



# BASIC PHYSICAL DEFENSE INSTRUCTOR CERTIFICATION

Rape Aggression Defense Systems is the largest women’s physical self-defense network in the country today. R.A.D. Systems courses are taught over 1,500 colleges, universities, and other community organizations throughout the United States, Canada, and abroad. R.A.D. is also the only self-defense program ever endorsed by the International Association of Campus Law Enforcement Administrators (IACLEA).

Upon successful completion of the program, participants in this RAD’s Instructor’s Course will be certified to teach the R.A.D. Systems of Basic Physical Defense for Women. This intense 3-day, 30-hour Instructor Certification Program is a cost effective way to obtain your own self-defense Instructors(s) and offer this program to the women in your community. This course is the most comprehensive program of its kind – and now your agency can utilize the basic tailored format as a part of your overall crime prevention and/or education package.

Our Instructor Certification Program is dynamic, but one does not need prior self-defense training to successfully complete the program. The course is taught in a relaxed environment that is conducive to learning our tested instructional techniques, tactics, and unique insights into the problem of violence against women. Our program includes physical defense workouts for technique development and includes exercises that are designed to empower the women in your community to practice what they have learned about confrontational situations.

**Tuition for this program is \$550.00** Registration and includes all program materials, a 125+ page Instructor’s curriculum, certificate, and a one-year subscription to our instructor’s network’s newsletter. Once registration is received, you will receive more specific information. **To register for this course, please complete the form and send it with payment (check or money order payable to: Corinna Caracci)**

**Corinna Caracci, RAD Instructor Trainer**  
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Hosted at:  
Westport Police Headquarters  
50 Jesup Road  
Westport, CT 06880  
  
September 16-18, 2024

Name: \_\_\_\_\_ Preferred: \_\_\_\_\_

Dept./Organization or Independent: \_\_\_\_\_

Address: \_\_\_\_\_

Police Officer:                      Female      Male

Day Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

**A 10% discount is available to agencies that register three or more participants. All must attend. Cancellations within 3 weeks of the course are subject to a 20% processing charge from the intended tuition. Refunds will not be permitted for cancellations made within one week of the program’s start date. If the program is cancelled, tuition will be refunded in full.**