



STATE OF CONNECTICUT

DEPARTMENT OF EDUCATION



TO: Superintendents of Schools

FROM: Ajit Gopalakrishnan, Chief Performance Officer *Ajit Gopalakrishnan*

DATE: September 14, 2018

SUBJECT: Connecticut Physical Fitness Assessment Test Administrator's Manual

We are happy to announce that the newly revised *Connecticut Physical Fitness Assessment, Third Generation, Test Administrator's Manual 2018-19* is now available on the Connecticut State Department of Education (CSDE) Web site: <https://portal.ct.gov/SDE/Physical-Education/Physical-Education---Test-Administrators-Manual>. The CSDE would like to thank the members of the Connecticut Association of Administrators of Health and Physical Education who provided guidance during this revision process.

The CSDE recognizes the value of physical fitness to maintain and enhance healthy lifestyles. The Connecticut Physical Fitness Assessment (CPFA) is evidence of a dedication to the physical development of Connecticut's students. Additionally, since 2014-15, results from the CPFA have been included in Connecticut's Next Generation Accountability System as Indicator 11.

This manual incorporates important changes to the assessment that were made recently. *Although, the general components and administration have been preserved*, some of the more important changes captured in the manual include the following:

- The CPFA may now be administered at any time during the school year. In past years, Grades 4, 6, 8 and high schools had specific testing windows (with the windows for high school students being eliminated in 2016). These testing windows limited schools and teachers in providing the best possible instruction, and so have been eliminated for all tested grades.
- The updated manual explicitly states that it is the CSDE's expectation that all students in the tested grades participate in the CPFA. While this expectation has been in place for some time, the manual had not been updated to reflect this fact.
- The definition of Medically Exempt has been altered to align with the Medically Exempt definition used by the CSDE's other summative assessments.

If you have questions about the new Test Administrator's Manual or the CPFA, please contact Raymond Martin at Raymond.martin@ct.gov or 860-713-6876.

Thank you.