

Only One You

By Linda Kranz

Before Reading

Before reading, preview the book. Together, look at the cover. Invite your child to describe what he/she notices about the fish on the cover. How are they alike? How are they different? Discuss how people are like that, too. People come in all shapes, sizes, and colors.

While Reading

On the set of pages that feature clouds on the right side, the text says, “Look for beauty wherever you are” Ask your child to explain where most of the fish are looking. But one fish is looking somewhere else—where?

Pause at the spread that feature the advice, “Set aside some quiet time to relax and reflect. Every day.” Talk about what it means to “reflect.” (*Reflect* means to consider, or think.)

After Reading

Revisit the book. Discuss with your child what it means to share wisdom. Talk about someone in your life who has offered you wisdom or thoughtful advice. Did you follow it? Then ask your child what wisdom has been shared with him/her.

Discuss what it means to make the world a better place. Ask your child to suggest one way he/she could make the world a better place.

Literacy Tip

This book tells a story and gives advice! It tells the story of a fish who is getting ready to explore the world with his friends. But it also offers important wisdom for the fish—and the reader—to consider as they make their way through the world.

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Think About It!

It's time to go on a pattern hunt (invite a friend or family member to join too)! Look at the illustrations in the book. Then look for a fish with:

polka dots

stripes

wavy lines

flowers

clouds

stars

a heart

a blue fin

Get Up and Do It!

Have you ever seen a fish swim? They move through the water by wiggling their tails and bodies back and forth. Can you swim like a fish? Let's find out. Stand up and make believe you're swimming across the room by wiggling your body!