



STATE OF CONNECTICUT  
STATE BOARD OF EDUCATION



**To:** Superintendents of Schools

**From:** Charlene M. Russell-Tucker, Commissioner of Education *CRJ*

**Date:** August 21, 2024

**Re:** Position Statement and Policy Guidance: Personal Technology Use in Connecticut Schools

On August 21, 2024, the State Board of Education (Board) approved Resolution III.B:

*Resolved, That the State Board of Education, adopts the Position Statement and Policy Guidance: Personal Technology Use in Connecticut Schools, and directs the Commissioner to take the necessary action.*

By adoption of the [Position Statement and Policy Guidance: Personal Technology Use in Connecticut Schools - Impact of Social Media and the Use of Cell Phones on Student Learning and Mental Health](#), the Board provides a framework for districts to consider when developing and adopting policies to address technology use in schools including restricting access to cell phones during the school day. Included in this guidance are considerations for specific policies and practices in elementary, middle, and high school based on the developmental readiness and maturity of students.

Specific recommendations are provided for roles and responsibilities for local and regional boards of education, administrators, school leaders, educators, families, students, educator preparation programs, and the Connecticut State Department of Education (CSDE) in supporting policy development and implementation. The guidance includes sample policies from the Connecticut Association of Boards of Education (CABE) and Connecticut school districts as well as references and resources on the current research regarding personal technology use in schools.

Please direct any questions to John Frassinelli at [john.frassinelli@ct.gov](mailto:john.frassinelli@ct.gov).

cc: Sinthia Sone-Moyano, Deputy Commissioner  
John D. Frassinelli, Division Director