

# Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

This document includes webpages and resources to assist schools with meeting the requirements of the federal and state laws for competitive foods in schools. These resources are from the Connecticut State Department of Education (CSDE), U.S. Department of Agriculture (USDA), and related school nutrition organizations. “Competitive foods” are all foods and beverages available for sale to students on school premises, separately from reimbursable meals and snacks served through the USDA’s [Child Nutrition Programs](#) (CNP). Under Section 10-215b-1 of the Regulations of Connecticut State Agencies, competitive foods also include certain foods and beverages (i.e., candy, tea, coffee, and soft drinks) that are given to students while CNPs are operating.

## Overview of Federal and State Requirements

The laws for competitive foods in HFC schools include the three categories below. These laws determine what and when foods and beverages may be sold or given to students. They also regulate the accrual of income from sales of competitive foods to students.

### Category 1: Nutrition standards for foods and beverages

- Healthy Food Certification (HFC): [Section 10-215f](#) of the Connecticut General Statutes (C.G.S.)
- Connecticut Nutrition Standards (CNS): C.G.S. [Section 10-215e](#)
- USDA’s Smart Snacks nutrition standards for competitive foods: [81 FR 50131](#)
- State beverage statute for public schools: [C.G.S. Section 10-221q](#)

### Category 2: Restrictions for selling and giving foods and beverages

- State statute requiring public schools to sell nutritious and low-fat foods whenever foods are sold to students during the school day: [C.G.S. Section 10-221p](#)
- State regulation restricting selling and giving candy, coffee, tea, and soft drinks to students: [Section 10-215b-1 of the Regulations of Connecticut State Agencies](#)
- Local educational agency’s (LEA) school wellness policy (SWP), as required by USDA: Section 4 of [Public Law 108-265](#) and the [Healthy, Hunger-Free Kids Act of 2010](#) (Final Rule [81 FR 50151](#))

### Category 3: Accrual of income from selling foods and beverages

- State regulation restricting for accrual of income: [Section 10-215b-23 of the Regulations of Connecticut State Agencies](#)
- USDA’s regulation for revenue from nonprogram foods: [7 CFR 210.14 \(f\)](#)
- State statute requiring the right of first refusal for the Connecticut Department of Aging and Disability Services, Bureau of Education and Services for the Blind (ADS-BESB) to place vending machines in public schools: [C.G.S. Section 17a-818](#)

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Some laws apply differently depending on the type of school, i.e., public school, private school, or residential child care institution (RCCI). When the laws differ, the stricter requirements apply. For an overview of these requirements, refer to the CSDE’s [Overview of Federal and State Laws for Competitive Foods in Connecticut Public Schools, Private Schools, and Residential Child Care Institutions](#).

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# Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

## Adult Education Programs

Requirements for Selling Foods and Beverages in Adult Education Programs (CSDE):

<https://portal.ct.gov/-/media/sde/nutrition/hfc/adultedhfc.pdf>

## Beverages

Allowable Beverages in Connecticut Public Schools (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/compfoods/allowable\\_beverages\\_public\\_schools.pdf](https://portal.ct.gov/-/media/sde/nutrition/compfoods/allowable_beverages_public_schools.pdf)

Allowable Milk Substitutes for Children without Disabilities in School Nutrition Programs (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/milk\\_substitutes\\_snp.pdf](https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/milk_substitutes_snp.pdf)

Beverage Requirements (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/beverage-requirements>

Exemptions for Foods and Beverages in Public Schools (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/food\\_beverage\\_exemptions\\_public\\_schools.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/food_beverage_exemptions_public_schools.pdf)

Requirements for Beverages Containing Water and Juice (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/compfoods/water\\_juice\\_beverages\\_requirements.pdf](https://portal.ct.gov/-/media/sde/nutrition/compfoods/water_juice_beverages_requirements.pdf)

Summary Chart: Federal and State Laws for Beverages in Connecticut Public Schools, Private Schools, and Residential Child Care Institutions (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/compfoods/summary\\_chart\\_federal\\_state\\_laws\\_beverages\\_public\\_private\\_rcci.pdf](https://portal.ct.gov/-/media/sde/nutrition/compfoods/summary_chart_federal_state_laws_beverages_public_private_rcci.pdf)

## Cafeterias

Requirements for Cafeteria A La Carte Foods and Beverages in HFC Public Schools (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/cafeteria\\_requirements\\_hfc.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/cafeteria_requirements_hfc.pdf)

Requirements for Cafeteria A La Carte Foods and Beverages in Non-HFC Public Schools (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/cafeteria\\_requirements\\_nonhfc.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/cafeteria_requirements_nonhfc.pdf)

Requirements for Cafeteria A La Carte Foods and Beverages in Private Schools and RCCIs (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/cafeteria\\_requirements\\_private\\_rcci.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/cafeteria_requirements_private_rcci.pdf)

# Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

## Celebrations

Healthy Celebrations (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/resources/healthy\\_celebrations.pdf](https://portal.ct.gov/-/media/sde/nutrition/resources/healthy_celebrations.pdf)

“Celebrations” section of the CSDE’s Resource List for Wellness Policies in Schools and Child Care (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/resources/resources\\_wellness\\_policy.pdf](https://portal.ct.gov/-/media/sde/nutrition/resources/resources_wellness_policy.pdf)

## Competitive Foods

Competitive Foods in Schools (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/competitive-foods>

Complying with Healthy Food Certification Module 5: Other Laws for Foods and Beverages in HFC Schools (CSDE Training Program):

<https://portal.ct.gov/sde/nutrition/healthy-food-certification/related-resources#ComplyingHFC>

Connecticut Regulations for Competitive Foods (CSDE’s Laws and Regulations for Child Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/laws-and-regulations-for-child-nutrition-programs#ConnecticutRegulations>

CSDE Operational Memorandum No. 11-14: Overview of Federal versus State Nutrition Standards for Competitive Foods in Schools:

<https://portal.ct.gov/-/media/sde/nutrition/nslp/memos/om2014/om11-14.pdf>

CSDE Operational Memorandum No. 1-18: Accrual of Income from Sales of Competitive Foods in Schools:

<https://portal.ct.gov/-/media/sde/nutrition/nslp/memos/om2018/om01-18.pdf>

Overview of Connecticut Competitive Foods Regulations (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/compfoods/overview\\_ct\\_competitive\\_foods\\_regulations.pdf](https://portal.ct.gov/-/media/sde/nutrition/compfoods/overview_ct_competitive_foods_regulations.pdf)

Overview of Federal and State Laws for Competitive Foods in Connecticut Public Schools, Private Schools, and Residential Child Care Institutions (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/compfoods/overview\\_federal\\_state\\_laws\\_competitive\\_foods.pdf](https://portal.ct.gov/-/media/sde/nutrition/compfoods/overview_federal_state_laws_competitive_foods.pdf)

Laws and Regulations for Child Nutrition Programs (CSDE website):

<https://portal.ct.gov/sde/nutrition/laws-and-regulations-for-child-nutrition-programs>

Questions and Answers on Connecticut Statutes for School Foods and Beverages (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/questions\\_answers\\_connecticut\\_statutes\\_school\\_foods\\_beverages.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/questions_answers_connecticut_statutes_school_foods_beverages.pdf)

## Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

Regulations of Connecticut State Agencies (Sections 10-215b-1 and 10-215b-23):

[https://eregulations.ct.gov/eRegsPortal/Browse/RCSA/Title\\_10Subtitle\\_10-215b/](https://eregulations.ct.gov/eRegsPortal/Browse/RCSA/Title_10Subtitle_10-215b/)

Requirements for Competitive Foods in HFC Public Schools (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/requirements\\_competitive\\_foods\\_hfc.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/requirements_competitive_foods_hfc.pdf)

Requirements for Competitive Foods in Non-HFC Public Schools (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/requirements\\_competitive\\_foods\\_nonhfc.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/requirements_competitive_foods_nonhfc.pdf)

Requirements for Competitive Foods in Private Schools and Residential Child Care Institutions (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/requirements\\_competitive\\_foods\\_private\\_rcci.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/requirements_competitive_foods_private_rcci.pdf)

Summary Chart: Federal and State Requirements for Competitive Foods in HFC Public Schools (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/compfoods/summary\\_chart\\_requirements\\_competitive\\_foods\\_hfc.pdf](https://portal.ct.gov/-/media/sde/nutrition/compfoods/summary_chart_requirements_competitive_foods_hfc.pdf)

Summary Chart: Federal and State Requirements for Competitive Foods in Non-HFC Public Schools (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/compfoods/summary\\_chart\\_requirements\\_competitive\\_foods\\_nonhfc.pdf](https://portal.ct.gov/-/media/sde/nutrition/compfoods/summary_chart_requirements_competitive_foods_nonhfc.pdf)

Summary Chart: Federal and State Requirements for Competitive Foods in Private Schools and Residential Child Care Institutions (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/compfoods/summarychart\\_requirements\\_competitive\\_foods\\_private\\_rcci.pdf](https://portal.ct.gov/-/media/sde/nutrition/compfoods/summarychart_requirements_competitive_foods_private_rcci.pdf)

### Connecticut General Statutes for Competitive Foods

C.G.S. Section 10-215. Lunches, breakfasts and other feeding programs for public school children and employees:

[https://www.cga.ct.gov/current/pub/chap\\_169.htm#sec\\_10-215](https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-215)

C.G.S. Section 10-215a. Nonpublic school and nonprofit agency participation

in feeding programs: [https://www.cga.ct.gov/current/pub/chap\\_169.htm#sec\\_10-215a](https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-215a)

C.G.S. Section 10-215e. Nutrition standards for food that is not part of lunch or breakfast program:

[https://www.cga.ct.gov/current/pub/chap\\_169.htm#sec\\_10-215e](https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-215e)

C.G.S. Section 10-215f. Certification that food meets nutrition standards:

[https://www.cga.ct.gov/current/pub/chap\\_169.htm#sec\\_10-215f](https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-215f)

## Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

C.G.S. Section 10-221o. Lunch Periods and Recess:

[https://www.cga.ct.gov/current/pub/chap\\_170.htm#sec\\_10-221o](https://www.cga.ct.gov/current/pub/chap_170.htm#sec_10-221o)

C.G.S. Section 10-221p. Boards to make available for purchase nutritious and low-fat foods:

[https://www.cga.ct.gov/current/pub/chap\\_170.htm#sec\\_10-221p](https://www.cga.ct.gov/current/pub/chap_170.htm#sec_10-221p)

C.G.S. Section 10-221q. Sale of beverages:

[https://www.cga.ct.gov/current/pub/chap\\_170.htm#sec\\_10-221q](https://www.cga.ct.gov/current/pub/chap_170.htm#sec_10-221q)

C.G.S. Section 17a-818 (formerly Section 10-303). Food service facilities and vending stands in public buildings controlled by Department of Aging and Disability Services.

[https://www.cga.ct.gov/current/pub/chap\\_319l.htm#sec\\_17a-818](https://www.cga.ct.gov/current/pub/chap_319l.htm#sec_17a-818)

Complying with Healthy Food Certification Module 5: Other Laws for Foods and Beverages in HFC Schools (CSDE Training Program):

<https://portal.ct.gov/sde/nutrition/healthy-food-certification/related-resources#ComplyingHFC>

Connecticut General Statutes for School Foods and Beverages (CSDE's Laws and Regulations for Child Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/laws-and-regulations-for-child-nutrition-programs#ConnecticutGeneralStatutes>

### Connecticut Nutrition Standards (CNS)

Comparison of the Connecticut Nutrition Standards and the USDA's Smart Snacks Nutrition Standards (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/compfoods/comparison\\_chart\\_connecticut\\_nutrition\\_standards\\_and\\_smart\\_snacks.pdf](https://portal.ct.gov/-/media/sde/nutrition/compfoods/comparison_chart_connecticut_nutrition_standards_and_smart_snacks.pdf)

Complying with Healthy Food Certification Module 3: Connecticut Nutrition Standards (CSDE Training Program):

<https://portal.ct.gov/sde/nutrition/healthy-food-certification/related-resources#ComplyingHFC>

Connecticut Nutrition Standards (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/connecticut-nutrition-standards>

Connecticut Nutrition Standards for Foods in Schools (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/connecticut\\_nutrition\\_standards\\_full\\_document.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/connecticut_nutrition_standards_full_document.pdf)

Questions and Answers on Connecticut Statutes for School Foods and Beverages (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/questions\\_answers\\_connecticut\\_statutes\\_school\\_foods\\_beverages.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/questions_answers_connecticut_statutes_school_foods_beverages.pdf)

Summary of Connecticut Nutrition Standards (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/connecticut\\_nutrition\\_standards\\_summary.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/connecticut_nutrition_standards_summary.pdf)

# Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

## Culinary Programs

CSDE Operational Memorandum No. 31-14: Federal and State Requirements for Culinary Education Programs (Smart Snacks versus Connecticut Nutrition Standards):  
<https://portal.ct.gov/-/media/sde/nutrition/nslp/memos/om2014/om31-14.pdf>

Culinary Programs (Related Resources section of CSDE's HFC webpage):  
<https://portal.ct.gov/sde/nutrition/healthy-food-certification/related-resources#CulinaryPrograms>

Requirements for Foods and Beverages in Culinary Programs in HFC Public Schools (CSDE):  
[https://portal.ct.gov/-/media/sde/nutrition/hfc/culinary\\_programs\\_requirements\\_hfc.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/culinary_programs_requirements_hfc.pdf)

Requirements for Foods and Beverages in Culinary Programs in Non-HFC Public Schools (CSDE):  
[https://portal.ct.gov/-/media/sde/nutrition/hfc/culinary\\_programs\\_requirements\\_nonhfc.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/culinary_programs_requirements_nonhfc.pdf)

Requirements for Foods and Beverages in Culinary Programs in Private Schools and Residential Child Care Institutions (CSDE):  
[https://portal.ct.gov/-/media/sde/nutrition/hfc/culinary\\_programs\\_requirements\\_private\\_rcci.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/culinary_programs_requirements_private_rcci.pdf)

"School Culinary Programs" section of the CSDE's Resource List for Competitive Foods in Schools (CSDE):  
[https://portal.ct.gov/-/media/sde/nutrition/resources/resources\\_competitive\\_foods.pdf](https://portal.ct.gov/-/media/sde/nutrition/resources/resources_competitive_foods.pdf)

## Evaluating Foods

Complying with Healthy Food Certification Module 4: Evaluating Foods for CNS Compliance (CSDE Training Program):  
<https://portal.ct.gov/sde/nutrition/healthy-food-certification/related-resources#ComplyingHFC>

Connecticut Nutrition Standards Worksheet 1: Snacks (CSDE):  
[https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns\\_worksheet1\\_snacks.xlsx](https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns_worksheet1_snacks.xlsx)

Connecticut Nutrition Standards Worksheet 10: Evaluating Recipes for Sugars (CSDE):  
[https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns\\_worksheet10\\_evaluate\\_recipes\\_sugars.xlsx](https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns_worksheet10_evaluate_recipes_sugars.xlsx)

Connecticut Nutrition Standards Worksheet 2: Yogurt and Pudding (CSDE):  
[https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns\\_worksheet2\\_yogurt\\_pudding.xlsx](https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns_worksheet2_yogurt_pudding.xlsx)

Connecticut Nutrition Standards Worksheet 3: Smoothies (CSDE):  
[https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns\\_worksheet3\\_smoothies.xlsx](https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns_worksheet3_smoothies.xlsx)

Connecticut Nutrition Standards Worksheet 4: Fruits and Vegetables (CSDE):  
[https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns\\_worksheet4\\_fruits\\_vegetables.xlsx](https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns_worksheet4_fruits_vegetables.xlsx)

## Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

Connecticut Nutrition Standards Worksheet 5: Soups (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns\\_worksheet5\\_soups.xlsx](https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns_worksheet5_soups.xlsx)

Connecticut Nutrition Standards Worksheet 6: Cooked Grains (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns\\_worksheet6\\_cooked\\_grains.xlsx](https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns_worksheet6_cooked_grains.xlsx)

Connecticut Nutrition Standards Worksheet 7: Entrees (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns\\_worksheet7\\_entrees.xlsx](https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns_worksheet7_entrees.xlsx)

Connecticut Nutrition Standards Worksheet 8: Non-entree Combination Foods (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns\\_worksheet8\\_nonentree\\_combination\\_food.xlsx](https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns_worksheet8_nonentree_combination_food.xlsx)

Connecticut Nutrition Standards Worksheet 9: Nutrient Analysis of Recipes (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns\\_worksheet9\\_nutrient\\_analysis\\_recipes.xlsx](https://portal.ct.gov/-/media/sde/nutrition/hfc/cns/cns_worksheet9_nutrient_analysis_recipes.xlsx)

Connecticut Nutrition Standards Worksheets (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/connecticut-nutrition-standards/how-to#CNSWorksheets>

Evaluating Foods for Compliance with the Connecticut Nutrition Standards (“How To” section of CSDE’s Connecticut Nutrition Standards webpage):

<https://portal.ct.gov/sde/nutrition/connecticut-nutrition-standards/how-to>

Guidance on Evaluating Recipes for Compliance with the Connecticut Nutrition Standards (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/evaluating\\_recipes\\_cns\\_compliance.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/evaluating_recipes_cns_compliance.pdf)

Guide to Meeting the Whole Grain-rich Requirement for the National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/wgr\\_requirement\\_snp\\_grades\\_k-12.pdf](https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/wgr_requirement_snp_grades_k-12.pdf)

How to Evaluate Commercial Food Products for Compliance with the CNS (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/evaluate\\_commercial\\_food\\_products\\_cns.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/evaluate_commercial_food_products_cns.pdf)

How to Evaluate Foods Made from Scratch for Compliance with the CNS (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/evaluate\\_scratch\\_foods\\_cns\\_compliance.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/evaluate_scratch_foods_cns_compliance.pdf)

Submitting Food and Beverage Products for Approval (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/fblast/submitting\\_food\\_beverage\\_products.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/fblast/submitting_food_beverage_products.pdf)



# Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

## Food Rewards

“Alternatives to Food Rewards” section of the CSDE’s Resource List for Wellness Policies in Schools and Child Care (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/resources/resources\\_wellness\\_policy.pdf](https://portal.ct.gov/-/media/sde/nutrition/resources/resources_wellness_policy.pdf)

Nonfood Rewards: Promoting Healthy School Environments (UConn Rudd Center):

<https://uconnruddcenter.org/wp-content/uploads/sites/2909/2023/08/Alternatives-to-Food-Rewards-Info-Sheet.pdf>

## Fundraisers

5 Ways to Plan a Healthy Fundraiser (ICN):

<https://theicn.org/resources/1481/grab-in-5/116657/5-ways-to-plan-a-healthy-fundraiser.pdf>

Best Practices for Healthy School Fundraisers (USDA):

<https://www.fns.usda.gov/tn/best-practices-healthy-school-fundraisers>

Complying with Healthy Food Certification Module 6: Fundraisers (CSDE Training Program):

<https://portal.ct.gov/sde/nutrition/healthy-food-certification/related-resources#ComplyingHFC>

CSDE Operational Memorandum No. 11-15: Implementation of Smart Snacks in School: State Agency Fundraiser Elections and Exemptions:

<https://portal.ct.gov/-/media/sde/nutrition/nslp/memos/om2015/om11-15.pdf>

Fundraisers (Related Resources section of CSDE’s HFC webpage):

<https://portal.ct.gov/sde/nutrition/healthy-food-certification/related-resources#Fundraisers>

Fundraising (Alliance for a Healthier Generation):

<https://www.healthiergeneration.org/take-action/schools/wellness-topics/smart-snacks/fundraising>

Healthy Fundraisers (Action for Healthy Kids):

<https://www.actionforhealthykids.org/wp-content/uploads/2019/05/Healthy-Fundraisers-Tip-Sheet.pdf>

Healthy Fundraising (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/resources/healthy\\_fundraising.pdf](https://portal.ct.gov/-/media/sde/nutrition/resources/healthy_fundraising.pdf)

Non-Food Ways to Raise Funds and Reward a Job Well Done (Texas Department of Agriculture):

<http://www.squaremeals.org/Portals/8/files/publications/Non%20Food%20Ways%20to%20Reward.pdf>

Promote Good Health While Raising Money for Schools (The PEW Charitable Trust):

<https://www.pewtrusts.org/en/research-and-analysis/articles/2015/08/13/promote-good-health-while-raising-money-for-schools>

## Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

Requirements for Food and Beverage Fundraisers in HFC Public Schools (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/fundraiser\\_requirements\\_hfc.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/fundraiser_requirements_hfc.pdf)

Requirements for Food and Beverage Fundraisers in Non-HFC Public Schools (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/fundraiser\\_requirements\\_nonhfc.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/fundraiser_requirements_nonhfc.pdf)

Requirements for Food and Beverage Fundraisers in Private Schools and Residential Child Care Institutions (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/fundraiser\\_requirements\\_private\\_rcci.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/fundraiser_requirements_private_rcci.pdf)

Sample Fundraiser Form for HFC (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/sample\\_fundraiser\\_form\\_hfc.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/sample_fundraiser_form_hfc.pdf)

Sweet Deals: School Fundraising Can Be Healthy and Profitable (Center for Science in the Public Interest):

<https://cspinet.org/resource/sweet-deals-school-fundraising-can-be-healthy-and-profitable>

Yes You Can! A Fresh Look at Healthy Fundraisers for Schools (East & Central Harlem District Public Health Office and the Strategic Alliance for Health):

<https://www1.nyc.gov/assets/doh/downloads/pdf/dpho/dpho-fundraiser-guide.pdf>

### Healthy Food Certification (HFC)

#### Application

Completing the Application Process for Healthy Food Certification (CSDE training module ):

[https://sde.ct.gov/qualtrics.com/jfe/form/SV\\_eeAINsyJjECdIMa](https://sde.ct.gov/qualtrics.com/jfe/form/SV_eeAINsyJjECdIMa)

CSDE: Operational Memorandum: Process for Submitting the Annual HFC Statement:

<https://portal.ct.gov/sde/nutrition/healthy-food-certification/Apply#Instructions>

Exemptions for Foods and Beverages in Public Schools (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/food\\_beverage\\_exemptions\\_public\\_schools.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/food_beverage_exemptions_public_schools.pdf)

Healthy Food Certification Application (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/healthy-food-certification/apply>

Instructions for Submitting Connecticut's Healthy Food Certification Statement (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/app/instructions\\_submitting\\_connecticut\\_healthy\\_food\\_certification\\_statement.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/app/instructions_submitting_connecticut_healthy_food_certification_statement.pdf)

Responsibilities of HFC District Contact Person (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/hfc\\_district\\_contact\\_responsibilities.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/hfc_district_contact_responsibilities.pdf)

# Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

## Documentation

Completing the Documentation Requirements for HFC (CSDE Training Module):

[https://sde.ct.gov/1.qualtrics.com/jfe/form/SV\\_cXP8pmPkASBsqpM](https://sde.ct.gov/1.qualtrics.com/jfe/form/SV_cXP8pmPkASBsqpM)

Districts Required to Submit Food and Beverage Lists (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/doc/districts\\_required\\_to\\_submit\\_lists\\_foods\\_beverages\\_hfc\\_documentation.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/doc/districts_required_to_submit_lists_foods_beverages_hfc_documentation.pdf)

Guidance for Completing the HFC Compliance Survey (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/doc/guidance\\_completing\\_hfc\\_compliance\\_survey.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/doc/guidance_completing_hfc_compliance_survey.pdf)

Guidance for Submitting Lists of Foods and Beverages for HFC Documentation (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/doc/guidance\\_submitting\\_lists\\_hfc\\_documentation.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/doc/guidance_submitting_lists_hfc_documentation.pdf)

Healthy Food Certification Documentation (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/healthy-food-certification/documents>

Preview of HFC Compliance Survey Questions (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/doc/preview\\_hfc\\_compliance\\_survey.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/doc/preview_hfc_compliance_survey.pdf)

## Requirements

Complying with Healthy Food Certification Module 2: HFC Requirements (CSDE Training Program):

<https://portal.ct.gov/sde/nutrition/healthy-food-certification/related-resources#ComplyingHFC>

Ensuring District Compliance with Healthy Food Certification (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/ensuring\\_district\\_compliance\\_hfc.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/ensuring_district_compliance_hfc.pdf)

Exemptions for Foods and Beverages in Public Schools (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/food\\_beverage\\_exemptions\\_public\\_schools.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/food_beverage_exemptions_public_schools.pdf)

Healthy Food Certification (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/healthy-food-certification>

Requirements for Competitive Foods in HFC Public Schools (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/requirements\\_competitive\\_foods\\_hfc.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/requirements_competitive_foods_hfc.pdf)

Responsibilities of District Contact Person for Healthy Food Certification (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/hfc\\_district\\_contact\\_responsibilities.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/hfc_district_contact_responsibilities.pdf)

# Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

## List of Acceptable Foods and Beverages

Contact Information for Vendors Selling Foods and Beverages Listed on the Connecticut State Department of Education's List of Acceptable Foods and Beverages (CSDE):  
[https://portal.ct.gov/-/media/sde/nutrition/hfc/fblist/contact\\_information\\_vendors\\_acceptable\\_foods\\_beverages.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/fblist/contact_information_vendors_acceptable_foods_beverages.pdf)

List of Acceptable Foods and Beverages (CSDE webpage):  
<https://portal.ct.gov/sde/nutrition/list-of-acceptable-foods-and-beverages>

Submitting Food and Beverage Products for Approval (CSDE):  
[https://portal.ct.gov/-/media/sde/nutrition/hfc/fblist/submitting\\_food\\_beverage\\_products.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/fblist/submitting_food_beverage_products.pdf)

Summary of Updates to the Connecticut State Department of Education's List of Acceptable Foods and Beverages (CSDE):  
[https://portal.ct.gov/-/media/sde/nutrition/hfc/fblist/summary\\_updates\\_csde\\_list\\_acceptable\\_foods\\_beverages.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/fblist/summary_updates_csde_list_acceptable_foods_beverages.pdf)

## Nonprogram Foods

Nonprogram Foods: NSLP Regulations 7 CFR 210.14 (f): Revenue from nonprogram foods (USDA):  
[https://www.ecfr.gov/cgi-bin/text-idx?SID=4c211a738d6109939c6054a6286ac109&mc=true&node=pt7.4.210&rgn=div5s#se7.4.210\\_114](https://www.ecfr.gov/cgi-bin/text-idx?SID=4c211a738d6109939c6054a6286ac109&mc=true&node=pt7.4.210&rgn=div5s#se7.4.210_114)

"Revenue from Nonprogram Foods (7 CFR 210.14 (f))" section of CSDE's Competitive Foods in Schools webpage:  
<https://portal.ct.gov/sde/nutrition/competitive-foods/documents#RevenueNonprogramFoods>

USDA Memo SP 13-2014: School Food Service Account Revenue from the Sale of Nonprogram Foods:  
<https://www.fns.usda.gov/school-food-service-account-revenue-sale-non-program-foods>

USDA Memo SP 20-2016: Nonprofit School Food Service Account Nonprogram Food Revenue Requirements:  
<https://fns-prod.azureedge.net/sites/default/files/cn/SP20-2016os.pdf>

## School Stores

CSDE Operational Memorandum No. 1-18: Accrual of Income from Sales of Competitive Foods in Schools:  
<https://portal.ct.gov/-/media/sde/nutrition/nslp/memos/om2018/om01-18.pdf>

Requirements for Foods and Beverages in School Stores in HFC Public Schools (CSDE):  
[https://portal.ct.gov/-/media/sde/nutrition/hfc/school\\_store\\_requirements\\_hfc.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/school_store_requirements_hfc.pdf)

## Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

Requirements for Foods and Beverages in School Stores in Non-HFC Public Schools (CSDE):  
[https://portal.ct.gov/-/media/sde/nutrition/hfc/school\\_store\\_requirements\\_nonhfc.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/school_store_requirements_nonhfc.pdf)

Requirements for Foods and Beverages in School Stores in Private Schools and Residential Child Care Institutions (CSDE):  
[https://portal.ct.gov/-/media/sde/nutrition/hfc/school\\_store\\_requirements\\_private\\_rcci.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/school_store_requirements_private_rcci.pdf)

School Stores (Related Resources section of CSDE's HFC webpage):  
<https://portal.ct.gov/sde/nutrition/healthy-food-certification/related-resources#SchoolStores>

"School Stores" section of the CSDE's Resource List for Competitive Foods in Schools (CSDE):  
[https://portal.ct.gov/-/media/sde/nutrition/resources/resources\\_competitive\\_foods.pdf](https://portal.ct.gov/-/media/sde/nutrition/resources/resources_competitive_foods.pdf)

### School Wellness Policies

Action Guide for Child Care Nutrition and Physical Activity Policies (CSDE):  
<https://portal.ct.gov/-/media/sde/nutrition/cacfp/ccpolicy/ccag.pdf>

Action Guide for School Nutrition and Physical Activity Policies (CSDE):  
[https://portal.ct.gov/-/media/sde/nutrition/swp/action\\_guide.pdf](https://portal.ct.gov/-/media/sde/nutrition/swp/action_guide.pdf)

Resources for Child Nutrition Programs (CSDE webpage):  
<https://portal.ct.gov/sde/nutrition/resources-for-child-nutrition-programs/documents>

Resource List for Dietary Guidelines and Nutrition Information:  
[https://portal.ct.gov/-/media/sde/nutrition/resources/resources\\_dietary\\_guidelines.pdf](https://portal.ct.gov/-/media/sde/nutrition/resources/resources_dietary_guidelines.pdf)

Resource List for Wellness Policies for Schools and Child Care:  
[https://portal.ct.gov/-/media/sde/nutrition/resources/resources\\_wellness\\_policy.pdf](https://portal.ct.gov/-/media/sde/nutrition/resources/resources_wellness_policy.pdf)

School Wellness Policies (CSDE webpage):  
<https://portal.ct.gov/sde/nutrition/school-wellness-policies>

### Smart Snacks

A Guide to Smart Snacks in School (USDA):  
<https://www.fns.usda.gov/tn/guide-smart-snacks-school>

Comparison of the Connecticut Nutrition Standards and the USDA's Smart Snacks Nutrition Standards (CSDE):  
[https://portal.ct.gov/-/media/sde/nutrition/compfoods/comparison\\_chart\\_connecticut\\_nutrition\\_standards\\_and\\_smart\\_snacks.pdf](https://portal.ct.gov/-/media/sde/nutrition/compfoods/comparison_chart_connecticut_nutrition_standards_and_smart_snacks.pdf)

CSDE Operational Memorandum No. 11-15: Implementation of Smart Snacks in School: State Agency Fundraiser Elections and Exemptions:  
<https://portal.ct.gov/-/media/sde/nutrition/nslp/memos/om2015/om11-15.pdf>

## Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

CSDE Operational Memorandum No. 29-14: Federal and State Requirements for Grain-Only Entrees: Smart Snacks versus Connecticut Nutrition Standards:

<https://portal.ct.gov/-/media/sde/nutrition/nslp/memos/om2014/om29-14.pdf>

CSDE Operational Memorandum No. 30-14: Smart Snacks Nutrition Standards and Exempt Fundraisers:

<https://portal.ct.gov/-/media/sde/nutrition/nslp/memos/om2014/om30-14.pdf>

CSDE Operational Memorandum No. 31-14: Federal and State Requirements for Culinary Education Programs: Smart Snacks versus Connecticut Nutrition Standards:

<https://portal.ct.gov/-/media/sde/nutrition/nslp/memos/om2014/om31-14.pdf>

CSDE Operational Memorandum No. 59-14: Smart Snacks Standards for Exempt Foods when Paired Together:

<https://portal.ct.gov/-/media/sde/nutrition/nslp/memos/om2014/om59-14.pdf>

Final Rule: National School Lunch Program and School Breakfast Program: Nutrition Standards for All Foods Sold in School as Required by the HHFKA of 2010 (Federal Register, Vol. 81, No. 146, July 29, 2016):

<https://www.fns.usda.gov/school-meals/fr-072916d>

Questions and Answers on Smart Snacks (USDA):

<https://portal.ct.gov/-/media/sde/nutrition/compfoods/smartsnacksqa.pdf>

Smart Snacks Product Calculator (Alliance for a Healthier Generation):

<https://foodplanner.healthiergeneration.org/>

Smart Snacks Nutrition Standards (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/smart-snacks-nutrition-standards>

Summary of Smart Snacks Nutrition Standards (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/compfoods/summary\\_smart\\_snacks\\_nutrition\\_standards.pdf](https://portal.ct.gov/-/media/sde/nutrition/compfoods/summary_smart_snacks_nutrition_standards.pdf)

Tools for Schools: Focusing on Smart Snacks (USDA webpage):

<https://www.fns.usda.gov/school-meals/tools-schools-focusing-smart-snacks>

## Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

### Vending Machines

C.G.S. Section 17a-818 (formerly Section 10-303): Food service facilities and vending stands in public buildings controlled by Department of Aging and Disability Services.

[https://www.cga.ct.gov/current/pub/chap\\_319l.htm#sec\\_17a-818](https://www.cga.ct.gov/current/pub/chap_319l.htm#sec_17a-818)

CSDE Operational Memorandum No. 1-18: Accrual of Income from Sales of Competitive Foods in Schools:

<https://portal.ct.gov/-/media/sde/nutrition/nslp/memos/om2018/om01-18.pdf>

Placement of Vending Machines in Schools: ADS-BESB Right of First Refusal (CSDE's Competitive Foods in Schools webpage):

<https://portal.ct.gov/sde/nutrition/competitive-foods/regulations#PlacementVendingMachines>

Requirements for Foods and Beverages in Vending Machines in HFC Public Schools (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/vending\\_machine\\_requirements\\_hfc.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/vending_machine_requirements_hfc.pdf)

Requirements for Foods and Beverages in Vending Machines in Non-HFC Public Schools (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/vending\\_machine\\_requirements\\_nonhfc.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/vending_machine_requirements_nonhfc.pdf)

Requirements for Foods and Beverages in Vending Machines in Private Schools and Residential Child Care Institutions (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/hfc/vending\\_machine\\_requirements\\_private\\_rcci.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/vending_machine_requirements_private_rcci.pdf)

"School Vending Machines" section of the CSDE's Resource List for Competitive Foods in Schools (CSDE):

[https://portal.ct.gov/-/media/sde/nutrition/resources/resources\\_competitive\\_foods.pdf](https://portal.ct.gov/-/media/sde/nutrition/resources/resources_competitive_foods.pdf)

Vending Machines (Related Resources section of CSDE's HFC webpage):

<https://portal.ct.gov/sde/nutrition/healthy-food-certification/related-resources#VendingMachines>

## Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

For more information, visit the CSDE's [Competitive Foods in Schools](#), [Healthy Food Certification](#), and [Smart Snacks Nutrition Standards](#) webpages or contact the [HFC Coordinator](#) at the Connecticut State Department of Education, Bureau of Child Nutrition Programs, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841. This document is available at [https://portal.ct.gov/-/media/sde/nutrition/hfc/resources\\_federal\\_state\\_requirements\\_competitive\\_foods.pdf](https://portal.ct.gov/-/media/sde/nutrition/hfc/resources_federal_state_requirements_competitive_foods.pdf).

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1. mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

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