

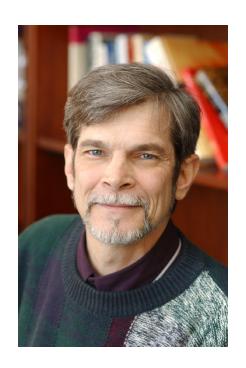
CONNECTICUT STATE DEPARTMENT OF EDUCATION

Healthy Community Responses to Death and Loss

GRIEF SUPPORTS FOR THE SCHOOL COMMUNITY

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Social Isolation

- Social distancing and seclusion present genuine barriers
- There continues to be a need for the physical comfort that comes from hugs, holding hands or just sitting with someone



Social Isolation

- Crisis response efforts help to restore a community's identity
- Grief support requires the community to come together to support the individual
- Support comes from shared experience, whether in person or remotely – connection is paramount



Practical Supports for Families

- Meal Preparation simple, healthy and a part of you
- Running Errands I'm on my way out. Do you need anything?
- "Play Dates" It's a big yard; have some fun
- Motorcade Memorials we assemble because we care
- Person-to-person contact I really miss you



Timely Articles

Grieving during the COVID-19 Crisis

- a brief article discussing the current restrictions and some considerations for providing support

Supporting Teenagers to Grieve under COVID-19

- addresses supports during COVID specifically targeting the developmental needs of teens.



Videos About Grief And Loss

- **Death and School Crisis** 17-minute video
- https://grievingstudents.org/module-section/death-school-crisis/
- Commemoration and Memorialization 13-minute video
- https://grievingstudents.org/module-section/commemoration-andmemorialization/
- Providing Support Over Time 12-minute video
- https://grievingstudents.org/module-section/providing-support-over-time/



Links to Bereavement Sites

National Center for School Crisis and Bereavement – Home Page

https://www.schoolcrisiscenter.org/

Coalition to Support Grieving Students – Home Page

https://grievingstudents.org/

Family Means Center for Grief and Loss – Home Page

https://www.griefloss.org/

The Irish Childhood Bereavement Network – Home Page

https://www.childhoodbereavement.ie/



Thank you Stay Safe

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