



Kim Traverso

Social-Emotional Learning Hub

#CTLEARNINGHUB

What is Social-Emotional Learning?
Why is Social-Emotional Learning important?

Social-Emotional Learning is the process through which children and adults achieve emotional intelligence through the competencies of self-awareness, self-management, social awareness, relationship skills, and responsible decision-making.

The Social-Emotional Learning Hub is a place where Connecticut educators and families can find on-demand resources made available to inform, educate, and highlight the right resources to develop compassionate learning spaces, anytime, anywhere that provide for social and emotional well-being.

All students deserve high-quality, engaging, and comprehensive instruction that addresses their social, emotional, and academic needs in a safe and supportive environment.

The beneficial outcomes from implementing social-emotional learning are extensive and well researched.

Students experience improved academic performance and postsecondary success, healthy social relationships, improved decision-making, problem-solving skills, and a better understanding of self.

Relationships between the school staff and families are enhanced. Administrators and other school faculty benefit from a safer and more positive school climate that is conducive to a healthy and equitable learning environment.

SEL integration is a vital component in K-12 education and contributes to the whole-child success across the life span.

Connecticut public schools have scaled up their attention to SEL work for students and adults while fostering a positive school ethos to support our students in developing these essential skills to reach their fullest potential, and flourish and thrive.