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|  | **Cognition** | **Social and Emotional** **Development**  | **Physical Health and****Development**  | **Language and Literacy** | **Creative Arts** | **Mathematics** | **Science** | **Social Studies** |
|  | \*Exploring\*Asking questions\*Making choices\*Pretending \*Remembering\*Trying new and difficult things | \*Caring\*Affection\*Relationships\*Safety and security | \*Healthy Eating\*Physical  activity\*Helping with  self-care | \*Interacting with  people\*Talking\*Enjoying books,  songs and writing\*Expressing ideas,  needs and  feelings | \*Enjoying music \*Dancing\*Describing or  making art  and music\*Looking at  pictures\*Being creative | \*Counting\*Measuring\*Comparing | \*Exploring\*Experimenting\*Investigating\*Learning about  living things | \*Understanding  Family\*Hearing stories  about the past\*Recognizing  how people  are the same  and different |
| **Morning Routine** |  |  | Brush teeth |  |  |  |  |  |
| **Breakfast** |  | Pancake faces with feelings |  |  |  |  |  |  |
| **Playtime** | Acting out favorite book  |  |  |  | DrawingPlaydough sculptures  |  |  |  |
| **Outside** | Backyard Nature Walk |  |  |  |  |  | Look for plants that are sprouting |  |
| **Lunch** |  |  | Making lunch |  |  | Making lunch and counting |  |  |
| **Jobs** |  |  |  |  |  | Setting the table |  |  |
| **Music or Storytime** |  |  |  |  |  |  |  |  |
| **Naptime** |  |  |  |  |  |  |  |  |
| **Playtime** |  |  |  | Skype with one or two friends-talk and show “my favorite toy” |  |  |  |  |
| **Dinner** |  |  |  |  |  |  |  |  |
| **Bedtime Routines** |  |  | Choose tomorrow’s clothes |  |  |  |  |  |

**Learning Activities at Home**