



# Financial Literacy Month 2024

**Directions:** Explore resources, read one article, watch one video, and listen to a recording of your choice from the list below. Feel free to go big and read them all to support planning learning and teaching.



## READ

Read one or more articles

- [Nine Common Wealth-Building Mistakes You Might Be Making | Kiplinger](#)
- [Americans Making \\$100K Are Still Impacted By Financial Trauma \(forbes.com\)](#)
- [4 Ways To Distinguish Good Debt From Bad Debt \(forbes.com\)](#)
- [Nine of the Biggest Regrets I See as a Financial Planner | Kiplinger](#)



## WATCH

Watch one or more videos

- (9:12) [LIVING BELOW YOUR MEANS THIS SPRING 2024/Saving Money with Frugal Living \(youtube.com\)](#)
- (12:17) [4 Things to STOP to SAVE MONEY in 2024 / Frugal Minimalism \(youtube.com\)](#)
- (18:30) [8 Things to Do Differently with Money in 2024 with Dave Ramsey \(youtube.com\)](#)
- (8:16) [How Do I Stop Living Paycheck to Paycheck? \(youtube.com\)](#)



## LISTEN

Listen to one or more recordings/podcasts

- (59:07) [Are You on Track to FI? | FI Roundtable | Ep 479 | ChooseFI](#)
- (42:19) [Journey to Financial Freedom | Jamila Souffrant | Ep 466 | ChooseFI](#)
- (55:18) [Budgeting Masterclass | Tiffany "The Budgetnista" Aliche | Ep 464 | ChooseFI](#)
- (59:04) [Preparing for the Cost of College | Brian Eufinger | Ep 460 | ChooseFI](#)



## EXPLORE

Explore additional resources used in the field

- [CSDE 6-12 Model Financial Literacy Collection Resources | GoOpen CT](#)
- [Grade 8 National Standards for Personal Finance Education Crosswalk to National Business Administration Standards \(ct.gov\)](#)
- [Financial Literacy Portal \(ct.gov\)](#)
- [Grade 12 National Standards for Personal Finance Education Crosswalk to National Business Administration Standards for Personal Finance Education Crosswalk to National Business Administration Standards \(ct.gov\)](#)



## REFLECT

Reflect on the following questions

In the *Psychology of Money* author Nick Gallo focuses on the role of the Family and Culture in Personal Finance. He urges us to consider different values and beliefs that Americans hold. "Americans have a complex relationship with money due to widespread issues like hustle culture, consumerism, and a lack of formal financial education. Combine that with the arbitrary ideas and behaviors we all inherit from our families, and there's a lot to unpack. Understanding the factors that have shaped your financial perspective is essential for managing your closest relationships, especially those with people who have different values and beliefs." (Gallo 2023.) **How can you embed these critical factors into your teaching of Financial Literacy?**