

# CACFP Updates August 2026



**CACFP Updates** is the Connecticut State Department of Education's (CSDE) electronic newsletter for sponsors of the U.S. Department of Agriculture's (USDA) Child and Adult Care Food Program (CACFP), including child care centers, family day care homes, emergency shelters, at-risk afterschool care centers, and adult day care centers.

This edition's topics are listed below. Please review and share with appropriate staff members. For previous versions of CACFP Updates, visit the CSDE's [CACFP Updates](#) webpage.

- On-Demand CACFP Halftime Webinar: Serving Vegetables in the Child and Adult Care Food Program
- On-Demand CACFP Halftime Webinar: Serving Meats and Meat Alternates at Breakfast in the Child and Adult Care Food Program

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## On-Demand CACFP Halftime Webinar: Serving Vegetables in the Child and Adult Care Food Program

The USDA's Team Nutrition recently released the on-demand CACFP Halftime webinar, [Serving Vegetables in the Child and Adult Care Food Program \(CACFP\)](#). This webinar focuses on creative and appealing ways to offer vegetables for meals and snacks in the CACFP. It also highlights current CACFP meal pattern requirements and demonstrates how these standards align with the 2025-2030 Dietary Guidelines for Americans and the Real Food Pyramid. The webinar discusses menu planning flexibilities, strategies for offering a variety of vegetables, and includes a Frequently Asked Questions section addressing common issues related to serving vegetables in the CACFP.

Participants can receive a certificate of participation after viewing this webinar by visiting the [National CACFP Sponsor Association Learning Center](#) and completing the post-webinar practice questions.

Additional resources (including a training worksheet, training slides, and stickers) are available on the USDA's webpage, [Serving Vegetables in the CACFP](#).

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## **On-Demand CACFP Halftime Webinar: Serving Meats and Meat Alternates at Breakfast in the Child and Adult Care Food Program**

The USDA's Team Nutrition recently released the on-demand CACFP Halftime webinar, [Serving Meats and Meat Alternates at Breakfast in the Child and Adult Care Food Program](#). This webinar highlights current CACFP meal pattern requirements and demonstrates how these standards align with the recently released Dietary Guidelines for Americans, 2025-2030 and the accompanying Real Food Pyramid. The resources discuss menu planning flexibilities, strategies for offering a variety of meats and meat alternates, and frequently asked questions related to serving meats and meat alternates at breakfast in the CACFP.

Participants can receive a certificate of participation after viewing this webinar by visiting the [National CACFP Sponsor Association Learning Center](#) and completing the post-webinar practice questions.

Additional resources (including a training worksheet and training slides) are available on the USDA's webpage, [Serving Meats and Meat Alternates at Breakfast](#).

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For more information, visit the Connecticut State Department of Education's [CACFP Updates](#) webpage or contact the [CACFP staff](#) at the Connecticut State Department of Education, Bureau of Child Nutrition Programs, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841. This document is available at [https://portal.ct.gov/-/media/sde/nutrition/cacfpupdates/2026/cacfp\\_updates\\_2026\\_08.pdf](https://portal.ct.gov/-/media/sde/nutrition/cacfpupdates/2026/cacfp_updates_2026_08.pdf).



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