



STATE OF CONNECTICUT
DEPARTMENT OF EMERGENCY SERVICES AND PUBLIC PROTECTION
Police Officer Standards and Training Council
Connecticut Police Academy

TO: Connecticut Chiefs of Police
Connecticut Police Training Officers
Connecticut State Police Resident Troopers
Connecticut State Police Training Academy

FROM: Brian S. Enns
Field Services Training Division

DATE: May 18, 2022

SUBJECT: **L.O.C.K.U.P. Instructor Training Program**

TUITION: **\$300.00**

COURSE ANNOUNCEMENT

The Department of Emergency Services and Public Protection, Police Officer Standards and Training Council's Field Services Training Division is offering a nine-day (9) **L.O.C.K.U.P. Instructor Training Program** seminar. The training session is scheduled for **September 6-8, 20-22, and October 4-6, 2022.**

The training will take place at the **New Britain Police Athletic League (PAL) Building, 544 Osgood Avenue, New Britain, CT 06053** from 0730 to 1530 hours. The seminar will be presented by Lt. Kevin Dillon (ret.) and/or Master L.O.C.K.U.P. Instructor of KFD Training and Consultation, LLC.

Through lectures, demonstrations, physical hands-on skill development and practical scenario applications this course is designed to develop instructors in the Connecticut Arrest and Control System, known as L.O.C.K.U.P. ®. Students will be instructed in legal aspects of use of force and physical applications pertaining to officer defensive tactics. Student will be instructed in using the amount of force necessary and reasonable to control a violent resisting or combative suspect(s). Student will also be instructed in teaching methodologies needed to instruct physical applications and test students for competency. Emphasis will focus on developing a strong knowledge of immediate physical control tactics and techniques that are a direct, proportionate, and measured response to all levels of resistance and aggression in multiple types of environmental settings.

The following is a detailed overview of the course:

- POSTC Use of Force Training Program.
- Discuss the history and development of the L.O.C.K.U.P.® CT Arrest and Control System.
- Define Training - The process of bringing a person, to an agreed standard of proficiency by practice and instruction.
- Identify how to development a “pre-programmed response through dedicated and focused repetition.
- Identify how repetitions create electrical impulses sent along chains of nerve fibers and how it applies to learning.
- Define methods to create mental representations within the brain for the development of long-term memory.
- Identify a teaching method known as chunking. The brain processes information in small chunks which makes it easier to learn when introduced to small chunks of information at a time.
- Identify the physiological aspects of "Fear" and how to harness it.
- Develop and show proficiency in the close quarter striking techniques used to defend themselves and or establish control.
- Identify risk management strategies for confrontation avoidance.
- Report writing, training documentation, and tracking of use of force incidents.
- Learn verbal communication and effective de-escalation skills.
 - (Based on L.E.A.D.S. Curriculum)
- Instructional techniques to fit the employee.
- Learn counter measures from multiple platforms.
- Coordinated team communications and takedowns for immediate control.
- Ground fighting and control tactics for law enforcement.
- Environmental training to develop long term retention.
- Edged weapon defense, weapon retention and disarming.

Students are required to bring the following for L.O.C.K.U.P. ® Training:

- BDU Type pants/short sleeve shirts
- Mouth guard
- Combat boots or wrestling shoes with ankle support
- Body armor
- Duty belt and red gun
- Groin protection

Please be advised that **this course is physically intensive and involves physical combat training.** All participants should be in good physical condition.

The class is limited to 24 attendees. Please complete a registration form from the web and email it to William Tanner at William.Tanner@ct.gov by **August 05, 2022**. If you have any questions, please contact the Field Services Division at 203-427-2625.

Students successfully completing the course will receive Review Training Credit in the following areas:

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|-------------|-------------------------------------|------------|
| • Area 209 | POSTC Use of Force Training Program | (4 hours) |
| • Area 306 | Mechanics of Arrest and Control | (30 hours) |
| • Area 306A | Handcuffing | (30 hours) |

Lunch may be purchased at nearby restaurants.

Training Officers: Please be sure to include your department email address and the email of the student to be enrolled on all applications to assure prompt communications of all in-service training matters.

Agencies will be billed by DESPP Fiscal Services after the training is completed. Please do not send payment to the Police Academy.

DISCLAIMER: The Police Officer Standards and Training Council (POSTC) makes every effort, within its ability and resources, to provide the highest quality, most relevant in-service training programs available at minimum cost to all Connecticut police officers and agencies. However, POSTC does not provide legal advice, and does not endorse the accuracy or completeness of specific in-service training programs provided by each of its many contractors and training providers. The materials and opinions of individual providers offered during the course of in-service training are those of the instructor alone, and do not necessarily represent the position of the Police Officer Standards and Training Council or the State of Connecticut. Given the multitude of disparate factual scenarios with which law enforcement personnel are presented in the discharge of their official duties, students and sponsoring agencies are strongly advised and encouraged to seek the advice and counsel of their own legal advisors before implementing concepts or adopting specific measures discussed or recommended during in-service training sessions.

Training on the Web: www.ct.gov/POST