



CONNECTICUT STATE  
DEPARTMENT OF EDUCATION

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Healthy Community Responses to Death and Loss

# GRIEF SUPPORTS FOR THE SCHOOL COMMUNITY

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# Social Isolation

- Social distancing and seclusion present genuine barriers
- There continues to be a need for the physical comfort that comes from hugs, holding hands or just sitting with someone



# Social Isolation

- Crisis response efforts help to restore a community's identity
- Grief support requires the community to come together to support the individual
- Support comes from shared experience, whether in person or remotely – connection is paramount



# Practical Supports for Families

- Meal Preparation – simple, healthy and a part of you
- Running Errands – I’m on my way out. Do you need anything?
- “Play Dates” – It’s a big yard; have some fun
- Motorcade Memorials – we assemble because we care
- Person-to-person contact – I really miss you



# Timely Articles

## *Grieving during the COVID-19 Crisis*

- a brief article discussing the current restrictions and some considerations for providing support

## *Supporting Teenagers to Grieve under COVID-19*

- addresses supports during COVID specifically targeting the developmental needs of teens.



# Videos About Grief And Loss

- ***Death and School Crisis*** – 17-minute video
- <https://grievingstudents.org/module-section/death-school-crisis/>
- ***Commemoration and Memorialization*** – 13-minute video
- <https://grievingstudents.org/module-section/commemoration-and-memorialization/>
- ***Providing Support Over Time*** – 12-minute video
- <https://grievingstudents.org/module-section/providing-support-over-time/>



# Links to Bereavement Sites

## National Center for School Crisis and Bereavement – Home Page

- <https://www.schoolcrisiscenter.org/>

## Coalition to Support Grieving Students – Home Page

- <https://grievingstudents.org/>

## Family Means Center for Grief and Loss – Home Page

- <https://www.griefloss.org/>

## The Irish Childhood Bereavement Network – Home Page

- <https://www.childhoodbereavement.ie/>





*Thank you*

*Stay Safe*

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