## **Attendance & Engagement System of Support & Professional Communities**



Developed by the CSDE in collaboration with SERC

1/7/2025







## Today's Agenda

#### Welcome

Christine Kuehlewind, Ann Marie Cordisco, and Holli Ryan, State Education Resource Center (SERC)

#### What's New at CSDE and Partners

Kari Sullivan Custer, Attendance & Engagement Consultant, CSDE
Jay Brown, Bureau of Special Education Consultant (Academic Office), CSDE
Kimberly S. Traverso, Ph.D., LPC, Office of Student Supports and Organizational Effectiveness, Consultant and Program Manager, CSDE

## **Comprehensive Mental Health and Wellness at Norwalk Public Schools**

Robert Pennington - Assistant Superintendent of Schools, Norwalk Public Schools Dr. Robin Gredinger - Social Worker in Residence, Norwalk Public Schools

## **Upcoming Attendance & Engagement Meetings**

Christine Kuehlewind, SERC







## Welcome

#### December 5, 2024

- Press Release: Regional School Choice Application Open Now Through February 7, 2025
- U.S. Department of Education's Office for Civil Rights Releases New Resource Explaining Civil Rights Implications of Schools' Use of Artificial Intelligence

#### December 9, 2024

Educator Recruitment by the Numbers

#### **December 12, 2024**

- FAFSA Completion Status Data Now Available
- CT State Department of Education 2025 Legislative Proposals
- Connecticut National Guard Recruiter Access to Schools



#### **Superintendent's Digest**







## Talk Tuesday

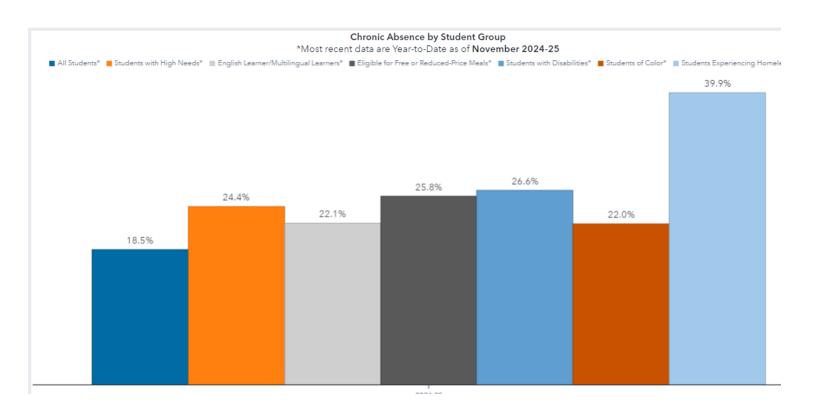
Kari Sullivan Custer January 7, 2025

Connecticut State
Department of Education



## EdSight Attendance Dashboard November 2024



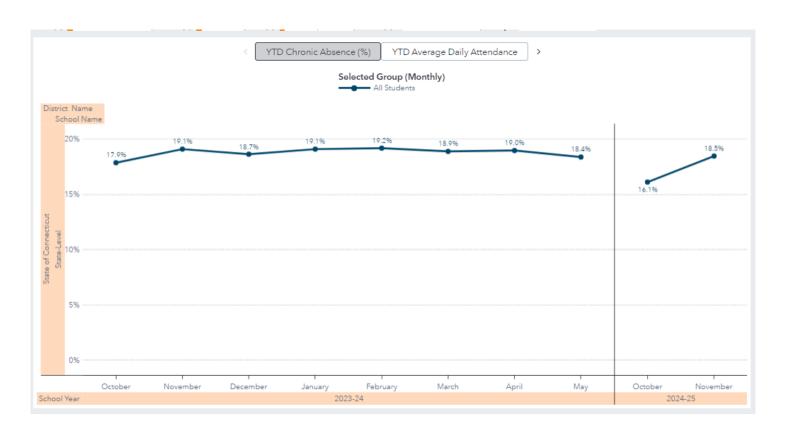






# Three Year Trend – November All Students







# Three Year Trend – November High Needs vs. Non High Needs







# **Effective Strategies: Boosting Attendance this School Year**



Have you observed any seasonal or health-related attendance trends, and how are you planning to mitigate these?



# **Effective Strategies: Boosting Attendance this School Year**



Have you observed any seasonal or health-related attendance trends, and how are you planning to mitigate these?

What steps are you taking to ensure strong communication with families about the importance of regular attendance during the colder months?



# Winter Resources for Addressing Attendance



#### 1. Preventing Absences in Winter Months - Attendance Works

- Offers strategies and tools to combat seasonal challenges like illnesses, transportation issues, and weather-related barriers.
- Attendance Works Resources

#### 2. Bright Spots CT Report 2023

- Includes Connecticut-specific examples and strategies to improve attendance.
- Bright Spots CT Report 2023

#### 3. CDC Guidance for Schools During Cold and Flu Season

- Tips on reducing illness-related absences by promoting hygiene practices and vaccination programs.
- CDC School Health Resources

### 4. EdSight Attendance <u>Dashboard</u>

- Helps districts analyze chronic absenteeism data to identify trends and plan interventions.
- 5. "School is Better With You!" Attendance Awareness Campaign
  - A Connecticut-focused initiative promoting attendance messaging and engagement ideas.
- **6.** Talk Tuesdays!!! Where we learn from each other.



## **School is Better with You!**



## Spread the Word **Toolkit**

- Parent Flyer (English & Spanish)
- School Staff Flyer (English & Spanish)
- Tip Sheet morning announcements
- Tips for Talking to Parents and Families
- When is sick too sick for school? (English & Spanish)
- Is your child missing school due to anxiety? (Attendance Works)
- Logos
- Social media memes (English & Spanish)

## Get Answers FAQs (12 items)

- Why is daily attendance important?
- What kind of mental/social emotional health benefits come from being in school?
- When should I keep my child home from school?
- My family has travel plans...
- How can I help my child stay engaged and interested in school?





www.ct.gov/sde/betterwithyou



## **Handle with Care**





#### **Handle With Care**

An alert system initiated by first responders for students who are exposed to trauma-inducing experiences outside of school.

#### The Probler

- From a national survey referenced by Handle with Care Massachusetts:
  - 60% of American children have been exposed to violence, crime, or abuse.
  - 40% were direct victims of two or more violent acts.
- Extended exposure to violence and trauma can negatively impact a child's ability to learn and thrive in school. Potential consequences include academic failure/grade retention, truancy, suspension/expulsion, drop-out, and involvement with the juvenile justice system.

A Solution: What is Handla With Care? An alert system initiated by first responders for students who are exposed to traumatic incidents, such as domestic violence, drug overdose, and other trauma-inducing experiences outside of school. Through school-community partnerships, this initiative confidentially alerts schools to observe the student and determine whether there is need for additional support, as well as respond with empathy if their behavior is dysregulated.

#### Mission

To provide context for educators and school staff if a child's behavior in school is altered because of an incident and to be proactive in the provision of supports. Ultimately, the goal is to optimize a school's response and promote student success.

#### Benefits

- · Immediate notification for school staff
- Supports children who are exposed to trauma in their home, school, or community in connecting with appropriate resources
- Promotes positive relationships between families, schools, and law enforcement

Do we have Handle with Care in Connecticut? Enfield, North Haven, and East Hampton are currently implementing Handle with Care in their school districts!

#### **Common Key Stakeholders**

Child exposed to violence or trauma, law enforcement officer/Child Protective Services worker, superintendent, principal, school mental health providers, teacher(s), families, community partners.



See larger version on next page.

#### What is Handle with Care?

Handle with Care is an alert system initiated by first responders for students who are exposed to traumatic incidents, such as domestic violence, drug overdose, and other trauma-inducing experiences outside of school. The alert is sent to predetermined school official(s) following first responder or law enforcement's involvement in such community incident occurring the day or night before.

#### **Next Steps**

The CSDE, OEC and DESPP are working together to expand this program already operating in other states and a number of districts in Connecticut. Please join us for a virtual meeting on January 28, 2025, from 9:00-10:00 at this link: Handle With Care Alert System Informational Meeting for a discussion with Connecticut school leaders and law enforcement partners already implementing this program with success.



## Comprehensive Mental Health and Wellness at Norwalk Public Schools

**Robert Pennington - Assistant Superintendent of Schools** 

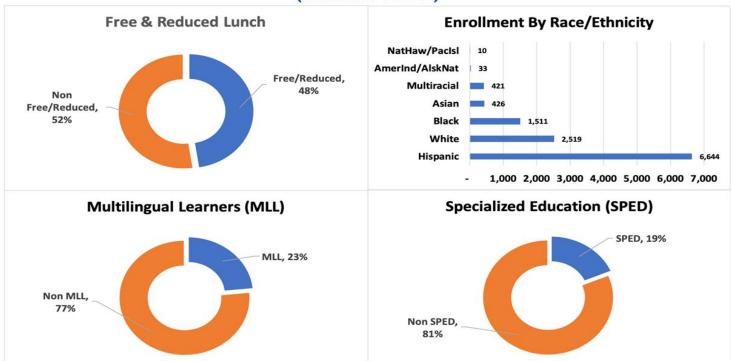
Dr. Robin Gredinger - Social Worker in Residence



# NPS Enrollment: 11,564

## Student Demographics Dashboard (12/1/2024)

(includes Pre-K)





# Behavioral Health Pilot

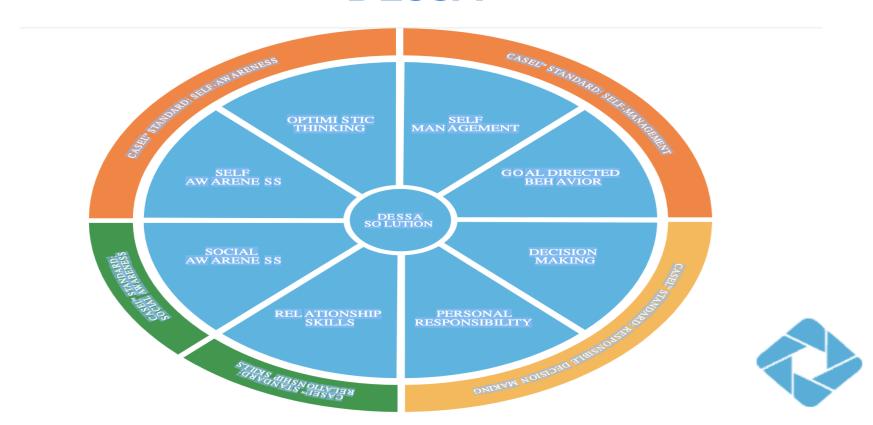
- CHDI/CSDE/NPS Grant
- Shape Assessment given at district level and all 21 Schools.
- Provided baseline data on mental health and wellness supports.
- Results drove district initiatives.



## **Shape Assessment Results**

	District	NPS ES	NPS MS	NPS HS	All Schools
Teaming	3.6	4.3	4	4	4.1
Needs Assessment/Resource Mapping	2.7	3.1	2.7	2.9	2.9
Mental Health Promotion Services and Supports	2.9	4.1	3.2	3.9	3.7
Early Intervention and Treatment Services and Supports	2.4	4.6	3.6	3.9	4.0
Screening	3	3.1	2.6	3	2.9
Funding and Sustainability	4.3	3.8	3	3.3	3.4
Impact	2.8	3	2.7	2.8	2.8

# K-8 Mental Health & Wellness Screeners - DESSA



## Mental Health & Wellness Screener

## **School Counselors Grades 8 -12**

- At least 3 meetings
- Date & Meeting Documented
  - O 504 Counseling, Academic,

Anxiety, Behavior reflection,

Course selection, Crisis,

Emotional regulation, Friend/Peer

issue, Home support, LBGTQIA

support, Post-Secondary planning,

Schedule support, Staff/Teacher

issue, Substance support.

## **Developmental Guidance**

- K 2nd Grade
  - O Workforce Development
- 6th 7th Grade
  - O Social Emotional

Learning



## The District Comprehensive Mental Health and Wellness Team (CMHW)

The District Comprehensive Mental Health and Wellness Team (CMHW) was created in 2023-2024 to address the needs of our K - 8 schools scholars and faculty/staff. This diverse team analyzed data and systems to improve schools and support the needs.

# Comprehensive Mental Health and Wellness Team

**District Level Team Created K - 8th Grade:** In order to work with all stakeholders to assess current systems and create future systems.

### **Members Invited:**

- Assistant Principals
- Cabinet
- Cooperative Educational Services (CES)
- Data Team
- Dean of Students
- Leadership Team
- Mid-Fairfield Child Guidance
- MLL Teachers
- Principals
- Psychologists
- SRBI
- School Counselors
- School Discipline
- School Safety
- Social Workers



## Mental Health and Wellness Vision Statement

Norwalk Public Schools' vision of comprehensive mental health and wellness is centered on fostering a vibrant and inclusive learning experience where all community members including families, scholars and staff are empowered to thrive academically, emotionally and socially. We are committed to building and sustaining a culture that prioritizes the development of essential life skills, including emotional intelligence, interpersonal relationships and resilience.



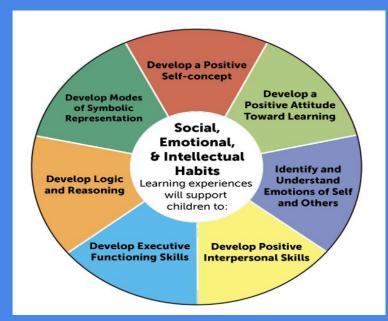
## Whole Child Initiative

**Goal:** Develop Comprehensive Tiered Behavioral Health Support Systems

**Objective:** Establish/enhance tiered systems to provide mental health and wellness support for scholars.

## **Action Plans:**

- Expanded partnerships with community organizations for school-based services.
- Disseminated Norwalk HELPS, resource mapping
- Implemented K 8 School-Wide Comprehensive Mental Health and Wellness programs.
- K 2, 6 & 7 developmental guidance lessons provided to foster resilience, emotional wellbeing and career readiness.
- Universal mental health screeners given to 95% of all K 8 scholars
- Develop MTSS Behavioral Health system
- Provided Adult Wellness supports to all educators
- Community and School collaborated Trainings



#### **DESSA Competencies**



Optimistic Thinking



Relationship Skills



Self-Management



Responsible Decision-Making



Self-Awareness

	Social/Emotional/Intellectual Habits	APERTURE EDUCATION DESSA Aligned DESSA Competencies
1	Develop a Positive Self Concept	Self Awareness, Self Management, Optimistic Thinking
2	Develop a Positive Attitude Toward Learning	Self Awareness, Self Management, Optimistic Thinking
3	Identify and Understand Emotions	Self Awareness, Social Awareness, Self Management
4	Develop Interpersonal Skills	Social Awareness, Relationship Skills
5	Develop Executive Functioning Skills	Self Awareness, Self Management, Responsible Decision Making, Optimistic Thinking
6	Develop Logic and Reason	Responsible Decision Making, Optimistic Thinking, Relationships Skills
7	Develop Modes of Symbolic Representation	Social Awareness, Relationship Skills, Responsible Decision Making



#### Classroom Patterns & Trends

Learning Walks Student Shadowing Coaching Cycles Professional Learning Plan

## **Instructional** Leadership Team (ILT)

Building-Wide Data Trends

#### Possible Next Steps

Adjustments to Professional Learning Plan Update SIP Action Items Coaching Cycle Supports Adjustments to WIN Groups Communication to Staff



#### **Teacher Teams**

Unit Checkpoints/Assessments District Assessment Data NWEA DIBELS SBAC LAS Links SAT Teacher Team Agendas Lesson Planning, Adjustments, & Implementation

On-Track Data Cycles of Improvement SRBI Teams

WIN Data Progress Monitoring Data Academically At-Risk Data DESSA Data

03

#### Supportive **Environment Teams**

Behavior & Suspension Data Building Response Team Data School Climate Committee Data Child Study Team Data Panorama Survey Data

04

#### **Attendance Teams**

Chronic Absenteeism Attendance At-Risk Data **Equity Teams** 

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**Equity Team Agendas** District Assessment Data NWEA DIBELS SBAC LAS Links SAT

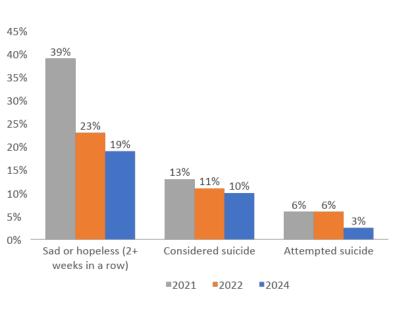
# Instructional Leadership Team Rounds

- All K-8 Schools;
- SRBI Coordinator, Data Analysis, District Clinician;
- School Mental Health Professionals;
- NPS Dashboard- Academic, Behavioral, Attendance.

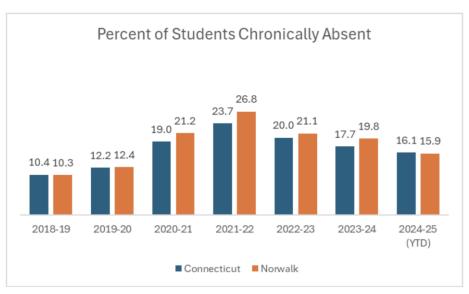
## **Impact**

# Depression & Suicidality in Norwalk Youth:

Trend from 2021 to 2024



## **Chronic Absenteeism**



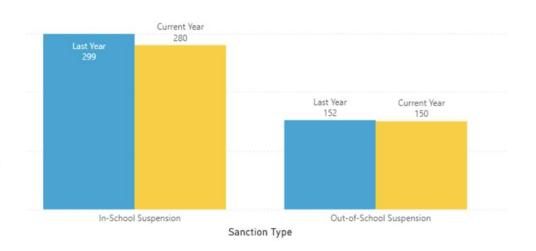
YTD is through October 2025 for CT and December 2025 for Norwalk

## **Impact**

This year, there have been 472 behavioral incidents resulting in suspension or expulsion, a 5.72 percent decrease from last year this time.

West Rocks Middle School has experienced a **53.4 percent decrease** in overall incidents compared to last year. They've cut fighting incidents from 24 to 7 and out-of-school suspension from 35 to 13.

Brien McMahon has experienced a 25 percent decrease in overall incidents compared to last year.























# **Community Partners**

### **Norwalk School and Community Partnerships**

Norwalk has been intentional in creating strong community partnerships with local mental health providers and other community providers to serve all of our stakeholders.

**Community School-Based Services Partnerships:** Mid-Fairfield Community Care, Norwalk CHC, Human Service Council, Triangle Community Center, Kids in Crisis, Positive Directions

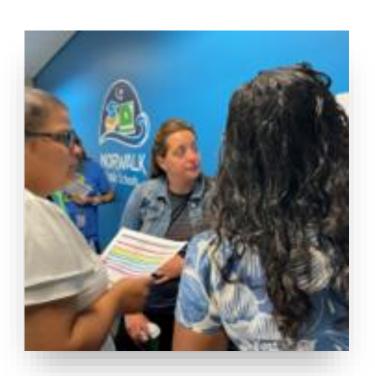
**Community District Crisis Partnerships:** Mid Fairfield Community Care, Family and Children's Agency, City of Norwalk, Western Regional Crisis Team

Programs: CT Music Therapy; Norwalk Mentor Program, Community Mindfulness Project

## **Norwalk Public Schools Community Partnerships**

	Mid-Fairfield Community Care Center A Other Sees Community Hast Teles	NORMALE , CONVENTION ELATH CINTER	HUMAN SERVICES COUNCIL	positivedirections THE CENTER FOR PREPERTOR AND COURSEL NO	kids in crisis	Triangle Community Center	connecticut music therapy services	Community Mindfulness Project
Schools								
NHS	X		X	X	X	X		
PTECH	X		Х	Х	Х	Х		
BMHS	X	X		Х	х	Х		
CGS	Х	Х		X	х	Х		
PRSA	X	X				Х	X	
WRMS	Х		X	X		Х		Х
RMS	X		X			Х		
NHMS	X		X			Х	Х	
CMS	Х	X				Х		
Brookside	Х						X	
Cranbury	Х						Х	
Kendall	Х						Х	Х
SONO	Х							Х
Jefferson			X					
Tracey	X							
Fox Run	X							
Silvermine	Х							
Rowayton	Х							
Marvin	X							
Naramake	Х							
Wolfpit	Х	·					Х	

# Norwalk Mental Health and Wellness Trainings









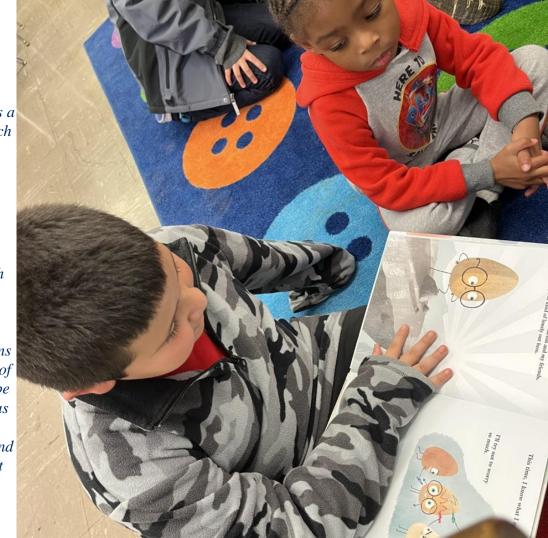


Adult Wellness/Mindfulness

## **Norwalk Helps**

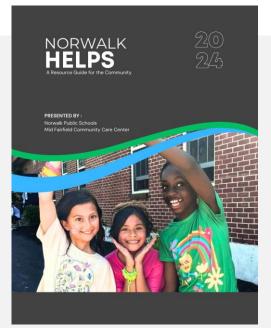
Mental Health includes all states of health, from wellness to illness. Important at every stage of life, mental health describes a person's emotional, psychological, and social well-being, which affects the way a person thinks, feels and behaves. Just like physical health, mental health lies on a continuum and continually shifts, changes and evolves during a lifetime.

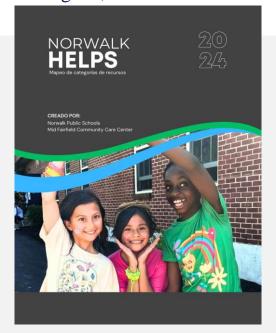
We developed the Norwalk Helps Resource Guide to provide general guidance and a better understanding of mental health and community supports and services available to students, families, and educators in Norwalk Public Schools. The information contained in this guide is not exhaustive, but we hope that it will serve as a useful tool for parents and guardians who may have concerns about the mental health and wellness of their child(ren). None of the information in this guide should be construed as medical or psychiatric advice nor is it intended as a substitute for a trained mental health professional. Our intention is to alleviate confusion, reduce misunderstanding, and provide clear and simple answers to common questions about the available mental health resources and supports in our community.

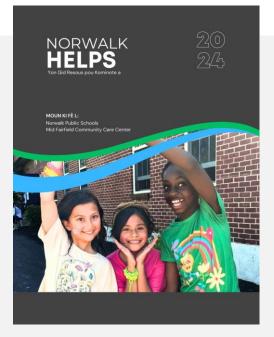


# **Resource Mapping**

Active websites links for easy stakeholder access. Provided in English, Haitian Creole and Spanish.







## **Norwalk School and Community Partnerships**



# **Mental Health Gap Analysis**



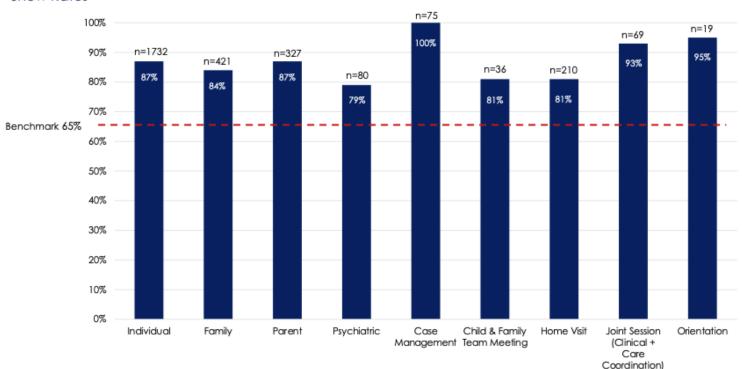




## **Impact**

## Impact (July 1, 2024 - December 31, 2024)

**Show Rates** 



Note: Excludes EDT, IOP, Bounce Back



- K 8 Tier 1 supports
- Adult wellness
- Community school partnerships
- Relevant trainings
- District and school quarterly ILT Meetings
- Development of Social Emotional Behavioral MTSS System
- Mental Health and Wellness education for school leaders
- Piloting DESSA at High School



Scan Me







Robert Pennington: Penningtonr@norwalkps.org

Dr. Robin Gredinger: Gredingerr@norwalkps.org



## **Upcoming Attendance & Engagement Meetings**

# Talk Tuesdays for the 2024-25 School Year

### 2024-2025

- January 21
- February 4
- March 4
- March 18
- April 1
- April 29
- May 13
- May 27

**Register for Talk Tuesdays** 









## **Keep in Touch!**

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