

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

This list includes resources and websites to assist child care centers, family day care homes, emergency shelters, at-risk afterschool care centers, and adult day care centers with meeting the U.S. Department of Agriculture (USDA) meal pattern and crediting requirements for the [Child and Adult Care Food Program \(CACFP\)](#).

For links to information on federal and state requirements and guidance, visit the Connecticut State Department of Education's (CSDE) [Program Guidance for CACFP Child Care Programs](#) webpage and [Program Guidance for CACFP Adult Day Care Centers](#) webpage. For additional guidance, please contact the CSDE's [CACFP staff](#).



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Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

Breakfast

[Breakfast](https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/menu-planning#Breakfast) (“Menu Planning” section of CSDE’s Meal Patterns for the Child and Adult Care Food Program webpage):
<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/menu-planning#Breakfast>

[Cycle Menus for Child Care: Preschoolers](https://theicn.org/icn-resources-a-z/cycle-menus-for-child-care-preschoolers/) (Institute of Child Nutrition):
<https://theicn.org/icn-resources-a-z/cycle-menus-for-child-care-preschoolers/>

[It’s Breakfast Time! Child and Adult Care Food Program Breakfast Menu Planner for Children 3 Through 18 Years of Age](https://www.fns.usda.gov/tn/its-breakfast-time) (USDA):
<https://www.fns.usda.gov/tn/its-breakfast-time>

[Sample Cold Breakfast Menus for CACFP Adult Day Care Centers](https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/adult_menu_cacfp_breakfast_cold.pdf) (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/adult_menu_cacfp_breakfast_cold.pdf

[Sample Cold Breakfast Menus for CACFP Child Care Centers and Homes](https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/menu_cacfp_breakfast_cold.pdf) (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/menu_cacfp_breakfast_cold.pdf

[Sample Hot Breakfast Menus for CACFP Adult Day Care Centers](https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/adult_menu_cacfp_breakfast_hot.pdf) (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/adult_menu_cacfp_breakfast_hot.pdf

[Sample Hot Breakfast Menus for CACFP Child Care Centers and Homes](https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/menu_cacfp_breakfast_hot.pdf) (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/menu_cacfp_breakfast_hot.pdf

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CACFP Requirements and Guidance

[Adult Day Care: A Child and Adult Care Food Program Handbook](#) (USDA):

<https://www.fns.usda.gov/cacfp/adult-day-care-child-and-adult-care-food-program-handbook>

[CACFP Adult Day Care Centers](#) (USDA webpage):

<https://portal.ct.gov/sde/nutrition/cacfp-adult-day-care-centers/documents>

[CACFP Afterschool Programs](#) (USDA webpage):

<https://www.fns.usda.gov/cacfp/afterschool-programs>

[CACFP At-risk Afterschool Care Centers](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/cacfp-at-risk-afterschool-care-centers>

[CACFP Child Care Centers](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/cacfp-child-care-centers>

[CACFP Emergency Shelters](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/cacfp-emergency-shelters>

[CACFP Family Day Care Homes](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/cacfp-family-day-care-homes>

[CACFP Halftime: Thirty on Thursdays Training Webinar Series](#) (USDA webpage):

<https://www.fns.usda.gov/cacfp-halftime-thirty-thursdays-training-webinar-series>

[CACFP Handbooks](#) (USDA webpage):

<https://www.fns.usda.gov/cacfp/handbooks>

[CACFP Updates](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/cacfp-updates>

[Child and Adult Care Food Program \(CACFP\)](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/child-and-adult-care-food-program>

[Food and Nutrition Administration \(FNA\) Documents & Resources](#) (USDA webpage):

<https://www.fna.usda.gov/resources>

[Food and Nutrition Service \(FNS\) Instructions](#) (CSDE):

<https://portal.ct.gov/sde/nutrition/fns-instructions-for-child-nutrition-programs>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[CACFP Regulations 7 CFR 226](https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-226) (USDA webpage):

<https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-226>

[Child Nutrition Programs](https://portal.ct.gov/sde/nutrition/child-nutrition-programs) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/child-nutrition-programs>

[Food Safety for Child Nutrition Programs](https://portal.ct.gov/sde/nutrition/food-safety-for-child-nutrition-programs) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/food-safety-for-child-nutrition-programs>

[Forms for CACFP Adult Day Care Centers](https://portal.ct.gov/sde/nutrition/cacfp-adult-day-care-centers/forms) (CSDE's CACFP Adult Day Care Centers webpage):

<https://portal.ct.gov/sde/nutrition/cacfp-adult-day-care-centers/forms>

[Forms for CACFP Child Care Centers](https://portal.ct.gov/sde/nutrition/cacfp-child-care-centers/forms) (CSDE's CACFP Child Care Centers webpage):

<https://portal.ct.gov/sde/nutrition/cacfp-child-care-centers/forms>

[Forms for CACFP Homes](https://portal.ct.gov/sde/nutrition/cacfp-family-day-care-homes/forms) (CSDE's CACFP Family Day Care Homes webpage):

<https://portal.ct.gov/sde/nutrition/cacfp-family-day-care-homes/forms>

[Laws and Regulations for Child Nutrition Programs](https://portal.ct.gov/sde/nutrition/laws-and-regulations-for-child-nutrition-programs) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/laws-and-regulations-for-child-nutrition-programs>

[Manuals and Guides for Child Nutrition Programs](https://portal.ct.gov/sde/nutrition/manuals-and-guides-for-child-nutrition-programs) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/manuals-and-guides-for-child-nutrition-programs>

[Operational Memoranda for the CACFP](https://portal.ct.gov/sde/lists/operational-memoranda-for-the-cacfp) (CSDE webpage):

<https://portal.ct.gov/sde/lists/operational-memoranda-for-the-cacfp>

[Program Guidance for CACFP Adult Day Care Centers](https://portal.ct.gov/sde/nutrition/program-guidance-cacfp-adults) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/program-guidance-cacfp-adults>

[Program Guidance for CACFP Child Care Programs](https://portal.ct.gov/sde/nutrition/program-guidance-cacfp-child) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/program-guidance-cacfp-child>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

Child Nutrition (CN) Labels

[Accepting Product Documentation](https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs/accepting-product-documentation) (CSDE's Crediting Documentation for the Child Nutrition Program webpage):
<https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs/accepting-product-documentation>

[Appendix C: The USDA Child Nutrition Labeling Program](https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Appendix_C.pdf) (USDA's Food Buying Guide for Child Nutrition Programs):
https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Appendix_C.pdf

[Child Nutrition \(CN\) Labeling Manual](https://fns-prod.azureedge.us/sites/default/files/resource-files/child-nutrition-labeling-manual.pdf) (USDA):
<https://fns-prod.azureedge.us/sites/default/files/resource-files/child-nutrition-labeling-manual.pdf>

[Child Nutrition Authorized Labels and Manufacturers](https://www.fns.usda.gov/cn/labeling/authorized-labels-manufacturers) (USDA):
<https://www.fns.usda.gov/cn/labeling/authorized-labels-manufacturers>

[Child Nutrition Labels](https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs/child-nutrition-labels) (CSDE's Crediting Documentation for the Child Nutrition Program webpage):
<https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs/child-nutrition-labels>

[CN Labeling Program](https://www.fns.usda.gov/cn/labeling-program) (USDA webpage):
<https://www.fns.usda.gov/cn/labeling-program>

[Food Buying Guide Module 3: Product Formulation Statements \(PFS\)](https://theicn.docebosaas.com/learn/course/external/view/elearning/139/fbg-module-3-product-formulation-statements-pfs) (ICN):
<https://theicn.docebosaas.com/learn/course/external/view/elearning/139/fbg-module-3-product-formulation-statements-pfs>

[Food Manufacturers/Industry](https://www.fns.usda.gov/cnlabeling/food-manufacturersindustry) (USDA):
<https://www.fns.usda.gov/cnlabeling/food-manufacturersindustry>

[Manufacturer's Product Formulation Statement: Is it Acceptable? Presentation Slides](https://theicn.org/resources/930/march-2016/109876/manufacturers-product-formulation-statement-pfs03-31-16.pdf) (Institute of Child Nutrition and USDA):
<https://theicn.org/resources/930/march-2016/109876/manufacturers-product-formulation-statement-pfs03-31-16.pdf>

[USDA Memo SP 05-2025, CACFP 04-2025, and SFSP 02-2025: Guidance for Accepting Processed Product Documentation for Meal Pattern Requirements](https://www.fns.usda.gov/cn/labeling/guidance-accepting-processed-product-documentation):
<https://www.fns.usda.gov/cn/labeling/guidance-accepting-processed-product-documentation>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Using Child Nutrition \(CN\) Labels in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/using_cn_labels_cacfp.pdf) (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/using_cn_labels_cacfp.pdf

Crediting Documentation

[Accepting Processed Product Documentation in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/accepting_processed_product_documentation_cacfp.pdf) (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/accepting_processed_product_documentation_cacfp.pdf

[Accepting Product Documentation](https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs/accepting-product-documentation) (CSDE's Crediting Documentation for the Child Nutrition Program webpage):
<https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs/accepting-product-documentation>

[Bite Size: Meeting the Child and Adult Care Food Program \(CACFP\) Meal Patterns Module 4: Meal Pattern Documentation](https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/bite-size-meal-pattern-training) ("Bite Size Meal Pattern Training" section of CSDE's Meal Patterns for the Child and Adult Care Food Program webpage):
<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/bite-size-meal-pattern-training>

[Child Nutrition Labels](https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs/child-nutrition-labels) (CSDE's Crediting Documentation for the Child Nutrition Program webpage):
<https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs/child-nutrition-labels>

[Child Nutrition Programs Food Industry Toolkit: Resource Hub for Food Industry Partners](https://www.fns.usda.gov/tn/cnp/food-industry-toolkit) (USDA):
<https://www.fns.usda.gov/tn/cnp/food-industry-toolkit>

[Child Nutrition Programs: Tips for Evaluating a Manufacturer's Product Formulation Statement](https://www.fns.usda.gov/cn/labeling/tips-evaluating-pfs) (CSDE webpage):
<https://www.fns.usda.gov/cn/labeling/tips-evaluating-pfs>

[Commercial Processed Products](https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs#Commercial) (CSDE's Crediting Documentation for the Child Nutrition Program webpage):
<https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs#Commercial>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Crediting Documentation for the Child Nutrition Programs](https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs>

[Food Buying Guide for Child Nutrition Programs](https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs) (USDA):

<https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs>

[Foods Made from Scratch](https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs#Scratch) (CSDE's Crediting Documentation for the Child Nutrition Program webpage):

<https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs#Scratch>

[Guide to Menu Documentation for the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/guide_cacfp_menu_documentation.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/guide_cacfp_menu_documentation.pdf

[Navigating the Food Buying Guide FBG Calculator](https://www.fns.usda.gov/tn/navigating-food-buying-guide-fbg-calculator) (USDA webinar):

<https://www.fns.usda.gov/tn/navigating-food-buying-guide-fbg-calculator>

[Recipe Analysis Workbook \(RAW\) for Standardized Recipes](https://www.fns.usda.gov/tn/food-buying-guide-interactive-web-based-tool) (USDA):

<https://www.fns.usda.gov/tn/food-buying-guide-interactive-web-based-tool>

[Recipe Standardization Guide for the Child and Adult Care Food Program](https://theicn.org/icn-resources-a-z/step-by-step-recipe-standardization-guide-for-the-child-and-adult-care-food-program/) (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/step-by-step-recipe-standardization-guide-for-the-child-and-adult-care-food-program/>

[Records Retention Requirements for the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/records_retention_cacfp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/records_retention_cacfp.pdf

[Standardized Recipe Form for the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/standardized_recipe_form_cacfp.docx) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/standardized_recipe_form_cacfp.docx

[Standardized Recipes](https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs/standardized-recipes) (CSDE's Crediting Documentation for the Child Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs/standardized-recipes>

[USDA Memo CACFP 17-2017: Documenting Meals in the Child and Adult Care Food Program](https://www.fns.usda.gov/cacfp/documenting-meals):

<https://www.fns.usda.gov/cacfp/documenting-meals>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[USDA Memo SP 05-2025, CACFP 04-2025, and SFSP 02-2025: Guidance for Accepting Processed Product Documentation for Meal Pattern Requirements:](https://www.fns.usda.gov/cn/labeling/guidance-accepting-processed-product-documentation)

<https://www.fns.usda.gov/cn/labeling/guidance-accepting-processed-product-documentation>

[Using Child Nutrition \(CN\) Labels in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/using_cn_labels_cacfp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/using_cn_labels_cacfp.pdf

[Using Product Formulation Statements in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/using_product_formulation_statements_cacfp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/using_product_formulation_statements_cacfp.pdf

[When Commercial Grain Products Require a Product Formulation Statement to Credit in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/when_commercial_grain_products_require_pfs_cacfp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/when_commercial_grain_products_require_pfs_cacfp.pdf

[Yield Study Data Form for the Child Nutrition Programs](https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/yield_study_form.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/yield_study_form.pdf

Crediting Foods

[Bite Size: Meeting the Child and Adult Care Food Program \(CACFP\) Meal Patterns](https://portal.ct.gov/sde/nutrition/meal-patterns-cacfp-child-care-programs/bite-size-meal-pattern-training) (“Bite Size Meal Pattern Training” section of CSDE’s Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-cacfp-child-care-programs/bite-size-meal-pattern-training>

[CACFP Training Tools](https://www.fns.usda.gov/tn/cacfp/trainers-tools) (USDA webpage):

<https://www.fns.usda.gov/tn/cacfp/trainers-tools>

[Child Nutrition Programs: Tips for Evaluating a Manufacturer's Product Formulation Statement](https://www.fns.usda.gov/cn/labeling/tips-evaluating-pfs) (CSDE webpage):

<https://www.fns.usda.gov/cn/labeling/tips-evaluating-pfs>

[Crediting Foods in the Child and Adult Care Food Program](https://portal.ct.gov/sde/nutrition/crediting-foods-in-the-child-and-adult-care-food-program) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/crediting-foods-in-the-child-and-adult-care-food-program>

[Crediting Handbook for the Child and Adult Care Food Program](https://www.fns.usda.gov/tn/crediting-handbook-child-and-adult-care-food-program) (USDA):

<https://www.fns.usda.gov/tn/crediting-handbook-child-and-adult-care-food-program>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Crediting Summary Charts for the Child and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/crediting_summary_charts_cacfp.pdf

[Crediting Tip Sheets in Child Nutrition Programs](#) (USDA):

<https://www.fns.usda.gov/tn/cn/crediting-tipsheets>

[Crediting Updates for Child Nutrition Programs: Be in the Know! Webinar Series](#) (USDA):

<https://www.fns.usda.gov/tn/cn/crediting-updates-webinars>

[Exhibit A Grains Tool of the Food Buying Guide](#) (USDA):

<https://foodbuyingguide.fns.usda.gov/ExhibitATool/Index>

[Food Buying Guide for Child Nutrition Programs](#) (USDA):

<https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs>

[Food Buying Guide for Child Nutrition Programs: Training Resources](#) (USDA):

<https://www.fns.usda.gov/tn/food-buying-guide-training-resources>

[Guide to Meeting the Crediting Requirements for the Child and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/guide_cacfp_crediting.pdf

[Noncreditable Foods in the Child and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/noncreditable_foods_cacfp.pdf

[Recipe Analysis Workbook \(RAW\) for Standardized Recipes](#) (USDA):

<https://www.fns.usda.gov/tn/food-buying-guide-interactive-web-based-tool>

[Recipe Standardization Guide for the Child and Adult Care Food Program](#) (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/step-by-step-recipe-standardization-guide-for-the-child-and-adult-care-food-program/>

[Using the Nutrition Facts Label in the Child and Adult Care Food Program](#) (USDA):

<https://www.fns.usda.gov/tn/cacfp/using-nutrition-facts-label>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

Family Style Meal Service

[CACFP Trainers' Circle: Family Style Meal Service with Children in the CACFP](https://www.fns.usda.gov/tn/cacfp/trainers-circle-webinars/family-style-meal-service) (USDA):

<https://www.fns.usda.gov/tn/cacfp/trainers-circle-webinars/family-style-meal-service>

[Family Style Dining Guide: A Mealtime Approach for Early Care and Education Programs](https://occrra.org/wp-content/occrra/spec/spec-fsd.pdf) (Ohio

Child Care Resource & Referral Association and The Nemours Foundation):

<https://occrra.org/wp-content/occrra/spec/spec-fsd.pdf>

[Family Style Meal Service with Children in the Child and Adult Care Food Program](https://fns-prod.azureedge.us/sites/default/files/resource-files/CACFP-Family-Style-Meal-ServiceOperator-Booklet.pdf) (USDA):

<https://fns-prod.azureedge.us/sites/default/files/resource-files/CACFP-Family-Style-Meal-ServiceOperator-Booklet.pdf>

[Family Style Meal Service with Children in the CACFP Posters](https://www.fns.usda.gov/tn/cacfp-family-style-meals-posters) (USDA):

<https://www.fns.usda.gov/tn/cacfp-family-style-meals-posters>

[Family Style Meal Service with Children in the CACFP Training Materials](https://www.fns.usda.gov/tn/family-style-meal-service-cacfp) (USDA):

<https://www.fns.usda.gov/tn/family-style-meal-service-cacfp>

[Family Style Meal Service](https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/meal-service#FamilyStyle) (“Meal Service” section of CSDE’s Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/meal-service#FamilyStyle>

[Meal Service](https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/meal-service) (CSDE’s Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/meal-service>

[Serving Meals “Family Style”](https://fns-prod.azureedge.us/sites/default/files/resource-files/nibbles_familymeals_eng.pdf) (USDA Nibbles for Health: Nutrition Newsletters for Parents of Young Children):

https://fns-prod.azureedge.us/sites/default/files/resource-files/nibbles_familymeals_eng.pdf

[The Basic Guide to Family Style Dining – Part 1](https://theicn.org/resources/382/2013-mealtime-memos/106229/august-2013-the-basic-guide-to-family-style-dining-part-1.pdf) (ICN):

<https://theicn.org/resources/382/2013-mealtime-memos/106229/august-2013-the-basic-guide-to-family-style-dining-part-1.pdf>

[Why You Should Serve Family Style](https://www.cacfp.org/files/4415/3512/5506/Family_Style_Dining_Tips.pdf) (National CACFP Association):

https://www.cacfp.org/files/4415/3512/5506/Family_Style_Dining_Tips.pdf

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[USDA Memo CACFP 02-2025: Offer Versus Serve and Family Style Meals in CACFP:](https://fns-prod.azureedge.us/cacfp/offer-versus-serve-family-style-meals)

<https://fns-prod.azureedge.us/cacfp/offer-versus-serve-family-style-meals>

Fruits Component

[Bite Size: Meeting the Child and Adult Care Food Program \(CACFP\) Meal Patterns Module 7:](#)

[Fruits Component](#) (“Bite Size Meal Pattern Training” section of CSDE’s Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/bite-size-meal-pattern-training>

[Crediting Fruits in the Child Nutrition Programs Tip Sheet](#) (USDA):

<http://https://www.fns.usda.gov/tn/crediting-fruits-child-nutrition-programs-tip-sheet>

[Crediting Juices in the Child and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_juices_cacfp.pdf

[Crediting Smoothies in the Child and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_smoothies_cacfp.pdf

[Crediting Vegetable Noodles and Coconut in the Child Nutrition Programs](#) (USDA webinar):

<https://www.fns.usda.gov/tn/crediting-vegetable-noodles-and-coconut-child-nutrition-programs>

[Food Buying Guide Section 3: Overview of Crediting Requirements for the Fruits Component](#) (USDA):

https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section3_Fruits.pdf

[Food Buying Guide Section 3: Yield Table for Fruits](#) (USDA):

https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section3_FruitsYieldTable.pdf

[Fruits Component](#) (CSDE’s Crediting Foods in the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/crediting-foods-in-the-child-and-adult-care-food-program/fruits>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Product Formulation Statement for Documenting Vegetables and Fruits in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks](#)

(USDA):

<https://www.fns.usda.gov/sites/default/files/resource-files/tn-veg-fruit-pfs-template-cacfp-sfsp.pdf>

[USDA Memo CACFP 09-2017: Vegetable and Fruit Requirements in the Child and Adult Care Food Program; Questions and Answers:](#)

<https://www.fns.usda.gov/cacfp/vegetable-fruit-requirements-qas>

[USDA Memo SP 34-2019, CACFP 15-2019, and SFSP 15-2019: Crediting Coconut, Hominy, Corn Masa, and Masa Harina in the Child Nutrition Programs:](#)

<https://www.fns.usda.gov/cn/crediting-coconut-hominy-corn-masa-and-masa-harina-child-nutrition-programs>

[USDA Memo SP 40-2019, CACFP 17-2019, and SFSP 17-2019: Smoothies Offered in Child Nutrition Programs:](#)

<https://www.fns.usda.gov/cn/smoothies-offered>

Grains Component

[Adding Whole Grains to Your CACFP Menu](#) (USDA):

<https://www.fns.usda.gov/tn/adding-whole-grains-your-cacfp-menu>

[Bite Size: Meeting the Child and Adult Care Food Program \(CACFP\) Meal Patterns: Module 9: Grains Component Crediting Requirements](#) (“Bite Size Meal Pattern Training” section of CSDE’s Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/bite-size-meal-pattern-training>

[Bite Size: Meeting the Child and Adult Care Food Program \(CACFP\) Meal Patterns: Module 10: Grains Component Whole Grain-rich Requirement](#) (“Bite Size Meal Pattern Training” section of CSDE’s Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/bite-size-meal-pattern-training>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Bite Size: Meeting the Child and Adult Care Food Program \(CACFP\) Meal Patterns: Module 11: Grains Component Ounce Equivalents](#) (“Bite Size Meal Pattern Training” section of CSDE’s Meal Patterns for the Child and Adult Care Food Program webpage):
<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/bite-size-meal-pattern-training>

[Calculating the Added Sugars Limit for Breakfast Cereals in the Child and Adult Care Food Program](#) (USDA):
<https://www.fns.usda.gov/tn/cacfp/calculating-sugar-limits-breakfast-cereals>

[Calculation Methods for Grain Ounce Equivalents for the Child and Adult Care Food Program](#) (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/grain_calculation_cacfp_oz_eq.pdf

[Choose Breakfast Cereals That Are Lower in Added Sugars in the Child and Adult Care Food Program](#) (USDA):
<https://www.fns.usda.gov/tn/cacfp/breakfast-cereals-lower-sugar>

[Connecticut WIC Program Food Guide](#) (Connecticut State Department of Public Health webpage):
<https://connecticut.wicresources.org/food-guide.html>

[Crediting Breakfast Cereals in the Child and Adult Care Food Program](#) (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_cereals_cacfp.pdf

[Crediting Enriched Grains in the Child and Adult Care Food Program](#) (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_enriched_grains_cacfp.pdf

[Crediting Grains in the Child Nutrition Programs Tip Sheets: Part 1: Creditable Grains in Child Nutrition Programs; Part 2: Identifying Grain Products that are Whole Grain-Rich; and Part 3: Program Requirements](#) (USDA):
<https://www.fns.usda.gov/tn/crediting-grains>

[Crediting Single-Serving Packages of Grains in the Child and Adult Care Food Program](#) (USDA):
<https://www.fns.usda.gov/tn/crediting-single-serving-packages-grains-cacfp>

[Crediting Whole Grains in the Child and Adult Care Food Program](#) (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_whole_grains_cacfp.pdf

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Determining Ounce Equivalents of Grains in Child and Adult Care Food Program Recipes](#)

(USDA):

<https://www.fns.usda.gov/tn/determining-ounce-equivalents-grains-cacfp-recipes>

[Exhibit A Grains Tool of the Food Buying Guide](#) (USDA):

<https://foodbuyingguide.fns.usda.gov/ExhibitATool/Index>

[Exhibit A: Grain Requirements for Child Nutrition Programs](#) (USDA):

<https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/ExhibitA.pdf>

[Food Buying Guide Section 4: Overview of Crediting Requirements for the Grains Component](#)

(USDA):

https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section4_Grains.pdf

[Food Buying Guide Section 4: Yield Table for Grains](#) (USDA):

https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section4_GrainsYieldTable.pdf

[Grain Ounce Equivalents Chart for the Child and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/grain_oz_eq_cacfp.pdf

[Grain-based Desserts in the Child and Adult Care Food Program](#) (USDA):

<https://www.fns.usda.gov/tn/grain-based-desserts-cacfp>

[Grains Component](#) (CSDE's Crediting Foods in the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/crediting-foods-in-the-child-and-adult-care-food-program/grains>

[Guide to Meeting the Whole Grain-rich Requirement for the Child and Adult Care Food Program](#)

(CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/wgr_requirement_cacfp.pdf

[How to Identify Creditable Grains for the Child and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/identify_creditable_grains_cacfp.pdf

[How to Maximize the Exhibit A Grains Tool](#) (USDA webinar):

<https://www.fns.usda.gov/tn/how-maximize-exhibit-grains-tool>

[How to Spot Whole Grain-Rich Foods for the Child and Adult Care Food Program](#) (USDA):

<https://www.fns.usda.gov/tn/how-spot-whole-grain-rich-foods-cacfp>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[How to Use the Grain Ounce Equivalents Chart for the Child and Adult Care Food Program](#)

(CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/how_to_use_ounce_equivalents_chart_cacfp.pdf

[Identifying Whole Grain-Rich Foods for the Child and Adult Care Food Program Using the Ingredient List](#) (USDA):

<https://www.fns.usda.gov/tn/identifying-whole-grain-rich-foods-cacfp>

[Is My Recipe Whole Grain-Rich in the Child and Adult Care Food Program?](#) (USDA):

<https://www.fns.usda.gov/tn/my-recipe-whole-grain-rich-cacfp>

[Product Formulation Statement for Documenting Grains Ounce Equivalents in Child Nutrition Programs](#) (USDA):

<https://www.fns.usda.gov/sites/default/files/resource-files/tn-grains-pfs-template-oz-eq.pdf>

[Product Formulation Statement for Documenting Grains Ounce Equivalents in Child Nutrition Programs: Completed Sample](#) (USDA):

<https://fns-prod.azureedge.us/sites/default/files/resource-files/tn-sample-pfs-grains-oz-eq.pdf>

[Recipe Analysis Workbook \(RAW\) for Standardized Recipes](#) (USDA):

<https://www.fns.usda.gov/tn/food-buying-guide-interactive-web-based-tool>

[Serving Requirements](#) (CSDE's Crediting Foods in the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/crediting-foods-in-the-child-and-adult-care-food-program/grains#ServingRequirements>

[USDA Memo CACFP 05-2025: Grain Requirements in the Child and Adult Care Food Program; Questions and Answers](#):

<https://fns-prod.azureedge.us/cacfp/grain-requirements-qas>

[USDA Memo CACFP 16-2017: Grain-Based Desserts in the Child and Adult Care Food Program](#):

<https://www.fns.usda.gov/cacfp/grain-based-desserts-child-and-adult-care-food-program>

[USDA Memo SP 23-2019, CACFP 10-2019, and SFSP 09-2019: Crediting Popcorn in the Child Nutrition Programs](#):

<https://www.fns.usda.gov/cn/crediting-popcorn-child-nutrition-programs>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[USDA Memo SP 34-2019, CACFP 15-2019, and SFSP 15-2019: Crediting Coconut, Hominy, Corn Masa, and Masa Harina in the Child Nutrition Programs:](https://www.fns.usda.gov/cn/crediting-coconut-hominy-corn-masa-and-masa-harina-child-nutrition-programs)

<https://www.fns.usda.gov/cn/crediting-coconut-hominy-corn-masa-and-masa-harina-child-nutrition-programs>

[Using Ounce Equivalents for Grains in the Child and Adult Care Food Program](https://www.fns.usda.gov/tn/using-ounce-equivalents-grains-cacfp) (USDA):

<https://www.fns.usda.gov/tn/using-ounce-equivalents-grains-cacfp>

[Using the WIC Food Lists to Identify Grains for the Child and Adult Care Food Program](https://www.fns.usda.gov/tn/cacfp/wic-food-lists-identify-grains) (USDA):

<https://www.fns.usda.gov/tn/cacfp/wic-food-lists-identify-grains>

[When Commercial Grain Products Require a Product Formulation Statement to Credit in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/when_commercial_grain_products_require_pfs_cacfp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/when_commercial_grain_products_require_pfs_cacfp.pdf

[Whole Grain-rich Requirement](https://portal.ct.gov/sde/nutrition/crediting-foods-in-the-child-and-adult-care-food-program/grains#WGR) (CSDE's Crediting Foods in the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/crediting-foods-in-the-child-and-adult-care-food-program/grains#WGR>

[Worksheet for Crediting Cooked Breakfast Cereals in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/worksheet_credit_cooked_breakfast_cereals_cacfp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/worksheet_credit_cooked_breakfast_cereals_cacfp.pdf

[Worksheet for Crediting Ready-to-eat \(RTE\) Breakfast Cereals in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/worksheet_credit_rte_breakfast_cereals_cacfp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/worksheet_credit_rte_breakfast_cereals_cacfp.pdf

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

Infant Meal Pattern

[Accepting/Rejecting Infant Formula in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/infants/accepting_rejecting_infant_formula_cacfp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/infants/accepting_rejecting_infant_formula_cacfp.pdf

[Accepting/Rejecting Infant Formula in the Child and Adult Care Food Program \(Spanish\):](https://portal.ct.gov/-/media/sde/nutrition/cacfp/infants/accepting_rejecting_infant_formula_cacfp_spanish.pdf)

[Aceptar/rechazar formula para infantes del Programa de Alimentos para el Cuidado de Niños y Adultos \(CACFP\)](https://portal.ct.gov/-/media/sde/nutrition/cacfp/infants/accepting_rejecting_infant_formula_cacfp_spanish.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/infants/accepting_rejecting_infant_formula_cacfp_spanish.pdf

[Breast Milk or Formula Provided by Parent or Guardian](https://portal.ct.gov/sde/nutrition/feeding-infants-in-cacfp-child-care-programs/breast-milk-or-formula-provided-by-parent-or-guardian) (CSDE's Feeding Infants in CACFP

Child Care Programs webpage):

<https://portal.ct.gov/sde/nutrition/feeding-infants-in-cacfp-child-care-programs/breast-milk-or-formula-provided-by-parent-or-guardian>

[CACFP Infant Meal Pattern](https://portal.ct.gov/-/media/sde/nutrition/cacfp/infants/infant_meal_pattern.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/infants/infant_meal_pattern.pdf

[CACFP Trainer's Tools: Feeding Infants](https://www.fns.usda.gov/tn/feeding-infants-cacfp-trainers-tools) (USDA):

<https://www.fns.usda.gov/tn/feeding-infants-cacfp-trainers-tools>

[Crediting Infant Foods](https://portal.ct.gov/sde/nutrition/feeding-infants-in-cacfp-child-care-programs/crediting-infant-foods) (CSDE's Feeding Infants in CACFP Child Care Programs webpage):

<https://portal.ct.gov/sde/nutrition/feeding-infants-in-cacfp-child-care-programs/crediting-infant-foods>

[Crediting Store-Bought Combination Baby Foods in the CACFP](https://www.fns.usda.gov/tn/crediting-store-bought-combination-baby-foods-cacfp) (USDA):

<https://www.fns.usda.gov/tn/crediting-store-bought-combination-baby-foods-cacfp>

[Feeding Infants in CACFP Child Care Programs](https://portal.ct.gov/sde/nutrition/feeding-infants-in-cacfp-child-care-programs) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/feeding-infants-in-cacfp-child-care-programs>

[Feeding Infants in the Child and Adult Care Food Program \(Spanish\): Alimentación de Bebés en el Programa de Alimentos para el Cuidado de Niños y Adultos](https://fns-prod.azureedge.net/sites/default/files/resource-files/FeedingInfants-full-sp_r2.pdf) (USDA):

https://fns-prod.azureedge.net/sites/default/files/resource-files/FeedingInfants-full-sp_r2.pdf

[Feeding Infants in the Child and Adult Care Food Program](https://www.fns.usda.gov/tn/feeding-infants-child-and-adult-care-food-program) (USDA):

<https://www.fns.usda.gov/tn/feeding-infants-child-and-adult-care-food-program>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Feeding Infants Using Ounce Equivalents for Grains in the CACFP](https://www.fns.usda.gov/tn/feeding-infants-using-ounce-equivalents-grains-cacfp) (USDA):

<https://www.fns.usda.gov/tn/feeding-infants-using-ounce-equivalents-grains-cacfp>

[Infant Formula](https://portal.ct.gov/sde/nutrition/feeding-infants-in-cacfp-child-care-programs/infant-formula) (CSDE's Feeding Infants in CACFP Child Care Programs webpage):

<https://portal.ct.gov/sde/nutrition/feeding-infants-in-cacfp-child-care-programs/infant-formula>

[Infant Menu Form for Five days](https://portal.ct.gov/-/media/sde/nutrition/cacfp/infants/infant_menu_form_cacfp_5day.docx) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/infants/infant_menu_form_cacfp_5day.docx

[Infant Menu Form for Seven days](https://portal.ct.gov/-/media/sde/nutrition/cacfp/infants/infant_menu_form_cacfp_7day.docx) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/infants/infant_menu_form_cacfp_7day.docx

[Nutrition Standards for CACFP Meals and Snacks](https://www.fns.usda.gov/cacfp/meals-and-snacks) (USDA) webpage:

<https://www.fns.usda.gov/cacfp/meals-and-snacks>

[USDA Memo CACFP 01-2023: Creditability of Infant Formulas Imported Through the Food and Drug Administration's 2022 Infant Formula Enforcement Discretion Policy in the Child and Adult Care Food Program](https://www.fns.usda.gov/cacfp/credibility-infant-formulas-imported-fda2022-enforcement-discretion-policy):

<https://www.fns.usda.gov/cacfp/credibility-infant-formulas-imported-fda2022-enforcement-discretion-policy>

[USDA Memo CACFP 06-2025: Feeding Infants and Meal Pattern Requirements in the Child and Adult Care Food Program; Questions and Answers](https://www.fns.usda.gov/cacfp/feeding-infants-meal-pattern-requirements-qas):

<https://www.fns.usda.gov/cacfp/feeding-infants-meal-pattern-requirements-qas>

Lunch and Supper

[Cycle Menus for Child Care: Preschoolers](https://theicn.org/icn-resources-a-z/cycle-menus-for-child-care-preschoolers/) (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/cycle-menus-for-child-care-preschoolers/>

[Lunch and Supper](https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/menu-planning#LunchSupper) ("Menu Planning" section of CSDE's Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/menu-planning#LunchSupper>

[Sample Cold Lunch and Supper Menus for CACFP Adult Day Care Centers](https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/adult_menu_cacfp_lunch_cold.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/adult_menu_cacfp_lunch_cold.pdf

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Sample Cold Lunch and Supper Menus for CACFP Child Care Centers and Homes](https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/menu_cacfp_lunch_cold.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/menu_cacfp_lunch_cold.pdf

[Sample Hot Lunch and Supper Menus for CACFP Adult Day Care Centers](https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/adult_menu_cacfp_lunch_hot.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/adult_menu_cacfp_lunch_hot.pdf

[Sample Hot Lunch and Supper Menus for CACFP Child Care Centers and Homes](https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/menu_cacfp_lunch_hot.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/menu_cacfp_lunch_hot.pdf

Meal Modifications for Special Diets

[Action Planning Form](https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/action_planning_form.docx) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/action_planning_form.docx

[Allowable Fluid Milk Substitutes for Non-disability Reasons for Adult Participants in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/milk_substitutes_cacfp_adults.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/milk_substitutes_cacfp_adults.pdf

[Allowable Fluid Milk Substitutes for Non-disability Reasons for Children in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/milk_substitutes_cacfp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/milk_substitutes_cacfp.pdf

[CACFP Regulations 7 CFR 226.20\(g\)\(1\): Modifications for disability reasons](https://www.ecfr.gov/current/title-7/part-226#p-226.20(g)(1)) (USDA):

[https://www.ecfr.gov/current/title-7/part-226#p-226.20\(g\)\(1\)](https://www.ecfr.gov/current/title-7/part-226#p-226.20(g)(1))

[CACFP Regulations 7 CFR 226.20\(g\)\(2\): Variations for non-disability reasons](https://www.ecfr.gov/current/title-7/part-226#p-226.20(g)(2)) (USDA):

[https://www.ecfr.gov/current/title-7/part-226#p-226.20\(g\)\(2\)](https://www.ecfr.gov/current/title-7/part-226#p-226.20(g)(2))

[CACFP Regulations 7 CFR 226.20\(g\)\(3\): Fluid milk substitutes for non-disability reasons](https://www.ecfr.gov/current/title-7/part-226#p-226.20(g)(3)) (USDA):

[https://www.ecfr.gov/current/title-7/part-226#p-226.20\(g\)\(3\)](https://www.ecfr.gov/current/title-7/part-226#p-226.20(g)(3))

[CSDE Operational Memorandum No. 2C-18 and 2H-18: Requirements for Meal Modifications in CACFP Child Care Programs](https://portal.ct.gov/-/media/sde/nutrition/cacfp/memos/om2018/om02c18_02h18.pdf):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/memos/om2018/om02c18_02h18.pdf

[Food Allergies](https://portal.ct.gov/sde/nutrition/special-diets-in-the-child-and-adult-care-food-program/food-allergies) (CSDE's Special Diets in the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/special-diets-in-the-child-and-adult-care-food-program/food-allergies>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Food and Nutrition Service \(FNS\) Instruction 783-13, Revision 3: Variations in Meal Requirements for Religious Reasons: Jewish Schools, Institutions and Sponsors](https://www.fns.usda.gov/cn/variations-in-meal-requirements-for-religious-reasons) (USDA):
<https://www.fns.usda.gov/cn/variations-in-meal-requirements-for-religious-reasons>

[Guidance for Special Diets](https://portal.ct.gov/sde/nutrition/special-diets-in-the-child-and-adult-care-food-program/guidance-for-special-diets) (CSDE's Special Diets in the Child and Adult Care Food Program webpage):
<https://portal.ct.gov/sde/nutrition/special-diets-in-the-child-and-adult-care-food-program/guidance-for-special-diets>

[Guide to Meal Modifications for Adult Day Care Centers in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/guide_meal_modifications_cacfp_adults.pdf) (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/guide_meal_modifications_cacfp_adults.pdf

[Guide to Meal Modifications for Child Care Programs in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/guide_meal_modifications_cacfp.pdf) (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/guide_meal_modifications_cacfp.pdf

[Guidelines for Managing Life-Threatening Food Allergies in Connecticut Schools](https://portal.ct.gov/SDE/Publications/Managing-Life-Threatening-Food-Allergies-in-Connecticut-Schools) (CSDE):
<https://portal.ct.gov/SDE/Publications/Managing-Life-Threatening-Food-Allergies-in-Connecticut-Schools>
Applies to child care centers in public schools

[Identifying Products that Meet the USDA's Nutrition Standards for Fluid Milk Substitutes in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/identify_allowable_nondairy_milk_substitutes_cacfp.pdf) (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/identify_allowable_nondairy_milk_substitutes_cacfp.pdf

[Instructions for the Medical Statement for Meal Modifications for Adult Participants in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/adult_medical_statement_cacfp_instructions.pdf) (CACFP) (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/adult_medical_statement_cacfp_instructions.pdf

[Instructions for the Medical Statement for Meal Modifications for Children in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/medical_statement_cacfp_instructions.pdf) (CACFP):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/medical_statement_cacfp_instructions.pdf

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Instructions for the Medical Statement for Meal Modifications in CACFP Child Care Programs \(Spanish\): Instrucciones para la declaración médica para modificaciones de alimentos para niños en los programas de cuidado infantil Programa de Alimentos para el Cuidado de Niños y Adultos \(CACFP\) \(CSDE\):](#)
https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/medical_statement_cacfp_spanish_instructions.pdf

[Instructions for the Medical Statement for Meal Modifications in CACFP Adult Day Care Centers \(Spanish\): Instrucciones para la declaración médica para modificaciones de alimentos para participantes adultos en los programas de cuidado infantil Programa de Alimentos para el Cuidado de Niños y Adultos \(CACFP\) \(CSDE\):](#)
https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/adult_medical_statement_cacfp_spanish_instructions.pdf

[Medical Statement for Meal Modifications for Adult Participants in the Child and Adult Care Food Program \(CACFP\) \(CSDE\):](#)
https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/adult_medical_statement_cacfp.pdf

[Medical Statement for Meal Modifications for Children in the Child and Adult Care Food Program \(CACFP\) \(CSDE\):](#)
https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/medical_statement_cacfp.pdf

[Medical Statement for Meal Modifications in CACFP Adult Day Care Centers \(Spanish\): Declaración médica para modificaciones de alimentos para participantes adultos en los programas de cuidado infantil Programa de Alimentos para el Cuidado de Niños y Adultos \(CACFP\) \(CSDE\):](#)
https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/adult_medical_statement_cacfp_spanish.pdf

[Medical Statement for Meal Modifications in CACFP Child Care Programs \(Spanish\): Declaración médica para modificaciones de alimentos para niños en los programas de cuidado infantil Programa de Alimentos para el Cuidado de Niños y Adultos \(CACFP\) \(CSDE\):](#)
https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/medical_statement_cacfp_spanish.pdf

[Medical Statements](#) (CSDE's Special Diets in the Child and Adult Care Food Program webpage):
<https://portal.ct.gov/sde/nutrition/special-diets-in-the-child-and-adult-care-food-program/medical-statements>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Milk Substitutes for Non-disability Reasons](#) (CSDE's Special Diets in the Child and Adult Care

Food Program webpage):

<https://portal.ct.gov/sde/nutrition/special-diets-in-the-child-and-adult-care-food-program/milk-substitutes-for-non-disability-reasons>

[Overview of the Requirements for Meal Modifications for Adult Participants in the Child and](#)

[Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/overview_meal_modifications_cacfp_adults.pdf

[Overview of the Requirements for Meal Modifications for Children in the Child and Adult Care](#)

[Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/overview_meal_modifications_cacfp.pdf

[Policy for Meal Modifications](#) (CSDE's Special Diets in the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/special-diets-in-the-child-and-adult-care-food-program/policy-for-meal-modifications>

[Resources for Special Diets in Child Nutrition Programs](#) (CSDE):

<https://portal.ct.gov/sde/nutrition/special-diets-in-school-nutrition-programs/documents>

[Sample Action Plan: Developing Policy for Meal Modifications in the Child and Adult Care](#)

[Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/action_policy_meal_modifications_cacfp.pdf

[Sample Action Plan: Promoting Policy for Meal Modifications in the Child and Adult Care](#)

[Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/action_promote_meal_modifications_cacfp.pdf

[Sample Standard Operating Procedure \(SOP\) for Meal Modifications for Adult Day Care](#)

[Centers in the Child and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/sample_sop_meal_modifications_cacfp_adults.docx

[Sample Standard Operating Procedure \(SOP\) for Meal Modifications for Children in the Child](#)

[and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/sample_sop_meal_modifications_cacfp.docx

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Self-assessment of Adult Day Care Center Practices for Meal Modifications in the Child and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/assessment_meal_modifications_cacfp_adults.pdf

[Self-assessment of Child Care Practices for Meal Modifications in the Child and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/assessment_meal_modifications_cacfp.pdf

[Special Diets in the Child and Adult Care Food Program](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/special-diets-in-the-child-and-adult-care-food-program/medical-statements>

[Summary Charts of the Requirements for Meal Modifications for Adult Participants in the Child and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/summary_chart_meal_modifications_cacfp_adults.pdf

[Summary Charts of the Requirements for Meal Modifications for Children in the Child and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/summary_chart_meal_modifications_cacfp.pdf

[USDA Memo CACFP 01-2025: Nutrition Requirements for Fluid Milk and Substitutions in the CACFP, Questions and Answers:](#)

<https://www.fns.usda.gov/cacfp/nutrition-requirements-fluid-milk-qas>

[USDA Memo CACFP 14-2017 and SFSP 10-2017: Policy Memorandum on Modifications to Accommodate Disabilities in the Child and Adult Care Food Program and Summer Food Service Program:](#)

<https://www.fns.usda.gov/modifications-accommodate-disabilities-cacfp-and-sfsp>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

Meal Patterns

[Bite Size: Meeting the Child and Adult Care Food Program \(CACFP\) Meal Patterns Module 2:](#)

[Introduction to CACFP Patterns for Children](#) (“Bite Size Meal Pattern Training” section of CSDE’s Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-cacfp-child-care-programs/bite-size-meal-pattern-training>

[Bite Size: Meeting the Child and Adult Care Food Program \(CACFP\) Meal Patterns Module 3:](#)

[Introduction to CACFP Adult Meal Patterns](#) (“Bite Size Meal Pattern Training” section of CSDE’s Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-cacfp-child-care-programs/bite-size-meal-pattern-training>

[CACFP Adult Meal Patterns](#) (CSDE’s Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program#AdultMealPatterns>

[CACFP Breakfast Meal Pattern for Adult Day Care Centers](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/cacfp_adult_breakfast_meal_pattern.pdf

[CACFP Breakfast Meal Pattern for Children](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/cacfp_breakfast_meal_pattern.pdf

[CACFP Lunch and Supper Meal Pattern for Adult Day Care Centers](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/cacfp_adult_lunch_supper_meal_pattern.pdf

[CACFP Lunch and Supper Meal Pattern for Children](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/cacfp_lunch_supper_meal_pattern.pdf

[CACFP Meal Pattern Posters](#) (USDA):

<https://www.fns.usda.gov/tn/meal-pattern-posters-cacfp>

[CACFP Meal Pattern Training Slides](#) (USDA):

<https://www.fns.usda.gov/tn/cacfp/meal-pattern-training-slides>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[CACFP Meal Pattern Training Worksheets](#) (USDA):

<https://www.fns.usda.gov/tn/cacfp/meal-pattern-training-worksheets>

[CACFP Meal Pattern Updates](#) (CSDE's Child and Adult Care Food Program (CACFP) webpage):

<https://portal.ct.gov/sde/nutrition/child-and-adult-care-food-program>

#CACFP_Meal_Pattern_Updates

[CACFP Meal Patterns for Children](#) (CSDE's Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program#MealPatternsChildren>

[CACFP Snack Meal Pattern for Adult Day Care Centers](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/cacfp_adult_snack_meal_pattern.pdf

[CACFP Snack Meal Pattern for Children](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/cacfp_snack_meal_pattern.pdf

[CACFP Training Tools](#) (USDA webpage):

<https://www.fns.usda.gov/tn/cacfp/trainers-tools>

[Guide to Meeting the Child and Adult Care Food Program \(CACFP\) Adult Meal Patterns](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/guide_cacfp_meal_patterns_adults.pdf

[Guide to Meeting the Child and Adult Care Food Program \(CACFP\) Meal Patterns for Children](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/guide_cacfp_meal_patterns.pdf

[Meal Patterns for the Child and Adult Care Food Program](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program>

[Menu Forms](#) ("Menu Forms and Production Records" section of CSDE's Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/menu-forms-and-production-records>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Noncreditable Foods in the Child and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/noncreditable_foods_cacfp.pdf

[Nutrition Standards for CACFP Meals and Snacks](#) (USDA webpage):

<https://www.fns.usda.gov/cacfp/meals-and-snacks>

[Summary of Final Rule Updates to the Meal Patterns for the Child and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/summary_final_rule_cacfp_meal_patterns.pdf

[USDA Final Rule Correction: CACFP Meal Pattern Revisions Related to the HHFKA of 2010 \(81 FR 75671\)](#):

<https://www.federalregister.gov/documents/2016/11/01/2016-26339/child-and-adult-care-food-program-meal-pattern-revisions-related-to-the-healthy-hunger-free-kids-act>

[USDA Final Rule: CACFP Meal Pattern Revisions Related to the Healthy, Hunger-Free Kids Act of 2010 \(81 FR 24347\)](#):

<https://www.fns.usda.gov/cacfp/fr-042516>

[USDA Final Rule: Child Nutrition Programs: Meal Patterns Consistent with The 2020-2025 Dietary Guidelines For Americans \(89 FR 31962\)](#):

<https://www.federalregister.gov/documents/2024/04/25/2024-08098/child-nutrition-programs-meal-patterns-consistent-with-the-2020-2025-dietary-guidelines-for>

[USDA Memo CACFP 08-2017: Questions and Answers on the Updated Meal Pattern Requirements for the Child and Adult Care Food Program](#):

<https://www.fns.usda.gov/cacfp/questions-and-answers-updated-meal-pattern-requirements-child-and-adult-care-food-program>

[USDA Memo CACFP 15-2016: Optional Best Practices to Further Improve Nutrition in the CACFP](#):

<https://www.fns.usda.gov/cacfp/optional-best-practices-further-improve-nutrition-cacfp>

[USDA Memo SP 19-2024, CACFP 07-2024, and SFSP 12-2024: Initial Implementation Memorandum: Child Nutrition Programs: Meal Patterns Consistent With the 2020-2025 Dietary Guidelines for Americans](#):

https://fns-prod.azureedge.us/sites/default/files/resource-files/SP19_CACFP07_SFSP12-2024os.pdf

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

Meats/Meat Alternates Component

[Additional Meat/Meat Alternates Options for CNPs: Crediting Tempeh and Surimi](https://www.fns.usda.gov/tn/additional-meat-meat-alternate-tempeh-and-surimi) (USDA Webinar):
<https://www.fns.usda.gov/tn/additional-meat-meat-alternate-tempeh-and-surimi>

[Bite Size: Meeting the Child and Adult Care Food Program \(CACFP\) Meal Patterns Module 6: Meat/Meat Alternates Component](https://portal.ct.gov/sde/nutrition/meal-patterns-cacfp-child-care-programs/bite-size-meal-pattern-training) (“Bite Size Meal Pattern Training” section of CSDE’s Meal Patterns for the Child and Adult Care Food Program webpage):
<https://portal.ct.gov/sde/nutrition/meal-patterns-cacfp-child-care-programs/bite-size-meal-pattern-training>

[Calculating the Added Sugars Limit for Yogurt in the Child and Adult Care Food Program](https://www.fns.usda.gov/tn/cacfp/calculating-sugar-limits-yogurt) (USDA):
<https://www.fns.usda.gov/tn/cacfp/calculating-sugar-limits-yogurt>

[Choose Yogurt That Is Lower in Added Sugars in the Child and Adult Care Food Program](https://www.fns.usda.gov/tn/cacfp/choose-yogurts-lower-sugar) (USDA):
<https://www.fns.usda.gov/tn/cacfp/choose-yogurts-lower-sugar>

[Crediting Beans, Peas, and Lentils in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_beans_peas_lentils_cacfp.pdf) (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_beans_peas_lentils_cacfp.pdf

[Crediting Commercial Meat/Meat Alternate Products in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_commercial_mma_cacfp.pdf) (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_commercial_mma_cacfp.pdf

[Crediting Deli Meats in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_deli_cacfp.pdf) (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_deli_cacfp.pdf

[Crediting Meats/Meat Alternates in the Child Nutrition Programs Tip Sheet](https://fns-prod.azureedge.us/sites/default/files/resource-files/MMA_TipSheet.pdf) (USDA):
https://fns-prod.azureedge.us/sites/default/files/resource-files/MMA_TipSheet.pdf

[Crediting Nuts and Seeds in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_nuts_seeds_cacfp.pdf) (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_nuts_seeds_cacfp.pdf

[Crediting Tofu and Tofu Products in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_tofu_cacfp.pdf) (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_tofu_cacfp.pdf

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Crediting Yogurt in the Child and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_yogurt_cacfp.pdf

[Food Buying Guide Section 1: Overview of Crediting Requirements for the Meats/Meat](#)

[Alternates Component](#) (USDA):

https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section1_MeatsAndMeatAlternates.pdf

[Food Buying Guide Section 1: Yield Table for Meats/Meat Alternates](#) (USDA):

https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section1_MeatsAndMeatAlternatesYieldTable.pdf

[Grab and Go Lesson: Defining Tofu and How It Credits in the CACFP](#) (Institute of Child Nutrition):

https://theicn.org/wpfd_file/defining-tofu-and-how-it-credits-in-the-cacfp/

[Meats and Meat Alternates Component](#) (CSDE's Crediting Foods in the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/crediting-foods-in-the-child-and-adult-care-food-program/meats-and-meat-alternates>

[Moving Forward: Update on Food Crediting in Child Nutrition Programs with Guidance for Dried Meat Products](#) (USDA webinar):

<https://www.fns.usda.gov/tn/moving-forward-update-food-crediting-dried-meat-product>

[Product Formulation Statement for Documenting Meats/Meat Alternates \(M/MA\) in Child Nutrition Programs](#) (USDA):

<https://fns-prod.azureedge.us/sites/default/files/resource-files/tn-mma-pfs-template.pdf>

[Product Formulation Statement for Documenting Meats/Meat Alternates \(M/MA\) in Child Nutrition Programs: Completed Sample](#) (USDA):

<https://fns-prod.azureedge.us/sites/default/files/resource-files/tn-mma-pfs-sample-meats-app.pdf>

[Questions and Answers on Alternate Protein Products \(APP\)](#) (USDA):

<https://www.fns.usda.gov/cn/labeling/qas-app>

[Requirements for Alternate Protein Products in the Child and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/app_requirements_cacfp.pdf

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Serving Meat and Meat Alternates at Breakfast](#) (USDA):

<https://www.fns.usda.gov/tn/serving-meats-and-meat-alternates-breakfast>

[Serving Meats and Meat Alternates at Lunch and Supper in the USDA Child and Adult Care Food Program](#) (USDA):

<https://www.fns.usda.gov/tn/serving-meats-meat-alternates-lunch-supper-cacfp>

[Tips for Evaluating a Manufacturer's Product Formulation Statement](#) (USDA):

<https://www.fns.usda.gov/cn/labeling/tips-evaluating-pfs>

[USDA Memo SP 02-2024, CACFP 02-2024, and SFSP 02-2024: Revised: Crediting Tofu and Soy Yogurt Products in the School Meals Programs, Child and Adult Care Food Program, and Summer Food Service Program](#):

<https://www.fns.usda.gov/cn/crediting-tofu-soy-yogurt-products-school-meals-cacfp>

[USDA Memo SP 21-2019, CACFP 08-2019, and SFSP 07-2019: Crediting Shelf-Stable, Dried and Semi-Dried Meat, Poultry, and Seafood Products in the Child Nutrition Programs](#):

<https://www.fns.usda.gov/cn/crediting-shelf-stable-dried-and-semi-dried-meat-poultry-and-seafood-products-child-nutrition>

[USDA Memo SP 24-2019, CACFP 11-2019, and SFSP 10-2019: Crediting Surimi Seafood in the Child Nutrition Programs](#):

<https://www.fns.usda.gov/cn/crediting-surimi-seafood-child-nutrition-programs>

[USDA Memo SP 25-2019, CACFP 12-2019, and SFSP 11-2019: Crediting Tempeh in the Child Nutrition Programs](#):

<https://www.fns.usda.gov/cn/crediting-tempeh-child-nutrition-programs>

[USDA Memo SP 26-2019, CACFP 13-2019, and SFSP 12-2019: Crediting Pasta Products Made of Vegetable Flour in the Child Nutrition Programs](#):

<https://www.fns.usda.gov/cn/crediting-pasta-products-made-vegetable-flour-child-nutrition-programs>

[USDA Memo SP 40-2019, CACFP 17-2019, and SFSP 17-2019: Smoothies Offered in Child Nutrition Programs](#):

<https://www.fns.usda.gov/cn/smoothies-offered>

[Worksheet for Crediting Yogurt in the CACFP](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/worksheet_credit_yogurt_cacfp.pdf

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Yogurt and Soy Yogurt](https://portal.ct.gov/sde/nutrition/crediting-foods-in-the-child-and-adult-care-food-program/meats-and-meat-alternates#Yogurt) (“Meats and Meat Alternates” section of CSDE’s Crediting Foods in the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/crediting-foods-in-the-child-and-adult-care-food-program/meats-and-meat-alternates#Yogurt>

Menu Planning

[Bite Size: Meeting the Child and Adult Care Food Program \(CACFP\) Meal Patterns: Module 12: Menu Planning](https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/bite-size-meal-pattern-training) (“Bite Size Meal Pattern Training” section of CSDE’s Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/bite-size-meal-pattern-training>

[Breakfast](https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/menu-planning#Breakfast) (“Menu Planning” section of CSDE’s Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/menu-planning#Breakfast>

[CACFP Adult Day Care Centers Menu Form for AM Snack, Lunch, and PM Snack](https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/adult_menu_form_cacfp_am_snack_lunch_pm_snack.docx) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/adult_menu_form_cacfp_am_snack_lunch_pm_snack.docx

[CACFP Adult Day Care Centers Menu Form for Breakfast, Lunch and Snack](https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/adult_menu_form_cacfp_breakfast_lunch_snack.docx) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/adult_menu_form_cacfp_breakfast_lunch_snack.docx

[CACFP Adult Day Care Centers Menu Form for Lunch and Snack](https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/adult_menu_form_cacfp_lunch_snack.docx) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/adult_menu_form_cacfp_lunch_snack.docx

[CACFP Best Practices](https://fns-prod.azureedge.us/cacfp/program-operator/best-practices) (USDA webpage):

<https://fns-prod.azureedge.us/cacfp/program-operator/best-practices>

[CACFP Menu Form for AM and PM Snack for Ages 1-2](https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/menu_form_cacfp_am_pm_snack_ages_1-2.docx) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/menu_form_cacfp_am_pm_snack_ages_1-2.docx

[CACFP Menu Form for AM and PM Snack for Ages 3-5](https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/menu_form_cacfp_am_pm_snack_ages_3-5.docx) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/menu_form_cacfp_am_pm_snack_ages_3-5.docx

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[CACFP Menu Form for AM Snack, Lunch, and PM Snack for Ages 3-5](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/menu_form_cacfp_am_snack_lunch_pm_snack_ages_3-5.docx

[CACFP Menu Form for AM, PM Snack, and Evening Snack for Ages 1-2, 3-5, and 6-18 in Emergency Shelters](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/menu_form_cacfp_shelter_am_pm_evening_snack_ages_1-2_3-5_6-18.docx

[CACFP Menu Form for AM, PM, and Evening Snack for Ages 6-18 in Emergency Shelters](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/menu_form_cacfp_shelter_am_pm_evening_snack_ages_6-18.docx

[CACFP Menu Form for At-risk Snack and Supper for Ages 6-18](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/menu_form_cacfp_at_risk_snack_supper_ages_6-18.docx

[CACFP Menu Form for Breakfast and PM Snack for Ages 3-5](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/menu_form_cacfp_breakfast_snack_ages_3-5.docx

[CACFP Menu Form for Breakfast and PM Snack for Ages 6-12](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/menu_form_cacfp_breakfast_snack_ages_6-12.docx

[CACFP Menu Form for Breakfast, AM Snack, and PM Snack for Ages 3-5](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/menu_form_cacfp_breakfast_am_snack_pm_snack_ages_3-5.docx

[CACFP Menu Form for Breakfast, Lunch, and Snack for Ages 1-2](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/menu_form_cacfp_breakfast_lunch_snack_ages_1-2.docx

[CACFP Menu Form for Breakfast, Lunch, and Snack for Ages 3-5](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/menu_form_cacfp_breakfast_lunch_snack_ages_3-5.docx

[CACFP Menu Form for Breakfast, Lunch, and Snack for Ages 6-12](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/menu_form_cacfp_breakfast_lunch_snack_ages_6-12.docx

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[CACFP Menu Form for Breakfast, Lunch, and Supper for Ages 1-2, 3-5, and 6-18 in Emergency Shelters](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/menu_form_cacfp_shelter_breakfast_lunch_supper_ages_1-2_3-5_6-18.docx

[CACFP Menu Form for Breakfast, Lunch, and Supper for Ages 6-18 in Emergency Shelters](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/menu_form_cacfp_shelter_breakfast_lunch_supper_ages_6-18.docx

[CACFP Menu Form for Two Weeks of AM or PM Snack for Ages 3-5](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/menu_form_cacfp_snack_ages_3-5_2_weeks.docx

[CACFP Menu Form for Two Weeks of At-risk Snack for Ages 6-18](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/menu_form_cacfp_at_risk_snack_ages_6-18_2_weeks.docx

[CACFP Menu Form for Two weeks of At-risk Supper for Ages 6-18](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/menuform/menu_form_cacfp_at_risk_supper_ages_6-18_2_weeks.docx

[Choking Prevention](#) (CSDE's Food Safety for Child Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/food-safety-for-child-nutrition-programs/documents#ChokingPrevention>

[Cycle Menus](#) (CSDE's Menu Planning for Child Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/menu-planning/cycle-menus>

[Lunch and Supper](#) ("Menu Planning" section of CSDE's Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/menu-planning#LunchSupper>

[Menu Forms](#) ("Menu Forms and Production Records" section of CSDE's Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/menu-forms-and-production-records>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Menu Planning](https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/menu-planning) (CSDE's Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/menu-planning>

[Menu Planning for Child Nutrition Programs](https://portal.ct.gov/sde/nutrition/menu-planning) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/menu-planning>

[Methods for Healthy Cooking](https://www.fns.usda.gov/tn/methods-healthy-cooking) (USDA):

<https://www.fns.usda.gov/tn/methods-healthy-cooking>

[Portion Control](https://portal.ct.gov/sde/nutrition/menu-planning/portion-control) (CSDE's Menu Planning for Child Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/menu-planning/portion-control>

[Reducing the Risk of Choking in Young Children at Mealtimes](https://www.fns.usda.gov/tn/reducing-risk-choking-young-children-mealtimes) (USDA):

<https://www.fns.usda.gov/tn/reducing-risk-choking-young-children-mealtimes>

[Resource List for Menu Planning and Food Production in Child Nutrition Programs](https://portal.ct.gov/-/media/sde/nutrition/resources/resources_menu_planning.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/resources/resources_menu_planning.pdf

[Sample Cold Breakfast Menus for CACFP Adult Day Care Centers](https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/adult_menu_cacfp_breakfast_cold.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/adult_menu_cacfp_breakfast_cold.pdf

[Sample Cold Breakfast Menus for CACFP Child Care Centers and Homes](https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/menu_cacfp_breakfast_cold.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/menu_cacfp_breakfast_cold.pdf

[Sample Cold Lunch and Supper Menus for CACFP Adult Day Care Centers](https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/adult_menu_cacfp_lunch_cold.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/adult_menu_cacfp_lunch_cold.pdf

[Sample Cold Lunch and Supper Menus for CACFP Child Care Centers and Homes](https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/menu_cacfp_lunch_cold.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/menu_cacfp_lunch_cold.pdf

[Sample Hot Breakfast Menus for CACFP Adult Day Care Centers](https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/adult_menu_cacfp_breakfast_hot.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/adult_menu_cacfp_breakfast_hot.pdf

[Sample Hot Breakfast Menus for CACFP Child Care Centers and Homes](https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/menu_cacfp_breakfast_hot.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/menu_cacfp_breakfast_hot.pdf

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Sample Hot Lunch and Supper Menus for CACFP Adult Day Care Centers](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/adult_menu_cacfp_lunch_hot.pdf

[Sample Hot Lunch and Supper Menus for CACFP Child Care Centers and Homes](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/menu_cacfp_lunch_hot.pdf

[Sample CACFP Menus](#) (“Menu Planning” CSDE’s Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/menu-planning#SampleCACFPMenus>

[Sample Snack Menus for CACFP Adult Day Care Centers](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/adult_menu_cacfp_snack.pdf

[Sample Snack Menus for CACFP Child Care Centers and Homes](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/menu_cacfp_snack.pdf

[Serving Snacks in the CACFP](#) (USDA):

<https://www.fns.usda.gov/tn/serving-snacks-cacfp>

[Snacks](#) (“Menu Planning” section of CSDE’s Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/menu-planning#Snacks>

[USDA Memo CACFP 15-2016: Optional Best Practices to Further Improve Nutrition in the CACFP](#):

<https://www.fns.usda.gov/cacfp/optional-best-practices-further-improve-nutrition-cacfp>

[Using the Nutrition Facts Label in the CACFP](#) (USDA):

<https://www.fns.usda.gov/tn/using-nutrition-facts-label-cacfp>

[Weights and Measures](#) (“Portion Control” section of CSDE’s Menu Planning for Child Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/menu-planning/portion-control#WeightsMeasures>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

Milk Component

[Allowable Fluid Milk Substitutes for Non-Disability Reasons for Adult Participants in the Child and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/milk_substitutes_cacfp_adults.pdf

[Allowable Fluid Milk Substitutes for Non-Disability Reasons for Children in the Child and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/milk_substitutes_cacfp.pdf

[Bite Size: Meeting the Child and Adult Care Food Program \(CACFP\) Meal Patterns Module 5: Milk Component](#) (“Bite Size Meal Pattern Training” section of CSDE’s Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/bite-size-meal-pattern-training>

[Crediting Fluid Milk in the Child Nutrition Programs Tip Sheet](#) (USDA)

<http://https://www.fns.usda.gov/tn/crediting-milk-child-nutrition-programs-tip-sheet>

[Determining if Nondairy Beverages Meet the USDA’s Nutrition Standards for Fluid Milk Substitutes in the Child and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/determining_allowable_nondairy_milk_substitute_cacfp.pdf

[Food Buying Guide Section 5: Overview of Crediting Requirements for the Milk Component](#) (USDA):

https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section5_Milk.pdf

[Food Buying Guide Section 5: Yield Table for Milk](#) (USDA):

https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section5_MilkYieldTable.pdf

[Milk Component](#) (CSDE’s Crediting Foods in the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/crediting-foods-in-the-child-and-adult-care-food-program/milk>

[Milk Substitutes for Non-disability Reasons](#) (CSDE’s Special Diets in the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/special-diets-in-the-child-and-adult-care-food-program/milk-substitutes>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Offering Lactose-Free and Lactose-Reduced Milk in the Child and Adult Care Food Program](#)

(CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/specdiet/lactose_free_reduced_milk_cacfp.pdf

[Serving Milk in the CACFP](#) (USDA):

<https://www.fns.usda.gov/tn/serving-milk-cacfp>

[USDA Final Rule: Expanding Fluid Milk Options in Child Nutrition Programs \(91 FR 25073\)](#):

<https://www.federalregister.gov/documents/2026/05/08/2026-09212/expanding-fluid-milk-options-in-child-nutrition-programs>

[USDA Memo CACFP 01-2025: Nutrition Requirements for Fluid Milk and Fluid Milk Substitutions in the Child and Adult Care Food Program, Questions and Answers](#)

<https://www.fns.usda.gov/cacfp/nutrition-requirements-fluid-milk-qas>

[USDA Memo SP 08-2026 and CACFP 04-2026: Expanding Fluid Milk Options in Child Nutrition Programs](#):

<https://www.usda.gov/sites/default/files/guidance-documents/fns-SP08-CACFP04-2026expandingFluidMilkOptions.pdf>

Offer versus Serve (OVS)

Note: OVS is an optional approach to menu planning and meal service that applies only to CACFP at-risk afterschool programs and adult day care centers.

[Adult Day Care: A Child and Adult Care Food Program Handbook](#) (USDA):

<https://www.fns.usda.gov/cacfp/adult-day-care-child-and-adult-care-food-program-handbook>

[Meal Service](#) (CSDE's Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/meal-service>

[Offer versus Serve](#) (OVS) for At-risk Afterschool Programs ("Meal Service" section of CSDE's Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/meal-service#OVS>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Offer Versus Serve in Adult Day Care Centers in the Child and Adult Care Food Program](#)

(CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/ovs_adult_cacfp.pdf

[Offer versus Serve in At-risk Afterschool Centers in the Child and Adult Care Food Program](#)

(CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/atrisk/ovs_at_risk_cacfp.pdf

[Offer Versus Serve in the Child and Adult Care Food Program](#) (USDA):

<https://www.fns.usda.gov/tn/offer-versus-serve-cacfp>

[USDA Memo CACFP 02-2025: Offer Versus Serve and Family Style Meals in CACFP:](#)

<https://fns-prod.azureedge.us/cacfp/offer-versus-serve-family-style-meals>

Product Formulation Statements

[Food Buying Guide Module 3: Product Formulation Statements](#) (PFS) (ICN):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/139/fbg-module-3-product-formulation-statements-pfs>

[Manufacturer's Product Formulation Statement: Is it Acceptable?](#) (ICN and USDA):

<https://www.youtube.com/watch?v=xtUo70IP9cc>

[Manufacturer's Product Formulation Statement: Is it Acceptable? Presentation Slides](#) (ICN and USDA):

<https://theicn.org/resources/930/march-2016/109876/manufacturers-product-formulation-statement-pfs03-31-16.pdf>

[Product Formulation Statement for Documenting Grains Ounce Equivalents in Child Nutrition Programs](#) (USDA):

<https://www.fns.usda.gov/sites/default/files/resource-files/tn-grains-pfs-template-oz-eq.pdf>

[Product Formulation Statement for Documenting Grains Ounce Equivalents in Child Nutrition Programs: Completed Sample](#) (USDA):

<https://fns-prod.azureedge.us/sites/default/files/resource-files/tn-sample-pfs-grains-oz-eq.pdf>

[Product Formulation Statement for Documenting Meats/Meat Alternates \(M/MA\) in Child Nutrition Programs](#) (USDA):

<https://fns-prod.azureedge.us/sites/default/files/resource-files/tn-mma-pfs-template.pdf>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Product Formulation Statement for Documenting Meats/Meat Alternates \(M/MA\) in Child](#)

[Nutrition Programs: Completed Sample](#) (USDA):

<https://fns-prod.azureedge.us/sites/default/files/resource-files/tn-mma-pfs-sample-meats-app.pdf>

[Product Formulation Statement for Documenting Vegetables and Fruits in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks](#)

(USDA):

<https://www.fns.usda.gov/sites/default/files/resource-files/tn-veg-fruit-pfs-template-cacfp-sfsp.pdf>

[Product Formulation Statements](#) (CSDE's Crediting Documentation for the Child Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs/product-formulation-statements>

[Tips for Evaluating a Manufacturer's Product Formulation Statement](#) (USDA):

<https://www.fns.usda.gov/cn/labeling/tips-evaluating-pfs>

[USDA Memo SP 05-2025, CACFP 04-2025, and SFSP 02-2025: Guidance for Accepting Processed Product Documentation for Meal Pattern Requirements:](#)

<https://www.fns.usda.gov/cn/labeling/guidance-accepting-processed-product-documentation>

[Using Product Formulation Statements in the Child and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/using_product_formulation_statements_cacfp.pdf

[When Commercial Grain Products Require a Product Formulation Statement to Credit in the Child and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/when_commercial_grain_products_require_pfs_cacfp.pdf

[What's in a Meal Module 8: Meal Pattern Documentation for Crediting Commercial Processed Products](#) (CSDE's Training Program, What's in a Meal: Meal Patterns for Grades K-12 in the School Nutrition Programs):

<https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials#module8>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

Production Records

[Basics at a Glance Portion Control Poster](https://theicn.org/icn-resources-a-z/basics-at-a-glance/) (ICN):

<https://theicn.org/icn-resources-a-z/basics-at-a-glance/>

[Instructions for the Production Record Templates for Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/prodrecord/instructions_production_record_cacfp.pdf)

(CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/prodrecord/instructions_production_record_cacfp.pdf

[Production Record for CACFP Adult Day Care Centers](https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/prodrecord/production_record_cacfp_adult_centers.docx) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/prodrecord/production_record_cacfp_adult_centers.docx

[Production Record for CACFP Child Care Programs](https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/prodrecord/production_record_cacfp_child_care_programs.docx) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/prodrecord/production_record_cacfp_child_care_programs.docx

[Production Records](https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/menu-forms-and-production-records) (“Menu Forms and Production Records” section of the CSDE’s Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/menu-forms-and-production-records>

[Using Production Records in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/prodrecord/using_production_records_cacfp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/forms/prodrecord/using_production_records_cacfp.pdf

[Weights and Measures](https://portal.ct.gov/sde/nutrition/menu-planning/portion-control#WeightsMeasures) (“Portion Control” section of CSDE’s Menu Planning for Child Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/menu-planning/portion-control#WeightsMeasures>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

Snacks

[Cycle Menus for Child Care: Preschoolers](https://theicn.org/icn-resources-a-z/cycle-menus-for-child-care-preschoolers/) (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/cycle-menus-for-child-care-preschoolers/>

[Let's Make a Snack: Child and Adult Care Food Program Snack Menu Planner for Children 3 Through 18 Years of Age](https://www.fns.usda.gov/tn/lets-make-snack) (USDA):

<https://www.fns.usda.gov/tn/lets-make-snack>

[Sample Snack Menus for CACFP Adult Day Care Centers](https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/adult_menu_cacfp_snack.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/adult_menu_cacfp_snack.pdf

[Sample Snack Menus for CACFP Child Care Centers and Homes](https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/menu_cacfp_snack.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/menu_cacfp_snack.pdf

[Serving Snacks in the CACFP](https://www.fns.usda.gov/tn/serving-snacks-cacfp) (USDA):

<https://www.fns.usda.gov/tn/serving-snacks-cacfp>

[Snack Inspiration: Menus with 240 Snack Ideas](https://dpi.wi.gov/sites/default/files/imce/community-nutrition/pdf/snack_inspiration.pdf) (Wisconsin Department of Public Instruction):

https://dpi.wi.gov/sites/default/files/imce/community-nutrition/pdf/snack_inspiration.pdf

[Snacks](https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/menu-planning#Snacks) ("Menu Planning" section of CSDE's Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-for-the-child-and-adult-care-food-program/menu-planning#Snacks>

Standardized Recipes

[Recipe Analysis Workbook \(RAW\) for Standardized Recipes](https://www.fns.usda.gov/tn/food-buying-guide-interactive-web-based-tool) (USDA):

<https://www.fns.usda.gov/tn/food-buying-guide-interactive-web-based-tool>

[Recipe Standardization Guide for the Child and Adult Care Food Program](https://theicn.org/icn-resources-a-z/step-by-step-recipe-standardization-guide-for-the-child-and-adult-care-food-program/) (Institute of Child Nutrition):

<https://theicn.org/icn-resources-a-z/step-by-step-recipe-standardization-guide-for-the-child-and-adult-care-food-program/>

[Standardized Recipe Form for the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/standardized_recipe_form_cacfp.docx) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/standardized_recipe_form_cacfp.docx

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Standardized Recipes](https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs/standardized-recipes) (CSDE's Crediting Documentation for the Child Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs/standardized-recipes>

Vegetables Component

[Bite Size: Meeting the Child and Adult Care Food Program \(CACFP\) Meal Patterns: Module 8: Vegetables Component](https://portal.ct.gov/sde/nutrition/meal-patterns-cacfp-child-care-programs/bite-size-meal-pattern-training) ("Bite Size Meal Pattern Training" section of CSDE's Meal Patterns for the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-cacfp-child-care-programs/bite-size-meal-pattern-training>

[Crediting Beans, Peas, and Lentils in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_beans_peas_lentils_cacfp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_beans_peas_lentils_cacfp.pdf

[Crediting Juices in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_juices_cacfp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_juices_cacfp.pdf

[Crediting Smoothies in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_smoothies_cacfp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_smoothies_cacfp.pdf

[Crediting Soups in the Child and Adult Care Food Program](https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_soups_cacfp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/credit_soups_cacfp.pdf

[Crediting Vegetable Noodles and Coconut in the Child Nutrition Programs](https://www.fns.usda.gov/tn/crediting-vegetable-noodles-and-coconut-child-nutrition-programs) (USDA webinar):

<https://www.fns.usda.gov/tn/crediting-vegetable-noodles-and-coconut-child-nutrition-programs>

[Crediting Vegetables in Child Nutrition Programs Tip Sheet](https://www.fns.usda.gov/tn/crediting-vegetables-child-nutrition-programs-tip-sheet) (USDA):

<https://www.fns.usda.gov/tn/crediting-vegetables-child-nutrition-programs-tip-sheet>

[Food Buying Guide Section 2: Overview of Crediting Requirements for the Vegetables Component](https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section2_Vegetables.pdf) (USDA):

https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section2_Vegetables.pdf

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

[Food Buying Guide Section 2: Yield Table for Vegetables](#) (USDA):

https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section2_VegetablesYieldTable.pdf

[Product Formulation Statement for Documenting Vegetables and Fruits in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks](#)

(USDA):

<https://www.fns.usda.gov/sites/default/files/resource-files/tn-veg-fruit-pfs-template-cacfp-sfsp.pdf>

[Serving Vegetables in the Child and Adult Care Food Program](#) (USDA webpage):

<https://www.fns.usda.gov/tn/serving-vegetables-cacfp>

[USDA Memo CACFP 09-2017: Vegetable and Fruit Requirements in the Child and Adult Care Food Program; Questions and Answers:](#)

<https://www.fns.usda.gov/cacfp/vegetable-fruit-requirements-qas>

[USDA Memo SP 26-2019, CACFP 13-2019, and SFSP 12-2019: Crediting Pasta Products Made of Vegetable Flour in the Child Nutrition Programs:](#)

<https://www.fns.usda.gov/cn/crediting-pasta-products-made-vegetable-flour-child-nutrition-programs>

[USDA Memo SP 40-2019, CACFP 17-2019, and SFSP 17-2019: Smoothies Offered in Child Nutrition Programs:](#)

<https://www.fns.usda.gov/cn/smoothies-offered>

[Vegetable Subgroups in the Child and Adult Care Food Program](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/cacfp/crediting/vegetable_subgroups_cacfp.pdf

[Vegetables Component](#) (CSDE's Crediting Foods in the Child and Adult Care Food Program webpage):

<https://portal.ct.gov/sde/nutrition/crediting-foods-in-the-child-and-adult-care-food-program/vegetables>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

Water Availability During Meal Service

[Grab and Go Lesson: Offering and Making Water Available in Child Care](https://theicn.org/resources/1538/nutrition-and-meal-management/117771/offering-and-making-water-available-in-child-care.pdf) (ICN):

<https://theicn.org/resources/1538/nutrition-and-meal-management/117771/offering-and-making-water-available-in-child-care.pdf>

[Offering Water in the USDA Child and Adult Care Food Program](https://www.fns.usda.gov/tn/offering-water-cacfp) (USDA):

<https://www.fns.usda.gov/tn/offering-water-cacfp>

[USDA Memo CACFP 18-2016: Water Availability in the Child and Adult Care Food Program](https://www.fns.usda.gov/cacfp/water-availability-child-and-adult-care-food-program):

<https://www.fns.usda.gov/cacfp/water-availability-child-and-adult-care-food-program>

[USDA Memo CACFP 20-2016: Resources for Making Potable Water Available in Schools and Child Care Facilities](https://www.fns.usda.gov/cn/resources-making-potable-water-available-schools-and-child-care-facilities-0):

<https://www.fns.usda.gov/cn/resources-making-potable-water-available-schools-and-child-care-facilities-0>

Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

For more information, visit the CSDE's [Meal Patterns for the Child and Adult Care Food Program](#) webpage and [Crediting Foods in the Child and Adult Care Food Program](#) webpage or contact the [CACFP staff](#) at the Connecticut State Department of Education, Bureau of Child Nutrition Programs, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841. This document is available at https://portal.ct.gov/-/media/sde/nutrition/cacfp/mealpattern/resources_cacfp_meal_patterns.pdf.



Meal Pattern and Crediting Resources for the Child and Adult Care Food Program

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