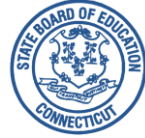





STATE OF CONNECTICUT  
DEPARTMENT OF EDUCATION



**TO:** Child and Adult Care Food Program (CACFP) Adult Day Care Centers

**FROM:** John Frassinelli, Chief  
Bureau of Health/Nutrition, Family Services and Adult Education 

**DATE:** June 15, 2016

**SUBJECT: Operational Memorandum No. 5A-16**  
Revised Guide for Accommodating Special Diets in CACFP Adult Day Care Centers

The Connecticut State Department of Education (CSDE) recently updated its guide on accommodating special diets for adult participants in the CACFP. *Accommodating Special Diets in CACFP Adult Day Care Centers* provides important information to assist CACFP facilities in complying with the federal nondiscrimination laws and U.S. Department of Agriculture (USDA) regulations for the CACFP. This guide is part of the CSDE's [Nutrition Policies and Guidance for the CACFP](#).

The revised guide is dated June 2016, and replaces the previous version dated September 2011. Please discard any old versions.

*Accommodating Special Diets in CACFP Adult Day Care Centers* is available in the [Special Diets](#) section of the CSDE's Nutrition Policies and Guidance for Adult Day Care Centers Web page. The direct link to the PDF is [www.sde.ct.gov/sde/lib/sde/pdf/deps/nutrition/cacfp/adults/AdultNPGSpDiet.pdf](http://www.sde.ct.gov/sde/lib/sde/pdf/deps/nutrition/cacfp/adults/AdultNPGSpDiet.pdf).

As a reminder, CSDE Operational Memorandum No. [3A-16](#), [4C-16](#) and [4H-16](#) summarizes the requirements for medical statements supporting accommodations for participants with disabilities in Child Nutrition Programs. Medical statements for participants with and without disabilities can be downloaded from the [Special Diets](#) section of the CSDE's Nutrition Policies and Guidance Web page.

Questions may be directed to:

- Susan Boyle at 860-807-2074
- Celia Cordero at 860-807-2076
- Benedict Onye at 860-807-2080

JF:sff

Important: This is a numbered Connecticut State Department of Education (CSDE) operational memorandum that contains important program information. Please read carefully and retain in a binder for future reference. All CSDE operational memoranda are posted on the CSDE's [Operational Memoranda for the CACFP](#) Web page.