



STATE OF CONNECTICUT
DEPARTMENT OF EMERGENCY SERVICES and PUBLIC PROTECTION
Police Officer Standards and Training Council
Connecticut Police Academy

To: Connecticut Chiefs of Police
Connecticut Police Training Officers
Connecticut State Police Resident Troopers
Connecticut State Police Training Academy

From: William E. Tanner, III
Field Services Training Division

Date: April 13, 2023

Subject: **Confronting & Surviving the Dark Side of the Job: When Societal Evils Take a Toll**

Tuition: **No Cost**

COURSE ANNOUNCEMENT

The Department of Emergency Services and Public Protection, Police Officer Standards and Training Council's Field Services Training Division, in cooperation with Life Line Chaplaincy, is offering a one-day training seminar titled "**Confronting & Surviving the Dark Side of the Job: When Societal Evils Take a Toll.**" This course is scheduled for **Tuesday, June 20, 2023**, from 8:30 A.M. to 12:30 P.M. at the Connecticut Police Academy, 285 Preston Avenue, Meriden, CT. The instructor for this course will be Reverend John Revell who serves as the Chaplain for several police agencies in Connecticut.

The training will help enable all officers to recognize and mitigate the emotional and spiritual impact of societal evils as they are unleashed upon civilians and officers. It will consider the reality of Moral Injury as recognized by military mental health professionals and as encountered by law enforcement officers. It will further help equip officers of all ranks for the prospect of a Line of Duty Death (LODD) and will help provide resources for recovery following an officer's suicide. Command Staff officers including Chiefs are encouraged to attend this training.

This presentation has the following objectives:

- Recognize the reality of Moral Injury as it relates to law enforcement
- Recognize its potential devastating impact upon LEOs
- Recognize its potential role in emotional exhaustion, burn out, and "blow up"
- Recognize appropriate steps to mitigate its impact

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- Examine five common scenarios leading to a LODD and their corresponding impact upon officers left behind
- Examine strategies for helping officers process the impact and trauma of a LODD
- Examine logistics and protocols for LODD funerals/services
- Consider the impact of LEO suicide on other officers
- Consider steps to healing following a LEO suicide

The class is limited to fifty-five (55) attendees. Please complete a registration form for each attendee from the web and email it to William Tanner at william.tanner@ct.gov **no later than close of business, Tuesday, May 30, 2023**. If you have any questions, please contact the Field Services Training Division at 203-427-2625.

Students successfully completing the course will receive Review Training Credit in the following area:

- Area 402 Stress Management (4 hours)

Casual business attire or uniform for the day is required.

Training Officers: Please be sure to include your department email address and the **email AND POST ID (Sworn personnel) of the student** to be enrolled on all applications to ensure prompt communications of all in-service training matters.

DISCLAIMER: The Police Officer Standards and Training Council (POSTC) makes every effort, within its ability and resources, to provide the highest quality, most relevant in-service training programs available at minimum cost to all Connecticut police officers and agencies. However, POSTC does not provide legal advice, and does not endorse the accuracy or completeness of specific in-service training programs provided by each of its many contractors and training providers. The materials and opinions of individual providers offered during the course of in-service training are those of the instructor alone, and do not necessarily represent the position of the Police Officer Standards and Training Council or the State of Connecticut. Given the multitude of disparate factual scenarios with which law enforcement personnel are presented in the discharge of their official duties, students and sponsoring agencies are strongly advised and encouraged to seek the advice and counsel of their own legal advisors before implementing concepts or adopting specific measures discussed or recommended during in-service training sessions.

Training on the Web: www.ct.gov/POST