

CACFP Updates May 2026



CACFP Updates is the Connecticut State Department of Education's (CSDE) electronic newsletter for sponsors of the U.S. Department of Agriculture's (USDA) Child and Adult Care Food Program (CACFP), including child care centers, family day care homes, emergency shelters, at-risk afterschool care centers, and adult day care centers.

This month's topics are listed below. Please review and share with appropriate staff members. For previous versions of CACFP Updates, visit the CSDE's [CACFP Updates](#) webpage.

- Updated Income Eligibility Forms for the CACFP (Dated April 2026)
- Updated Enrollment Forms for the CACFP (Dated April 2026)
- Updated Monitoring Form for CACFP Child Care Centers and Adult Day Care Centers (Dated April 2026)
- Updated Medical Statements for the CACFP (Dated April 2026)
- Updated Sample Menus for CACFP Child Care Programs

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Updated Income Eligibility Forms for the CACFP (Dated April 2026)

The CSDE has updated the income eligibility applications and sample letters for adult day care centers, child care centers, and family day care homes. The revised forms are dated April 2026.

CACFP sponsors should use these forms from this point forward for all new enrollments, and to update any forms that are expiring after April 2026. Sponsors do not need to redo any recently collected forms that are previous versions.

Note: The current adult participant letters and parent letters will expire on June 30, 2026. Updated versions with the new income guidelines for July 1, 2026, through June 30, 2027, will be available in June.

- **Adult day care centers:** [Income eligibility applications for adult day care centers](#)
 - **Child care centers:** [Income eligibility applications for child care centers](#)
 - **Family day care homes:** [Income eligibility applications for family day care homes](#)
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Updated Enrollment Forms for the CACFP (Dated April 2026)

The CSDE has updated the income eligibility applications for adult day care centers, child care centers, and family day care homes. The revised forms are dated April 2026.

CACFP sponsors should use these forms from this point forward for all new enrollments, and to update any forms that are expiring after April 2026. Sponsors do not need to redo any recently collected forms that are previous versions.

- **Adult day care centers:** [Enrollment form for adult day care centers](#),
 - **Child care centers:** [Enrollment form for child care centers](#)
 - **Family day care homes:** [Enrollment form for family day care homes](#)
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Updated Monitoring Form for CACFP Child Care Centers and Adult Day Care Centers (Dated April 2026)

In accordance with the USDA regulations for the CACFP [7 CFR 226.16(d)(4), CACFP sponsoring organizations (institutions with more than one site) must review each sponsored facility a minimum of three times each year.

- At least two of the three reviews must be unannounced.
- At least one unannounced review must include observation of a meal service.
- New facilities must be reviewed within the first four weeks of CACFP operations.
- No more than six months may elapse between monitoring reviews.

The timing of visits must be varied so that they are unpredictable to the facility's staff.

The CSDE has updated (dated April 2026) the [Monitoring Review Form for Centers in the Child and Adult Care Food Program \(CACFP\)](#) for CACFP child care centers and adult day care centers. CACFP sponsors should discard any previous versions and use the April 2026 version from this point forward.

Updated Medical Statements for the CACFP (Dated April 2026)

The CSDE has updated the CACFP medical statement forms and instructions for requesting meal modifications in the CACFP. The revised forms are dated April 2026 and are also available in Spanish. CACFP sponsors should use these forms from this point forward.

- **Adult day care centers:** [Medical Statement Forms for Adult Day Care Centers](#),
- **Child care centers and family day care homes:** [Medical Statement Forms for Child Care](#)

For guidance on meal modifications, visit the CSDE's [Special Diets in the Child and Adult Care Food Program](#) webpage.

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Updated Sample Menus for the CACFP (Dated April 2026)

The CSDE has updated the sample menus forms and instructions for requesting meal modifications in the CACFP. The revised forms are dated April 2026 and are also available in Spanish. CACFP sponsors should use these forms from this point forward.

- **Adult day care centers:** [Medical Statement Forms for Adult Day Care Centers](#),
- **Child care centers and family day care homes:** [Medical Statement Forms for Child Care](#)

For guidance on meal modifications, visit the CSDE's [Special Diets in the Child and Adult Care Food Program](#) webpage.

Updated Sample Menus for CACFP Child Care Programs

Updated versions (dated April 2026) of the sample menus for CACFP child care programs and adult day care centers are available in the "[Sample CACFP Menus](#)" in the "Menu Planning" section of the CSDE's Meal Patterns for the Child and Adult Care Food Program webpage. These sample menus include cold and hot breakfasts, cold and hot lunches/suppers, and snacks.

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For more information, visit the Connecticut State Department of Education's [CACFP Updates](#) webpage or contact the [CACFP staff](#) at the Connecticut State Department of Education, Bureau of Child Nutrition Programs, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841. This document is available at https://portal.ct.gov/-/media/sde/nutrition/cacfpupdates/2026/cacfp_updates_2026_05.pdf.



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1. mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: program.intake@usda.gov

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