhfc.pdf

Requirements for Foods and Beverages in School Stores in Private Schools and Residential Child Care Institutions (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/hfc/school_store_requirements_private_rcci.pdf

School Stores ("Guidance and Resources" section of CSDE's HFC webpage):
https://portal.ct.gov/sde/nutrition/healthy-food-certification/guidance-and-resources#SchoolStores

School Wellness Policies

Resources for Child Nutrition Programs (CSDE webpage):
https://portal.ct.gov/sde/nutrition/resources-for-child-nutrition-programs/documents

Resource List for Dietary Guidelines and Nutrition Information:
https://portal.ct.gov/-/media/sde/nutrition/resources/resources_dietary_guidelines.pdf

Resource List for Wellness Policies for Schools and Child Care:
https://portal.ct.gov/-/media/sde/nutrition/resources/resources_wellness_policy.pdf

School Wellness Policies (CSDE webpage):
https://portal.ct.gov/sde/nutrition/school-wellness-policies

Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

Smart Snacks

A Guide to Smart Snacks in School (USDA):
https://www.fna.usda.gov/tn/guide-smart-snacks-school

Comparison of the Connecticut Nutrition Standards and the USDA's Smart Snacks Nutrition Standards (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/compfoods/comparison_chart_connecticut_nutrition_standards_and_smart_snacks.pdf

USDA Final Rule: National School Lunch Program and School Breakfast Program: Nutrition Standards for All Foods Sold in School as Required by the HHFKA of 2010:
https://www.fna.usda.gov/cn/fr-072916d

Questions and Answers on Smart Snacks (USDA):
https://portal.ct.gov/-/media/sde/nutrition/compfoods/smartsnacksqa.pdf

Requirements for Grain-only Entrees at Breakfast under the Smart Snacks Nutrition Standards (CSDE):
https://portal.ct.gov/sde/nutrition/smart-snacks-nutrition-standards/smart_snacks_grain_only_entrees_breakfast

Smart Snacks in Schools (USDA webpage):
https://www.fna.usda.gov/school-meals/nutrition-standards/smartsnacks

Smart Snacks Nutrition Standards (CSDE webpage):
https://portal.ct.gov/sde/nutrition/smart-snacks-nutrition-standards

Smart Snacks Nutrition Standards for Paired Exempt Foods (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/compfoods/smart_snacks_paired_exempt_foods.pdf

Smart Snacks Product Calculator (Alliance for a Healthier Generation):
https://foodplanner.healthiergeneration.org/

Summary of Smart Snacks Nutrition Standards (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/compfoods/summary_smart_snacks_nutrition_standards.pdf

Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

Vending Machines

C.G.S. Section 17a-818 (formerly Section 10-303): Food service facilities and vending stands in public buildings controlled by Department of Aging and Disability Services. https://www.cga.ct.gov/current/pub/chap_319l.htm#sec_17a-818

CSDE Operational Memorandum No. 1-18: Accrual of Income from Sales of Competitive Foods in Schools: https://portal.ct.gov/-/media/sde/nutrition/nslp/memos/om2018/om01-18.pdf

Placement of Vending Machines in Schools: ADS-BESB Right of First Refusal (CSDE's Competitive Foods in Schools webpage): https://portal.ct.gov/sde/nutrition/competitive-foods/regulations#PlacementVendingMachines

Requirements for Foods and Beverages in Vending Machines in HFC Public Schools (CSDE): https://portal.ct.gov/-/media/sde/nutrition/hfc/vending_machine_requirements_hfc.pdf

Requirements for Foods and Beverages in Vending Machines in Non-HFC Public Schools (CSDE): https://portal.ct.gov/-/media/sde/nutrition/hfc/vending_machine_requirements_nonhfc.pdf

Requirements for Foods and Beverages in Vending Machines in Private Schools and Residential Child Care Institutions (CSDE): https://portal.ct.gov/-/media/sde/nutrition/hfc/vending_machine_requirements_private_rcci.pdf

Vending Machines ("Guidance and Resources" section of CSDE's HFC webpage): https://portal.ct.gov/sde/nutrition/healthy-food-certification/guidance-and-resources#VendingMachines

Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

For more information, visit the CSDE's Competitive Foods in Schools webpage, Healthy Food Certification webpage, and Smart Snacks Nutrition Standards webpage, or contact the HFC Coordinator at the Connecticut State Department of Education, Bureau of Child Nutrition Programs, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841. This document is available at https://portal.ct.gov/-/media/sde/nutrition/hfc/resources_federal_state_requirements_competitive_foods.pdf.

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Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

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1. mail: U.S. Department of Agriculture
   Office of the Assistant Secretary for Civil Rights
   1400 Independence Avenue, SW
   Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: program.intake@usda.gov

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