Score 5 if the statement is often true for you...

Score 3 if the statement is sometimes true for you...

Score 0 if the statement is seldom or never true for you...

Because of my race or color	My Score
I. I can be in the company of people of my race most of the time.	
<ol> <li>If I should need to move, I can be pretty sure of hassle-free renting or purchasing in an area in which I would want to live.</li> </ol>	
<ol><li>I can be pretty sure that my neighbors in such a location will be neutral or pleasant to me.</li></ol>	
4. I can go shopping alone most of the time, pretty well assured that I will not be followed or harassed.	
<ol><li>I can turn on the television or open to the front page of the newspaper and see people of my race widely and positively represented.</li></ol>	
6. When I am told about our national heritage or about "civilization," I am shown that people of my race made it what it is.	
<ol> <li>I can be sure that my children (or children from my family) will be given curricular materials that testify to the contributions of their race.</li> </ol>	
8. I can go into most supermarkets and find the staple foods which fit with my racial/ethnic traditions; I can go into any hairdresser's shop and find someone who can cut my hair.	
<ol><li>Whether I use checks, credit cards, or cash, I can count on my skin color not to work against the appearance of financial reliability.</li></ol>	
10. I can arrange to protect my children (or children from my family) most of the time from people who might mistreat them because of their race.	
11. I can swear, dress in secondhand clothes, or not answer letters, without having people attribute these choices to the bad morals, the poverty, or the illiteracy of my race.	
12. I can do well in a challenging situation without being called a credit to my race.	
13. I am never asked to speak for all the people of my racial group.	· · · · · · · · · · · · · · · · · · ·
Subtotal	

Because of my race or color	My Score
14. I can remain oblivious to the language and customs of people of color without feeling, from people of my race, any penalty for such ignorance.	
15. I can criticize our government and talk about how much I fear its policies and behavior without being seen as a racial outsider.	
16. I can be pretty sure that if I ask to talk to the "person in charge", I will be facing a person of my race.	
17. If a police officer pulls me over, I can be sure I haven't been singled out because of my race.	
18. I can conveniently buy posters, postcards, picture books, greeting cards, and children's magazines featuring people of my race.	
19. I can go home from most meetings of organizations I belong to feeling somewhat tied-in, rather than isolated, out-of-place, outnumbered, unheard, feared, or hated.	
20. I can take a job with an affirmative action employer without having co-workers on the job suspect that I got it because of my race.	
21. I can choose public accommodation (hotels, restaurants, etc.) without fearing that people of my race cannot get in or will be mistreated in the place I have chosen.	
22. I can be sure that if I need legal or medical help, my race will not work against me.	
23. If my day, week or year is going badly, I need not ask of each negative episode or situation whether it has racial overtones.	
24. I can comfortably avoid, ignore, or minimize the impact of racism on my life.	
25. I can speak in public to a powerful group without putting my race on trial.	
26. I can choose blemish cover or bandages in "flesh" color and have them more or less match the color of my skin.	
Total	

McIntosh, Peggy. White Privilege and Male Privilege: A Personal account of coming to see correspondences through work in women's studies. Working paper no. 189. 1986, Center for Research on Women, Wellesley College, Wellesley MA.