



CONNECTICUT STATE DEPARTMENT OF EDUCATION

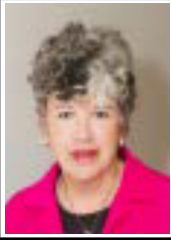





# **Supporting Parents and Caregivers of Students with High Needs During the COVID-19 Pandemic**

**Art**

**May 11, 2020**

# Supporting Parents and Caregivers of Students with High Needs During the COVID-19 Pandemic

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# ***Supporting Parents and Caregivers of Students with High Needs During the COVID-19 Pandemic***

The information and resources included in this resource guide are organized into ten different topical categories:

- Getting Started;
- Communication Skills;
- Literacy;
- Math;
- Science, Social Studies, and Current Events;
- Physical Activity and Mobility;
- Life-Skills and Self-Help Skills;
- Art;
- Sensory Activities; and
- Play and Leisure.

## **[Resource Guide](#)**

## **[One-Pager](#)**

## **[Getting Started](#)**

- 1) Some Functional Tips
- 2) Self-Care for the Parent/Caregiver
- 3) Setting Up the Environment for Continued Educational Opportunities at Home

## **[Overview & Getting Started Webinar](#)**

- [Download the Presentation](#)

# Session Presenters & Goal



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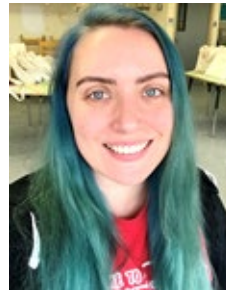
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## Session Goal

- ✓ Provide an overview of the **Art** section in the resource guide

<https://bit.ly/highneeds-art>

# Art

## ART SUPPORTS

Art encompasses all of the developmental domains in child development. It is important for children of all backgrounds and ability to experiment with art in all forms. These resources will provide tutorials, experiences, and experimentation of the arts in a variety of mediums and techniques. During times of stress and change, children of all abilities and in all stages of development may need additional support for their emotional needs. Art making provides intellectual stimulation, soothing sensory experiences, and much needed fun! You can really bring out the therapeutic qualities of art making by focusing on the process and encouraging children to enjoy the experience of experimenting.

## Art

### PUTTING ART SUPPORTS INTO PRACTICE

Children with disabilities should experiment with different mediums of art through the senses to begin. Some might have sensory sensitivities and may not like the feeling or smell or certain materials. Introducing individuals to a few mediums initially will help to get an idea of what they most like to work with and that will help find ideas that can broaden artistic skill. [This video](#) lists what to avoid, as well as what you will need to simplify and create meaningful art activities.

# Art

## ADDITIONAL RESOURCES

### Supplies

- 1 sketch pad
- 1 pack of markers
- 1 set of watercolor paints
- Paint brushes- try ones with thin handles and thick handles
- Air-dry clay (Crayola makes an easy to use one that comes in a tub)
- Play-dough
- 1 set of regular pencils
- 1 package of construction paper
- 1 package of tissue paper
- 1 package food coloring
- 1 bottle of liquid dish soap (Dawn is best for making bubble solution)



# Thank You! – Be Safe!

**For their contributions to this resource, we sincerely thank:**

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- Julia Murphy, CES
- Nicole Natale, CREC
- Michael Pietruska, CREC
- Deborah Richards, CREC
- Joyce Rioux, CREC

*We are all in this together!*